



EVENT INFORMATION BOOK

2025 South Australian Country Championships

Saturday 4 - Tuesday 7 January 2025

Wulanda Recreation & Convention Centre



1. Key Personnel

NAME	TITLE	CONTACT DETAILS
Michelle Doyle	Chief Executive Officer	michelle.doyle@sa.swimming.org.au 0438 040 403
Wade Zammit Meaney	Events Manager	wade.zm@sa.swimming.org.au 0487 380 507
Tania Carlino	Technical Officials & Finance Manager	tania.carlino@sa.swimming.org.au
Tanya Matic	Member Services & Inclusion Officer	tanya.matic@sa.swimming.org.au
Darren McLachlan	Technical Manager	events@sa.swimming.org.au

2. Event details

The 2025 South Australian Country Swimming Championships will be hosted by the Mount Gambier Swimming Club at the Wulanda Recreation and Convention Centre from 4 to 7 January. With over 300 athletes from regional South Australia and beyond, the championships celebrate the strength and depth of our swimming community. Wulanda, meaning 'enjoy or cherish' in Bunganditj language, provides a fitting backdrop for this showcase of talent in a venue that brings people together through sport and community.

3. Event operating hours & schedule

Friday, 3 January 2025		
Time	Event / activity	Location
3:00pm	Gates open	Event entry
3:00pm – 6:00pm	Pre-Meet Training (<i>refer to group allocations – section 18</i>)	Competition pool
	Club package collection	Event entry
	Club shade installation period	Competition pool
4:00pm – 5:30pm	Inspector of Turns & Judge of Stroke – theory and practical course	Competition pool & function room
6:00pm	Event areas close	Competition pool

Saturday, 4 January 2025		
Time	Event / activity	Location
7:00am	Gates open	Event Entry
	Accreditation & ticketing help desk open	
7:00am – 8:20am	Warm up period (<i>refer to group allocations – section 19</i>)	Competition pool & indoor warm up lanes
7:30am	Team managers briefing ** at least one representative from each club required **	Marshalling area
8:00am	Officials briefing & practical demonstration for IOT/JOS ** please meet at marshalling area **	Marshalling area
8:30am	Session 1 commencement	Competition pool
<i>Event closed between sessions</i>		
3:45pm	Gates open	Event entry
	Accreditation & ticketing help desk open	
4:00pm – 4:30pm	Warm up period (<i>unallocated – reserved for those competing in this session</i>) **note shorter time due to opening ceremony**	Competition pool & indoor warm up lanes
4:30pm	Officials briefing ** officials will move to march on marshalling directly after briefing **	Marshalling area
4:40pm	Team March-On marshalling ** two representatives from each club required **	Marshalling area
4:55pm	Opening ceremony	Competition pool
5:15pm	Session 2 commencement	Competition pool

Sunday, 5 January 2025		
Time	Event / activity	Location
7:00am	Gates open	Event Entry
	Accreditation & ticketing help desk open	
7:00am – 8:20am	Warm up period (<i>refer to group allocations – section 19</i>)	Competition pool & indoor warm up lanes
7:30am	Team managers briefing ** at least one representative from each club required **	Marshalling area
8:00am	Officials briefing & practical demonstration for IOT/JOS ** please meet at marshalling area **	Marshalling area
8:30am	Session 3 commencement	Competition pool
<i>Event closed between sessions</i>		
3:45pm	Gates open	Event entry
	Accreditation & ticketing help desk open	
4:00pm – 4:45pm	Warm up period (<i>unallocated – reserved for athletes competing in this session</i>)	Competition pool & indoor warm up lanes
4:30pm	Officials briefing	Marshalling area
5:00pm	Session 4 commencement	Competition pool

