

Development (Endorsed)		MAD MARCH TITLES		
Contact:	Contact: Swimming SA Email: events@sa.swimming.org.au Phone: 08 7123 0848			
Date of Event:	FRIDAY 29th – SUNDAY 31st MARCH 2019			
Location of Event:	SA Aquatic and Leisure Centre 443 Morphett Road, Oaklands Park SA 5046			
Event Type:	Long Course (50m)			
Day 1 (Fri):	Gates Open: 5.00pm	Warm Up: 5.00pm – 5.45pm	Start Time (1st Race): 6.00pm	
Day 2 (Sat):	Gates Open: 7.30am	Warm Up: 7.45am – 8.45am	Start Time (1st Race): 9.00am	
	Gates Open: 3.30pm	Warm Up: 3.45pm – 4.45pm	Start Time (1st Race): 5.00pm	
Day 3 (Sun):	Gates Open: 7.30am	Warm Up: 7.45am – 8.45am	Start Time (1st Race): 9.00am	
Costs:	Event Nomination Fees: \$11.80 per event		Pool Entry: Swimmers: Free Spectators: \$7.20 (Adults) \$3.10 (Children)	
	Competitors, ASCTA Accredited Coaches and working Technical Officials receive free pool entry. Technical Officials must hold at least one accreditation to qualify for free entry.			
Awards / Recognition:	Mad March Medals will be awarded to 1 st , 2 nd and 3 rd placegetters.			
Entry Information:	Closing Date: Wednesday 13 th March at 9.00am Login to your MYLANE profile to enter!		Entry Method: OME Website: sa.swimming.org.au	
	Break (maximum) times apply to all individual events: visit sa.swimming.org.au to view. Heats and finals: 50's and 100's Timed finals: 200's, 400's, 800, 1500.			

Events

Session 1: Friday (6.00pm Start)			
1	Male 400 Freestyle	5	Male 800 Freestyle
2	Female 400 Freestyle	6	Female 800 Freestyle
3	Male 400 Individual Medley	7	Male 1500 Freestyle
4	Female 400 Individual Medley	8	Female 1500 Freestyle

Session 2: Saturday (9.00am Start)

9	Male 50 Freestyle	15	Male 50 Breaststroke
10	Female 50 Freestyle	16	Female 50 Breaststroke
11	Male 100 Backstroke	17	Male 100 Butterfly
12	Female 100 Backstroke	18	Female 100 Butterfly
13	Male 200 Freestyle	19	Male 200 Breaststroke
14	Female 200 Freestyle	20	Female 200 Breaststroke

Session 3: Saturday (5.00pm Start)

21	Male 100 Freestyle	Male 50 Freestyle
22	Female 100 Freestyle	Female 50 Freestyle
23	Male 50 Backstroke	Male 100 Butterfly
24	Female 50 Backstroke	Female 100 Butterfly
25	Male 100 Breaststroke	Male 100 Backstroke
26	Female 100 Breaststroke	Female 100 Backstroke
27	Male 50 Butterfly	Male 50 Breaststroke
28	Female 50 Butterfly	Female 50 Breaststroke
	Male 50 Freestyle	

Session 4: Sunday (9.00am Start)

	Male 100 Freestyle	Female 100 Breaststroke
	Female 100 Freestyle	Male 50 Butterfly
	Male 50 Backstroke	Female 50 Butterfly
	Female 50 Backstroke	31 Male 200 Backstroke
29	Male 200 Butterfly	32 Female 200 Individual Medley
30	Female 200 Butterfly	33 Male 200 Individual Medley
	Male 100 Breaststroke	