Session: 1 2019 SA Country Championships - Session 1 Day of Meet: 1 Starts at 04:30 PM Heat Interval: 55 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	1	Mixed 8 & Under 50 Freestyle Time Trial	29	5	04:30 PM	
Finals	2	Mixed 9 Year Olds 50 Freestyle Time Trial	34	5	04:41 PM	
Finals	3	Mixed 10 Year Olds 50 Freestyle Time Trial	27	4	04:50 PM	
Finals	4	Mixed 11 Year Olds 50 Freestyle Time Trial	20	3	04:57 PM	
Finals	5	Mixed 8 & Under 50 Breaststroke Time Trial	24	4	05:02 PM	
Finals	6	Mixed 9 Year Olds 50 Breaststroke Time Trial	31	5	05:12 PM	
Finals	7	Mixed 10 Year Olds 50 Breaststroke Time Trial	28	4	05:23 PM	
Finals	8	Mixed 11 Year Olds 50 Breaststroke Time Trial	24	4	05:31 PM	
Finals	9	Mixed 14 & Over 1500 Freestyle	11	2	05:39 PM	
Finals	10	Mixed 8 & Under 50 Backstroke Time Trial	27	4	06:26 PM	
Finals	11	Mixed 9 Year Olds 50 Backstroke Time Trial	28	4	06:35 PM	
Finals	12	Mixed 10 Year Olds 50 Backstroke Time Trial	26	4	06:43 PM	
Finals	13	Mixed 11 Year Olds 50 Backstroke Time Trial	21	3	06:51 PM	
Finals	14	Mixed 8 & Under 50 Butterfly Time Trial	11	2	06:57 PM	
Finals	15	Mixed 9 Year Olds 50 Butterfly Time Trial	18	3	07:01 PM	
Finals	16	Mixed 10 Year Olds 50 Butterfly Time Trial	23	4	07:07 PM	
Finals	17	Mixed 11 Year Olds 50 Butterfly Time Trial	12	2	07:15 PM	
		Swimmers Counts for Warm-ups: 139	====	====		
		Entry / Heat Totals:	394	62		
		Finish Time			07:19 PM	

Session: 2 2019 SA Country Championships - Session 2 Day of Meet: 2 Starts at 08:00 AM Heat Interval: 50 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	18	Female 12 & Over 400 Freestyle	27	4	08:00 AM	
Finals	818	Mixed 400 Freestyle Multi-Class	3	1	08:27 AM	
Finals	19	Male 12 & Over 400 Freestyle	25	4	08:36 AM	
Prelims	20	Female 10 & Over 100 Breaststroke	98	14	09:03 AM	
Finals	820	Mixed 100 Breaststroke Multi-Class	5	1	09:39 AM	
Prelims	21	Male 10 & Over 100 Breaststroke	63	9	09:42 AM	
Prelims	22	Female 10 & Over 50 Freestyle	137	20	10:05 AM	
Finals	822	Mixed 50 Freestyle Multi-Class	5	1	10:33 AM	
Prelims	23	Male 10 & Over 50 Freestyle	85	13	10:35 AM	
Prelims	24	Female 10 & Over 100 Backstroke	95	14	10:53 AM	
Finals	824	Mixed 100 Backstroke Multi-Class	6	1	11:27 AM	
Prelims	25	Male 10 & Over 100 Backstroke	55	8	11:30 AM	
Finals	26	Female 400 Freestyle Relay	21	3	11:49 AM	
Finals	27	Male 400 Freestyle Relay	14	2	12:08 PM	
Finals	826	Mixed 400 Freestyle Relay Multi-Class	0	0	12:20 PM	
		Presentation: 5 Minutes:				
Finals	30	Female 400 Medley Relay	16	3	12:25 PM	
Finals	31	Male 400 Medley Relay	12	2	12:47 PM	
Finals	830	Mixed 400 Medley Relay Multi-Class	0	0	01:00 PM	
		Presentation: 10 Minutes:				
Finals	42	Male 200 Medley Relay	12	2	01:10 PM	
Finals	43	Female 200 Medley Relay	24	4	01:17 PM	
Finals		Mixed 200 Medley Relay Multi-Class	0	0	01:32 PM	
		Swimmers Counts for Warm-ups: 289	====	====		
		Entry / Heat Totals:	703	106		
		Finish Time			01:32 PM	