Monday, 6 January 2025		
Time	Event / activity	Location
7:00am	Gates open	Event entry
	Accreditation & ticketing help desk open	
7:00am – 8:20am	Warm up period (<i>refer to group allocations – section 19</i>)	Competition pool & indoor warm up lanes
7:30am	Team managers briefing ** at least one representative from each club required **	Marshalling area
8:00am	Officials briefing & practical demonstration for IOT / JOS ** please meet at marshalling area **	Marshalling area
8:30am	Session 5 commencement	Competition pool
<i>Event closed between sessions</i>		
3:45pm	Gates open	Event entry
4:00pm – 4:45pm	Warm up period (<i>unallocated – reserved for athletes competing in this session</i>)	Competition pool & indoor warm up lanes
4:30pm	Officials briefing	Marshalling area
5:00pm	Session 6 commencement	Competition pool

Tuesday, 7 January 2025		
Time	Event / activity	Location
7:00am	Gates open	Event entry
	Accreditation & ticketing help desk open	
7:00am – 8:20am	Warm up period (<i>refer to group allocations – section 19</i>)	Competition pool & indoor warm up lanes
7:30am	Team managers briefing ** at least one representative from each club required **	Marshalling area
8:00am	Officials briefing & practical demonstration for IOT / JOS ** please meet at marshalling area **	Marshalling area
8:30am	Session 7 commencement	Competition pool
12:30pm – 2:00pm	SwimmingSA Clubs Forum	Function room
<i>Event closed between sessions</i>		
3:45pm	Gates open	Event entry
	Accreditation & ticketing help desk open	
4:00pm – 4:45pm	Warm up period (<i>unallocated – reserved for athletes competing in this session</i>)	Competition pool & indoor warm up lanes
4:30pm	Officials briefing	Marshalling area
5:00pm	Session 8 commencement	Competition pool
Conclusion of racing	Championship presentations	Competition pool
<i>Pack down – please ensure all club equipment is removed at the conclusion of the event</i>		

Wednesday, 8 January 2025		
Time	Event / activity	Location
8:00am – 4:00pm	SwimAus Foundation Coaching Course	Function rooms
8:30am – 4:30pm	SwimAus Development Coaching Course	Function rooms

4. By-Laws

The [SwimmingSA Swimming Rules and Event By-Laws](#) govern this event. SwimmingSA recommends reading this event information book in conjunction with the by-laws.

5. Program of events & qualifying times

This event is a combination of age and open championships, forming a key component of the performance tier of the South Australian competition structure. Qualifying times, achieved since 1 October 2022, are required for entry into championship events, with both long course and short course times accepted. All athletes are required to compete in the heats must achieve the championship event qualifying time to advance to the finals. While the medal-scoring age groups for this event differ slightly from the event by-laws, this approach has been adopted to best meet the needs of participants and ensure the event runs effectively for all involved.

6. Individual entries

Athletes who achieve a new qualifying time for events at the Christmas Cracker meet will be able to enter these events at the championships. Entries for these events will open at 10:00pm on Monday 23 December and close at 12:00pm Tuesday 24 December 2024. Entries are accepted via Swim Central.

7. Relay entries

Each club may enter a maximum of two teams per event, with districts limited to one per event, as per the relay [event by-laws](#). In Open relay events, athletes may only represent their club once. Additionally, in age-group freestyle or medley relays, athletes may participate in only one age category.

8. Multi class relays

Multi class relays are open to any athlete with a current classification. Relay teams will be selected by SwimmingSA after the close of entries.

9. Awards & recognition

Medal & point scoring age groups							
All 50m events	11yrs	12yrs	13yrs	14yrs	15yrs	16-17yrs	18 & over
All 100m events & 200m Freestyle, Medley	11yrs	12-13yrs		14-15yrs		16-17yrs	18 & over
200m Backstroke, Breaststroke, Butterfly	x	Open (12 & over)					
400m Freestyle, Medley	x	12-13yrs		14-15yrs		16 & over	
800m, 1500m Freestyle	x	Open only (12 & over)					
Relays	Awarded as per event age group						

Open points and medals will not be awarded for 50m and 100m events.

