

### **EBL 21-TEAM MANAGERS MEETINGS**

A Technical meeting of all team managers shall be held 45mins prior to the commencement of each session.

This meeting is the opportunity for team managers to lodge any split, withdrawal or relay nomination forms and discuss any errors or omissions with the meet director or their nominated representative. Any updated competition information will be provided to the managers at this meeting. All clubs should send a representative to this meeting. Team Managers are required to nominate prior to each meet to obtain free venue entry and pool deck access.

### **EBL16-EVENT NOMINATIONS & ELIGIBILITY**

- (1) Subject only to subclause (5) of this EBL, only recognised Clubs/federations have the authority to nominate swimmers for relay events at SwimmingSA competitions.
- (2) All entries (individual) must be submitted electronically to SwimmingSA as specified on the website/handbook by the published closing date. All entries (relay) must be submitted electronically by clubs to SwimmingSA as specified on the website/handbook by the published closing date.
- (4) Each competitor entered shall submit to doping control tests when determined by the appropriate doping authority.
- (5) SwimmingSA events are open only to the following:
  - (a) Swimmers eligible to represent Australia who are registered with a Member Club and meet the entry requirements.
  - (b) Members of other Federations affiliated to FINA who meet the entry requirements provided they hold a valid clearance from their Federation.
  - (c) Non Australian citizens who are registered with a State Association and meet the entry requirements.
  - (d) Swimmers with a disability who hold a current National Classification according to the National Classification Database held by SAL, in line with eligibility requirements outlined in the SAL Classification Policy and Procedures for classes 1-10 (FCS), 11-13 (Vision Impairment), 14 (Intellectual Disability), 15 (Hearing Impairment) and 16 (Transplant).
- (6) (please read the full By-Law if this applies to you) Any Member who transfers clubs for a reason other than a change of residential location may compete but may not represent any Club in open or interclub competition for a period of 90 calendar days from the date the transfer form was stamped received by the SwimmingSA office.

For this clause swimmers will be identified as "unattached"

- (7) A swimmer who is a member of another Federation affiliated to FINA shall only represent that Club or Federation and score points for that Club.

### **EBL19-AGE REQUIREMENTS**

Each entrant for a limited age competition must be of the stipulated age as per the event list for the relevant event (see handbook of events or below) and shall produce, on request, a birth certificate or statutory declaration as to his/her age to the General Manager.

Division 1: Age as at Day of the Meet      Division 2 & JX: Age as at 22<sup>nd</sup> July 2012

### **EBL20-ENTRY REQUIREMENTS**

Competitors must be registered with a club affiliated with a recognised swimming federation unless they are participating at a JX Meet as a Ready Set Race Come 'n' Try swimmer.

Coaches and Competitors must carry their registration card at all times and produce it if asked by an official SwimmingSA representative. Failure to do so may render a coach ineligible to obtain venue entry and swimmer ineligible to compete or obtain venue entry.

- (1) A maximum number of entries per session applies for all events other than State or Country Championships. The maximum number of entries as determined by specific event listings is:
  - Division 1: Maximum of four individual events per session
  - Division 2: Maximum of six individual swims per meet
  - JX: Maximum of five individual swims per meet

(4) For Short Course events where qualifying or break times apply the qualifying/break time should be achieved in a 25m length pool. If the swimmer does not have a time in a 25m pool then his/her time in a 50m pool is acceptable without any conversion factor.

#### **EBL 8-STANDARD, QUALIFYING OR BREAK TIMES**

SwimmingSA shall adopt qualifying, standard or break times for each distance and stroke for all events in accordance with the level of competition (e.g. Championship/Div1/Div2). Advice of the approved times are published on the SwimmingSA website prior to the commencement of each season. Times must have been achieved at an approved meet after the 1st January 2011.

Division 1 events require qualification - The event qualifying times are available on the SwimmingSA website.

Note: Athletes are eligible to enter the 1500m and 800m freestyle events at the Division 1 Series; provided they have achieved the qualifying time set for the 400m freestyle for their age group.

Division 2 events have Break times - The event break times are available on the SwimmingSA website.

JX 11 & U meets have no time qualifying or break times.

#### **EBL 11-TIMED FINAL EVENTS**

All events conducted at non championship competitions are deemed to be timed finals unless otherwise stated in event specific information.

Club relays shall be conducted as timed finals.

#### **EBL 22-REPORTING FOR DISTANCE EVENTS, MARSHALLING & WITHDRAWALS**

(2) For timed final and heat events using the no marshalling rule - competitors shall be deemed to have withdrawn if they are not present at the starting block at the blast of the first whistle by the Referee.

