

2022 SA Country Championships - 06-Jan-22 to 09-Jan-22**Session Report**

Session: 1 2022 Country Championships - Session 1

Day of Meet: 1 Starts at 04:15 PM Heat Interval: 60 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------|--|---------|-------|-----------|-------|
| Finals | 1 Mixed 200 Medley Relay | 20 | 3 | 04:15 PM | _____ |
| Finals | 2 Mixed 8 & Under 50 Butterfly Time Trial | 5 | 1 | 04:27 PM | _____ |
| Finals | 3 Mixed 9 Year Olds 50 Butterfly Time Trial | 13 | 2 | 04:30 PM | _____ |
| Finals | 4 Mixed 10 Year Olds 50 Butterfly Time Trial | 17 | 3 | 04:34 PM | _____ |
| Finals | 5 Mixed 11 Year Olds 50 Butterfly Time Trial | 14 | 2 | 04:41 PM | _____ |
| Finals | 6 Mixed 8 & Under 50 Backstroke Time Trial | 18 | 3 | 04:45 PM | _____ |
| Finals | 7 Mixed 9 Year Olds 50 Backstroke Time Trial | 21 | 3 | 04:52 PM | _____ |
| Finals | 8 Mixed 10 Year Olds 50 Backstroke Time Trial | 25 | 4 | 04:58 PM | _____ |
| Finals | 9 Mixed 11 Year Olds 50 Backstroke Time Trial | 17 | 3 | 05:07 PM | _____ |
| Finals | 10 Mixed 14 & Over 1500 Freestyle | 13 | 2 | 05:13 PM | _____ |
| Finals | 11 Mixed 8 & Under 50 Breaststroke Time Trial | 15 | 2 | 05:56 PM | _____ |
| | Presentation: 5 Minutes: | | | | |
| Finals | 12 Mixed 9 Year Olds 50 Breaststroke Time Trial | 21 | 3 | 06:06 PM | _____ |
| Finals | 13 Mixed 10 Year Olds 50 Breaststroke Time Trial | 26 | 4 | 06:12 PM | _____ |
| Finals | 14 Mixed 11 Year Olds 50 Breaststroke Time Trial | 21 | 3 | 06:21 PM | _____ |
| Finals | 15 Mixed 8 & Under 50 Freestyle Time Trial | 19 | 3 | 06:28 PM | _____ |
| Finals | 16 Mixed 9 Year Olds 50 Freestyle Time Trial | 22 | 3 | 06:34 PM | _____ |
| Finals | 17 Mixed 10 Year Olds 50 Freestyle Time Trial | 23 | 3 | 06:39 PM | _____ |
| Finals | 18 Mixed 11 Year Olds 50 Freestyle Time Trial | 24 | 3 | 06:45 PM | _____ |
| Finals | 19 Mixed 200 Freestyle Relay | 21 | 3 | 06:51 PM | _____ |
| | Swimmers Counts for Warm-ups: 191 | ===== | ===== | | |
| | Entry / Heat Totals: | 355 | 53 | | |
| | Finish Time | | | 07:01 PM | _____ |

2022 SA Country Championships - 06-Jan-22 to 09-Jan-22**Session Report**

Session: 2 2022 Country Championships - Session 2

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 50 Seconds

| Round | Event | Entries | Heats | Starts at | |
|---------|--|---------|-------|-----------|-------|
| Prelims | 20 Female 10-13 100 Breaststroke | 47 | 6 | 08:30 AM | _____ |
| Prelims | 21 Female 14 & Over 100 Breaststroke | 57 | 8 | 08:46 AM | _____ |
| Prelims | 22 Male 10-13 100 Breaststroke | 26 | 4 | 09:06 AM | _____ |
| Prelims | 23 Male 14 & Over 100 Breaststroke | 36 | 5 | 09:17 AM | _____ |
| Finals | 24 Mixed 100 Breaststroke Multi-Class | 4 | 1 | 09:28 AM | _____ |
| Prelims | 25 Female 10-13 50 Freestyle | 60 | 8 | 09:32 AM | _____ |
| Prelims | 26 Female 14 & Over 50 Freestyle | 71 | 9 | 09:43 AM | _____ |
| Prelims | 27 Male 10-13 50 Freestyle | 42 | 6 | 09:56 AM | _____ |
| Prelims | 28 Male 14 & Over 50 Freestyle | 57 | 8 | 10:04 AM | _____ |
| Finals | 29 Mixed 50 Freestyle Multi-Class | 7 | 1 | 10:15 AM | _____ |
| Prelims | 30 Female 10-13 100 Backstroke | 60 | 8 | 10:17 AM | _____ |
| Prelims | 31 Female 14 & Over 100 Backstroke | 45 | 6 | 10:37 AM | _____ |
| Prelims | 32 Male 10-13 100 Backstroke | 36 | 5 | 10:51 AM | _____ |
| Prelims | 33 Male 14 & Over 100 Backstroke | 38 | 5 | 11:03 AM | _____ |
| Finals | 34 Mixed 100 Backstroke Multi-Class | 5 | 1 | 11:14 AM | _____ |
| Finals | 35 Female 12 & Over 400 Freestyle | 32 | 4 | 11:17 AM | _____ |
| Finals | 36 Male 12 & Over 400 Freestyle | 23 | 3 | 11:43 AM | _____ |
| Finals | 37 Mixed 400 Freestyle Multi-Class | 4 | 1 | 12:02 PM | _____ |
| Finals | 38 Female 400 Freestyle Relay | 10 | 2 | 12:11 PM | _____ |
| Finals | 39 Male 400 Freestyle Relay | 9 | 2 | 12:23 PM | _____ |
| Finals | 40 Mixed 400 Freestyle Relay Multi-Class | 1 | 1 | 12:33 PM | _____ |
| | Swimmers Counts for Warm-ups: 298 | ===== | ===== | | |
| | Entry / Heat Totals: | 670 | 94 | | |
| | Finish Time | | | 12:40 PM | _____ |

