

SESSION ONE**Doors open 7:00am | Warm up 7:15am – 8:15am | Racing starts 8:30am**

- | | |
|----|--------------------------------|
| 1 | Mixed 12&O 400 Freestyle |
| 2 | Mixed 12&O 400 Freestyle MC |
| 3 | Female 11&O 100 Breaststroke |
| 4 | Male 11&O 100 Breaststroke |
| 5 | Mixed 11&O 100 Breaststroke MC |
| 6 | Female 11&O 50 Butterfly |
| 7 | Male 11&O 50 Butterfly |
| 8 | Mixed 11&O 50 Butterfly MC |
| 9 | Mixed 12&O 200 Backstroke |
| 10 | Mixed 11&O 200 IM |
| 11 | Mixed 11&O 200 IM MC |
| 12 | Female 11&O 100 Freestyle |
| 13 | Male 11&O 100 Freestyle |
| 14 | Mixed 11&O 100 Freestyle MC |
| 15 | Female 11&O 50 Backstroke |
| 16 | Male 11&O 50 Backstroke |
| 17 | Mixed 11&O 50 Backstroke MC |
| 18 | Mixed 12&O 200 Butterfly |
| 19 | Mixed 12&O 1500 Freestyle |
| 20 | Female 11&O 100 IM |
| 21 | Male 11&O 100 IM |

SESSION TWO**Doors open 2:00pm | Warm up 2:15pm – 3:15pm | Racing starts 3:30pm**

- | | |
|----|-------------------------------|
| 22 | Mixed 12&O 400 IM |
| 23 | Mixed 11&O 200 Freestyle MC |
| 24 | Mixed 11&O 200 Freestyle |
| 25 | Female 11&O 100 Backstroke |
| 26 | Male 11&O 100 Backstroke |
| 27 | Mixed 11&O 100 Backstroke MC |
| 28 | Mixed 1&O 200 Breaststroke |
| 29 | Female 11-13 50 Freestyle |
| 30 | Female 14&O 50 Freestyle |
| 31 | Male 11-13 50 Freestyle |
| 32 | Male 14&O 50 50 Freestyle |
| 33 | Mixed 11&O 50 Freestyle MC |
| 34 | Female 11&O 50 Breaststroke |
| 35 | Male 11&O 50 Breaststroke |
| 36 | Mixed 11&O 50 Breaststroke MC |
| 37 | Female 11&O 100 Butterfly |
| 38 | Male 11&O 100 Butterfly |
| 39 | Mixed 11&O 100 Butterfly MC |
| 40 | Mixed 12&O 800 Freestyle |
| 41 | Mixed 11&O 100 IM MC |