(4) For events using the marshalling rule - any entrant who fails to report to the Marshalling area at least ten minutes prior to the Scheduled time for the start of the session on that day if entered in the first or second events, or at the time of the start of an event at least two events prior to the event in which they are entered shall be deemed to be withdrawn. All heats in an event (including heats of the 800 metres and 1500 metre freestyle) shall be deemed to be one event for the purpose of this Rule.

#### **MARSHALLING WILL BE USED AT ALL SWIMMINGSA MEETS INCLUDING DIVISION 1 EVENTS**

#### **EBL14-NO SMOKING**

No smoking is permitted in any area, indoors or outdoors, prior to or during competitions. The SA Aquatic and Leisure Centre is a non-smoking venue- you must be outside of the perimeter fence prior to lighting up. We receive funding from the State Government which requires us to have a smoke free competitive environment.

#### **EBL 12-FINA RULES & BY-LAWS**

SwimmingSA events shall be conducted under the Rules and By-Laws of FINA as prescribed in the current FINA Handbook except in so far as they are varied by these By-Laws.

#### **EBL15.1-GENERAL SWIMSUIT GUIDELINES**

- (1) The swimsuits of all swimmers shall be in good moral taste and suitable for the individual sports discipline.
- (2) All swimsuits shall be non-transparent and must conform with FINA approved standards in all respects.  
or
- (3) Until otherwise directed by SSA, swimmers may wear 'traditional' swimsuits provided the suits meet the following criteria:
  - a. Men's swimwear may not extend above the navel or below the groin; Women's swimwear shall not cover the neck, extend past the shoulders or below the groin.
  - b. No zippers or other fastening devices are allowed except for a waist tie on a traditional swim suits.
  - c. Suits must be of a textile material and must not contain any non-textile material such as polyurethane or neoprene.
- (4) Modification of a swimsuit to accommodate a competitor's disability is permitted (IPC 2.16.2). Proposed modification shall be submitted in writing to SwimmingSA for approval at least 14 days prior to the meet. Approved swimsuits shall be presented to the referee prior to the swimmers first event at the competition.

- (5) The referee of a competition has the authority to exclude any competitor whose swimsuit does not comply with this rule.
- (6) Swimwear is limited to one (1) swimsuit.

#### **EBL15.2 ADDITIONAL SWIMSUIT GUIDELINES FOR AGE GROUP EVENTS**

- (1) All swimwear worn by competitors in Age Group Events (18 and under) conducted in Australia shall be commercially available products.
- (2) Swimwear worn by competitors in Age Group Events shall conform to the following design:
  - a. Men's swimwear is limited to one (1) swimsuit that covers at most the body surface from navel to knee. Swimwear may not extend above the navel or below the knees;
  - b. Women's swimwear is limited to one (1) swimsuit that is of "open back" and "open shoulder" designs that may extend down to the knee. Swimwear must not extend below the knees. Swimwear must not have a zipper or any type of fastening devices except for a waist tie on traditional swimsuits.
  - c. Suits must be of textile material and must not contain any non-textile material such as polyurethane or neoprene.

*EBL15.2 is similar to EBL 15.1 but allows competitors to wear swimsuits that conform to 2010 FINA guidelines that have not been submitted to FINA for approval*

#### **EBL 23-ELIGIBILITY TO ACHIEVE A SWIM IN A FINAL & ACHIEVE A PRIZE**

##### **EBL 23.2-PLACING FOR MULTI-CLASS EVENTS**

Placings will be determined from the Multi Class Point Score System.  
Highest point scoring swimmers will be declared the winner of the event.

##### **EBL 23.5-DIVISION 1 & A-GRADE**

Eligible athletes will accumulate points towards the club pennants in the following age groups: 11yr&Under 12yr, 13yr, 14 yr, 15 yr, 16yr, 17/18yr and 19yr & Over. Top 10 athletes must achieve the qualifying time to be awarded points.

##### **EBL 23.6-DIVISION 2**

1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> prizes will be awarded at the conclusion of the series for both male and female competitors scoring most points in age groups 12yr, 13yr, 14yr, 15yr, 16yr, 17/18yr & 19&Over. 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> prizes will be awarded to the highest male and female point scorers in the multi-class events.

Competitors who achieve a *break time* will retain their current Division 2 points; this will include any swim where they have achieved a *break time*. Swimmers, who have achieved a *break time* will from that point on, be ineligible to enter that distance and stroke at any Division 2 competition.

Swimmers who have achieved a *break time* are eligible to swim at Division 1 meets for the stroke and distance for which they have achieved a Division 1 qualifying time.

##### **EBL 23.7-11&U JX**

1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> prizes will be awarded at the conclusion of each event for both male and female competitors who achieve the relevant JX Standard time in the following age groups: 8&U, 9 yr, 10 yr & 11 yr.