Session: 3 2019 SA Country Championships - Session 3 Day of Meet: 2 Starts at 05:00 PM Heat Interval: 45 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	20	Female 10 & Over 100 Breaststroke	35	5 u	05:00 PM	
Finals	21	Male 10 & Over 100 Breaststroke Presentation: 7 Minutes:	35	5 u	05:12 PM	
Finals	22	Female 10 & Over 50 Freestyle Presentation: 7 Minutes:	49	7 u	05:30 PM	
Finals	23	Male 10 & Over 50 Freestyle Presentation: 7 Minutes:	49	7 u	05:46 PM	
Finals	24	Female 10 & Over 100 Backstroke Presentation: 7 Minutes:	35	5 u	06:02 PM	
Finals	25	Male 10 & Over 100 Backstroke Presentation: 7 Minutes:	35	5 u	06:19 PM	
Finals	28	Female 10 & Over 200 IM Presentation: 7 Minutes:	74	11	06:37 PM	
Finals	828	Mixed 200 IM Multi-Class	3	1	07:27 PM	
Finals	29	Male 10 & Over 200 IM Presentation: 7 Minutes:	40	6	07:33 PM	
		Swimmers Counts for Warm-ups: 163	====	====		
		Entry / Heat Totals:	355	52		
		Finish Time			08:03 PM	

Session: 4 2019 SA Country Championships - Session 4 Day of Meet: 3 Starts at 08:00 AM Heat Interval: 50 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	32	Female 10 & Over 200 Freestyle	85	13	08:00 AM	
Prelims	33	Male 10 & Over 50 Butterfly	61	9	08:50 AM	
Finals	833	Mixed 50 Butterfly Multi-Class	7	1	09:03 AM	
Prelims	34	Female 10 & Over 50 Butterfly	102	15	09:05 AM	
Finals	35	Male 200 Breaststroke	25	4	09:27 AM	
Finals	36	Mixed 12 & Over 800 Freestyle	20	3	09:45 AM	
Prelims	38	Male 10 & Over 50 Backstroke	69	10	10:21 AM	
Finals	838	Mixed 50 Backstroke Multi-Class	6	1	10:37 AM	
Prelims	39	Female 10 & Over 50 Backstroke	107	16	10:39 AM	
Finals	40	Male 200 Butterfly	6	1	11:03 AM	
Finals	41	Female 200 Butterfly	10	2	11:07 AM	
Finals	47	Male 7-12 200 Freestyle Relay	8	2	11:15 AM	
Finals	48	Female 7-12 200 Freestyle Relay	19	3	11:23 AM	
Finals	49	Male 7-14 200 Freestyle Relay	8	2	11:34 AM	
		Presentation: 5 Minutes:				
Finals	50	Female 7-14 200 Freestyle Relay	11	2	11:47 AM	
Finals	51	Male 7-16 200 Freestyle Relay	6	1	11:54 AM	
		Presentation: 5 Minutes:				
Finals	52	Female 7-16 200 Freestyle Relay	9	2	12:02 PM	
Finals	53	Male 7-18 200 Freestyle Relay	4	1	12:09 PM	
		Presentation: 5 Minutes:				
Finals	54	Female 7-18 200 Freestyle Relay	6	1	12:17 PM	
Finals	863	Mixed 200 Freestyle Relay Multi-Class	0	0	12:20 PM	
		Presentation: 5 Minutes:				
Finals	65	Male 800 Freestyle Relay	0	0	12:25 PM	
Finals	68	Female 7-12 200 Medley Relay	16	3	12:25 PM	
Finals	69	Male 7-12 200 Medley Relay	7	1	12:38 PM	
Finals		Female 7-14 200 Medley Relay	12	2	12:43 PM	
		Presentation: 10 Minutes:				
		Swimmers Counts for Warm-ups: 319	====	====		
		Entry / Heat Totals:	604	95		
		Finish Time			01:02 PM	

