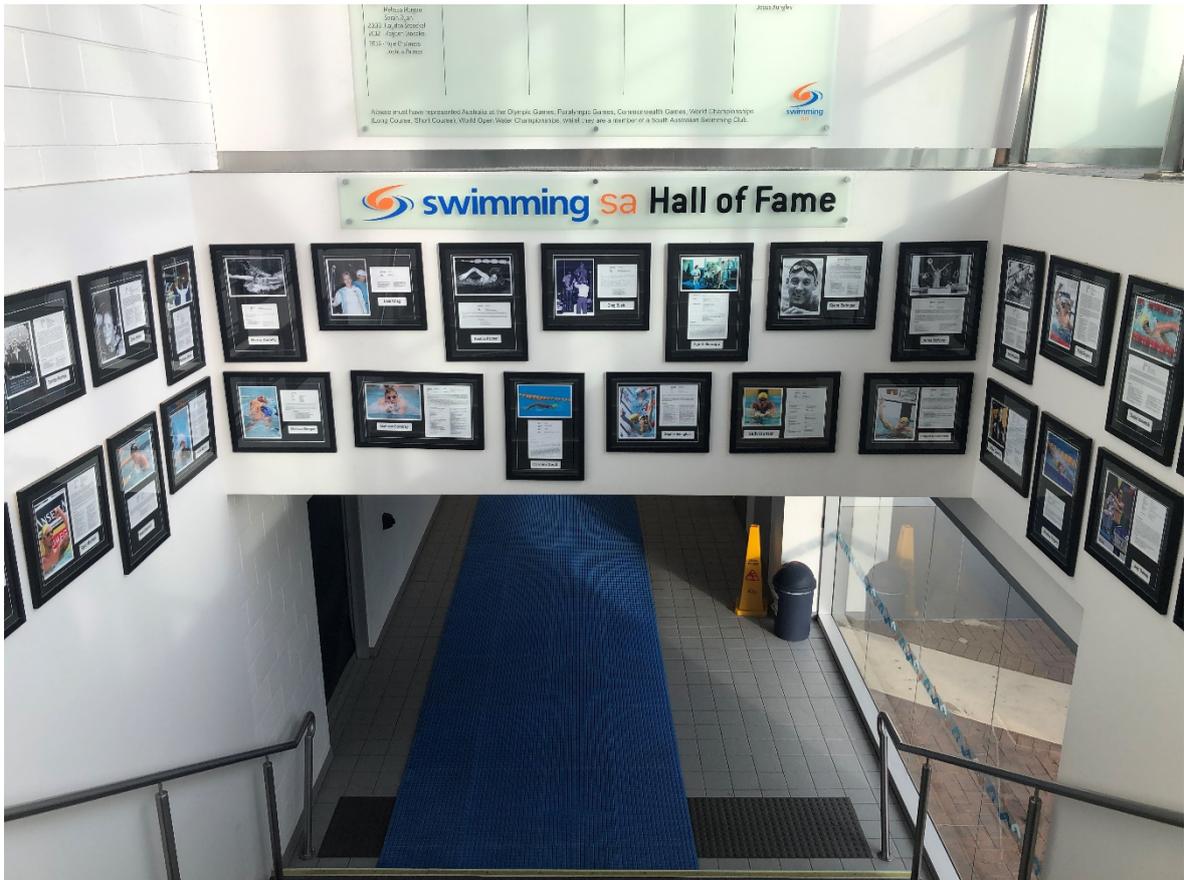




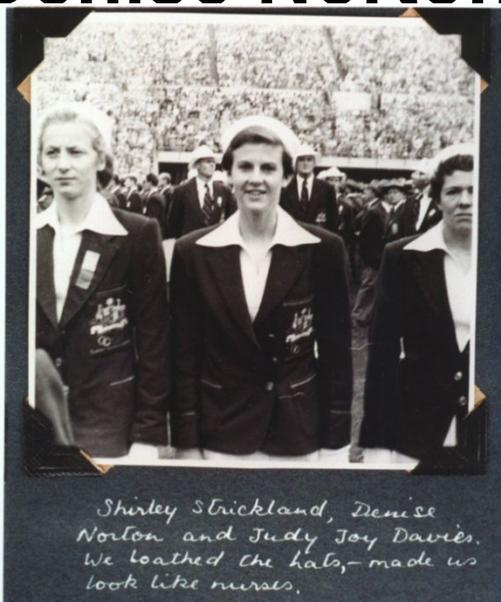
**SwimmingSA**

**Hall of Fame**

**Inductees**



# Denise Norton



**Date of Birth:** 7 August 1933

**Place of birth:** Adelaide, South Australia

**Coach:** Forbes Carlisle, Spencer Major

**Club:** Associated Olympic Club, Adelaide

**Events:** 400m and 800m Freestyle  
200m and 400m Individual Medley, 100m Backstroke

Denise Norton-Wangel's swimming career began as a five-year-old in the shallows of Glenelg beach where her father taught her strokes and ended at the 1952 Olympic Games in Helsinki where she became the first female Olympian from South Australia. Her natural athleticism and enthusiasm for a challenge saw her dominate swim events at Woodlands School and as a 15 year-old she was second in the annual "swim through Adelaide" raced in the River Torrens – the first-placed man beat her by four seconds. In the early 1950s Adelaide didn't have any heated pools and so when the city baths became too chilly, Denise moved temporarily to Melbourne to train, the reporting of which raised public debate about the need for a heated facility in Adelaide. Her ability to focus during competition saw her hold every South Australian record for freestyle and backstroke as well as the Australian Record for the 880 yards freestyle. She was ranked in the world top 15 in the 400 metres freestyle.

In 1950 Denise Norton won gold (4 x 100 freestyle relay with Denise Spencer, Judy Joy Davies and Marjory McQuade) and bronze (400m freestyle) at the British Empire Games in Auckland. Two years later she reached the peak of her career being selected for the Olympic Games in Helsinki. The team travelled via Townsville and London and while there was serious training in Queensland, facilities in England were so poor the members had to train in public pools and offer to hold exhibition races to prepare for the Games. Without a coach or well-managed preparation no Australians made the finals in Finland. The Olympics marked the end of Denise's career (aged 19). After decades out of the pool, Denise returned to swimming aged 50 where she set more records and won gold in Masters Championships.

## Achievements:

- First female Olympian from S.A.(in any sport)
- 1952 Olympic Games, Helsinki, Finland  
400m Freestyle semi finalist
- 1950 British Empire Games, Auckland N.Z.  
(now Commonwealth Games) 400m Freestyle  
BRONZE 4 x 100 Freestyle Relay GOLD
- Numerous S.A. records for Freestyle and Backstroke
- 1950's Australian 880 yards Freestyle record
- 1950's Australian 440 yards Freestyle champion
- Australian Masters Records for 200m and 400m Individual Medley and Backstroke.

(Contributions made by: Michael Sexton. ABC Journalist)

# Margaret Gibson



<b>Date of Birth:</b>	1 October 1938
<b>Place of Birth:</b>	Sydney, NSW
<b>Coaches:</b>	Spencer Major, Harry Gallagher
<b>Club:</b>	Chrysler
<b>Events:</b>	50m Freestyle, 100m Freestyle 50m Butterfly, 100m Butterfly, 50m Backstroke, 100m Backstroke, 200m Individual Medley, 4 x 100m Freestyle Relay, 4 x 100m Medley Relay

Margaret began her swimming career at the age of 12 when she was 'discovered' by Spencer Major whilst swimming at Glenelg Beach with her family. 'Spenny' approached her mother and said that he could make her into a champion if he was allowed to train her. She went on to win all her State age group sprint championships, most of them in record time. She was a member of the South Australian Swimming Team from 1953-58.

In 1955 Harry Gallagher took over the lease of the Adelaide City Baths and brought with him his top swimmers from NSW. Margaret then switched coaches and trained with Dawn Fraser, Jon Henricks, Murray Garretty and Jan Munro, all of whom made the 1956 Olympic Swimming Team. In 1956, there were no indoor pools in which to train in Adelaide so the Olympic Swimming Squad trained in Townsville Queensland, where they remained until the trials in Sydney and Melbourne in October. It was during those trials that Margaret broke two world records as a member of the 4 x 100 Freestyle Relay. Margaret was the first South Australian swimmer to break a world record in swimming.

## Achievements:

- 1951-55 SA State Age Freestyle, Butterfly, Backstroke and Relay Titles and Records
- 1953-58 Member South Australian State Team
- Gold, Silver and Bronze Medals in Freestyle and Relay events at Australian Titles
- October 1956 in Sydney 4x100 Freestyle Relay World Record
- October 1956, Melbourne 4x100 Freestyle Relay, World Record
- 1956 Australian Olympic Swimming Team
- 1956 Melbourne Olympic Games member of Gold Medal 4x100m Freestyle Relay team
- 2000 Australian Sports Medal Recipient

# Dawn Fraser



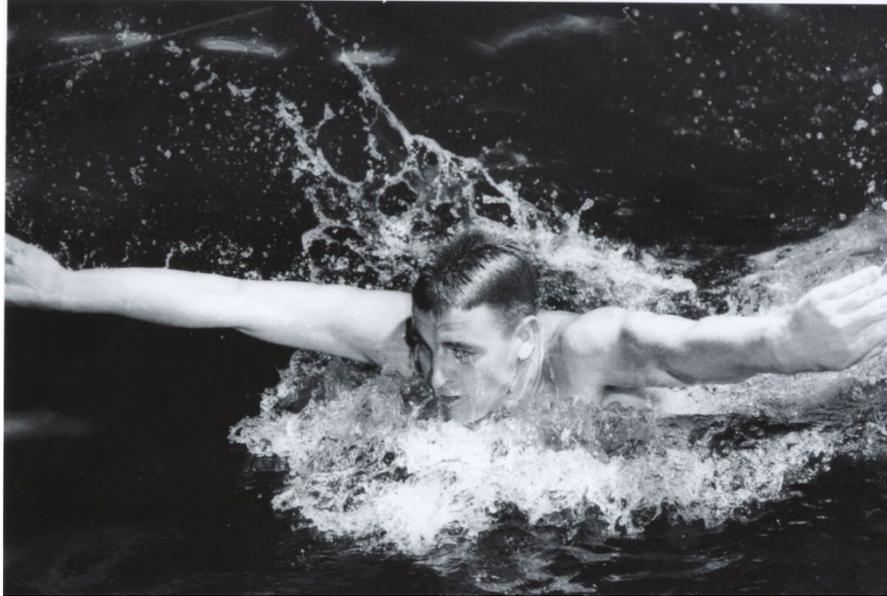
<b>Date of Birth:</b>	4 September 1937
<b>Place of Birth:</b>	Balmain, NSW
<b>Coach:</b>	Harry Gallagher
<b>Club:</b>	South Australian Amateur Swimming Association
<b>Events:</b>	100m, 200m, 400m Freestyle, 4 x 100m Freestyle Relay, 100m Butterfly

Dawn Fraser is regarded as one of the finest female sprint swimmers of them all. A winner of four gold and four silver medals, holder of 39 world records, 27 of them individual, Dawn was the first in her sport of either gender to win the same event at three consecutive Olympic Games. In 1964, Dawn Fraser was involved in a serious car crash which unfortunately killed her mother and seriously injured Dawn's neck and spine. Despite her injuries, Dawn came back to win gold in the Tokyo Olympic Games and this became one of her greatest victories. Dawn held the world record for sixteen years cementing her dominance of the 100m Freestyle event. Her superb technique and rhythm brought Dawn Fraser eight Olympic and eight British Commonwealth medals, 10 of which were gold and a collection of 23 Australian titles.

