SPRING IN THE OUTBACK

PARTICIPATION (ENDORSED)

Contact

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Event Information

Saturday, 5 November 2022

Broken Hill Regional Aquatic Centre | 336 McCulloch St, Broken Hill NSW 2880 Long Course Pool (50m)

Session 1: Gates Open: 8:30am Warm Up Starts: 9:00am Warm Up Finishes: 10:00am Start

Time: 10:00am

Session 2: Gates Open: 4:30pm Warm Up Starts: 5:00pm Warm Up Finishes: 6:00pm Start

Time: 6:00pm

Event Nomination Fees: Individual \$6.00

Pool Entry: Swimmers \$5.00 | Spectators \$2.50

Free Entry: ASCTA Accredited Coaches | Working Technical Officials

Awards & Recognition

50m & 100m Events: 8&Under | 9 – 10 | 11 – 12 | 13 – 14 | 15 – 16 | 17 29 | 30&Over

200m Events: 14&Under | 15&Over

400m & 800m Events: 12&Over 1500m Events: 14&Over

For Individual Events Male and Female medals for 1st, 2nd and 3rd

The Top 8 fastest Female and Male from the 50m events will be invited to compete in the Dash for Cash. The Dash for Cash will consist of 3x50m Freestyle races for each gender running on a 3 minute time cycle. During the 3 minutes you will need to race and make your way back to the blocks for the next race.

Race 1 – All 8 swimmers race with the last two touching the wall eliminated

Race 2 – Remaining 6 swimmers race with the last two touching the wall eliminated

Race 3 – Remaining 4 swimmers race with 1st, 2nd and 3rd places taking out the cash prizes

1st \$150, 2nd \$70 & 3rd \$30

Entry Information

Closing Date: Wednesday, 26 October 2022 at 5:00pm

Entry Method: Entries via SWIM CENTRAL

Website: https://brokenhillaquatic.swimming.org.au/

All scratch Events swam as timed finals and seeded according to time not age groups Swimmers to select either 800m or 1500m as event may be merged

Visiting clubs will be required to assist with Time Keeping

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EVENT LIST

Session 1

1	Mixed 14 &	Over 1500	Freestyl	e
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- 2 Mixed 12 & Over 800 Freestyle
- 3 Mixed 10 & Under 50 Freestyle
- 4 Mixed 11 & Over 50 Freestyle
- 5 Mixed 50 Freestyle Multi-Class
- 6 Mixed 200 Butterfly
- 7 Mixed 10 & Under 50 Backstroke
- 8 Mixed 11 & Over 50 Backstroke
- 9 Mixed 50 Backstroke Multi-Class
- 10 Mixed 200 Freestyle
- 11 Mixed 10 & Under 100 Breaststroke
- 12 Mixed 11 & Over 100 Breaststroke
- 13 Mixed 100 Breaststroke Multi-Class
- 14 Mixed 10 & Under 50 Butterfly
- 15 Mixed 11 & Over 50 Butterfly
- 16 Mixed 50 Butterfly Multi-Class
- 17 Mixed 200 Individual Medley
- 18 Mixed 10 & Under 200 Freestyle Relay
- 19 Mixed 11 & Over 200 Freestyle Relay
- 20 Mixed 10 & Under 200 Medley Relay
- 21 Mixed 11 & Over 200 Medley Relay

Session 2

- 22 Mixed 12 & Over 400 Freestyle
- 23 Mixed 200 Backstroke
- 24 Mixed 10 & Under 50 Breaststroke
- 25 Mixed 11 & Over 50 Breaststroke
- 26 Mixed 50 Breaststroke Multi-Class
- 27 Mixed 10 & Under 100 Butterfly
- 28 Mixed 11 & Over 100 Butterfly
- 29 Mixed 100 Butterfly Multi-Class
- 30 Mixed 10 & Under 100 Freestyle
- 31 Mixed 11 & Over 100 Freestyle
- 32 Mixed 200 Breaststroke
- 33 Mixed 10 & Under 100 Backstroke
- 34 Mixed 11 & Over 100 Backstroke
- 35 Mixed 50 Freestyle Dash for Cash