Session: 5 2019 SA Country Championships - Session 5 Day of Meet: 3 Starts at 05:00 PM Heat Interval: 45 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	844	Mixed 200 Freestyle Multi-Class	3	1	05:00 PM	
Finals	44	Male 10 & Over 200 Freestyle	46	7	05:05 PM	
Finals	45	Female 200 Breaststroke Presentation: 7 Minutes:	30	5	05:30 PM	
Finals	33	Male 10 & Over 50 Butterfly Presentation: 7 Minutes:	49	7 u	05:58 PM	
Finals	34	Female 10 & Over 50 Butterfly Presentation: 7 Minutes:	49	7 u	06:15 PM	
Finals	38	Male 10 & Over 50 Backstroke Presentation: 7 Minutes:	49	7 u	06:31 PM	
Finals	39	Female 10 & Over 50 Backstroke Presentation: 7 Minutes:	49	7 u	06:48 PM	
Finals	46	Mixed 800 Freestyle Relay Presentation: 7 Minutes:	21	3	07:04 PM	
Finals	71	Male 7-14 200 Medley Relay	8	2	07:50 PM	
Finals	72	Female 7-16 200 Medley Relay	9	2	07:58 PM	
Finals	73	Male 7-16 200 Medley Relay Presentation: 7 Minutes:	5	1	08:06 PM	
Finals	74	Female 7-18 200 Medley Relay	6	1	08:16 PM	
Finals		Male 7-18 200 Medley Relay Presentation: 7 Minutes:	4	1	08:20 PM	
		Swimmers Counts for Warm-ups: 206	====	====		
		Entry / Heat Totals:	328	51		
		Finish Time			08:31 PM	

Session: 6 2019 SA Country Championships - Session 6 Day of Meet: 4 Starts at 08:00 AM Heat Interval: 50 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	55 Female 10 & Over 50 Breaststroke	105	15	08:00 AM	
Finals	855 Mixed 50 Breaststroke Multi-Class	8	2	08:25 AM	
Prelims	56 Male 10 & Over 50 Breaststroke	71	11	08:29 AM	
Prelims	57 Female 10 & Over 100 Freestyle	131	19	08:47 AM	
Finals	857 Mixed 100 Freestyle Multi-Class	7	1	09:28 AM	
Prelims	58 Male 10 & Over 100 Freestyle	90	13	09:31 AM	
Prelims	59 Female 10 & Over 100 Butterfly	52	8	09:59 AM	
Finals	859 Mixed 100 Butterfly Multi-Class	2	1	10:18 AM	
Prelims	60 Male 10 & Over 100 Butterfly	38	6	10:22 AM	
Finals	61 Mixed 12 & Over 400 IM	20	3	10:36 AM	
	Swimmers Counts for Warm-ups: 257	====	====		
	Entry / Heat Totals:	524	79		
	Finish Time			10:58 AM	

Session: 7 2019 SA Country Championships - Session 7 Day of Meet: 4 Starts at 11:15 AM Heat Interval: 45 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	55 Female 10 & Over 50 Breaststroke	49	7 u	11:15 AM	
Finals	56 Male 10 & Over 50 Breaststroke Presentation: 7 Minutes:	49	7 u	11:26 AM	
Finals	57 Female 10 & Over 100 Freestyle Presentation: 7 Minutes:	35	5 u	11:43 AM	
Finals	58 Male 10 & Over 100 Freestyle Presentation: 7 Minutes:	35	5 u	11:59 AM	
Finals	59 Female 10 & Over 100 Butterfly Presentation: 7 Minutes:	35	5 u	12:15 PM	
Finals	60 Male 10 & Over 100 Butterfly Presentation: 7 Minutes:	35	5 u	12:33 PM	
Finals	66 Female 200 Backstroke	26	4	12:51 PM	
Finals	67 Male 200 Backstroke	17	3	01:06 PM	
Finals	63 Male 200 Freestyle Relay	13	2	01:18 PM	
Finals	64 Female 200 Freestyle Relay	23	4	01:24 PM	
	Swimmers Counts for Warm-ups: 198	====	====		
	Entry / Heat Totals:	317	47		
	Finish Time			01:36 PM	