## Achievements:

- 1955 recorded her first major victory in Adelaide in the Australian Titles in the 220 yard Freestyle
- 1956 Australian National Titles defeated world record holder Lorraine Crapp in a time of 1:04.50, and broke the World 100m Freestyle record that was set by Dutch swimmer Willy den Ouden almost 20 years earlier
- 1956 Melbourne Olympics Games Gold Medal 100m Freestyle, aged 19 years
- 1956 Melbourne Olympic Games Gold Medal 4 x 100m Freestyle Relay
- 1956 Melbourne Olympic Games Silver Medal 400m Freestyle
- 1960 Rome Olympic Games Gold Medal 100m Freestyle
- 1960 Rome Olympic Games Silver Medal 4 x 100m Freestyle Relay
- 1964 Tokyo Olympics Games Gold Medal 100m Freestyle
- 1964 Tokyo Olympic Games Silver 4x100m Freestyle Relay
- Six Commonwealth Games gold medals
- Broke 27 individual world records and scored in 29 Australian Championship events
- Won medals at the Cardiff Empire and Commonwealth Games in the 110 yard Freestyle and sprint relay
- 1967 Queen awarded Dawn an MBE
- 1988 Order of Australia Medal
- 1999 World Athlete of the Century

# Murray Garretty



**Date of Birth:** 19 May 1938  
**Place of Birth:** Innisfail, Queensland  
**Coach:** Harry Gallagher  
**Club:** South Australian Amateur Swimming Association  
**Events:** 1500m Freestyle 4 x 200m Freestyle Relay

Murray moved from Sydney to South Australia to be coached by Harry Gallagher for the 1956 Olympic Games. Whilst Murray's successes came in the freestyle events, he enjoyed the butterfly stroke and had an unusual triple dolphin kick. After his swimming career, Murray resided in South Australia, until his premature death at an early age.

## **Achievements:**

- 1956 Melbourne Olympic Games, Gold Medal 4 x 200m Freestyle relay 8:23.6
- 1956 Melbourne Olympic Games,
- 4<sup>th</sup> in final of 1500m Freestyle 18:26.5
- 1956 Melbourne Olympic Games, 3<sup>rd</sup> in heat of 4 x 200m Freestyle Relay 8:40.2
- 1957 represented Henley Surf Life Saving Club and won the Australian Open Surf Race Championships at Bondi, making him the first South Australian to win an Australian Title

# Dale Krieg



**Date of Birth:** 3 April 1943  
**Place of Birth:** Adelaide, South Australia  
**Coach:** Harry Gallagher  
**Club:** Crystal Pool  
**Events:** Freestyle, Butterfly

## **Achievements:**

- Trained in Harry Gallagher's squad, with Dawn Fraser
- 1958 State Championships, broke the national junior 220 yards record previously set by Olympian Faith Leach, in a time of 2:29.8
- At the age of 14, Dale was considered to be the fastest junior in Australia
- Won two national titles in Melbourne in 1958 and as predicted was selected for the 1960 Rome Olympic Games. Dale was 15 years of age when selected
- She held most of the South Australian junior freestyle and butterfly records

# Debbie Palmer



**Date of Birth:** 27 February 1957  
**Place of Birth:** Albury, NSW  
**Coach:** Graeme Brown  
**Club:** Burnside  
**Events:** 100m Backstroke, 200m Backstroke  
200m Freestyle, 4 x 100m Freestyle Relay

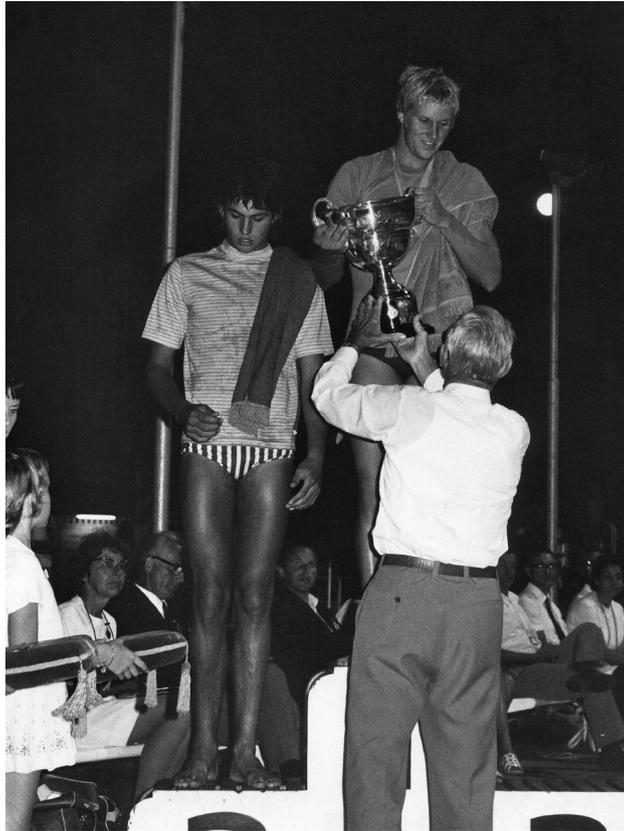
At the age of 15, Debbie won her club's first ever National gold medal in the 200m Backstroke event at the 1972 National Championships. From her performance at the National Championships she gained selection in the 1972 Olympic Games Swim Team, and became the fifth South Australian to gain Olympic selection.

Debbie Palmer competed in Munich and was a finalist in two events which included the 4 x 100m Freestyle Relay, in which the Australian team set a new Commonwealth Record. To prepare for the Munich Games, Palmer left her coach and moved to Harry Gallagher where she trained beside other Australian Olympians.

## **Achievements:**

- 1972 Munich Olympic Games  
200m Freestyle, 2:10.29  
100m Backstroke, Semi Final: 1:08.29  
200m Backstroke, Final: 2:24.65  
4 x 100m Freestyle Relay, Final: 4:04.82

# Greg Bush



**Date of Birth:** 1 August 1952  
**Place of Birth:** Adelaide, South Australia  
**Coach:** David Urry  
**Club:** Ethelton Swimming Club, Payneham Chrysler  
**Events:** 100m and 200m Breaststroke

Greg's swimming career began in 1962 at the Ethelton Swimming Club, between two pontoons in the Port Adelaide River. Due to his height, as a young child aged 10, the coach told his mother he would be better suited to play football for the Port Adelaide Football Club. In 1968 Greg joined David Urry's swim team where Greg was soon training in the first indoor heated swimming pool in Adelaide at Seaton.

In 1971, at the Australian Championships held in Brisbane, Greg won the 100m breaststroke. After returning from Brisbane Greg's training and his goal to be selected for the 1972 Munich Olympic Games were dashed when he became ill. A year later, at 20 years of age Greg went to work in Darwin, NT and it was in Darwin that Greg rekindled his desire to compete for Australia so he started training again on his own at the Nightcliff Pool. Due to the long training sessions required, Greg had to leave the pool at 6 pm closing time and return by climbing the fence after hours to continue his training program. Greg was successful at the 1973 Commonwealth Games Trials when he won the 100m and 200m breaststroke and was selected to represent Australia at the 1974 Commonwealth Games in Christchurch, New Zealand making finals appearances in both these events.

## **Achievements:**

- 1971 Australian Championships, Brisbane  
Gold medal in 100m Breaststroke
- 1973 Commonwealth Games Trials, Sydney  
Gold medal 100m and 200m Breaststroke
- 1974 Commonwealth Games Christchurch, NZ  
Final of the 100m breaststroke in a time of 1:11.91  
and 200m breaststroke in a time of 2:30.13

# Glenn Beringen



**Date of Birth:** 16 September 1964  
**Place of Birth:** Adelaide, South Australia  
**Coach:** Arthur Ballantyne  
**Club:** Chrysler Payneham, Unley, Marion  
**Events:** 200m Breaststroke

Glenn began his swimming career with the Unley Swimming Club before joining Arthur Ballantyne and moving to Marion. Glenn was considered the Australian Breaststroke swimmer of the 1980s, being ranked fourth in the world. In 1982 Glenn was selected in the Australian team to compete at the Brisbane Commonwealth Games where he won a silver medal in the 200m Breaststroke. In 1984 he was selected to represent Australia at the Los Angeles Olympic Games where he again won a Silver medal in the 200m Breaststroke.

Glenn went on to become an assistant coach at the South Australian Institute of Sport for two years before becoming head coach for another 10 years. He then moved to Canberra and became the senior swim coach at the Australian Institute of Sport for two years before returning to Adelaide to further his coaching career.

Glenn has coached numerous swimmers to world records, guided them to medals at many major championships including Olympic Games, World Championships and Commonwealth Games. He has coached elite swimmers such as Philip Rogers, Ryan Mitchell, Helen Denman, Danielle Lewis, Nadine Neumann, Megan McMahon, Sophie Eddington, Frances Adcock, Karina Leane, Craig Stevens, Trent Steed, Sarah Ryan and Petria Thomas.

## Achievements

- 1984 Los Angeles, Olympic Games Silver Medal 200m Breaststroke (2:15.79)
- 1986 named in national swimming squad
- 1980's ranked fourth in the world for the 200m Breaststroke
- Olympic and Commonwealth Games medal holder
- AIS Senior Swim Coach 2 years
- 1993 Team Coach, World Short Course, Palma de Majorca
- 1993 Australian Coaching Council Young Coach of the Year (Male)
- 1995 Head Coach, World Cup, Europe
- 1996 Head Coach, World Cup, Europe
- 1996 Olympic Games Coach, Atlanta, Team Coach
- 1998 Head Coach, World Cup, Europe
- 1998 Team Coach, Commonwealth Games, Kuala Lumpur
- 1999 Head Woman's Coach, World Short Course, Hong Kong
- 2001 Head Woman's Coach, World Cup, US, 2001
- 2002 Head Woman's Coach, Oceania Championships, Noumea
- 2004 Head Coach, World Cup, Europe
- 2004 Triple Olympic Gold Medal Coach, Athens Olympic Games

# Anna McVann



<b>Date of Birth:</b>	30 December 1968
<b>Place of Birth:</b>	Adelaide, South Australia
<b>Coach:</b>	Graeme Brown
<b>Club:</b>	Burnside Southside, Burnside
<b>Events:</b>	100m, 200m, 400m, 800m Freestyle 4 x 100m Freestyle Relay 200m Individual Medley

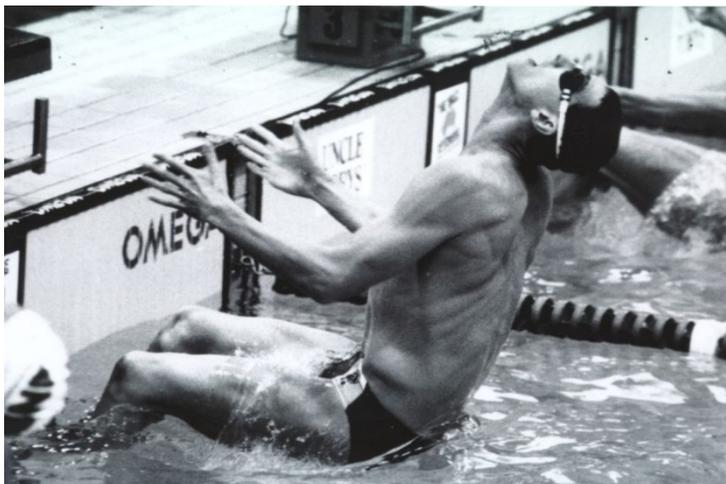
At the age of 12, Anna McVann appeared at her first State Championship. At 14 years of age McVann swam at her first National Championship and broke her first National Age Record for the 200m Freestyle event. In 1983, Anna, along with Glenn Beringen and Kathy Parkinson, created history for the South Australian Amateur Swimming Association as the State's strongest ever representation in an Australian team when they were selected for the Pan Pacific Championships in Tokyo. That same year, McVann attended the Pre Olympic meet, in Los Angeles where she came home with 2 silver and 2 bronze medals.

