

# STARPLEX SC MEET 1

PARTICIPATION (ENDORSED)

## Contact

---

Adele Reimann

0433 715 981 | [starplex.nominations@gmail.com](mailto:starplex.nominations@gmail.com)

## Event Information

---

**Saturday, 21 March 2020**

**Starplex Health and Fitness Centre | Alexander Avenue, Evanston Park SA 5116**

**Short Course Pool (25m)**

Gates Open: 12:00noon

Warm Up: 12:20pm

Start Time: 1:15pm

Event Nomination Fees: Individual \$4.50 | Relay \$6.00

Pool Entry: Swimmers Free | Spectators \$4.00

Free Entry: ASCTA Accredited Coaches | Working Technical Officials

## Awards & Recognition

Medals awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Male and Female in following age groups:

50m & 100m Events: 10&U | 11 – 12 | 13 – 14 | 15&O

200m & 400m Events: Open

Ribbons for all Come and Try and 10&U swimmers who do not win a medal

## Entry Information

---

**Closing Date: Friday, 13 March 2020 at 6:00pm**

**Entry Method: Entries via SWIM CENTRAL**

**Website: [starplex.swimming.org.au](http://starplex.swimming.org.au)**

Come and Try Events – For any swimmer not registered with SwimmingSA

Limit of 6 events per swimmer with no late or manual entries

Swimmer number strict limit of 175

Max 3 Relays per club per event

Catering is available: BBQ, Refreshments and Cakes

## 2019-2020 STARplex SC Meet 1 - 21-Mar-20

### Event List-By Event Number

---

1	Mixed 10 & Under 100 IM
2	Mixed 11 & Over 100 IM
3	Mixed 200 Backstroke
4	Mixed 50 Butterfly Come & Try Time Trial
5	Mixed 10 & Under 50 Butterfly
6	Mixed 11 & Over 50 Butterfly
7	Mixed 10 & Under 100 Freestyle
8	Mixed 11 & Over 100 Freestyle
9	Mixed 50 Backstroke Come & Try Time Trial
10	Mixed 10 & Under 50 Backstroke
11	Mixed 11 & Over 50 Backstroke
12	Mixed 200 Butterfly
13	Mixed 10 & Under 100 Breaststroke
14	Mixed 11 & Over 100 Breaststroke
15	Mixed 200 Freestyle 4x50m Relay
16	Mixed 200 Medley 4x50m Relay
17	Mixed 400 Freestyle
18	Mixed 200 IM
19	Mixed 10 & Under 100 Backstroke
20	Mixed 11 & Over 100 Backstroke
21	Mixed 200 Freestyle
22	Mixed 50 Breaststroke Come & Try Time Trial
23	Mixed 10 & Under 50 Breaststroke
24	Mixed 11 & Over 50 Breaststroke
25	Mixed 400 IM
26	Mixed 10 & Under 100 Butterfly
27	Mixed 11 & Over 100 Butterfly
28	Mixed 200 Breaststroke
29	Mixed 50 Freestyle Come & Try Time Trial
30	Mixed 10 & Under 50 Freestyle
31	Mixed 11 & Over 50 Freestyle