

# EASTERN DISTRICTS INTERCLUB 5

## PARTICIPATION (INTERCLUB)

### Contact

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Wade Smith

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### Event Information

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**Friday, 3 March 2023**

**Adelaide Hills Swimming Centre | 8 Naire Road, Woodside SA 5244**

**Short Course Pool (25m)**

Gates Open: 5:00pm Warm Up Starts: 5:00pm Warm Up Finishes: 6:00pm Start Time: 6:00pm

Event Nomination Fees: Individual \$4.00

Pool Entry: Swimmers Free

Free Entry: ASCTA Accredited Coaches | Working Technical Officials

### Awards & Recognition

All individual points scored at these meets will accumulate towards the end of season Club Development and Club Handicap Pennant

### Entry Information

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**Closing Date: Monday, 27 February 2023 at 8:00pm**

**Entry Method: Entries via SWIM CENTRAL**

**Website: <https://edsa.swimming.org.au/>**

Individuals may enter up to 4 Events plus 2 Relays

Clubs or districts may enter a maximum of 2 teams per relay Event

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## EVENT LIST

- 1 Mixed 400 Freestyle
- 2 Mixed 10 & Under 50 Breaststroke
- 3 Mixed 11 & Over 50 Breaststroke
- 4 Mixed 10 & Under 100 Breaststroke
- 5 Mixed 11 & Over 100 Breaststroke
- 6 Mixed 10 & Under 25 Breaststroke
- 7 Mixed 11 & Over 25 Breaststroke
- 8 Mixed 200 Breaststroke
- 9 Mixed 200 Individual Medley
- 10 Mixed 10 & Under 50 Freestyle
- 11 Mixed 11 & Over 50 Freestyle
- 12 Mixed 10 & Under 100 Freestyle
- 13 Mixed 11 & Over 100 Freestyle
- 14 Mixed 10 & Under 25 Freestyle
- 15 Mixed 11 & Over 25 Freestyle
- 16 Mixed 200 Freestyle
- 17 Mixed 10 & Under 100 Individual Medley
- 18 Mixed 11 & Over 100 Individual Medley
- 19 Mixed 10 & Under 50 Backstroke
- 20 Mixed 11 & Over 50 Backstroke
- 21 Mixed 10 & Under 100 Backstroke
- 22 Mixed 11 & Over 100 Backstroke
- 23 Mixed 10 & Under 25 Backstroke
- 24 Mixed 11 & Over 25 Backstroke
- 26 Mixed 200 Backstroke
- 27 Mixed 10 & Under 50 Butterfly
- 28 Mixed 11 & Over 50 Butterfly
- 29 Mixed 10 & Under 100 Butterfly
- 30 Mixed 11 & Over 100 Butterfly
- 31 Mixed 10 & Under 25 Butterfly
- 32 Mixed 11 & Over 25 Butterfly
- 33 Mixed 200 Butterfly
- 34 Mixed 200 Medley Relay
- 35 Mixed 200 Freestyle Relay