

SESA MEET 7

PARTICIPATION (INTERCLUB)

Contact

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Event Information

Sunday, 19 March 2023

Penola Swimming Pool | Bowden St, Penola SA 5277

Short Course Pool (33y)

Gates Open: 9:00am Warm Up: 9:30am Warm Up Finishes: 10:00am Start Time: 10:00am

Event Nomination Fees:

\$0.00

Pool Entry:

Swimmers & Spectators \$2.00

Free Entry:

ASCTA Accredited Coaches | Working Technical Officials

Awards & Recognition

Entry Information

Closing Date: Monday, 13 March 2023 at 7.00pm

Entry Method: Entries via SWIM CENTRAL

Website:

Swimmers must be a member of one of the South East Swimming Association Clubs

Swimmers may enter up to 6 individual events plus 1 relay

Championship Events - Swimmers must meet standard time, swum in age and gender.

Graded Mixed Events – Swum according to times, not gender/age.

Aged Events – Swum in age & gender

As is at 1 November 2022

SESA MEET 7

EVENT LIST

- 1 Girls 8 & Under 100 Breaststroke Championship Event
- 2 Boys 8 & Under 100 Breaststroke Championship Event
- 3 Girls 9-10 100 Breaststroke Championship Event
- 4 Boys 9-10 100 Breaststroke Championship Event
- 5 Girls 11-12 100 Breaststroke Championship Event
- 6 Boys 11-12 100 Breaststroke Championship Event
- 7 Girls 13-14 100 Breaststroke Championship Event
- 8 Boys 13-14 100 Breaststroke Championship Event
- 9 Girls 15-16 100 Breaststroke Championship Event
- 10 Boys 15-16 100 Breaststroke Championship Event
- 11 Female 17-24 100 Breaststroke Championship Event
- 12 Male 17-24 100 Breaststroke Championship Event
- 13 Female 25 & Over 100 Breaststroke Championship Event
- 14 Male 25 & Over 100 Breaststroke Championship Event
- 15 Mixed 66 Freestyle Graded Event
- 16 Mixed 100 Freestyle Graded Event
- 17 Mixed 66 Backstroke Graded Event
- 18 Mixed 100 Backstroke Graded Event
- 19 Mixed 33 Butterfly Graded Event
- 20 Mixed 66 Butterfly Graded Event
- 21 Mixed 66 Breaststroke Graded Event
- 22 Mixed 100 Breaststroke Graded Event
- 23 Girls 8 & Under 33 Backstroke Aged Event
- 24 Boys 8 & Under 33 Backstroke Aged Event
- 25 Girls 9-10 33 Backstroke Aged Event
- 26 Boys 9-10 33 Backstroke Aged Event
- 27 Girls 11-12 33 Backstroke Aged Event
- 28 Boys 11-12 33 Backstroke Aged Event
- 29 Girls 13-14 33 Backstroke Aged Event
- 30 Boys 13-14 33 Backstroke Aged Event
- 31 Girls 15-16 33 Backstroke Aged Event
- 32 Boys 15-16 33 Backstroke Aged Event
- 33 Female 17-24 33 Backstroke Aged Event
- 34 Male 17-24 33 Backstroke Aged Event
- 35 Female 25 & Over 33 Backstroke Aged Event
- 36 Male 25 & Over 33 Backstroke Aged Event