10. Timeline

All session timelines are provided as a guide only and are subject to change. Any significant revisions will be communicated during the daily team managers' meetings. Session timelines will be available on the SwimmingSA website and Swim Central after entries close. Please refer to the SwimmingSA website after entries close for the event timelines.

Please note that the event timeline may change in response to weather conditions. Factors such as extreme heat, strong winds, or thunderstorms may require adjustments to ensure the safety of all attendees. Modifications could include changes to start times, reduced schedules, or temporary pauses in competition. Given the time of year, extreme heat is a primary concern, and plans are in place to respond accordingly to all weather conditions. For more information, please refer the SwimmingSA Extreme Weather Policy.

11. Ticketing

All spectators must pre-purchase their tickets through Swim Central to enter the venue. No tickets will be sold at the gate. There's no need to print your tickets – just scan your QR code or provide your name at the event entry.

12. Accreditation

SwimmingSA will implement a photo accreditation system to manage access control at this event. All coaches, athletes, team support, workforce and volunteers must wear their accreditation visibly at all times whilst in the venue. Accreditations will be distributed to clubs as part of their club pack. Accreditation holders should collect their pass directly from a designated club contact. Your accreditation pass provides free entry to the venue only on the days specified on your pass. Entry into accredited areas will not be permitted without your accreditation pass under any circumstances.

To ensure all personnel attending the event receive the appropriate access level, please submit your nomination via Swim Central. This procedure should be read in conjunction with the [Team Managers, Pool Deck Access & Sports Science Policies](#). Athletes do not need to apply for accreditation. It is the responsibility of the club to ensure that all applications affiliated with their club are from approved representatives who have the appropriate background checks in place. Clubs exceeding their quota of team managers/support will need to withdraw additional applications.

For team support

Nominations are accepted from clubs as per the following ratio:

No. of Competitors	Max. <u>team managers/support</u> per session
20 or less	1
21-40	2
41-60	3
61+	4

For officials

Nominations must include your official position. Your accreditation pass will also serve as your ticket to access the event.

For coaches & assistant coaches

All accredited coaches and assistant coaches may attend this event. Please nominate through Swim Central and always wear your accreditation whilst attending.

Late accreditation applications are subject to approval by SwimmingSA and will incur late fees payable via Swim Central at the time of your application. If an accreditation pass is lost or misplaced, replacement passes can be purchased for \$25.00 each. A refund of \$15.00 will be provided if the original pass is found and returned to event entry. Accreditations left in the venue at the end of each session will be returned to event entry.

Access Category	Access Areas
Athlete	All competition areas including the field of play for the duration of event
Official	All competition and event administration areas on the day/s that you are rostered to officiate/volunteer only
Coach & Assistant Coach	Warm-up pool, viewing platforms (no access to field of play or event administration/control areas unless otherwise specified) for duration of event
Team Support	Warm-up pool, event corridor (no access to field of play or event administration areas unless otherwise specified) on the day/s that you are registered for only – clubs must not exceed quota.
Guest	All areas excluding field of play for duration of event unless otherwise specified on accreditation pass.
Workforce	All areas for duration of event unless otherwise specified on accreditation pass.

13. Working with Children Checks

All individuals applying for event accreditation (excluding athletes and those under the age of 14) must hold a valid Working with Children Check (WWCC). This can be in the form of a DCSI or DHS clearance. Police Clearances and teacher registrations are no longer legally accepted as evidence of your WWCC status. Your WWCC must be uploaded to your Swim Central Profile and be valid for the duration of the event.

14. Club packages

Each club must collect their club package which includes programs, accreditation passes for athletes, coaches and team support, relay confirmation sheets and other event notices. Club packages can be collected by an authorised representative from event entry during pre-meet training on Friday 3 January or on the first day of competition.

15. Officiating

All officials must submit their nomination via Swim Central. Please refer to the accreditation information above. An officials briefing will take place 30 minutes prior to the start of each session in the marshalling area. Please ensure you arrive on time for the briefing. [Click Here](#) to view roster and club allocations.

