



**2019 South Australian
District Swimming Championships**

EVENT INFORMATION BOOK

**Saturday 9th – Monday 11th 2019
Clare**

Correct as at 5 March 2019

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1. Event Purpose and Date

The 2019 South Australian District Championships is to be conducted as a trial competition in 2019. The event is to be conducted across the long weekend in March 2019 (9th – 11th)

2. Eligibility

All swimmers who are financial members of a country club are eligible for selection. All swimmers selected will represent their District for the duration of the event.

3. Entry Costs

\$25 per athlete - Districts will be invoiced for this cost

4. Gate Opening Times

- Session 1: 1:30pm
- Session 2: 8:15am
- Session 3: 2:45pm
- Session 4: 7:15am

5. Officials Allocation

- Broken Hill: 2 x Timekeepers
- Eastern Districts: 5 x Officials & 1xTimekeepers
- Eyre: 5 x Officials & 1 x Timekeepers
- Mid North: 5 x Officials & 1 x Timekeepers
- Riverland: 4 x Officials & 1 x Timekeepers
- South East: 4 x Officials & 1 x Timekeepers
- Upper North: 4 x Officials and 1 x Timekeepers

6. Team Managers Meeting

Team Managers meeting to be held 1 hour prior to the start of each session. Please ensure a Team Manager from each district is in attendance.

7. Technical Officials Briefing

Briefing will be held 30 minutes prior to the start of each session. Required for all officiating at each session.

8. Team Size

Each District will be represented by:

- a minimum of 12 swimmers
- a maximum of 4 multi-class swimmers
- a maximum of 28 swimmers (inclusive of multi-class swimmers)

9. Team Selection Criteria

Each district will set their selection criteria.

10. Age Date & Groupings

Age as at first day of the meet: 9th March 2019

Teams will consist of swimmers across the following age groups:

- Girls: 11 – 18yrs
- Boys: 12 – 19yrs
- Mixed: 11 – 19yrs (Multi-Class Only)

11. Event Entry Criteria

Each District can be represented by a maximum of:

- 3 swimmers per multi-class event;
- 3 swimmers per age group/per event;
- 3 swimmers per gender/per event (6 total) for 200 Back, Breast, Fly, 400 free & 400 IM;
- 2 swimmers per gender/per event (4 total) for 800 free & 1500 free;
- 2 relay teams per event.

Swimmers may swim a maximum of:

- 4 individual events per session
- 2 relay events per session

12. Program of Events

The following events will be offered. All events are Timed Finals.

See appendix for Session Event Listings.

Click here for session report

- | | |
|---|---|
| <ul style="list-style-type: none">• 50m, 100m, 200m Freestyle• 50m, 100m Backstroke• 50m, 100m Breaststroke• 50m, 100m Butterfly• 100m, 200m Individual Medley• 200m BBB | <ul style="list-style-type: none">• 400m Individual Medley / Freestyle• 800m / 1500m Freestyle• 4x50m Free Relay• 4x50m Medley Relay• 4x100m Free Relay• 4x100m Medley Relay |
|---|---|

13. Skins Events

The 2019 SA District Championships will offer a trial of skins events for the following events, ages and gender. Entry to these events will be through invitation only based upon times swum in the relevant event at the 2019 SA District Championships.

50m Freestyle – Girls aged 11-14 & 15-18yrs	50m Butterfly – Girls aged 11-14 & 15-18yrs
50m Freestyle – Boys aged 12-15 & 16-19yrs	50m Butterfly – Boys aged 12-15 & 16-19yrs
50m Backstroke – Girls aged 11-14 & 15-18yrs	50m Breaststroke – Girls aged 11-14 & 15-18yrs
50m Backstroke – Boys aged 12-15 & 16-19yrs	50m Breaststroke – Boys aged 12-15 & 16-19yrs

14. Entry Procedures

Entries for the 2019 South Australian District Championships will open shortly.

District Representative must enter swimmers and relay teams into this event through Clublane.

