

MID NORTH SPRINTS

PARTICIPATION (ENDORSED)

Contact

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Event Information

Sunday, 7 February 2021

The Valleys Lifestyle Centre | 180 Main North Road, Clare SA 5453

Short Course Pool (25m)

Gates Open: 8:00am Warm Up: 8:30am Start Time: 9:30am

Event Nomination Fees: Individual \$4.00 | Relay \$5.00
Pool Entry: Swimmers Free | Spectators \$3.00
Free Entry: ASCTA Accredited Coaches | Working Technical Officials

Awards & Recognition

Medals for 1st, 2nd & 3rd swimmer in each event

Entry Information

Closing Date: Thursday, 28 January 2021 at 5:00pm

Entry Method: Entries via SWIM CENTRAL

Website: clare.swimming.org.au

White Cards for all handicap events. Post to PO Box 130, Clare SA 5453

All events are scratch events unless otherwise listed with awards for 1st, 2nd & 3rd Male and Female in all scratch events

Age Groups: 10&U | 11 – 12 | 13 – 14 | 15 – 16 | 17 – 29 | 30&O

Swimmers to only enter one of 191, 192, 193, or 201, 202, 203, or 211, 212, 213 or 221, 222, 223.

Time limit applies for Event 1 – 7:30.00 and Event 45 – 4:30.00

No tent pegs allowed due to sprinkler system

Visiting clubs will be required to assist with Time Keeping

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EVENT LIST

- 1 Mixed 200 Freestyle
- 2 Mixed 100 Freestyle Free Relay HCP
- 3 Mixed 10 & Under 25 Freestyle
- 4 Mixed 11-16 25 Freestyle
- 5 Mixed 17 & Over 25 Freestyle
- 6 Mixed 100 Breaststroke
- 71 Mixed 12 & Under 25 Backstroke HCP
- 72 Mixed 12 & Under 25 Breaststroke HCP
- 73 Mixed 12 & Under 25 Butterfly HCP
- 81 Mixed 13 & Over 25 Backstroke HCP
- 82 Mixed 13 & Over 25 Breaststroke HCP
- 83 Mixed 13 & Over 25 Butterfly HCP
- 9 Mixed 100 IM
- 10 Mixed 10 & Under 25 Backstroke
- 11 Mixed 11-16 25 Backstroke
- 12 Mixed 17 & Over 25 Backstroke
- 13 Mixed 100 Medley Relay HCP
- 14 Mixed 100 Freestyle
- 15 Mixed 10 & Under 25 Breaststroke
- 16 Mixed 11-16 25 Breaststroke
- 17 Mixed 17 & Over 25 Breaststroke
- 18 Mixed 12 & Under 25 Freestyle HCP
- 19 Mixed 13 & Over 25 Freestyle HCP
- 20 Mixed 10 & Under 25 Butterfly
- 21 Mixed 11-16 25 Butterfly
- 22 Mixed 17 & Over 25 Butterfly