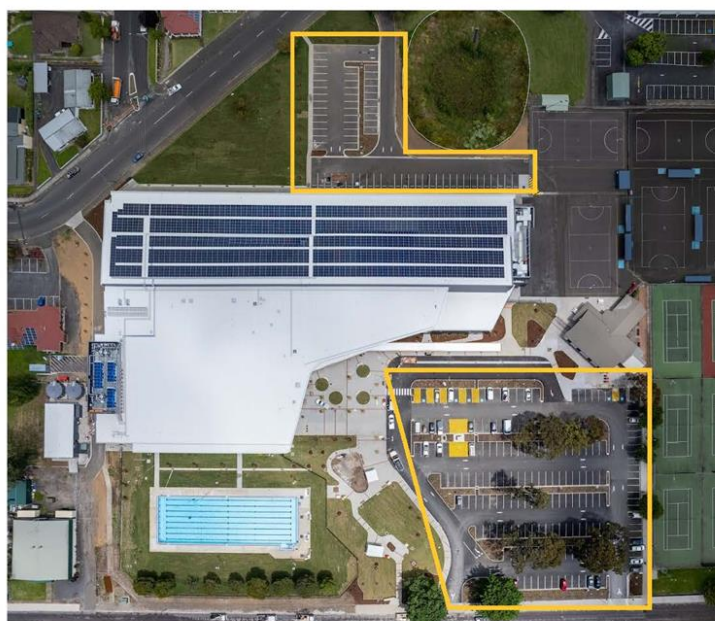
16. Venue parking & traffic management

The Wulanda Recreation and Convention Centre is expected to be extremely busy throughout the event as it coincides with school holidays. Please follow all parking signs and directions at the venue to ensure safe access for all attendees. All parking is subject to availability and not reserved for this event.

- O'Halloran Terrace Car Park: Approximately 65 parking spaces are available
- Margaret Street Car Park: Approximately 200 parking spaces including designated disability access parking are available
- Street parking: Additional parking is available along surrounding streets

Please plan ahead and allow extra time to find parking. Your cooperation in adhering to the parking rules help manage traffic flow during the event

O'Halloran Tce



Approx 65 parking spaces in O'Halloran Tce Car park

Approx 200 parking spaces in Margaret St Car park

Disability access car parking in Margaret ST car park

Margaret St

17. Venue access

There will be one entry point for this event, through the side gate closest to the 50m competition pool. Please follow the signage from the Margaret Street car park at the front of the venue and have your QR code ready to scan. Access to the event areas is not permitted via the venue main entry as this remains open for public access. Please treat all volunteers and security staff with courtesy and respect. **Please check your warmup times ahead of attending the venue.**

18. Pre-meet training

Allocated training times will be available at the following times on Friday 3 January 2025:

Time	Districts
3:15pm – 4:30pm	Mid North, Eastern Districts, Broken Hill, Eyre
4:30pm – 5:45pm	South East, Riverland, Upper North, Visitors

19. Warm up groups

Warm-ups will be conducted on a rotational basis by district for morning sessions. Please refer to the schedule below for your group's allocation. Evening sessions are unallocated and open to athletes competing in those sessions.

Group 1	Group 2
Mid North	South East
Eastern Districts	Riverland
Broken Hill	Upper North
Eyre	Visitors

Time	Sat 4 Jan Session 1	Sun 5 Jan Session 3	Mon 6 Jan Session 5	Tue 7 Jan Session 7
7:00am – 7.40am	Group 1	Group 2	Group 1	Group 2
7.40am – 8:20am	Group 2	Group 1	Group 2	Group 1

20. Tents & seating

Team seating allocations will be available from the SwimmingSA event page as soon as finalised. While shade will be provided at the venue, clubs are encouraged to bring additional shade for poolside areas. Please note that pegs are not permitted. Ensure your structures are secured using weighted anchors or the water drums available at the venue. Clubs planning to bring additional shade are asked to confirm via [this link](#). Tent set up will take place on Friday 3 January, from 3:00pm.