Entries will close 12.00pm Wednesday 20th February 2019.

Late entries will not be accepted under any circumstances.

15. Marshalling and Withdrawals

In accordance with EBL 22, any competitor who fails to report to the marshalling area at least ten minutes prior to the scheduled time for the start of the session on that day if entered in the first two events, or at the start of an event at least two events prior to the event in which they are entered shall be deemed to be withdrawn.

Withdrawal and substitutions:

- A swimmer may be withdrawn from an event and cannot be replaced
- For medical purposes a swimmer may be substituted for the whole meet with a different swimmer. Once an athlete is substituted, they may take no further part in the competition.

16. Timelines

All session timelines are provided as a guide only and can change. **See appendix for sample timeline**

Any major revisions to the timeline will be provided at the Team Mangers briefing daily.

Timelines will be attached to this document once finalised.

Subject to the timeline - unallocated lanes may be requested on the day of the event – any swimmer in an unallocated lane will be considered exhibition

17. Pointscore

Districts will be awarded points in the following Divisions based upon athlete's performance on the day of the meet respective to their event/age:

- Elite
- Development
- Participation
- Multi-Class*

Points awarded in the above grades will be awarded to the top 20 swimmers/teams in each division.

The following points will be awarded:

Place	Elite	Development	Participation	Place	Elite	Development	Participation
1 st	10	10	10	11 th	7	7	7
2 nd	10	10	10	12 th	7	7	7
3 rd	10	10	10	13 th	6	6	6
4 th	9	9	9	14 th	6	6	6
5 th	9	9	9	15 th	6	6	6
6 th	9	9	9	16 th	5	5	5
7 th	8	8	8	17 th	4	4	4
8 th	8	8	8	18 th	3	3	3
9 th	8	8	8	19 th	2	2	2
10 th	7	7	7	20 th	1	1	1

*Multi-Class Swimmers will be awarded points based off the Australian Multi-Class Pointscore

18. Pointscore Age Groups

Event	Girls				Boys				Mixed Multi-Class
	11/12yrs	13/14yrs	15/16yrs	17/18yrs	12/13yrs	14/15yrs	16/17yrs	18/19yrs	11-19yrs
50 Free	X	X	X	X	X	X	X	X	X
100 Free	X	X	X	X	X	X	X	X	X
200 Free	X		X		X		X		X
400 Free	11-19yrs								X
800 Free	11-19yrs								
1500 Free	11-19yrs								
50 Back	X	X	X	X	X	X	X	X	X
100 Back	X	X	X	X	X	X	X	X	X
200 Back	11-19yrs								
50 Breast	X	X	X	X	X	X	X	X	X
100 Breast	X	X	X	X	X	X	X	X	X
200 Breast	11-19yrs								
50 Fly	X	X	X	X	X	X	X	X	X
100 Fly	X	X	X	X	X	X	X	X	X
200 Fly	11-19yrs								
100 IM	X		X		X		X		X
200 IM	X		X		X		X		X
400 IM	11-19yrs								
4x50 Free	X		X		X		X		TBC
4x50 Free	11-19yrs								
4x50 Med	X		X		X		X		TBC
4X50 Med	Mixed 11-19yrs								
4x100 Free	Mixed 11-19yrs								
4x100 Med	Mixed 11-19yrs								

19. Qualifying and Standard Times

Qualifying times do not apply for entry to this event.

Standard times do not apply for entry to this event.

Standard times will be used for allocation and scoring of results into the following divisions:

- Elite
- Development
- Participation

See appendix for Scoring Standard Times & Sample results

20. Awards and Recognition

As this event is a pilot medals will not be awarded.

Pennants for the winning district in each division will be awarded. A District may only win one division and will be awarded the pennant for the most elite division they place first in. Should a region place first in multiple divisions the following district shall be awarded the pennant.

17. Emergency Procedures

In the event of an emergency at the Venue please listen carefully to venue announcements and follow the direction of venue/SwimmingSA staff.