Anna McVann was the first Australian woman to win gold medals in all Freestyle events at the 1984 Australian Championships and this outstanding effort secured her the Australian Swimming Union President's Trophy and she was automatically selected for the 1984 Olympics in Los Angeles at the age of just 15. Anna was a finalist in all her events, which included the 200m, 400m, 800m Freestyle events and the 4 x 100m Freestyle Relay, however she did not achieve medal success. McVann set a 200m Individual Medley State Record in 1985 as well as her first Australian Open record for the 400m Individual Medley and in 1986 McVann was selected in the national swimming squad. In 1987, after coming back from the Commonwealth Games the previous year, McVann retired from swimming to pursue her Physiotherapy studies. In 1990 McVann made a comeback to swimming and from 1991-1992 she received a scholarship from the Australian Institute of Sport and officially retired in 1992.

## **Achievements:**

- 1983 First National Championship, 14 years old
- 1983 First National Age Record, 200m Freestyle
- 1983 First Australian Team, 14 years old
- 1984 Pre Olympic meet, Los Angeles: 2 Silver, 2 Bronze Medals
- 1984 Olympic Trials, Brisbane, won all Freestyle titles: 100m - 1500m Freestyle
- 1984 Australian Olympic Team, Los Angeles, USA
- 1985 Pan Pacific Championships, Tokyo: 1 Silver Medal
- 1985 Australian Open Record, 400m Individual Medley
- 1985 European Tour, Holland/Paris: 9 Gold, 2 Silver Medals
- 1986 Commonwealth Games: 2 Finals: 8<sup>th</sup> and 5<sup>th</sup>
- Held a total of 120 South Australian Records, 100m to 1500m Freestyle events, 200m and 400m Individual Medley,
- 200m Backstroke 2000 Carried torch in Torch Relay for Sydney Olympics.

# Martin Roberts



<b>Date of Birth:</b>	19 June, 1966
<b>Place of Birth:</b>	Adelaide, South Australia
<b>Coach:</b>	Ern Reddaway, Arthur Ballantyne, Bill Sweetenham
<b>Club:</b>	Payneham Chrysler, Marion
<b>Events:</b>	100m, 200m Butterfly, 200m, 400m Freestyle, 200 and 400m Individual Medley, 4 x 200m Freestyle Relay

From his first South Australian State level appearance at the age of six in 1972 to his final competition as an Australian National Squad member at age 30 in 1996, Martin Roberts represented South Australia at national level for nineteen years and international level for ten years. After a distinguished age group swimming and surf lifesaving career in South Australia, Martin went on to represent Australia at two Olympic Games, World Championships, Commonwealth Games, World University Games and Pan Pacific Championships. During his long and decorated career, Martin was considered South Australia's best all-round swimmer, having held South Australian records in all age groups and strokes except Breaststroke. He also has the distinction of representing Australia at Olympic and Commonwealth level in four different strokes. In Auckland, New Zealand in 1990, Martin became the first South Australian male swimmer to win an individual gold medal at the Commonwealth Games, when he won the men's 200m Freestyle in a Commonwealth Games Record time of 1:49.58. At the Auckland Games, Martin went on to win another gold, and silver and bronze medals in the 4 x 200m Freestyle Relay (Games Record), 200m Butterfly and the 200m Individual Medley.

From 1986 to 1996, Martin trained at the Australian Institute of Sport in Canberra and at the University of California at Berkeley in the United States. During this period, he achieved 4th and 8th placing at the 1988 Seoul Olympic Games, and 1992 Barcelona Olympic Games. Martin has won three Commonwealth and two World University Games gold medals and has broken more than ten Australian and Australian All-comers Records.

## Achievement

- 1984-1994 Australian National Swimming Team Member Dual Olympian and triple Commonwealth Games gold medallist.
- Ranked in the top 25 swimmers in the world from 1984 to 1986 and top 10 in the world from 1987 to 1995.
- Australian Institute of Sport team member for ten years and inducted into the AIS Swimming Hall of Fame in 1992.
- Australian Open Record holder and Australian National Champion for the 100m, 200m Butterfly, 200m, 400m Freestyle and 200m, 400m Individual Medley (short course). Australian National Champion 200m Butterfly (long course) and Commonwealth Record holder in the 4 x 200m Freestyle Relay and Commonwealth Games Record holder in the 200m Freestyle and 4 x 200m Freestyle Relay.
- 1987 Pan Pacific Games Brisbane, AUS Dual Silver Medallist
- 1987 Tokyo, JAP Bronze medallist
- 1998, 2002 Australia Day Ambassador
- 1988 Seoul, Korea, 4th 4 x 200 Freestyle Relay, B finalist 200m Butterfly
- 1990 Auckland, NZ Dual Gold Medallist 200m Freestyle, 4 x 200 Freestyle Relay, Silver Medal 200m Butterfly. Bronze Medal 200m Individual Medley
- 1991 Perth, AUS 6th place 4 x 200m Freestyle Relay, 8th place 200m Butterfly
- 1992 Barcelona, Spain, 8th 200m Butterfly
- 1994 Victoria, CAN, Gold Medal Commonwealth Games Record 4 x 200m Freestyle Relay, Australian Swimming Team Captain
- 2000 Australian Sports Medal recipient

# Daniel Kowalski



<b>Date of Birth:</b>	2 July 1975
<b>Place of Birth:</b>	Singapore
<b>Coach:</b>	David James, Denis Cotterell
<b>Club:</b>	James Aquatic, SA; Miami, QLD
<b>Events:</b>	200m, 400m, 800m, 1500m Freestyle

Daniel Kowalski's swimming career began at the age of six when he followed his sister to the local pool. At the age of 16, he narrowly missed out on selection for the 1992 Olympic Team coming third in the 1500m Freestyle. An example of Kowalski's extraordinary performances was in 1992 when he developed glandular fever and came back to win his place in the 1993 Pan Pacific Championships, achieving silver behind Kieran Perkins in the 1500m, 800m and 400m Freestyle events. In 1994 Daniel impressed the country by beating Olympic champion Kieran Perkins in the 400m and 1500m Freestyle events, breaking the 15 minute barrier for the first time in his career.

Daniel's resilience once again showed through when he achieved his silver medal at the World Championships in Rome despite suffering food poisoning in the lead-up to the race. Although Daniel suffered numerous health set-backs throughout his swimming career, he continued to motivate himself to achieve international success. Daniel possessed a strong team orientated manner, which is recognised through his collection of multiple Swimmer of the Year awards. Daniel was also an integral part of Australia's world beating 4 x 200m relay team, holding his own in the company of Thorpe, Hackett, and Klim. In 2002 Daniel Kowalski retired from competitive swimming.

## Achievements:

- 1993 World Short Course Championships, Majorca, Spain Gold Medals 400m and 1500m Freestyle
- 1993 Pan Pacific Championships, Kobe, Japan Silver Medals 400m, 800m and 1500m Freestyle
- 1994 Commonwealth Games, Victoria, Canada, Silver Medal 1500m Freestyle; Bronze Medal 400m Freestyle
- 1994 World Championships, Rome, Italy, Silver Medal 1500m Freestyle
- 1995 Victorian Institute of Sport Award of Excellence
- 1995 Pan Pacific Championships, Atlanta, Gold Medals 400m and 800m Freestyle 4 x 200m Freestyle Relay; Silver Medals 200m and 1500m Freestyle
- 1995 World Short Course, Rio de Janeiro, Brazil, Gold Medals 400m, 1500m and 4 x 200m Freestyle Relay
- 1996 Atlanta Olympic Games, Silver Medal in 1500m Freestyle, Bronze in 400m and 200m Freestyle
- 1998 World Championships, Gold Medal 4 x 200m Freestyle Relay, Bronze Medal 1500m Freestyle
- 1998 Sporting Ambassador for the United Nations
- 1998 Commonwealth Games, Kuala Lumpur, Malaysia, Gold Medal and World Record 4 x 200m Freestyle Relay
- 2000 Olympics Games, Sydney, Gold Medal 4 x 200m Freestyle Relay
- Personal Bests: 1500m Freestyle: 14:53.00; 400m Freestyle: 3:48.67; 200m Freestyle: 1:48.13; 200m Backstroke: 2:03.00

# Phil Rogers



<b>Date of Birth:</b>	24 April 1971
<b>Place of Birth:</b>	Adelaide, South Australia
<b>Coach:</b>	Barry Prime, Terry Gathercole, Glenn Beringen
<b>Club:</b>	Clovercrest
<b>Events:</b>	100m and 200m Breaststroke, 4 x 100m Medley Relay

Philip Rogers is considered one of the success stories of Australian Breaststroke swimming of the 1990's. At the age of just 13, Phil had already set a goal to swim for Australia. At 17 Phil was coached by Terry Gathercole at the Australian Institute of Sport who was a specialist Breaststroke coach, a former Olympic medallist and a world record holder in the 100m Breaststroke event. Phil specialised in the 100m and 200m Breaststroke swimming events and held Australian records in both these events. He became one of the first holders of a SASI Scholarship, where he was eventually coached by Olympic silver medallist Glenn Beringen. In 1989 at the age of 17, he won his first senior national title in the 100m Breaststroke. In 1992 Phil was selected for the Barcelona Olympics, where he won a bronze medal in the 100m Breaststroke, and set two Australian records in the 100m and 200m Breaststroke events. In 1996, Phil was selected in the Olympic team for the Atlanta Olympic Games, where he won a bronze medal in the 4 x 100m Medley Relay. He also represented Australia at the Sydney Olympics in 2000, where at 29, he was the oldest member of the Australian team and was the only Australian representative in the 100m Breaststroke.

During his career, Phil has held every Australian Open Breaststroke record. He was the first Australian to win an Olympic medal in the 100m Breaststroke since Peter Evans won Bronze in Los Angeles in 1984. Phil is a dual Olympic bronze medal winner, and a 13 years veteran of the Telstra Dolphins Australian Swimming Team. Phil was the first Australian swimmer to compete in four World Long Course Championships 1991,1994,1998 and 2001. He has become South Australia's "stand out" swimmer, collecting 23 Australian Open Championships, and was named Australian Breaststroke Swimmer of the Year four times.