#### **EBL 24-RECORDS**

SwimmingSA shall recognise age and open records in events, which are included on the programme. (Refer to SSA Swimming Rule SW 12 for further detail)

#### **EBL 25-RELAYS**

Non Australian Citizens who are registered with a State Association may compete in relays and score points.

A list of swimmers (up to eight) intending to swim in relays must be provided at the time of nominations. In heats, timed finals and final relay events, the final names of the swimmers and the order in which they are to swim shall be submitted in writing to the Chief Recorder or their representative at the team managers meeting prior to the commencement of the session at which such heats, timed finals or finals are to be swum.

In Club relay events any number of teams from one (1) Club may contest the event.

However no more than two (2) teams from one Club shall contest the final of an event (where heats and finals are to be conducted); and only one (1) team can score points and receive medals.

Swimmers may only swim for their Club once in one of each of the relay events available at each meet.

## **EBL 26-POINTSCORING & PERPETUAL TROPHIES**

### **EBL 26.1-POINT SCORE**

For the purpose of determining Awards based upon **Point's Accumulation** the representatives of the Club gaining places shall be awarded the following points:

<b>Individual Events</b>		<b>Relays</b>	
1st	10 points	1st	20 points
2nd	9 points	2nd	18 points
3rd	8 points	3rd	16 points
4th	7 points	4th	14 points
5th	6 points	5th	12 points
6th	5 points	6th	10 points
7th	4 points	7th	8 points
8th	3 points	8th	6 points
9th	2 points	9th	4 points
10th	1 point	10th	2 points

Points shall only be awarded to swimmers or teams. For Division 1 Competitions swimmers must achieve the qualifying time at the event for points to be awarded.

### **EBL 26.2.6-PERPETUAL TROPHIES & PENNANTS – WINTER DIVISION COMPETITIONS**

- ROYAL LIFE SAVING SOCIETY TROPHY - Most points in Handicap Team Events, Division 2
- Pennant-Highest Points score for each of the Division 1, Division 2 and 11/Under Series
- Pennant-Highest Points score Overall Winter Series
- Pennant-Highest Points score Overall Handicap Winter Series

### **EBL 31-ADVERTISING**

At SwimmingSA events, competing clubs and athletes must observe the Advertising EBL. See Event Information Book for details.

### **EBL 32-STRAPPING/TAPING**

Strapping or taping on swimmers is forbidden. Swimmers must cover any wounds with waterproof dressing (not band aids) and may after presentation to the referee of the meet use tape to hold the dressing in place as long as it does not give the swimmer any advantage.

### **EBL 34-SPLIT TIMES**

At all events held at the SA Aquatic and Leisure Centre, the following procedures apply for split times:

- (1) Referees will only accept split time requests for all backstroke swims.
- (2) All other swims/splits required not mentioned in EBL 22 (1) will be automatically collated through the AOE
- (3) For athletes wishing to achieve split times for events noted in EBL 22 (1), a blue form will need to be handed to the Referee at the team managers meeting before the start of the session

### **EBL 35-OFFICIALS**

All Officials at SwimmingSA meets are expected to remain at their stations for the whole session until the completion of the last presentations.

### **EBL 36-TIME TRIAL PROCEDURE**

Please find below the current time trial procedure. The aim of this procedure is to allow swimmers an extra chance to achieve National Qualifying times.

A time trial is possible when the swimmer's time for any stroke is within National Qualifying times by:

.5 secs for 50 m, 1 sec for 100 m, 2 secs for 200 m, 4 secs for 400m

- 1) Time trials only available at A Grade (LC) and Division 1 (SC) Meets that are the last such meet prior to the closing date of the respective National Championships.
- 2) The swim must be one of the events in the session and the candidate for the Time Trial must enter and swim that event.

- 3) After the posting of results for that race the candidate has 30 minutes to apply for a time trial if their swim time satisfies the criteria and is not a qualifying time.
- 4) If the swim is in the last 4 events of the session the candidate needs to make a provisional application for the time trial before the start of the 4th last event and have their entry time satisfy the criteria. If the swim time is equal to or faster than the entry time and not a qualifying time the application proceeds: otherwise it lapses.

### Behavioural Guidelines

Swimming Australia promotes the following behavioural guidelines to all people involved in any way with the sport of swimming, particularly those responsible for activities involving members under the age of 18 years. These behavioural guidelines highlight the principles and values of Swimming Australia and are the core principles of the Member Welfare and Child Welfare policies.