18. Security

On site security will not be provided at this event.
All personal belongings left at the venue overnight are at your own risk.

19. Accreditation, Ticketing and Venue Entry

This is a non-accredited event.

Each District shall nominate two team managers for the duration of the meet.
Each District shall nominate five officials for the duration of the meet.

Free entry for spectators to the venue.

20. By-Laws

SwimmingSA By-Laws Apply where applicable

21. District Packages

Each District must collect their District package which contains their allocation of heats programs, relay confirmation sheets and other event notices.
These will be available from 1:30pm Saturday 9 March from Event Control/Recording. Clubs do not need to apply for these packs.

22. Behavioural Guidelines

SwimmingSA promotes the Behavioural Guidelines to all people involved in any way with the sport of swimming, particularly those responsible for activities involving members under the age of 18. These guidelines highlight the principles and values of SwimmingSA/Swimming Australia and the core principles of the Member and Child Welfare policies. All persons participating in the 2018 SA District Championships must adhere to the Behavioural guidelines/code of conduct which can be found [HERE](#)

23. Lost Property

Event Lost Property can be found at the main entry to the venue. SwimmingSA does not hold lost property.

24. First Aid

Venue staff are trained in first responder care and will be providing general first aid coverage for all people attending the event. Should you require first aid please see SwimmingSA or venue staff/lifeguards.

25. Swimming SA Event Staff and Key Personnel

NAME	TITLE	CONTACT DETAILS
Michelle Doyle	Chief Executive Officer	michelle.doyle@sa.swimming.org.au 0438 040 403
Sarah-Jane Couche	Events Coordinator	sarah-jane.couche@sa.swimming.org.au 0404 972 724
Leanne Beames	Events, Records and Results Officer	leanne.beames@sa.swimming.org.au