## Achievements:

- Order of Australia Medal for services to swimming
- 1998 Commonwealth Games, Kuala Lumpur Silver Medallist 100m Breaststroke
- 1998 World Champion, 4 x 100m Medley Relay
- 1996 Olympic Games, Atlanta, Bronze medallist 4 x 100m Medley Relay,
- 1994 Commonwealth Games, Victoria, Gold Medallist, 100m Breaststroke and 4 x100m Medley Relay, Silver Medallist 200m Breaststroke,
- 1993 World Champion, Short Course 100m Breaststroke, Majorca, Spain
- 1993 Silver medal 200m Breaststroke World Short Course Majorca, Spain
- 1993 South Australian Sports Star of the Year
- 1993 Gold Medal 100m and 200m Breaststroke Pan Pacific Championships, Kobe, Japan
- 1992 Olympic Games, Barcelona, Bronze Medallist 100m Breaststroke
- 1992 Australian Record 100m and 200m Breaststroke
- 1991 Silver Medallist 50m and 100m Breaststroke, Pan Pacific Games, Edmonton
- 1991 Aust. Record in 100m and 200m Breaststroke
- 1991 National Team World Championships in Perth
- 1990 Auckland Commonwealth Games, 5th in both 100m and 200m Breaststroke finals, with a Bronze Medal in the 4 x 100m Medley Relay
- 1989-2003 Winner of 24 Aust. Long Course Titles
- 1989-2003 Winner of 24 Aust. Short Course Titles
- First Australian swimmer to compete in four World LC. Championships,1991,1994,1998,2001
- Australian Records in all distances - 50m, 100m and 200m for Breaststroke both long course and short course
- Set two World Short Course Records before taking Gold in 100m and Silver in 200m Breaststroke at the inaugural World Short Course Championships in Spain.



# Ryan Mitchell



<b>Date of Birth:</b>	24 April 1977
<b>Place of Birth:</b>	Port Augusta, South Australia
<b>Coach:</b>	Stewart Giles, Ray Stevenson, Peter Bishop, David James, Glenn Beringen
<b>Club:</b>	Port Augusta, Norwood, James Aquatic
<b>Events:</b>	100m Breaststroke, 200m Breaststroke, 4x100m Medley Relay

Ryan Mitchell's swimming career began to take 'centre-stage' in 1996 at the Olympic Trials when Ryan dead-heated with Phil Rogers in the final of the 200m Breaststroke event. His winning time wasn't the only thing that Ryan shared with Phil. They were training partners at the South Australian Sports Institute where they shared the same coach Glenn Beringen and the same birthday, the 24<sup>th</sup> of April, however Ryan being six years younger.

Ryan was selected for the 1994 Commonwealth Games Team where he finished 2nd in the 200m and 4th in the 100m Breaststroke events. He was again selected on the Olympic Team for the Atlanta Games in the same year. He was selected on the Sydney Olympic Team in 2000 after he came first in the 200m Breaststroke event at the Olympic Selection Trials. Ryan won a silver medal in the 4 x100m Medley Relay team and was a finalist in the 200m Breaststroke event at the Games. Ryan Mitchell was a member of the Australian Swimming Team for seven years and has represented Australia in Olympic Games, Commonwealth Games, and World Games. He has broken world records for the men's 4 x 100m Medley Relay and Australian and Commonwealth Games Short Course records.

On the 8<sup>th</sup> December 2001 the Port Augusta Swimming Pool was opened and was named the Ryan Mitchell Swim Centre in recognition of Port Augusta's first Olympic swimming representative.

## Achievements:

- Scholarship holder at the South Australian Sports Institute (SASI) for 8 years
- Member of the Australian Swim Team for 7 years
- Member of the 1994 Commonwealth Games Team, Victoria, Canada
- 1995 World Short Course Championships, Silver Medal 200m Breaststroke Rio De Janeiro
- Member of the 1996 Olympic Team, Atlanta, USA
- December 1996, broke World Record for men's 4 x 100m Medley Relay
- December 1996, broke Australian and Commonwealth Short Course Records for 200m Breaststroke
- August 1998 National Short Course Championships, Perth, Gold Medal 200m Breaststroke
- August 1998 Commonwealth Games, Kuala Lumpur, Silver Medal 200m Breaststroke, August 1998 Commonwealth Games, Kuala Lumpur, 4<sup>th</sup> 100m Breaststroke
- March 1998 National Championships, Melbourne, Bronze Medal 200m Breaststroke
- March 1998 National Championships, Melbourne, Gold Medal 100m Breaststroke
- January 1998 World Championships, Perth, 5<sup>th</sup> 200m Breaststroke
- January 1998 Australasian World Cup Series, Sydney/Hobart, Gold Medal 200m Breaststroke
- September 1999, National Short Course Championships, Canberra, Gold Medal 200m Breaststroke
- April 1999 World Short Course Championships, Hong Kong, Silver Medal 200m Breaststroke
- March 1999 National Championships, Brisbane, Gold Medal 200m Breaststroke
- 2000 Sydney Olympic Games, Silver Medal 4x 100m Medley Relay
- 2000 Sydney Olympic Games, finalist, 200m Breaststroke
- 2000 Olympic Selection Trials, Sydney, Gold Medal 200m Breaststroke
- 2000 Australasian World Cup Series, Sydney/Hobart, Gold Medal 200m Breaststroke
- Personal best: 200m Breaststroke 2:13.20

# Helen Denman



**Date of Birth:** 4 September 1976  
**Place of Birth:** Perth, Western Australia  
**Coach:** Glenn Beringen  
**Club:** Sturt Flinders  
**Events:** 100m Breaststroke

Helen Denman was considered the Australian female breaststroke swimmer of the 1990s. In 1998, Helen won a silver medal in the 100m Breaststroke, in a personal best time, at the World Aquatics Championships in Perth. She then claimed a gold medal in the 100m Breaststroke and the 4 x 100m Medley Relay at the 1998 Commonwealth Games in Kuala Lumpur, Malaysia. In 1996 Helen qualified at the Australian Championships after winning the 100m Breaststroke. At the 1996 Atlanta Summer Olympics she came 11<sup>th</sup> in the 100m Breaststroke, but made the breaststroke leg in the heats of the 4x100m Medley Relay. Helen combined with Meredith Smith, Petria Thomas and Susie O'Neill in the final of the 4 x100m Medley Relay for which they claimed a silver medal behind the Americans.

## **Achievements:**

- 1998 Gold Medal Commonwealth Games, Kuala Lumpur, Malaysia
- 1996 Silver Medal Olympic Games, Atlanta, USA  
Member of the 4 x100m Medley Relay
- All-Time Australian rankings, 8<sup>th</sup> 50m breaststroke, Sydney, 23 April 1996;  
9<sup>th</sup> 100m Breaststroke, Perth 3 January 1998.

# Frances Adcock



<b>Date of Birth:</b>	9 August 1984
<b>Place of Birth:</b>	Nottingham, England
<b>Coach:</b>	Gavin Hill, Glenn Beringen, Shannon Rollason
<b>Club:</b>	Western Sharks, Norwood (Australian Institute of Sport)
<b>Events:</b>	100m and 200m Backstroke 4 x 100m Medley Relay

Frances Adcock was born in Nottingham, England and began swimming competitively at the age of 15 with the Western Sharks Swimming Club. Frances 'touched base' with swimming when she represented South Australia in triathlon and was selected to be a part of the SASI Talent ID Cycling Squad. As swimming was found to be her strength, in 2000 Frances joined SASI under the guidance of Glenn Beringen where she went on to win 5 gold medals at the 2000 Pacific School Games in Sydney. In 2001, Frances became a part of her first Australian team to compete at the East Asian Games in Osaka, Japan where she finished 5th in the 100m Backstroke. In 2002 she competed for Australia at the World Short Course Championships and finished 7th in the 100m Backstroke.

Early in 2003 Frances moved to Canberra to train at the Australian Institute of Sport and in the same year competed at the Barcelona World Championships and qualified for the 200m Backstroke semi-final. In 2004, Frances was selected to represent Australia at the Athens Olympic Games and qualified in the semi-final for the 200m Backstroke. In 2006 Frances competed at the Pan Pacific Games, Victoria, Canada, where she finished 6<sup>th</sup> in the 200m Backstroke, 7th in the 100m Backstroke and 3rd in the Medley Relay. In 2006, Frances became both the 200m Backstroke Australian Short Course and Long Course Champion and in 2007, she went on to break the Australian Short Course Record, winning the 200m Backstroke.

## **Achievements:**

- 2001 US Open, Silver Medal 100m Backstroke
- 2001 World Cup, Rio de Janeiro, Silver Medal 100m Backstroke, New York, Silver Medal 100m Backstroke
- 2001 SASI Female Athlete of the Year/Swimmer of the Year.
- 2003 Australian Institute of Sport, Swimming Rookie of the Year
- 2003 World Championships semi-finalist 200m Backstroke
- 2004 Athens Olympics, semi-finalist 200m Backstroke
- 2006 Pan Pacific Championships, Bronze Medal 4 x 100 Medley Relay
- 2006 Mare Nostrum Tour Barcelona, Silver Medal 200m Backstroke
- 2007 Mare Nostrum Tour, Barcelona, Bronze Medal 200m Backstroke, Canet, Silver Medal 200m Backstroke
- 2006 Australian LC Champion 200m Backstroke
- 2006 Australian SC Champion 200m Backstroke
- 2007 Australian SC Champion and Record holder 200m Backstroke in a time of 2:05.37
- Current holder of 9 State Records

# Melissa Morgan



<b>Date of Birth:</b>	1 January 1985
<b>Place of Birth:</b>	Adelaide, South Australia
<b>Coach:</b>	Phil Doyle, Graeme Brown
<b>Club:</b>	Glenn Beringen Elizabeth Aquatic Burnside PBA Piranhas
<b>Events:</b>	50m Backstroke 100m Backstroke 200m Backstroke

Melissa Morgan began swimming at the Elizabeth Aquatic Club, then moved to Burnside Swimming Club where she made her first Olympic team for the 2004 Athens Games. She was selected at the Olympic Team Trials after winning her 200m Backstroke event in a time of 2:12.90 which placed her in the world's top ten backstroke swimmers.

In 2001 she finished 5th in the 200m Backstroke event at the East Asian Games and also competed in the 1500m Freestyle at the Sydney Olympic Youth Festival where she claimed a silver medal. Her personal best times are: 50m: 30:08, 100m Backstroke: 1:03.76, and 200m Backstroke: 2:12.36 which at the time was the third fastest Australian time ever.

## **Achievements:**

- 2001 Olympic Youth Festival, Sydney, 1500m Freestyle
- 2001 East Asian Games, Osaka, 200m Backstroke
- 2002 Telstra Australian Championships, Brisbane, 200m Backstroke
- 2002 Pan Pacific Games, Yokohama, 100m Backstroke
- 2003 Duel in the Pool, Indianapolis, 200m Backstroke
- 2003 World Championships, Barcelona, 100m Backstroke
- 2004 Olympic Games, Athens, 200m Backstroke

# Sophie Edington



<b>Date of Birth:</b>	12 December 1984
<b>Place of Birth:</b>	Loxton, South Australia
<b>Coach:</b>	Terry Miller, Glenn Beringen, Greg Salter
<b>Club:</b>	Loxton, South Australia , Kingscliff, NSW
<b>Events:</b>	50m Backstroke, 100m Backstroke

Sophie started her swimming career with the Loxton Swimming Club and later relocated to a boarding school in Adelaide and trained with SASI before transferring to the Kingscliff Swimming Club in New South Wales to further her swimming career. Whilst swimming in Adelaide Sophie set a number of South Australian records which still stand in 2007.

