

UPPER NORTH DISTRICT OPEN

PARTICIPATION (INTERCLUB)

Contact

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Event Information

Saturday – Sunday, 13 December 2020

Crystal Brook Swimming Pool | Mais Terrace, Crystal Brook SA 5523

Short Course Pool (25m)

Gates Open: 8:30am

Warm Up: 9:00am

Start Time: 10:00am

Event Nomination Fees:

Individual \$3.00 | Relay \$5.00

Pool Entry:

Swimmers Free | Spectators \$ as per Pool Management

Free Entry:

ASCTA Accredited Coaches | Working Technical Officials

Awards & Recognition

Handicap Races

1st, 2nd & 3rd

Relays

1st, 2nd & 3rd

Male and Female in each of:

25m Scratch:

8&U | 9 – 10 | 11 – 12 | 13 – 14 | 15 – 16 | 17 – 29 | 30&O

50 & 100m Scratch:

10&U | 11 – 12 | 13 – 14 | 15 – 16 | 17 – 29 | 30&O

200m Scratch:

12&U | 13&O

Entry Information

Closing Date: Saturday, 5 December 2020 at 5:00pm

Entry Method: Entries via SWIM CENTRAL

Website:

Handicap – Online entry and white cards with cards being accepted up to 30mins before start time
(Late cards may not be accepted)

Swimmers can only enter 2x200m Scratch events and 2x100m Scratch events

Dash for Prize – Fastest 50m Freestyle male and female in age group invited to compete in handicap event

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EVENT LIST

- 1 Mixed 200 Freestyle Relay
- 2 Mixed 200 Breaststroke
- 3 Mixed 100 Butterfly
- 4 Mixed 50 Freestyle
- 5 Mixed 25 BACK HANDICAP
- 6 Mixed 200 Butterfly
- 7 Mixed 100 Freestyle
- 8 Mixed 50 Backstroke
- 9 Mixed 25 BRST HANDICAP
- 10 Mixed 100 IM
- 11 Mixed 200 IM
- 12 Mixed 200 Backstroke
- 13 Mixed 100 Breaststroke
- 14 Mixed 50 Butterfly
- 15 Mixed 25 FREE HANDICAP
- 16 Mixed 200 Freestyle
- 17 Mixed 100 Backstroke
- 18 Mixed 50 Breaststroke
- 19 Mixed 25 FLY HANDICAP
- 20 Mixed 100 FREE RELAY HANDICAP