As a person involved in any way with the sport of swimming, the following standard of behaviour is expected:

- Respect the rights, dignity and worth of others.
- Be ethical, considerate, fair and honest in all dealings with other people and organisations.
- Be professional in, and accept responsibility for your actions.
- Make a commitment to providing quality service.
- Be aware of Swimming Australia's standards, rules and policies.
- Operate within the rules and spirit of the sport, including the national and international guidelines that govern Swimming Australia.
- Understand the possible consequences of breaching Swimming Australia Member Welfare and Child Welfare Policies.
- Immediately report any breaches of the Swimming Australia Member Welfare and Child Welfare Policies to the appropriate authority.
- Refrain from any form of abuse towards others.
- Refrain from any form of harassment toward others.
- Refrain from any form of discrimination toward others.
- Refrain from intimate relations with members whom they have a supervisory role or power over.
- Refrain from any form of victimisation toward others.
- Provide a safe environment for the conduct of activities in accordance with any relevant Swimming Australia policy.
- Show concern and caution toward others that may be sick or injured.
- Be a positive role model.

### Venue Emergency Procedure

**STAGE 1-ON HEARING THE ALERT TONES: Beep... Beep.... Beep...**

- Be aware of an emergency situation (Do Not evacuate on this tone.)
- Follow work shut-down procedures. Secure your area.
- Wardens to check for signs of smoke/fire.

**STAGE 2-ON HEARING THE ALERT TONES: Whoop...Whoop...Whoop**

- Evacuate the building immediately via the nearest safe exit. Closing all doors behind you.
- DO NOT use the lifts
- Proceed to your external assembly area (Refer Site Plan)
- DO NOT re-enter the building until authorised to do so by the responding Emergency Service/Chief Warden.



**WARM UP & COOL DOWN**

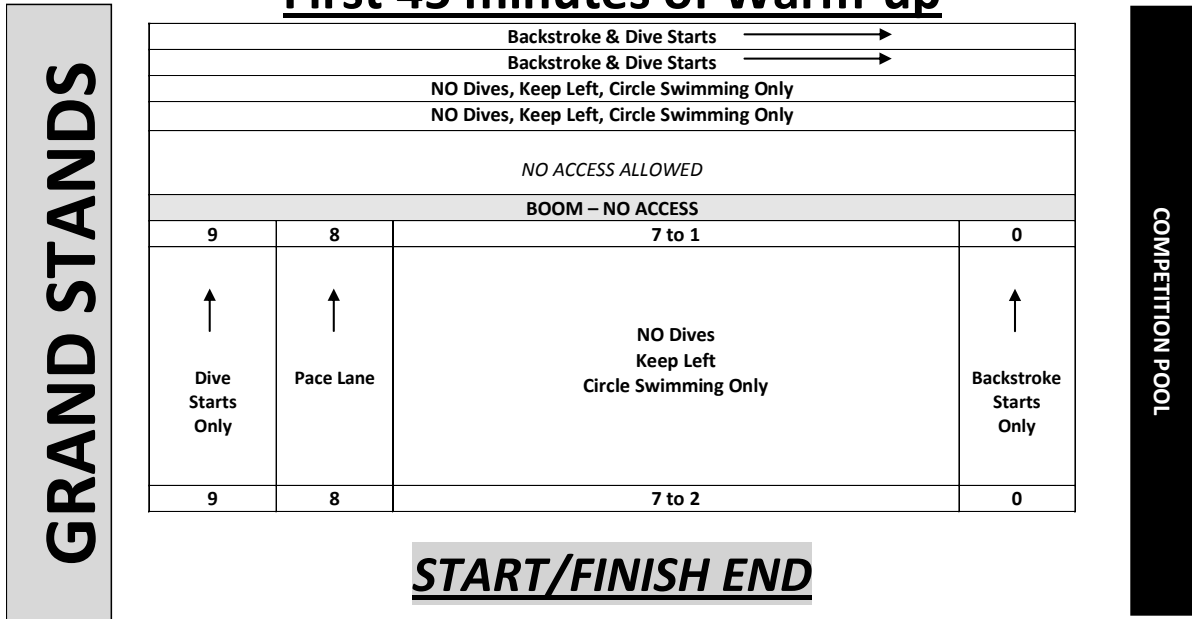
Facilities are made available to assist the athletes with their preparation for and recovery from competition, these facilities are not to be used for "Play time". Competitors breaching warm up procedures shall be removed from warm up/cool down and disqualified from their first scheduled individual event in that session.

Please Note: No lanes are available in the Dive/Water Polo Competition Pool.

**Warm Up/Cool Down Procedures**

- Entry into the water must be by a pin drop or feet first from a sitting position into circle swimming designated lanes
- Dive and/or Backstroke Starts in designated lanes only
- Keep to the left when circle swimming
- Observe the warm up supervisor's directions

**First 45 minutes of Warm-up**



**Last 15 minutes of Warm-up**