A highlight in Sophie's career was winning three gold medals at the Commonwealth Games in 2006, which included a World Record swim. She also represented Australia at destinations such as Noumea in the Oceania Championships and at the East Asia Games in Osaka, Japan and the FINA World Championships in Barcelona, Montreal, Indianapolis and Shanghai.

## Achievements:

- 100m Backstroke, Tip Top Australian Age Championships, Perth
- 2000 Bronze Medal 50m Backstroke, Telstra Australian Short Course Championships, Melbourne
- 2001 Bronze Medal 50m Backstroke, Telstra Australian Championships, Hobart
- 2001 Gold Medals 50m Freestyle and 100m Backstroke, Tip Top Australian Age Championships, Melbourne
- 2001 Bronze Medal 50m Backstroke, Telstra Australian Short Course, Perth
- 2002 Gold Medal 100m Backstroke, Australian Age Championships, Sydney
- 2003 Silver Medal 50m Backstroke, Telstra Australian Championships, Sydney
- 2003 Bronze Medal 4 x 100m Freestyle at the FINA World Championships in Barcelona
- 2004 Bronze Medal 100m Backstroke, Telstra Olympic Team Selection Trials
- 2004 Dead-heated for Gold Medal with training partner Tay Zimmer in both 50m and 100m Backstroke at Telstra Australian Short Course Championships, Brisbane
- 2004 Bronze Medals in the 50m and 100m Backstroke before leading-off the victorious World Record-breaking Australian women's 4 x 100m Medley Relay team, FINA World Short Course Championships in Indianapolis
- 2005 Australian Record 100m backstroke 1:01.09 at the Telstra Trials, Sydney
- 2005 Gold Medals 4 x 100m Medley Relay, 4 x 100m Freestyle Relay, FINA World Championships, Montreal
- 2005 Silver Medals 100m and 200m Backstroke, Bronze Medals 50m Freestyle and 50m Backstroke at the Australian Short Course Championships, Melbourne
- 2006 Silver Medals 50m, 100m and 200m Backstroke, Telstra Commonwealth Games Trials, Melbourne
- 2006 Gold Medals 50m, 100m Backstroke and 4 x 100m Medley Relay (World Record), Commonwealth Games, Melbourne
- 2006 Gold Medal 4 x 100m Medley Relay,
- Silver Medal 4 x 100m Freestyle Relay, FINA World Short Course Championships, Shanghai
- 2006 Gold Medals 50m and 100m Backstroke, Bronze Medal 200m Backstroke, Telstra Australian Short Course Championships, Hobart
- 2007 Silver Medal 50m Backstroke, Bronze Medal 100m Backstroke, Telstra Australian Championships, Brisbane

# Matthew Cowdrey



<b>Date of Birth:</b>	22 December 1988
<b>Place of Birth:</b>	Adelaide, South Australia
<b>Coach:</b>	Peter Bishop
<b>Club:</b>	Norwood
<b>Events:</b>	50m Freestyle, 100m Freestyle, 400m Freestyle, 100m Butterfly, 100m Backstroke, 200m Individual Medley 100m Butterfly, 4 x 100 Medley Relay, 4 x 100 Freestyle Relay
<b>Classification:</b>	S9, SB9, and SM9

Matthew started swimming at the age of 5 and was determined to not just be as good as any able-bodied person, but to be better! Having set his goals for success, he quickly stamped his mark on his S9 classification, breaking his first Australian Open record at age 11 and World Record at age 13. At the age of 15, Matthew was selected to compete at the Athens Paralympics, where he won three gold, two silver and two bronze medals in the S9 class swimming events. Matthew has set many S9 class world records including a total of 19 in 2006, seven world records at the 2006 Telstra Commonwealth Games Trials; seven world records at the 2006 South Australian Short Course Championships, and three world records at the International Paralympic Committee Championships.

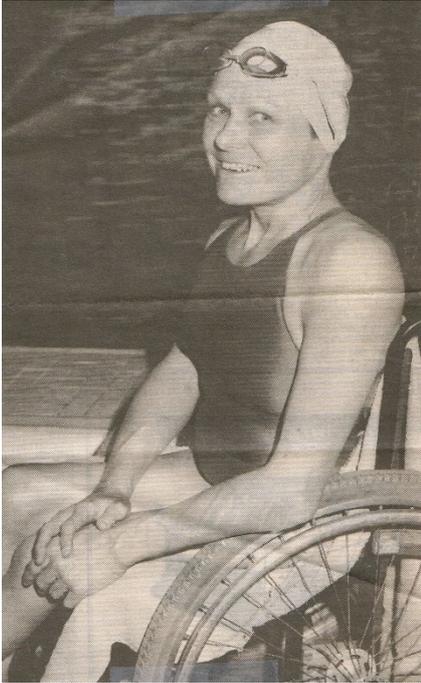
At the Commonwealth Games in March 2006 Matthew won the 50m and 100m Freestyle events, both in world record time and was the only male from the Australian swimming team to win an individual gold medal. Matthew qualified for the Telstra Australian Short Course Championships in Hobart, and competed with able-bodied athletes in the 50m backstroke. Matthew continued in the same form, winning 7 Gold medals and setting a further 5 World Records in July 2007 at the Can-Am Swimmer With A Disability Championships in Vancouver, Canada, one of the major international meets in the lead up to Beijing 2008. In the space of a few weeks between the 2007 South Australian Short Course Championships and 2007 Telstra Australian Short Course Championships Matthew broke an incredible 16 World records. Matthew has become one of the top amputee athletes in the world, so far breaking over 71 world records.

## Achievements:

- **2004 Athens Paralympics:**
  - 100m Freestyle GOLD – IPC World and IPC Paralympic Record
  - 200 Individual Medley GOLD – IPC World and IPC Paralympic Record
  - 4 x 100m Individual Medley Relay GOLD
  - 100m Butterfly SILVER
  - 4 x 100m Freestyle relay SILVER
  - 50m Freestyle BRONZE
  - 400m Freestyle BRONZE
- **IPC World Swimming Championships 2006 South Africa:**
  - 100m Butterfly GOLD – IPC World Record
  - 100m Freestyle GOLD – IPC World Record
  - 50m Freestyle GOLD
  - 200m Individual Medley GOLD
  - 400m Medley Relay GOLD – IPC World Record
  - 100m Backstroke SILVER
  - 400 Freestyle Relay SILVER
  - 400m Freestyle BRONZE
- **Commonwealth Games 2006 Melbourne:**
  - 50m Freestyle (Elite Athlete With A Disability) GOLD – IPC World Record
  - 100m Freestyle (EAD) GOLD – IPC World Record

- Commonwealth Games Trials 2006 Melbourne:**  
 200 Individual Medley (MD) GOLD – IPC World Record  
 100m Backstroke (MD) GOLD – IPC World Record  
 50m Backstroke (MD) GOLD – IPC World Record (Final) ; IPC World Record (Heats)  
 50m Butterfly (MD) GOLD – IPC World Record; (Final) – IPC World Record (Heats)  
 100m Freestyle (MD) GOLD  
 50m Freestyle (MD) GOLD
- Commonwealth Games Trials - Team Qualification Races:**  
 100m freestyle EAD GOLD – IPC World Record  
 50m Freestyle EAD GOLD
- 2007 Can-Am SWAD Championships - Vancouver, Canada**  
 50 Backstroke GOLD – IPC World Record  
 200 Freestyle GOLD – IPC World Record (Final); IPC World Record (Heats)  
 100 Butterfly GOLD  
 200 Individual Medley GOLD – IPC World Record  
 100 Backstroke GOLD – IPC World Record  
 50 Freestyle SILVER  
 100 Freestyle SILVER
- Telstra Australian Open 2005 Sydney: Seven Gold Medals, Two Bronze Medals, 2 IPC World Records
- Telstra Australian Open Short Course Championship 2007 Melbourne: 4 Gold, 2 Silver & 1 Bronze – 8 IPC World Records
- South Australian State Short Course Championships 2007, Adelaide: - 8 IPC World records  
 4 National Qualifying times for Australian Open Short Course Championships.
- Telstra Swimmer of the Year Awards:**  
 Swimmer of the Year with a Disability 2004, 2005, 2006, 2007  
 Telstra Australian All-Star Swim Team 2006, 2007
- Commonwealth Sports Awards:  
 Outstanding Male Elite Athlete with Disability Award 2006
- Awarded OAM for Service to Sport as a Gold Medallist in the Athens Paralympics
- Stan Wickham Disability Awards:  
 Male Athlete of the Year 2005, 2004, 2003  
 Australian Paralympian of the Year Awards:  
 Junior Male Athlete of the Year 2004

# Lyn Lillecrapp



<b>Date of Birth</b>	15/7/1945
<b>Place of Birth</b>	Albury, Australia
<b>Club</b>	Elizabeth Aquatic
<b>Coach</b>	Paul Staight
<b>Events</b>	50m Freestyle, 50m, Backstroke, 50m Breaststroke

## **Achievements:**

Making her first Australian Open team in 1974 Lyn competed at the World Wheelchair Games in England. This would be her first of four selections for the World Wheelchair Games. In 1974 she won two bronze medals in the 50 metres Freestyle and the 100 metres Individual Medley. In 1976 Lyn was selected to represent Australia at her first Paralympic Games in Toronto, Canada. She competed in the 50 metres Freestyle and the 100 metres Individual Medley and won silver in both events. Her next team was in 1982 when Lyn made the Far East South Pacific Games in Hong Kong to where she won a breathtaking 6 gold medals in the 50 metres Freestyle, Backstroke and Breaststroke, the 25 metres Butterfly, the 75 metres Individual Medley and the 4x50 metres Freestyle relay. She also managed to break 6 FESPIC Games Records. She made her second Paralympic Games team in 1988 in Seoul where she brought home 1 silver medal in the 50 metres Breaststroke and 3 bronze medals in the 50 metres Backstroke and Freestyle and the 25 metres Butterfly. In 1989 she attended her second World Wheelchair Games in England and won an astonishing four gold medals in the 50 metres Freestyle and Breaststroke, 25 metres Butterfly and 100 metres Individual Medley and one bronze in the 50 metres Backstroke. Later in 1989 Lyn was selected for another Far East South Pacific Games in Japan and won another four gold medals in the 50 metres Freestyle, Backstroke and Breaststroke and the 4x100 Medley Relay. Then in 1990 Lyn picked up a silver medal in the 100 metres Backstroke and a bronze medal in the 100 metres Freestyle at the World Multi-disability Championships in Holland. Later in 1990 Lyn won seven gold medals and two silver medals at her third World Wheelchair Games and in 1991 five gold medals and one silver medal at the same competition. Her final competition was the Paralympic Games in Barcelona where she made finals in the 100 metres Backstroke and Breaststroke and 50 metres Butterfly.

