

STARPLEX MEET 1

PARTICIPATION (ENDORSED)

Contact

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Event Information

Saturday, 14 October 2023

Starplex Health and Fitness Centre | Alexander Avenue, Evanston Park SA 5116

Short Course Pool (25m)

Gates Open: 12:30pm Warm Up Starts: 12:30pm Warm Up Finishes: 1:00pm Start Time: 1:00pm

Event Nomination Fees: Individual \$8.00

Pool Entry: Swimmers Free | Spectators \$5.00 | Child/Concession \$3.00

Free Entry: ASCTA Accredited Coaches | Working Technical Officials

Awards & Recognition

Medals awarded to 1st, 2nd and 3rd Male and Female in following age groups:

50m Events: 8 & Under | 9 – 10 | 11 – 12 | 13 – 14 | 15 & Over

100m Events: 10 & Under | 11 – 12 | 13 – 14 | 15 & Over

200m Events: 11 – 13 | 14 & Over

400m Events: 12 & Over

SKINS - Cash Prizes for the top 3 Male & Female in each event 28 & 29

Entry Information

Closing Date: Saturday, 7 October 2023 at 8:00pm

Entry Method: Entries via SWIM CENTRAL

Website: <https://starplex.swimming.org.au>

Come and Try Events – For any swimmer not registered with SwimmingSA

Limit of 5 individual events per swimmer

SKINS – Male and Female swimmers in each Skins age group will be invited to compete based on fastest 8 swimmers in event 18 200 IM

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EVENT LIST

- 1 Mixed 10 & Under 100 Individual Medley
- 2 Mixed 11 & Over 100 Individual Medley
- 3 Mixed 11 & Over 200 Backstroke
- 4 Mixed 50 Butterfly Come & Try Time Trial
- 5 Mixed 10 & Under 50 Butterfly
- 6 Mixed 11 & Over 50 Butterfly
- 7 Mixed 10 & Under 100 Freestyle
- 8 Mixed 11 & Over 100 Freestyle
- 9 Mixed 50 Backstroke Come & Try Time Trial
- 10 Mixed 10 & Under 50 Backstroke
- 11 Mixed 11 & Over 50 Backstroke
- 12 Mixed 11 & Over 200 Butterfly
- 13 Mixed 10 & Under 100 Breaststroke
- 14 Mixed 11 & Over 100 Breaststroke
- 15 Mixed 12 & Over 400 Freestyle
- 16 Mixed 10 & Under 100 Backstroke
- 17 Mixed 11 & Over 100 Backstroke
- 18 Mixed 11 & Over 200 Freestyle
- 19 Mixed 50 Breaststroke Come & Try Time Trial
- 20 Mixed 10 & Under 50 Breaststroke
- 21 Mixed 11 & Over 50 Breaststroke
- 22 Mixed 10 & Under 100 Butterfly
- 23 Mixed 11 & Over 100 Butterfly
- 24 Mixed 11 & Over 200 Breaststroke
- 25 Mixed 50 Freestyle Come & Try Time Trial
- 26 Mixed 10 & Under 50 Freestyle
- 27 Mixed 11 & Over 50 Freestyle
- 28 Mixed 11 & Over 50 Individual Medley Swim-Off SKINS
- 29 Mixed 11 & Over 50 Individual Medley Swim-Off SKINS

