

**2025 SA State Open & MC LC Championships - 17/01/2025 to 19/01/2025****Session Report**

Session: 1 Session 1

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 55 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	1 Women 50 Backstroke	34	5	09:00 AM	_____
Prelims	2 Men 50 Backstroke	43	6	09:08 AM	_____
Prelims	3 Women 200 Breaststroke	13	2	09:16 AM	_____
Prelims	4 Men 100 Breaststroke	36	5	09:24 AM	_____
	Warm Up Break: 30 Minutes:				
Prelims	5 Women 400 Freestyle	21	3	10:05 AM	_____
Finals	6 Mixed 11 & Over 400 Freestyle Multi-Class	5	1	10:22 AM	_____
Prelims	7 Men 400 Freestyle	34	5	10:30 AM	_____
	Warm Up Break: 30 Minutes:				
Prelims	8 Women 200 Butterfly	22	3	11:27 AM	_____
Prelims	9 Men 200 Butterfly	26	4	11:38 AM	_____
Prelims	10 Women 50 Freestyle	47	6	11:51 AM	_____
Prelims	11 Men 50 Freestyle	51	7	12:00 PM	_____
	Swimmers Counts for Warm-ups: 221	=====	=====		
	Entry / Heat Totals:	332	47		
	Finish Time			12:09 PM	_____

Session: 2 Session 2

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 90 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	12 Women 4x50 Freestyle Relay	5	1	05:00 PM	_____
Finals	13 Men 4x50 Medley Relay	6	1	05:04 PM	_____
Finals	1 Women 50 Backstroke	20	2 u	05:07 PM	_____
Finals	14 Mixed 11 & Over 50 Backstroke Multi-Class	16	2	05:12 PM	_____
Finals	2 Men 50 Backstroke	20	2 u	05:18 PM	_____
Finals	3 Women 200 Breaststroke	13	2 u	05:21 PM	_____
Finals	4 Men 100 Breaststroke	20	2 u	05:30 PM	_____
Finals	5 Women 400 Freestyle	20	2 u	05:35 PM	_____
Finals	7 Men 400 Freestyle	20	2 u	05:47 PM	_____
	Warm Up Break: 30 Minutes:				
Finals	8 Women 200 Butterfly	20	2 u	06:28 PM	_____
Finals	9 Men 200 Butterfly	20	2 u	06:36 PM	_____
Finals	15 Mixed 11 & Over 50 Freestyle Multi-Class	20	3	06:44 PM	_____
Finals	10 Women 50 Freestyle	20	2 u	06:51 PM	_____
Finals	11 Men 50 Freestyle	20	2 u	06:55 PM	_____
Finals	16 Women 4x100 Freestyle Relay	4	1	06:59 PM	_____
Finals	17 Men 4x100 Medley Relay	5	1	07:04 PM	_____
	Swimmers Counts for Warm-ups: 184	=====	=====		
	Entry / Heat Totals:	249	29		
	Finish Time			07:10 PM	_____

**2025 SA State Open & MC LC Championships - 17/01/2025 to 19/01/2025****Session Report**

Session: 3 Session 3

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 55 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	18 Men 100 Freestyle	50	7	09:00 AM	_____
Finals	19 Mixed 11 & Over 100 Freestyle Multi-Class	21	3	09:13 AM	_____
Prelims	20 Women 100 Backstroke	29	4	09:23 AM	_____
Prelims	21 Men 200 Backstroke	25	4	09:31 AM	_____
Prelims	22 Women 100 Breaststroke	20	3	09:44 AM	_____
	Warm Up Break: 30 Minutes:				
Prelims	23 Men 50 Breaststroke	32	4	10:21 AM	_____
Prelims	24 Women 400 IM	11	2	10:27 AM	_____
Prelims	25 Men 100 Butterfly	39	5	10:40 AM	_____
	Warm Up Break: 30 Minutes:				
Prelims	26 Women 200 Freestyle	33	5	11:20 AM	_____
Prelims	27 Men 200 IM	26	4	11:35 AM	_____
Finals	28 Mixed 11 & Over 200 IM Multi-Class	9	2	11:48 AM	_____
Prelims	29 Women 50 Butterfly	41	6	11:59 AM	_____
Finals-S	30 Men 1500 Freestyle	0	0	12:08 PM	_____
Finals-S	31 Women 1500 Freestyle	0	0	12:08 PM	_____
	Swimmers Counts for Warm-ups: 222	=====	=====		
	Entry / Heat Totals:	336	49		
	Finish Time			12:08 PM	_____