# Shelley Rogers



<b>Date of Birth</b>	7/11/8198
<b>Place of Birth</b>	Czech Republic
<b>Club</b>	Norwood
<b>Coach</b>	Tessa Kong
<b>Events</b>	100m Backstroke, 200m IM, 50m Butterfly

## **Achievements**

Shelley Rogers was selected for the 2008 Paralympics in Beijing for three events. She placed fourth in the 200 metres Individual Medley clocking 3.12.68, fifth in the 100 metres Backstroke in a time of 1.30.26 and sixth in the 50 metres Butterfly in 40.02. She won her first ever international medal during the 2006 IPC World Championships in Durban. She also swam a personal best time to win the silver medal in the 200m individual medley (SM7) but it took a world record swim by American Erin Poppovich to beat Rogers. She also claimed fourth place in the 50 metres Butterfly and fifth in the 100 metres Backstroke.

# Caroline South



<b>Date of Birth</b>	07/03/1988
<b>Place of Birth</b>	Adelaide, South Australia
<b>Club</b>	Norwood
<b>Coach</b>	Peter Bishop
<b>Events</b>	800m Freestyle, 1500m Freestyle

## Achievements

Despite her natural stamina and talent in endurance events, Caroline's first recorded swim was at 5 years of age in the 50 metres Freestyle. She showed potential in 2004 the morning after her 800 metres Freestyle final at the Australian Age Championships, when she backed up with silver in the Australian 5km Open Water swim, only to claim she would never do it again because the jellyfish were so big they stopped her in the water.

Caroline was selected for the 800 metres Freestyle for the Commonwealth Games in 2006 where she placed seventh in the final of the event in Melbourne. In 2005 Caroline competed at the Junior Pan Pacific Championships in Hawaii where she won bronze in the 1500 metres Freestyle. Later in 2005 she placed fourth at the FINA World Cup in the 800 metres Freestyle in Sydney. At the 2004 Telstra Olympic Team Selection Trials Caroline was a gold medallist in the 1500 metres Freestyle. At the 2004 Australian Age Championships in Perth she won gold in the 400 metres Individual Medley, silver in the 400 *and* 800 metres Freestyle and silver in the 5km Open Water event. Caroline won silver in the 800 metres Freestyle at the 2003 Australian Age in Brisbane which qualified her for the Fisher and Paykel Trans Tasman Series for 2003. She won bronze for three consecutive years in the 1500m Freestyle at the Australian Short Course Championships.

# Hayden Stoeckel



<b>Date of Birth:</b>	10 August 1984
<b>Place of Birth:</b>	Renmark, South Australia
<b>Coach:</b>	Terry Curyer, Ken Wood, Greg Salter, Peter Bishop
<b>Club:</b>	Berri, Redcliffe Leagues/Lawnton, Kingscliff, Norwood
<b>Events:</b>	50m, 100m, 200m Backstroke

In 2008 Hayden improved in every race he swam throughout the year. The 2008 Telstra Australian Swimming Championships saw Hayden make his first Olympic Team, with a performance time of 53.86 seconds. On another night at the Olympic Trials Hayden broke the men's 200 metres Backstroke Commonwealth Games record clocking 1:56.75 to better Matt Welsh's 2000 Olympic time of 1:57.59. Hayden's career highlights were seen at the 2008 Olympic Games in Beijing winning a silver medal in the 4x100 Medley Relay, Bronze in the 100 Backstroke and 6<sup>th</sup> in the 200 Backstroke setting Commonwealth records in both his individual events. Leading up to the Olympic Games he set 2 meet records at the second Grand prix meet in Sydney in his 100 and 200 Backstroke. In 2006 Hayden represented Australia at the Pan Pacific Championships in Victoria, BC, Canada. In 2007 Hayden represented Australia at the World Championships in Melbourne where he made the semi final in the 100 Backstroke. In 2007 he also competed at Duel in the Pool in Sydney.

## **Achievements:**

- 2008 Australian Olympic Team;**
  - 4x100 Medley Relay Silver Medal
  - 100m Backstroke Bronze Medal in 52.97 seconds Commonwealth Record,
  - Fastest All Time Australian. World Ranking – 4<sup>th</sup>**
  - 200m Backstroke 6<sup>th</sup> place in 1:56.39 seconds Commonwealth Record,
  - Fastest All Time Australian. World Ranking – 8<sup>th</sup>**
  - 50 Backstroke 2<sup>nd</sup> All Time Fastest Australian in 25.09 seconds
- 2007 FINA World Championships**
  - Gold- Medley Relay
  - Semi Finalist-100m Backstroke
- 2006 Pan Pacific Games, Victoria, BC, CANADA**
  - Telstra Commonwealth Games Trials, Melbourne
  - Gold-200m Backstroke
  - Silver- 100m Backstroke
- 2004 Chinese Nationals-Tong Shan**
  - Silver- 50m Backstroke

# Jay Dohnt



<b>Date of Birth</b>	20/11/1989
<b>Place of Birth:</b>	Adelaide, South Australia
<b>Disability</b>	Bilateral below knee amputee
<b>Club</b>	Burnside; PBA Piranhas
<b>Coach</b>	Graeme Brown; Derrick Taylor; Glenn Beringen
<b>Event(s)</b>	100 Freestyle, 400 Freestyle, 200 IM, 100 Backstroke & Open Water

Jay's career highlights include making his first Australian Open team at the 2008 Olympic trials where he qualified for the 100 and 400 metres Freestyle, the 200 metres Individual Medley and the 100 metres Backstroke. After attending 2 National Grand prix meets and a staging camp in Malaysia he went on to win bronze at the 2008 Paralympics in Beijing in the s7 400 metres Freestyle. Along with his bronze he also achieved best times in the 200 metres Individual Medley and 100 metres Freestyle. Jay started swimming in 2003 and started competing later that year. He attended his first Australian selection meet in 2006 for the Commonwealth Games and his second at the 2007 World Championship trials where he made his first open final. In 2007 he broke the Australian Record for the 100 metres Backstroke at the Queensland State Championships. Also in 2007 Jay was awarded 'Athlete of the year' by SA Wheelchair Sports.

## Achievements:

- 2008 Beijing Paralympics Team (100 & 400 Freestyle, 200 IM, 100 Backstroke)
- 2008 Beijing Paralympics Bronze medal s7 400 metres Freestyle
- Australian Record 100 metres Backstroke, 2007
- 2007 Athlete of the Year SA Wheelchair Sports
- 2004 Lions Club Courage Award

# Esther Overton



<b>Date of Birth:</b>	26 <sup>th</sup> March 1990
<b>Sport:</b>	Swimming
<b>Place of Birth:</b>	Launceston, Tasmania
<b>Coach:</b>	Shelly Jarrett
<b>Club:</b>	Burnside and Marion Swimming Club
<b>First Aus. Team:</b>	2006
<b>Events:</b>	50m Freestyle, 50m Backstroke, 50m Butterfly

Esther Overton was born with a condition called arthro gryposis multiplex congenital which affects her from the neck down. This means all of Esther's joints are fixed so her bones break easily. In 2006 Esther debuted in the Australian Swimming Team at the World Championships in Durban, South Africa where she won silver medals in the 50m Backstroke and 50m Butterfly. Flowing on from this success Esther made her Paralympic debut in 2008 at the Beijing Paralympics. Despite the many setbacks she had prior to the games, Esther competed in both the 50m Backstroke S3, placing 5<sup>th</sup>, and 50m Freestyle S3, placing 6<sup>th</sup>. In 2010 at the IPC World Championships she swam in three events. At the 2011 Para Pacific Championships in Canada, Esther achieved a bronze medal in the 50m Backstroke S3. In what was to be her final Paralympic Games Esther placed 5<sup>th</sup> in the 50m Backstroke S2 in London.

## **Achievements:**

### **2012**

London - Paralympic Games  
50m Backstroke S2 (placed 5<sup>th</sup>)

### **2011**

Canada - Para Pacific Championships  
Bronze medal in the 50m Backstroke

### **2010**

Eindhoven – IPC World Championships  
50m Butterfly  
50m Backstroke  
100m Freestyle

### **2008**

Beijing - Paralympic Games  
Paralympic debut – living in Melbourne, Victoria  
50m Backstroke S3 (placed 5<sup>th</sup>)  
50m Freestyle S3 (placed 6<sup>th</sup>)

### **2006**

South Africa – FINA World Championships  
Silver medal - 50m Backstroke  
Silver medal - 50m Butterfly

## **AUSTRALIAN RECORDS**

March 2012 - 50m Freestyle S1 - 1:12.24  
December 2006 - 50m Freestyle S3 - 1:08.36  
December 2006 - 100m Freestyle S3 - 2:30.60  
March 2012 - 50m Backstroke S1 - 1:13.06  
December 2006 - 50m Backstroke S3 - 1:08.59  
March 2008 - 100m Backstroke S3 - 2:36.37  
December 2007 - 50m Butterfly S3 - 1:16.32

# Sally Hunter



**DOB:** 13/04/85  
**Place of Birth:** Perth, WA  
**Coach:** Peter Bishop  
**Club:** Marion Swimming Club  
**Events:** 100m and 200m Breaststroke

Sally Hunter (nee Foster) was destined to excel in the water as her great aunt, Evelyn de Lacy, competed at the Berlin Olympics in 1936. Hunter has represented Australia at two Olympic Games, Beijing in 2008 and London in 2012 where she made the final of the 200m Breaststroke. She has also represented Australia at two Commonwealth Games, Melbourne in 2006 and Glasgow in 2014 where she came away with a gold and silver medal.

## Achievements

### **Olympic Games**

2008 Beijing, China - 9<sup>th</sup> 200m Breaststroke  
2012 London, England - 8<sup>th</sup> 200m Breaststroke

### **World Championships**

2013 Barcelona, Spain - **Silver** 4x100m medley relay, 7<sup>th</sup> 200m Breaststroke, 13<sup>th</sup> 100m Breaststroke  
2011 Shanghai, China - 12<sup>th</sup> 200m Breaststroke  
2009 Rome, Italy - **Silver** 4x100m Medley, **Bronze** 4x100m Freestyle, 15<sup>th</sup> 200m Breaststroke  
2007 Melbourne, Australia - **Gold** 4x100m Freestyle, 18<sup>th</sup> 200m Breaststroke

### **Commonwealth Games**

2006 Melbourne, Australia 5<sup>th</sup> 200m Breaststroke  
2014 Glasgow, Scotland **Gold** 4x100m Medley,  
**Silver** 200m Breaststroke, 4<sup>th</sup> 100m Breaststroke

### **Pan Pacific Championships**

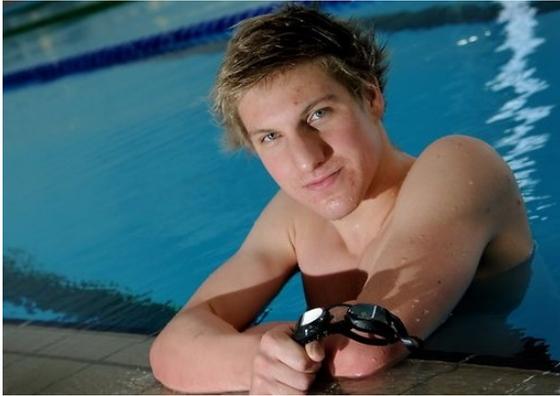
2010 Irvine, California - 13<sup>th</sup> 200m Breaststroke  
2014 Gold Coast, Australia 10<sup>th</sup> 100m Breaststroke,  
7<sup>th</sup> 200m Breaststroke

### **World Short Course Championships**

2008 Manchester, England - **Silver** 200m Breaststroke, 4x100m Freestyle  
2012 Istanbul, Turkey - 10<sup>th</sup> 200m Breaststroke

### **Oceania Championships**

2004 Suva, Fiji - **Gold** 200m Breaststroke, 4x50m Freestyle, **Silver** 50m Breaststroke, 100m Breaststroke, **Bronze** 50m Freestyle



# Jesse Aungles

**Date of Birth:** 8 June 1995  
**Place of Birth:** North Adelaide SA  
**Coach:** Shelly Jarrett, Yuriy Vdovychenko  
**Club:** Burnside, Marion, Australian Institute of Sport  
**Events:** 100m Backstroke, 200m Individual Medley

One of Australia's greatest Paralympians, local swimmer Matthew Cowdrey, inspired Jesse Aungles to pursue the sport of swimming.