Event	Elite	Dev.	Part.	Event	Elite	Dev.	Part.
Event 1 Mixed 11-19 200 Free Relay	1:40.00	1:50.00	2:05.00	Event 37 Female 11-14 200 IM	2:58.00	3:24.50	1:34.00
Event 2 Female 400 Free	5:25.00	6:11.00	7:00.00	Event 37 Female 15-18 200 IM	2:44.00	3:19.00	3:29.00
Event 2 Male 400 Free	5:09.00	5:53.00	6:30.00	Event 38 Female 11-14 200 Free	2:36.00	3:09.00	3:19.00
Event 3 Female 400 IM	6:05.00	7:11.00	8:00.00	Event 38 Female 15-18 200 Free	2:22.50	2:57.00	3:07.00
Event 3 Male 400 IM	5:55.00	6:51.00	7:30.00	Event 39 Male 12-15 200 IM	2:47.00	3:15.00	3:25.00
Event 4 Mixed 11-19 400 Free (MC)	300pts	200pts	100pts	Event 39 Male 16-19 200 IM	2:31.00	3:00.00	3:10.00
Event 5 Female 11-12 50 Fly	39.65	42.50	47.00	Event 40 Male 12-15 200 Free	2:28.00	2:57.10	3:07.00
Event 5 Female 13-14 50 Fly	35.40	40.60	45.00	Event 40 Male 16-19 200 Free	2:12.00	2:47.50	2:57.00
Event 6 Male 12-13 50 Fly	36.00	41.40	46.00	Event 41 Mixed 11-19 200 Free (MC)	300pts	200pts	100pts
Event 6 Male 14-15 50 Fly	32.35	40.55	45.00	Event 42 Female 11-12 50 Back	43.50	43.50	48.00
Event 7 Female 15-16 100 Fly	1:15.75	1:36.50	1:45.00	Event 42 Female 13-14 50 Back	38.00	42.45	47.00
Event 7 Female 17-18 100 Fly	1:13.75	1:34.00	1:44.00	Event 43 Male 12-13 50 Back	39.35	40.00	45.00
Event 8 Male 16-17 100 Fly	1:09.00	1:30.50	1:35.00	Event 43 Male 14-15 50 Back	36.00	39.60	44.00
Event 8 Male 18-19 100 Fly	1:05.70	1:27.00	1:32.00	Event 44 Female 15-16 100 Back	1:18.85	1:37.30	1:47.00
Event 9 Female 11-12 100 IM	1:28.50	1:40.00	1:50.00	Event 44 Female 17-18 100 Back	1:15.50	1:34.00	1:44.00
Event 9 Female 13-14 100 IM	1:23.80	1:35.00	1:45.00	Event 45 Male 16-17 100 Back	1:13.60	1:29.50	1:39.00
Event 10 Mixed 11-19 50 Breast (MC)	300pts	200pts	100pts	Event 45 Male 18-19 100 Back	1:08.55	1:27.50	1:37.00
Event 11 Female 11-12 100 Breast	1:45.00	1:51.50	1:59.00	Event 46 Female 15-16 100 IM	1:20.80	1:30.00	1:40.00
Event 11 Female 13-14 100 Breast	1:35.30	1:48.50	1:58.00	Event 46 Female 17-18 100 IM	1:19.80	1:27.00	1:37.00
Event 12 Male 12-13 100 Breast	1:36.75	1:48.50	1:58.00	Event 47 Mixed 11-19 100 Breast (MC)	300pts	200pts	100pts
Event 12 Male 14-15 100 Breast	1:28.75	1:42.10	1:52.00	Event 48 Female 11-12 100 Fly	1:30.00	1:51.00	2:00.00
Event 13 Female 15-16 50 Breast	41.55	46.70	51.00	Event 48 Female 13-14 100 Fly	1:22.00	1:46.00	1:56.00
Event 13 Female 17-18 50 Breast	40.46	45.00	50.00	Event 49 Male 12-13 100 Fly	1:25.00	1:48.00	1:58.00
Event 14 Male 16-17 50 Breast	37.89	42.65	47.00	Event 49 Male 14-15 100 Fly	1:15.10	1:37.00	1:47.00
Event 14 Male 18-19 50 Breast	35.60	40.70	45.00	Event 50 Female 15-16 50 Fly	34.00	39.80	44.00
Event 15 Mixed 11-19 50 Free (MC)	300pts	200pts	100pts	Event 50 Female 17-18 50 Fly	32.80	37.80	42.00
Event 16 Female 11-14 200 Free Relay	1:49.58	1:59.92	2:15.00	Event 51 Male 16-17 50 Fly	30.65	37.70	42.00
Event 17 Male 12-15 200 Free Relay	1:38.58	1:48.89	2:05.00	Event 51 Male 18-19 50 Fly	29.15	32.75	37.00
Event 18 Mixed 11-19 200 Medley Relay	1:50.00	2:02.00	2:17.00	Event 52 Mixed 11-19 100 Back (MC)	300pts	200pts	100pts