Terms & conditions:

Clubs bringing their own marquees are reminded to follow the venue guidelines, including safety measures and setup requirements stated below. All marquees must be dismantled and removed from the venue immediately after the event. Do not leave any marquees or equipment behind. Emergency access routes and exits must always remain clear, and marquees should not obstruct these areas. Pegs are not permitted due to irrigation systems; all marquees must be secured using weighted anchors or water drums. Clubs are responsible for monitoring weather conditions throughout the event, and marquees may need to be taken down temporarily if strong winds are forecast or occur. Marquees must be set up within the designated areas allocated by venue or event personnel and during the specified setup times. All marquees must be installed and secured safely to avoid injury or damage to property. After the event, clubs are required to remove all marquees they have installed, and rubbish/debris from their marquee area to help maintain the cleanliness of the venue.

21. Marshalling and withdrawals

Athletes must report to the marshalling area at least 10 minutes before the start of the session if entered in the first event or when called via the marshalling board or by the announcer. Failure to report on time may result in being unable to race, at the discretion of the referee. For this rule, all heats in an event (including 800m and 1500m) are considered one event. All withdrawals must be completed by the team manager at the marshalling area.

Accreditation pass process:

- Athletes must surrender their accreditation pass to the official when checking in
- Accreditations will be held by the officials until the conclusion of their race
- After finishing their race, athletes must collect their accreditation pass from the table at the competition pool exit point

Important:

- Please do not gather in marshalling area until your event is listed on the marshalling board
- Follow all instructions and announcements made by the officials
- Once in the marshalling area, you must remain in your allocated seat

22. Meet programs & results

Spectator programs must be pre-ordered through Swim Central. For live updates, results will be accessible via Meet Mobile and Live Results. Coaches and Team Managers will receive programs as part of their club packs.

Live results: <https://liveresults.swimming.org.au/sa/countries25>

23. Awards and recognition

[Click Here](#) to view the Event By-Laws:

- EBL 21 Pointscore & Perpetual Trophies
- EBL 21.13 Perpetual Trophies – Country Championships

24. Swimwear

The Referee of a competition has the authority to exclude any competitor whose swimsuit does not comply with this By-Law. Swimwear is limited to one (1) swimsuit [Click Here](#) to See Event By-Laws & refer to CBL 24 General Swimwear Policy.

25. Strapping and taping

Swimmers must cover any wounds with waterproof dressing (not band aids) and may after presentation to the Referee of the meet use tape to hold the dressing in place as long as it does not give the swimmer any advantage. Any other strapping must be presented to the Referee who will decide if it gives the swimmer any advantage. Strapping not approved by the Referee is forbidden.

26. Emergency procedures

In the event of an emergency at the Wulanda Convention and Recreation Centre, please follow the direction of venue staff and proceed to the nearest exit point. Listen carefully to any announcements and cooperate fully with staff instructions to ensure a safe and orderly evacuation.

27. Medal presentation protocols

Medals will be awarded to the first three placegetters in each event: gold for first place, silver for second, and bronze for third. In the case of an equal placing, medals will be awarded to each athlete sharing the position, and the next medals in sequence will be omitted. Medallists must proceed immediately to the presentation area at the conclusion of their race. Athletes should bring a club shirt onto the pool deck for their race. Presentations will take place during racing, so it is crucial that all athletes and team managers review and stay aware of the timeline and results during the session.

Medals shall be awarded to the first three placegetters in each event, with gold for first place, silver for second and bronze for third. If equal placing occurs then medals shall be awarded to each equal placing, but the next following medal/s shall be omitted. Medallists are required to remain in the presentation area for official photos, which will be available for purchase following the event.

28. Team Managers meetings

Each club must have at least one representative present at every Team Managers meeting. Meetings will take place daily at 8:00am. Evening meetings will only occur if announced via a venue announcement.

