



# SwimmingSA & asctaSA Coaching Conference

**Saturday 24<sup>th</sup> & Sunday 25<sup>th</sup> November, 2018**

Immanuel College, Nova Gardens, South Australia

**Presenters:**

## **Leigh Nugent:**

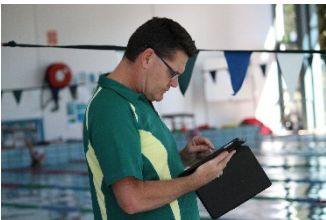


Leigh Nugent is one of the best technical swimming coaches in the world.

Leigh enjoys working with swimmers of all ages and coaches of all abilities to help them to be the best that they can be. His love for the sport and helping people to succeed is reflected in his wealth of knowledge and easy to understand instructions.

As National Youth Coach for Swimming Australia from 2000 to 2003 and again from 2005 to 2009, Leigh has worked with many of the best up and coming swimmers and coaches in Australia and around the world. Leigh was the Head Coach of Swimming Australia in 2003-2004 and again in 2009-2012, leading the sport to its most successful Olympics since Melbourne 1956 in Athens in 2004. Leigh is the current State Head Coach of SwimmingSA and SwimmingWA.

## **Rohan Taylor:**



Rohan Taylor has coached high performance swimmers for the past 20 years and is committed to “continuous improvement” in everything he does and everyone he works with.

Rohan has coached junior and age group swimmers of all ages right through to coaching Liesel Jones to an Olympic Gold medal at the 2008 Olympics. Rohan is currently the Head Coach for Swimming Victoria providing guidance and expertise to coaches and swimmers throughout Victoria.

## **Brian Ford:**



Brian has been the Head Coach of the Traralgon Club since 1997 and a Traralgon Swimming Club member for the past 36 years. Brian is a Silver License Coach who was the Victorian Target 2008 Squad Coach in 2004 and 2005, the Victorian Country Squad Coach many times from 2006 to the present and has been a presenter at the ASCTA(V) Conference on numerous occasions. Brian was a member of the Australian Elite Breaststroke Camp team in 2008 and Coach for the Junior Australian team in the Duel in the Pool against Japan in 2009.

A Life Member of the Traralgon Club and Gippsland Swimming, he has had a long involvement in Masters Swimming over the years.

**Presenters**

- Sam Borg                      Program Developer and Owner “Puddles Aquatics”
- Gary Toner                    Executive Officer Swim Australia
- Carol Veldhuyzen          Head Coach Immanuel Piranhas Swim Club, I-Swim Immanuel



## Bronze Accreditation

Saturday 24<sup>th</sup> November 2018

Time	Presentation (Sport Hall Theatre)
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8:30	Registration Opens
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9:00 – 9:30	<b>Q &amp; A from Online Course</b>
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9:30 – 10:30	<b>Program Writing</b>
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10:30 – 10:45	Refreshment Break
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10.45-11.45	Developing a Seasonal Plan
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11:45 – 12:30	Lunch Break
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12.30 – 2:30	<b>Pool Session 1</b>
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2:30 – 2:45	Refreshment Break
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2:45 – 4:45	<b>Pool Session 2</b>
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For attendees wanting to complete the Bronze Accreditation Course all sessions on Saturday are compulsory for Candidates

## Coaching Stream

Saturday 24<sup>th</sup> November 2018

Time	Presentation (Sports Hall Theatre)
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11.45	Registration Opens
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12:15 – 1:30	<b>Rohan Taylor:</b> Considerations for the yearly planning process
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1:30 – 1:45	Refreshment Break
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1:45 – 3:00	<b>Leigh Nugent:</b> A detailed analysis of the modern Breaststroke technique
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3:00 – 3:15	Refreshment Break
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3:15 – 4:30	<b>Rohan Taylor:</b> Planning in detail -Weekly and seasonal planning
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## Coaching Stream

Sunday 25<sup>th</sup> November 2018

Time	Presentation (Sports Hall Theatre)
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8:30	Registration Opens
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9:00 – 10:15	<b>Brian Ford:</b> You're the Coach, You're the Culture
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10:15 – 10:30	Refreshment Break
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10:30 – 11:45	<b>Leigh Nugent:</b> Coaching Butterfly
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11:45 – 12:15	Lunch Break
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12:15 – 1.30	<b>Brian Ford:</b> Coaching for your Future
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1:45 – 3:45	<b>Leigh Nugent:</b> Gold Class pool clinic Freestyle (optional coaching viewing session)
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## Teaching Stream

Sunday 25<sup>th</sup> November 2018

Time	Presentation (Sports Hall Theatre)
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12:30	Register and Check In
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12:45 – 1:45	<b>Carolyn Veldhuyzen:</b> Teaching Breaststroke from Learn to Swim to Club Squads
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2:00 – 3:15	<b>Gary Toner:</b> Stimuli, Bridging the Gap, ramping up your tool box and building world class teachers
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3.30 – 4:30	<b>Sam Boag –</b> Wet Session Practical Strategies for teaching Autistic Children
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4:30	Conference Close
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To Register for Saturday afternoon or Sunday– Click

<https://www.trybooking.com/435276>

Or To Register for The Bronze Licence Coaching course

Email: [cory.bampton@sa.swimming.org.au](mailto:cory.bampton@sa.swimming.org.au) to obtain course information and registration links

### Price List

Registration	Member* Rate	Non Member Rate
<b>1 Day Conference Registration</b> Saturday or Sunday 24/25 <sup>th</sup> November	\$65.00	\$75.00
<b>2 Day Conference Registration</b> Saturday 24 <sup>th</sup> and Sunday 25 <sup>th</sup> November	\$100.00	\$110.00
<b>1 Day Teaching Conference registration</b> Sunday 24 <sup>th</sup> November	\$40.00	\$50.00
<b>Bronze Accreditation Course</b> Saturday 24 <sup>th</sup> November (Bronze course candidates receive complementary entry to the Sunday workshop)	\$360.00	\$360.00

**Member and Non-Member rates ... includes GST, light refreshments, Tea and coffee and available papers**

\*\*Payment for the Bronze Accreditation Course is not taken by SwimmingSA. Please ensure you register and pay the \$360 fee through the Swimming Australia e-learning portal. This link link will be provided to interested participants.

Registrations online close 19<sup>th</sup> of November. For late registrations contact [cory.bampton@sa.swimming.org.au](mailto:cory.bampton@sa.swimming.org.au) . A \$10.00 late registration fee will apply

**Cancellations:** Note an **administration fee of \$30** will be charged for all cancellations. Payment for Conference **cannot** be refunded within **48 hours** of the event.

**Course (GST exempt) and Registration (includes GST) Fees** \*Members refer to any current **ascta** members.