Session: 4 Session 4

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 90 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	32 Men 4x50 Freestyle Relay	7	1	05:00 PM	_____
Finals	33 Women 4x50 Medley Relay	5	1	05:04 PM	_____
Finals	18 Men 100 Freestyle	20	2 u	05:07 PM	_____
Finals	20 Women 100 Backstroke	20	2 u	05:12 PM	_____
Finals	34 Mixed 11 & Over 100 Backstroke Multi-Class	17	2	05:17 PM	_____
Finals	21 Men 200 Backstroke	20	2 u	05:25 PM	_____
Finals	22 Women 100 Breaststroke	20	2 u	05:32 PM	_____
Finals	23 Men 50 Breaststroke	20	2 u	05:38 PM	_____
Finals	24 Women 400 IM	11	2 u	05:42 PM	_____
	Warm Up Break: 30 Minutes:				
Finals	25 Men 100 Butterfly	20	2 u	06:25 PM	_____
Finals	26 Women 200 Freestyle	20	2 u	06:30 PM	_____
Finals	27 Men 200 IM	20	2 u	06:37 PM	_____
Finals	29 Women 50 Butterfly	20	2 u	06:45 PM	_____
Finals	35 Mixed 11 & Over 50 Butterfly Multi-Class	17	2	06:49 PM	_____
Finals-1	30 Men 1500 Freestyle	8	1	06:54 PM	_____
Finals-1	31 Women 1500 Freestyle	5	1	07:13 PM	_____
Finals	36 Men 4x100 Freestyle Relay	6	1	07:33 PM	_____
Finals	37 Women 4x100 Medley Relay	4	1	07:38 PM	_____
	Swimmers Counts for Warm-ups: 186	=====	=====		
	Entry / Heat Totals:	260	30		
	Finish Time			07:45 PM	_____

**2025 SA State Open & MC LC Championships - 17/01/2025 to 19/01/2025****Session Report**

Session: 5 Session 5

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 55 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	38 Women 100 Freestyle	41	6	09:00 AM	_____
Prelims	39 Men 200 Freestyle	44	6	09:12 AM	_____
Finals	40 Mixed 11 & Over 200 Freestyle Multi-Class	12	2	09:30 AM	_____
Prelims	41 Women 200 IM	20	3	09:39 AM	_____
Prelims	42 Men 50 Butterfly	41	6	09:50 AM	_____
	Warm Up Break: 30 Minutes:				
Prelims	43 Women 100 Butterfly	24	3	10:28 AM	_____
Prelims	44 Men 100 Backstroke	31	4	10:34 AM	_____
Prelims	45 Women 50 Breaststroke	22	3	10:42 AM	_____
Finals	46 Mixed 11 & Over 50 Breaststroke Multi-Class	12	2	10:47 AM	_____
	Warm Up Break: 30 Minutes:				
Prelims	47 Men 400 IM	24	3	11:21 AM	_____
Prelims	48 Women 200 Backstroke	20	3	11:39 AM	_____
Prelims	49 Men 200 Breaststroke	26	4	11:50 AM	_____
Finals-S	50 Women 800 Freestyle	3	1	12:04 PM	_____
Finals-S	51 Men 800 Freestyle	12	2	12:15 PM	_____
	Swimmers Counts for Warm-ups: 221	=====	=====		
	Entry / Heat Totals:	332	48		
	Finish Time			12:36 PM	_____

Session: 6 Session 6

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 90 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	52 Mixed 4x50 Medley Relay	8	1	05:00 PM	_____
Finals	38 Women 100 Freestyle	20	2 u	05:04 PM	_____
Finals	39 Men 200 Freestyle	20	2 u	05:09 PM	_____
Finals	41 Women 200 IM	20	2 u	05:16 PM	_____
Finals	42 Men 50 Butterfly	20	2 u	05:24 PM	_____
Finals	43 Women 100 Butterfly	20	2 u	05:27 PM	_____
Finals	53 Mixed 11 & Over 100 Butterfly Multi-Class	5	1	05:33 PM	_____
Finals	44 Men 100 Backstroke	20	2 u	05:36 PM	_____
	Warm Up Break: 30 Minutes:				
Finals	45 Women 50 Breaststroke	20	2 u	06:11 PM	_____
Finals	47 Men 400 IM	20	2 u	06:15 PM	_____
Finals	48 Women 200 Backstroke	20	2 u	06:28 PM	_____
Finals	49 Men 200 Breaststroke	20	2 u	06:36 PM	_____
Finals	54 Mixed 11 & Over 100 Breaststroke Multi-Class	11	2	06:44 PM	_____
Finals-1	50 Women 800 Freestyle	9	1	06:52 PM	_____
Finals-1	51 Men 800 Freestyle	10	1	07:03 PM	_____
Finals	55 Mixed 4x50 Freestyle Relay	9	1	07:13 PM	_____
	Swimmers Counts for Warm-ups: 176	=====	=====		
	Entry / Heat Totals:	252	27		
	Finish Time			07:17 PM	_____