29. Behavioural guidelines

SwimmingSA promotes the Behaviour guidelines to everyone involved in the sport of swimming, especially those responsible for activities involving members under the age of 18. These guidelines reflect the principles and values of SwimmingSA and Swimming Australia, as well as the core principles of the Member and Child Welfare policies. All participants at the 2025 South Australian Country Championships are required to adhere to the Behaviour Guidelines and Code of Conduct.

30. First aid

Venue staff are trained in first responder care and will provide general first aid coverage for all attendees throughout the event.

31. Photography

SwimmingSA has engaged Get Snapt as the official photographer for this championship event. Photos will be taken of all medal winners, along with action and environmental shots which will be made available online as soon as possible following the competition. **If you do not wish for your photo to be published please email events@sa.swimming.org.au prior to the meet.**

32. Team photography

Clubs can now pre-book their team photo time directly with Get Snapt on a first-come, first-served basis. Secure your preferred time [here](#).

33. Event merchandise & retail

Team Elite, SwimmingSA's official event merchandise supplier, is now offering event merchandise for pre-order. Items can be purchased online and collected at the venue during each session of the competition. To avoid disappointment, [place your order now!](#)

SwimmingSA will have a range of swimwear and accessories from Funky Trunks, Funkita and Speedo available for purchase at the event. Visit during any heats session to find what you need.

34. Club development

SwimmingSA is proud to deliver a range of development opportunities for members and the community as part of the Country Championships. These initiatives aim to build skills, encourage collaboration and support the growth of swimming across regional South Australia.

Officiating – Pool deck mentoring & demonstration

Each morning, a mentor official will deliver an informal, practical session on pool deck 30min prior to the start of the heats session. Attendance is mandatory for those rostered as Inspectors of Turns or Judges of Stroke for that session but is open to anyone interested in learning more. Please meet at the marshalling area.

Officiating – Judge of Stroke & Inspector of Turns training course

A comprehensive course will be held on Friday 3 January during pre-meet training. The 90min session includes both practical and theoretical components of both accreditations. Participants must complete the Swimming Australia Judge of Stroke and Inspector of Turns online course prior to attending.

[Register your attendance via Swim Central here](#)

Coaching – SwimAus coaching courses

On Wednesday 8 January two nationally recognised coaching courses will be delivered at the venue.

Registration for both courses is essential through the below organisations:

- Foundation Coaching Course – [Register via the Swim Coaches & Teachers Australia website](#)
- SwimAus Development Coaching Course – [Register via the SwimAus website](#)

Coaching – Informal collaboration & support

SwimmingSA recognises the vital role coaches play in the success and development of our athletes. To support coaches throughout the competition, we are pleased to provide access to experienced mentor coaches who will be available on pool deck to collaborate and offer guidance.

- Carol Veldhuyzen: asctaSA President, mentor coach and highly regarded presenter with extensive experience across swim school management and coaching. Carol holds advanced qualifications, including open water, masters and disability coaching, and a Masters Degree in Sports Coaching.
- Grant Muller: SwimAus Development Coach and State/Development Squad Coach at Immanuel Piranhas. Grant brings a wealth of knowledge and experience in competitive swimming, fitness training and stroke development.

Club administrators – SwimmingSA Clubs Forum

We invite club leaders to attend the SwimmingSA Clubs Forum at the venue between sessions on Tuesday 7 January. This is a great chance to connect with other clubs, hear about SwimmingSA's strategic direction and priorities for 2025 and beyond, and get the latest on the new coach licensing framework launching in 2025 from Nicole Webster, SwimAus National Coach Education & Support Manager.

We'll also share practical tips and tricks to help you run your club more effectively. There'll be time to ask questions, share your own successes and take part in a collaborative session designed to support you in managing and growing your club.

[Register your attendance via Swim Central here](#)



All information in this document is accurate at the time of publication; however, SwimmingSA reserves the right to make updates or changes as required.

We encourage you to regularly check sa.swimming.org.au for the latest event details, updates and announcements to ensure you have the most current information.

With thanks to our event partners



Government of South Australia
Office for Recreation, Sport and Racing