In April 2014, Jesse won the 200m Individual Medley SM8 event at the Australian Swimming Championships in a time of 2:29.54 to qualify for the 2014 Commonwealth Games. Three months later in Glasgow, he won silver in the 200m Individual Medley SM8 event finishing behind the 2012 Olympic Champion, England's Oliver Hynd.

At the 2014 Pan Pacific Para Swimming Championships in California, Jesse won two gold, two silver and a bronze medal. In the 100m Butterfly S8, Aungles won gold in at time of 1:05.48. He also won a bronze medal in the 400m Freestyle S8. With fellow team members Michael Anderson, Rick Pendleton and Matt Levy, Jesse won gold in 4x100m Medley Relay finishing over six seconds ahead of the United States and in the 4x50m Medley Relay, the team of Aungles, Matthew Haanappel, Ahmed Kelly and Grant Patterson won a silver medal.

At the 2015 IPC Swimming World Championships in Glasgow Scotland, he finished fourth in the 4x100m Medley Relay 34pts, fifth in the 200m Individual Medley SM8, sixth in the 400m Freestyle S8 and 100m Backstroke S8 and seventh in 100m Butterfly S8.

Jesse is a South Australian Sports Institute scholarship holder. He represented Australia at the 2016 Rio Paralympics in four different events. He placed eighth in the final of 400m Freestyle S8, seventh in 100m Butterfly S8, seventh in 100m Backstroke S8 and sixth in 200m Individual Medley SM8.

## **Achievements**

### **Paralympic Games**

2016 Rio de Janeiro - 6<sup>th</sup> 200m Individual Medley,  
7<sup>th</sup> 100m Backstroke, 7<sup>th</sup> 100m Butterfly, 8<sup>th</sup> 400m Freestyle

### **IPC World Championships**

2015 Glasgow, Scotland – 4<sup>th</sup> 4x100m Medley Relay  
5<sup>th</sup> 200m Individual Medley, 6<sup>th</sup> 400m Freestyle  
6<sup>th</sup> 100m Backstroke, 7<sup>th</sup> 100m Butterfly

### **Commonwealth Games**

2014 Glasgow, Scotland – Silver 200m Individual Medley

### **Para Pan Pacific Championships**

2014 Los Angeles, USA – Gold 100m Butterfly  
Gold, 4x100m Medley Relay, Silver, 200m Individual Medley  
Silver, 4x50m Medley Relay  
2013 Canada – Gold 50m, 100m, 200m Backstroke,  
Gold 50m, 100m Butterfly,  
Gold 200m individual Medley

# Liam Bekric



<b>Date of Birth:</b>	7 January 2001
<b>Place of Birth:</b>	Woodville South S.A.
<b>Coach:</b>	Gary Barber, Joel Ugarte Barrantes, Shaun Curtis
<b>Club:</b>	The Parks, Norwood
<b>Events:</b>	50m, 100m, 200m Breaststroke

Liam began swimming competitively in 2011. He competed at the Australian Swimming Championships for the first time in 2014. In November 2014, at the age of 13, he won a bronze medal in the S13 50m Breaststroke at the Australian Short Course Championships.

At the 2015 Australian Swimming Championships, he made the final in the S13 50m Breaststroke and the 50m Butterfly finishing fifth and seventh respectively. Bekric won gold at the 2015 Australian Age Championships in the S13 50m Freestyle and Breaststroke. He also took silver in the 50m and 100m Butterfly and bronze in the 200m individual medley. He represented Australia for the first time at the 2015 Japanese National Championships and won gold medals in the S13 50 & 100m Breaststroke and the 50m Freestyle.

At the 2016 Rio Paralympic Games, Bekric finished fourth in the final of 100m Breaststroke SB13.

Liam is a South Australian Sports Institute scholarship holder.

## Achievements

### **Paralympic Games**

2016 Rio de Janeiro – 4<sup>th</sup> 100m Breaststroke,  
9<sup>th</sup> 100m Backstroke, 12<sup>th</sup> 400m freestyle,  
14<sup>th</sup> 200m Individual Medley

### **Australian Championships**

2016 Adelaide – 5<sup>th</sup> 50m Breaststroke,  
7<sup>th</sup> 100m Breaststroke, 13<sup>th</sup> 100m Butterfly,  
20<sup>th</sup> 50m Freestyle  
2015 Sydney – 5<sup>th</sup> 50m Breaststroke,  
7<sup>th</sup> 50m Butterfly, 9<sup>th</sup> 100m Breaststroke

### **Australian SC Championships**

2014 Adelaide – Bronze 50m Breaststroke,  
6<sup>th</sup> 100m Breaststroke, 7<sup>th</sup> 50m Butterfly, 9<sup>th</sup> 100m Butterfly

### **Australian Age Championships**

2016 Adelaide – Gold 50m Breaststroke  
2015 Sydney – Gold 50m Breaststroke,  
Silver 50m Butterfly, Silver 100m Butterfly  
Bronze 200m Individual Medley  
4<sup>th</sup> 50m Freestyle  
2014 Sydney – Gold 50m Breaststroke,  
Gold 100m Breaststroke, 4<sup>th</sup> 50m Butterfly,  
4<sup>th</sup> 100m Butterfly, 7<sup>th</sup> 200m Individual Medley,  
8<sup>th</sup> 50m Freestyle  
2013 Adelaide – Gold 50m Breaststroke,  
4<sup>th</sup> 100m Breaststroke



# Kyle Chalmers

<b>Date of Birth:</b>	25 June 1998
<b>Place of Birth:</b>	Ashford, Adelaide SA
<b>Coach:</b>	Carolyn Veldhuyzen, Shaun Curtis, Shelly Jarrett, Peter Bishop
<b>Club:</b>	West Coast, Norwood, Marion
<b>Events:</b>	100m Freestyle

Kyle has represented South Australia at various National School Championships and State Team Championships events. At his last SA Country Championships in 2011, Kyle won nine medals – eight of them gold and during the 2010 to 2016 period amassed over 128 South Australian State Championship medals.

In 2014, Kyle made his international debut attending the Youth Olympics and Oceania Championships. At the 2015 FINA World Junior Swimming Championships in Singapore, Kyle won gold in the 50 and 100m Freestyle events. He was selected to compete in the 4x100m Freestyle Relay at the 2015 FINA World Championships in Kazan, Russia. He emerged as the second-fastest 100m Freestyle swimmer in the heats with a time of 47.86 seconds. This result, awarded him the opportunity to swim in the heats of the 4x100m Medley Relay. Although Kyle was not selected to swim in the final, the team went on to win a silver medal. At the 2016 Olympic trials in Adelaide, Kyle qualified for the Olympics by finishing 2nd in the 100m Freestyle in a time of 48.03, breaking the Junior World Record. At the Rio Olympics, Kyle won the gold medal in the 100m Freestyle in a new Junior World record time of 47.58, the first Australian to do so since Michael Wenden in 1968. He was also a member of the 4x100m Freestyle Relay and the 4x100m Medley Relay, winning two bronze medals.

At the 2016 FINA World Cup in Tokyo, Kyle set a new Junior World Short Course Record time of 46.12 in the 100m Freestyle. This time places Kyle in the Australian Short Course All-Time Top Ten in third position.

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## Achievements

- 2016 Olympic Games, Rio de Janeiro, Gold 100m Freestyle, Bronze 4x100m Freestyle Relay, Bronze 4x100m Medley Relay
- 2016 Australian Championships, Adelaide, Silver 100m Freestyle, 9<sup>th</sup> 50m Freestyle
- 2016 Australian Age Championships, Adelaide, Gold 50m Freestyle, Gold 200m Freestyle
- 2015 World Championships, Kazan, Silver 4x100m Medley Relay
- 2015 World Junior Championships, Singapore, Gold 50m Freestyle, 100m Freestyle, Gold 4x100m Freestyle Relay, Silver 4x200m Freestyle Relay, Silver 4x100 Mixed Freestyle Relay, Silver 4x100m Mixed Medley Relay, Bronze 4x100m Medley Relay.
- 2015 Australian Championships, Sydney, 4<sup>th</sup> 100m Freestyle, 16<sup>th</sup> 50m Freestyle
- 2015 Australian Age Championships, Sydney, Gold 50m, 100m, 200m Freestyle, Gold 100m Butterfly
- 2014 Summer Youth Olympics, Nanjing, Bronze 4x100m Medley Relay, Bronze 4x100m Mixed Freestyle Relay, Bronze 4x100m Mixed Medley Relay
- 2014 Oceania Championships, Auckland, Gold 50m Butterfly, Gold 100m Freestyle, Gold Mixed 4x50m Freestyle Relay, Gold Mixed 4x100m Freestyle Relay, Silver 4x100m Freestyle Relay, 4<sup>th</sup> 50m Freestyle
- 2014 Australian Championships, Brisbane, Silver 50m Butterfly
- 2014 Australian SC Championships, Adelaide, 4<sup>th</sup> 50m Freestyle
- 2014 Australian Age Championships, Sydney, Gold 50m & 100m Freestyle, Gold 200m Freestyle, Gold 100m Butterfly

# Joshua Palmer



<b>Date of Birth:</b>	10 August 1991
<b>Place of Birth:</b>	Rose Park, Adelaide, S.A.
<b>Coach:</b>	Phil Doyle, Georgine Luscombe, Kylie Wood, Cory Bampton, Steve Garner, Peter Bishop
<b>Club:</b>	Elizabeth Aquatic, Norwood, Le Fevre Portside, Starplex, Marion
<b>Events:</b>	100m Breaststroke

## Achievements

- 2016 Olympic Games, Rio de Janeiro, 30<sup>th</sup> 100m Breaststroke
- 2016 Australian Championships, Adelaide, Gold 50m Breaststroke, Silver 100m Breaststroke
- 2015 Australian Championships, Sydney, 4<sup>th</sup> 50m Breaststroke, 7<sup>th</sup> 100m Breaststroke
- 2014 Australian SC Championships, Adelaide, Gold 50m Breaststroke, Bronze 100m Breaststroke
- 2014 Australian Championships, Brisbane, 4<sup>th</sup> 50m Breaststroke
- 2013 Australian Championships, Brisbane, Bronze 50m Breaststroke, 10<sup>th</sup> 100m Breaststroke
- 2012 Australian SC Championships, Perth, Bronze 50m Breaststroke, 5<sup>th</sup> 100m Breaststroke
- 2012 Australian Championships, Adelaide, Bronze 50m Breaststroke, 7<sup>th</sup> 100m Breaststroke
- 2011 Australian SC Championships, Adelaide, 5<sup>th</sup> 50m Breaststroke, 6<sup>th</sup> 100m Breaststroke
- 2011 Australian Championships, Sydney, 4<sup>th</sup> 50m Breaststroke, 12<sup>th</sup> 100m Breaststroke
- 2010 Australian SC Championships, Brisbane, 10<sup>th</sup> 50m Breaststroke
- 2010 Australian Championships, Sydney, 12<sup>th</sup> 50m Breaststroke, 100m Breaststroke
- 2010 Australian Age Championships, Sydney, 7<sup>th</sup> 100m Breaststroke

# Travis Mahoney



**Date of Birth:** 24<sup>th</sup> July 1990  
**Place of Birth:** Box Hill, Melbourne, Victoria  
**Coach:** Amanda Isaac, Rohan Taylor, Peter Bishop  
**Club:** Boronia, Ringwood, Nunawading, Marion  
**Events:** 400m, IM, 200m IM, 200m Backstroke

Originally hailing from Bayswater Victoria, Travis began his career swimming at the Nunawading Swimming Club, before relocating to Adelaide at the end of 2016 to join Peter Bishop and the SASI high performance squad based at SAALC.

