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INFORMATION SHEET

Project: What makes a successful parent and coach relationship in youth sport?

Investigators

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Description of the study

There is a need to better understand what factors contribute to successful parent and coach relationships in youth sport. This is important because parents and coaches strongly influence psychosocial outcomes developed through youth sport. They also impact participation in, and enjoyment of, youth sport. Examining models of successful parent and coach relationships are necessary to address a clear gap in the field of sport parenting (Harwood, Knight, Berrow and Thrower, 2019). This project will undertake a series of interviews with parents and coaches in youth sport to explore their experiences and perceptions of successful parent and coach relationships in youth sport.

Purpose of the study

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| 1) Explore the multiple dimensions and development of a successful parent and coach relationship |
| 2) Understand parent and coach perceptions of what successful parent and coach relationships involves |
| 3) Identify strategies and methods which can assist the development of successful parent and coach relationships |

What will I be asked to do?

You are invited to voluntarily participate in a once-only individual interview (in person or via skype) or a focus group discussion. Interviews will last approximately 30-60 minutes and focus groups will last approximately 30-60 minutes. All interviews and focus groups will be recorded for transcribing purposes. Participants will not be given the opportunity to review and edit their transcripts. Skype interviews will be video recorded for audio data only (i.e., video recording will not be used, only audio data used for transcription purposes).

What benefit will I gain from being involved in this study?

Your involvement in this study will directly contribute to developing effective and efficient education and training programs to optimise coach and parental involvement in youth sport. The development of educational resources is a novel step in this regard, yet there is a need to inform resource development with evidence-based topics that enhance parental involvement in youth sport, including how to cultivate positive relationships between parents and coaches. An email summary of the projects findings can be arranged for each participant or an oral presentation at local sport club.

Will I be identifiable by being involved in this study?

We cannot assure anonymity but can ensure confidentiality by de-identifying all recorded data and using pseudonyms in any resulting publications. All files will be stored on a password protected server and Onedrive file, in which access will be restricted to the researchers and a transcription service. These files will be destroyed after 5 years in storage. Your comments will not be linked directly to you. Even though information provided will be treated with the strictest confidence by the researcher, as the researcher is a mandated reporter, disclosure of illegal activities will need to be reported by the researcher to the relevant authorities.

inspiring
achievement

Are there any risks or discomforts if I am involved?

There are no risks or discomforts if you are involved. However, there are some burdens including:

1. *Time burden.*

As interviews and focus groups can last for up to an hour, participants will be verbally reminded that they can withdraw from the interview or focus group at any time.

2. *Lack of anonymity.*

For convenience, a sign will be provided to participants before the interview to print and attach to doors or office windows if they are located in a workspace. Participants will also be encouraged to consider participating in the study at 'low peak' times to reduce burden of incidental people and if possible, suggest using quiet space at home or in a booked space to reduce burden of incidental people. In the unlikely event that participants experience discomfort and/or distress during an interview or focus group, participants can access free support from Lifeline (13 11 14) and Beyond Blue (1300 22 4636).

How do I agree to participate?

Participation is voluntary. A consent form accompanies this information sheet. If you agree to participate please read and sign the consent form and send a copy back to me at sam.elliott@flinders.edu.au or bring it to your face-to-face interview or focus group. A time and date will then be arranged.

Thank you for taking the time to read this information sheet and I hope that you will accept my invitation to be involved.

This research project has been approved by the Flinders University Social and Behavioural Research Ethics Committee (Project number 8397). For more information regarding ethical approval of the project the Executive Officer of the Committee can be contacted by telephone on 8201 3116, by fax on 8201 2035 or by email human.researchethics@flinders.edu.au