Event 19 Female 200 Back	2:50.00	3:16.20	3:30.00	Event 53 Female 11-14 200 Medley Relay	2:02.05	2:17.03	2:30.00
Event 19 Male 200 Back	2:43.00	3:04.00	3:30.00	Event 54 Male 12-15 200 Medley Relay	1:51.31	2:04.61	2:20.00
Event 20 Female 200 Breast	3:12.00	3:35.00	3:45.00	Event 55 Mixed 11-19 400 Medley Relay	3:50.00	4:40.00	4:55.00
Event 20 Male 200 Breast	3:01.80	3:30.00	3:45.00	Event 56 Female 800 Free	10:30.00	11:49.00	12:00.00
Event 21 Female 200 Fly	2:57.00	3:30.00	3:45.00	Event 56 Male 800 Free	10:02.00	11:15.00	11:30.00
Event 21 Male 200 Fly	2:53.00	3:14.00	3:30.00	Event 57 Female 1500 Free	20:04.50	22:00.00	22:30.00
Event 22 Mixed 11-19 100 IM (MC)	300pts	200pts	100pts	Event 57 Male 1500 Free	18:50.00	22:00.00	22:30.00
Event 23 Female 11-12 50 Breast	49.00	49.00	53.00	Event 58 Mixed 11-19 200 IM (MC)	300pts	200pts	100pts
Event 23 Female 13-14 50 Breast	44.17	47.30	52.00	Event 59 Female 11-12 50 Free	35.75	36.00	41.00
Event 24 Male 12-13 50 Breast	44.55	46.80	51.00	Event 59 Female 13-14 50 Free	31.30	34.25	39.00
Event 24 Male 14-15 50 Breast	41.00	42.90	47.00	Event 60 Male 12-13 50 Free	32.85	34.50	39.00
Event 25 Female 15-16 100 Breast	1:29.50	1:47.00	1:57.00	Event 60 Male 14-15 50 Free	29.00	32.00	37.00
Event 25 Female 17-18 100 Breast	1:26.50	1:45.00	1:55.00	Event 61 Female 15-16 100 Free	1:06.00	1:20.60	1:30.00
Event 26 Male 16-17 100 Breast	1:23.00	1:37.00	1:47.00	Event 61 Female 17-18 100 Free	1:05.00	1:19.80	1:29.00
Event 26 Male 18-19 100 Breast	1:19.35	1:35.00	1:45.00	Event 62 Male 16-17 100 Free	1:00.60	1:15.30	1:25.00
Event 27 Mixed 11-19 100 Fly (MC)	300pts	200pts	100pts	Event 62 Male 18-19 100 Free	58.75	1:14.80	1:24.00
Event 28 Male 12-13 100 IM	1:23.50	1:35.00	1:45.00	Event 63 Male 16-17 100 IM	1:15.00	1:25.00	1:35.00
Event 28 Male 14-15 100 IM	1:17.00	1:30.00	1:40.00	Event 63 Male 18-19 100 IM	1:10.34	1:20.00	1:30.00
Event 29 Female 11-12 100 Free	1:18.00	1:21.00	1:31.00	Event 64 Mixed 11-19 100 Free (MC)	300pts	200pts	100pts
Event 29 Female 13-14 100 Free	1:08.10	1:20.80	1:30.00	Event 65 Female 11-12 100 Back	1:30.00	1:39.30	1:49.00
Event 30 Male 12-13 100 Free	1:10.50	1:26.40	1:36.00	Event 65 Female 13-14 100 Back	1:20.80	1:38.80	1:48.00
Event 30 Male 14-15 100 Free	1:04.65	1:16.80	1:26.00	Event 66 Male 12-13 100 Back	1:24.40	1:39.80	1:49.00
Event 31 Female 15-16 50 Free	30.30	33.80	38.00	Event 66 Male 14-15 100 Back	1:16.00	1:33.00	1:43.00
Event 31 Female 17-18 50 Free	30.00	33.50	38.00	Event 67 Female 15-16 50 Back	36.50	41.70	46.00
Event 32 Male 16-17 50 Free	27.70	30.60	35.00	Event 67 Female 17-18 50 Back	35.85	41.30	46.00
Event 32 Male 18-19 50 Free	26.75	29.00	34.00	Event 68 Male 16-17 50 Back	33.15	39.40	44.00
Event 33 Mixed 11-19 50 Back (MC)	300pts	200pts	100pts	Event 68 Male 18-19 50 Back	32.00	38.00	43.00
Event 34 Female 15-18 200 Free Relay	1:46.15	1:59.92	2:15.00	Event 69 Mixed 11-19 50 Fly (MC)	300pts	200pts	100pts
Event 35 Male 16-19 200 Free Relay	1:33.90	1:43.02	2:00.00	Event 70 Female 15-18 200 Medley Relay	1:58.26	2:13.98	2:30.00
Event 36 Mixed 11-19 400 Free Relay	3:40.00	4:05.00	4:20.00	Event 71 Male 16-19 200 Medley Relay	1:42.53	1:56.14	2:15.00