Highlights of Travis' career include 7<sup>th</sup> place in the 400 Individual medley at the 2016 Rio Olympic Games and winning a bronze and silver medal in the 4x100m Freestyle relay and 4x200 Freestyle relay respectively, on his senior Australian debut at the 2012 World Short Course Championships.

Travis represented Australia at the Olympics (Rio 2016), Commonwealth Games (Glasgow 2014, Gold Coast 2018), World Short Course Championships (Istanbul 2012, Doha 2014), Pan Pacific Championships (Gold Coast 2014), World University Games (2011 Shenzhen, 2015 Gwangju) and has won medals at many Fina World Cup events around the world.

## Achievements:

- 2018 Australian SC Championships, Melbourne, Bronze 200m Individual Medley
- 2018 Commonwealth Games, Gold Coast, 7<sup>th</sup> 400m Individual Medley
- 2018 Pan Pac Trials, Adelaide, Bronze 200m Individual Medley
- 2018 Australian Championships, Gold Coast, Bronze 200m Individual Medley  
Bronze 400m Individual Medley
- 2017 Australian Championships, Brisbane, Silver 200m Individual Medley
- 2016 Olympic Games, Rio de Janeiro, 7<sup>th</sup> 400m Individual Medley  
18<sup>th</sup> 200m Individual Medley
- 2016 Australian Championships, Adelaide, Bronze 200m Individual Medley  
Silver 400m Individual Medley
- 2015 World University Games, South Korea, Silver 4x200m Freestyle Relay  
5<sup>th</sup> 200m Individual Medley  
6<sup>th</sup> 400m Individual Medley
- 2014 World SC Championships, Doha, 5<sup>th</sup> 4x100m Freestyle Relay,
- 2014 Pan Pacific Championships, Gold Coast, 6<sup>th</sup> 200m Individual Medley  
7<sup>th</sup> 400m Individual Medley
- 2014 Commonwealth Games, Glasgow 6<sup>th</sup> 400m Individual Medley
- 2014 Australian Championships, Brisbane Silver 400m Individual Medley
- 2013 World Cup, Tokyo, Gold 4x50m Mixed Freestyle Relay (World Record)
- 2013 Australian Championships, Adelaide, 4<sup>th</sup> 200m Backstroke,  
Silver 400m Individual Medley
- 2012 World SC Championships, Istanbul, 7<sup>th</sup> 200m Backstroke  
9<sup>th</sup> 400m Individual Medley  
Bronze 4x100m Freestyle Relay  
Silver 4x200m Freestyle Relay

# James McKechnie



**Date of Birth:** 30<sup>th</sup> June 1995  
**Place of Birth:** North Adelaide SA  
**Coach:** Carole Margrison, Paul Staight, Stephen Garner, Peter Bishop  
**Club:** Lefevre Portside, STARplex  
**Events:** 50m, 100m, 200m Breaststroke

James started his swimming career in 2003 at the age of 8, joining the Le Fevre Portside Swimming Club, where he quickly found his speciality in Breaststroke. He then moved to Starplex Swim Club where he was based for 10 years before moving to the SASI program in 2018.

Throughout his junior years, he won multiple state titles, broke several age group records and won numerous National Age medals. He made his first Senior Australian team in 2018 for the Commonwealth Games on the Gold Coast, under the coaching of Stephen Garner. A highlight of his career was racing in the final of the 50m Breaststroke where he placed 5<sup>th</sup>.

## Achievements:

- 2018 Australian SC Championships, Melbourne, Bronze 50m Breaststroke, Silver 200m Breaststroke,
- 2018 Commonwealth Games, Gold Coast, 5<sup>th</sup> 50m Breaststroke
- 2018 Australian Championships, Gold Coast, Silver 50m Breaststroke, 7<sup>th</sup> 100m Breaststroke
- 2017 Australian SC Championships, Adelaide, Silver 50m Breaststroke
- 2017 Australian Championships, Brisbane, 6<sup>th</sup> 50m Breaststroke, 8<sup>th</sup> 100m Breaststroke,
- 2016 Australian Championships, Adelaide, 6<sup>th</sup> 50m Breaststroke
- 2015 Australian Championships, Sydney, 7<sup>th</sup> 50m Breaststroke
- 2014 Australian Championships, Brisbane, 6<sup>th</sup> 200m Breaststroke, 6<sup>th</sup> 100m Breaststroke
- 2014 Australian Age Championships, Sydney Gold 200m Breaststroke Silver 100m Breaststroke
- 2013 Australian Age Championships, Adelaide, Bronze 200m Breaststroke
- 2012 Australian Age Championships, Brisbane, Silver 200m Individual Medley, Bronze 100m Breaststroke Bronze 200m Breaststroke Bronze 400m Individual Medley
- 2011 Australian Age Championships, Adelaide Gold 200m Breaststroke Bronze 400m Individual Medley

# Mikkayla Sheridan



**Date of Birth:** 20<sup>th</sup> January 1995

**Place of Birth:** Ashford, Adelaide SA

**Coach:** Graeme Brown, Glenn Beringen, Stephan Widmar, Rob Hindmarsh, Matthew Brown, Brant Best, Christopher Mooney

**Club:** Burnside, PBA Piranhas, Commercial, Chandler, Brothers, SOPAC, USC Spartans

**Events:** 200m, 400m Freestyle, 200m Backstroke  
200m, 400m Individual Medley

## Achievements:

- 2018 Australian SC Championships, Melbourne, Bronze 200m Freestyle  
4<sup>th</sup> 400m Freestyle  
Bronze 400m Individual Medley
- 2018 Pan Pacific Championships, Tokyo, 6<sup>th</sup> 200m Freestyle  
Gold 4x200m Freestyle Relay
- 2018 Pan Pac Trials, Adelaide  
Silver 200m Freestyle  
Bronze 400m Freestyle
- 2018 Australian Championships, Gold Coast, 4<sup>th</sup> 200m Freestyle  
Bronze 400m Freestyle
- 2017 Australian SC Championships, Adelaide, Gold 400m Freestyle, Silver 200m Freestyle
- 2017 Australian Championships, Brisbane, 6<sup>th</sup> 200m Freestyle
- 2016 Australian SC Championships, Brisbane, Silver 400m Individual Medley
- 2013 Australian SC Championships, Sydney, Bronze 100m Backstroke
- 2013 Australian Age Championships, Adelaide, Bronze 200m Backstroke
- 2012 Australian SC Championships, Perth  
Silver 800m Freestyle
- 2012 Junior Pan Pacific Championships, Hawaii, 5<sup>th</sup> 200m Backstroke  
Silver 4x200m Freestyle Relay
- 2012 Oceania Championships, Noumea, Gold 100m, 200m Backstroke  
Silver 200m Individual Medley  
Gold 4x200m Freestyle Relay
- 2012 Australian Championships, Adelaide, Bronze 200m Backstroke
- 2012 Australian Age Championships, Brisbane, Bronze 200m Freestyle, Silver 400m Freestyle  
Bronze 100m Backstroke  
Gold 200m Backstroke  
Silver 100m, 200m Butterfly
- 2011 Junior World Championships, Lima Peru, 6<sup>th</sup> 200m Freestyle, 7<sup>th</sup> 400m Freestyle  
8<sup>th</sup> 100m Backstroke, 7<sup>th</sup> 200m Backstroke  
Bronze 4x200m Freestyle Relay  
8<sup>th</sup> 4x100m Freestyle Relay  
7<sup>th</sup> 4x100m Medley Relay
- 2011 Australian Championships, Sydney, Bronze 200m Backstroke
- 2011 Australian Age Championships, Adelaide, Gold 200m, 400m, 800m Freestyle  
Bronze 100m Freestyle  
Gold 100m, 200m Backstroke,  
Gold 100m, 200m Butterfly
- Gold 400m Individual Medley  
Silver 200m Individual Medley
- 2009 Australian Age Championships, Sydney, Gold 200m, 400m, 800 Freestyle  
Gold 100m, 200m Backstroke  
Gold 100m, 200m Butterfly  
Gold 200m, 400m Individual Medley
- 2008 Australian Age Championships, Brisbane, Gold 200m, 400m, Freestyle  
Silver 100m, 800m Freestyle  
Gold 100m, 200m Backstroke  
Gold 100m, 200m Butterfly  
Gold 200m, 400m Individual Medley
- 2007 Australian Age Championships, Perth, Gold 200m Butterfly  
Bronze 200m, 400m Freestyle  
Bronze 200m Backstroke

# Harry Gallagher



**Clubs:** Elizabeth

**Representation Teams:** 1956 Olympic Games, Melbourne  
1960 Olympic Games, Rome  
1964 Olympic Games, Tokyo  
1968 Olympic Games, Mexico  
1954 Commonwealth Games, Cardiff

**National Team Members:** Dawn Fraser - Olympic Games 1956, 1960, 1964  
Commonwealth Games 1958  
Murray Garretty - Olympic Games 1956  
Dale Krieg - Olympic Games 1960  
Margaret Gibson - Olympic Games 1956  
Jon Henricks - Olympic Games 1956, Commonwealth Games 1954

# David Urry



**Clubs:** David Urry Swim Team

**Representation Teams:** 1974 Commonwealth Games, Christchurch

**National Team Members:** Greg Bush - Commonwealth Games 1974  
Peter Tetlow - Fina World Championships 1972

# Peter Bishop



**Clubs:** Norwood, Marion, SASI

**Representation Teams:** 2004 Paralympic Games, Athens  
2006 Commonwealth Games, Melbourne  
2009 World Championships, Rome  
2014 World Short Course, Doha  
2014 Commonwealth Games, Glasgow  
2018 Commonwealth Games, Gold Coast

**National Team Members:** Matthew Cowdrey - Paralympic Games 2004, 2008, 2012  
Commonwealth Games 2006, 2010, 2014  
Caroline South - Commonwealth Games 2006  
Hayden Stoeckel - Olympic Games 2008, 2012, Commonwealth Games 2010  
Sally Hunter - Commonwealth Games 2014  
Kyle Chalmers - Olympic Games 2016, Commonwealth Games 2018  
Josh Palmer - Olympic Games 2016  
Travis Mahoney - Commonwealth Games 2018