2022 SA Country Championships - 06-Jan-22 to 09-Jan-22**Session Report**

Session: 3 2022 Country Championships - Session 3

Day of Meet: 2 Starts at 04:30 PM Heat Interval: 90 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------|---------------------------------------|---------|-------|-----------|-------|
| Finals | 20 Female 10-13 100 Breaststroke | 16 | 2 u | 04:30 PM | _____ |
| Finals | 21 Female 14 & Over 100 Breaststroke | 24 | 3 u | 04:37 PM | _____ |
| Finals | 22 Male 10-13 100 Breaststroke | 16 | 2 u | 04:45 PM | _____ |
| Finals | 23 Male 14 & Over 100 Breaststroke | 24 | 3 u | 04:52 PM | _____ |
| Finals | 25 Female 10-13 50 Freestyle | 24 | 3 u | 05:00 PM | _____ |
| Finals | 26 Female 14 & Over 50 Freestyle | 32 | 4 u | 05:06 PM | _____ |
| Finals | 27 Male 10-13 50 Freestyle | 24 | 3 u | 05:14 PM | _____ |
| Finals | 28 Male 14 & Over 50 Freestyle | 32 | 4 u | 05:20 PM | _____ |
| Finals | 30 Female 10-13 100 Backstroke | 16 | 2 u | 05:28 PM | _____ |
| Finals | 31 Female 14 & Over 100 Backstroke | 24 | 3 u | 05:34 PM | _____ |
| Finals | 32 Male 10-13 100 Backstroke | 16 | 2 u | 05:42 PM | _____ |
| Finals | 33 Male 14 & Over 100 Backstroke | 24 | 3 u | 05:48 PM | _____ |
| Finals | 41 Female 11-14 200 IM | 64 | 8 | 05:56 PM | _____ |
| Finals | 42 Female 15 & Over 200 IM | 25 | 4 | 06:34 PM | _____ |
| Finals | 43 Male 400 Medley Relay | 8 | 1 | 06:52 PM | _____ |
| Finals | 44 Female 400 Medley Relay | 10 | 2 | 06:59 PM | _____ |
| Finals | 45 Mixed 400 Medley Relay Multi-Class | 1 | 1 | 07:13 PM | _____ |
| | Swimmers Counts for Warm-ups: 191 | ===== | ===== | | |
| | Entry / Heat Totals: | 380 | 50 | | |
| | Finish Time | | | 07:22 PM | _____ |

2022 SA Country Championships - 06-Jan-22 to 09-Jan-22**Session Report**

Session: 4 2022 Country Championships - Session 4

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 50 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|---------------------------------------|----------------|--------------|------------------|-------|
| Finals | 46 Female 11-14 200 Freestyle | 64 | 8 | 08:30 AM | _____ |
| Finals | 47 Female 15 & Over 200 Freestyle | 31 | 4 | 09:00 AM | _____ |
| Prelims | 48 Male 10-13 50 Butterfly | 31 | 4 | 09:15 AM | _____ |
| Prelims | 49 Male 14 & Over 50 Butterfly | 52 | 7 | 09:21 AM | _____ |
| Prelims | 50 Female 10-13 50 Butterfly | 48 | 6 | 09:30 AM | _____ |
| Prelims | 51 Female 14 & Over 50 Butterfly | 59 | 8 | 09:39 AM | _____ |
| Finals | 52 Mixed 50 Butterfly Multi-Class | 5 | 1 | 09:51 AM | _____ |
| Finals | 53 Male 12 & Over 200 Breaststroke | 19 | 3 | 09:53 AM | _____ |
| Finals | 54 Mixed 12 & Over 800 Freestyle | 13 | 2 | 10:05 AM | _____ |
| Prelims | 55 Male 10-13 50 Backstroke | 32 | 4 | 10:28 AM | _____ |
| Prelims | 56 Male 14 & Over 50 Backstroke | 51 | 7 | 10:35 AM | _____ |
| Prelims | 57 Female 10-13 50 Backstroke | 56 | 7 | 10:45 AM | _____ |
| Prelims | 58 Female 14 & Over 50 Backstroke | 63 | 8 | 10:56 AM | _____ |
| Finals | 59 Mixed 50 Backstroke Multi-Class | 7 | 1 | 11:08 AM | _____ |
| Finals | 60 Male 12 & Over 200 Butterfly | 7 | 1 | 11:10 AM | _____ |
| Finals | 61 Female 12 & Over 200 Butterfly | 8 | 1 | 11:14 AM | _____ |
| Finals | 62 Male 200 Medley Relay | 11 | 2 | 11:18 AM | _____ |
| Finals | 63 Female 200 Medley Relay | 14 | 2 | 11:25 AM | _____ |
| Finals | 64 Mixed 200 Medley Relay Multi-Class | 1 | 1 | 11:31 AM | _____ |
| | Swimmers Counts for Warm-ups: 275 | ===== | ===== | | |
| | Entry / Heat Totals: | 572 | 77 | | |
| | Finish Time | | | 11:35 AM | _____ |

2022 SA Country Championships - 06-Jan-22 to 09-Jan-22**Session Report**

Session: 5 2022 Country Championships - Session 5

Day of Meet: 3 Starts at 04:30 PM Heat Interval: 90 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------|--------------------------------------|---------|-------|-----------|-------|
| Finals | 65 Male 11-14 200 Freestyle | 33 | 5 | 04:30 PM | _____ |
| Finals | 66 Male 15 & Over 200 Freestyle | 32 | 4 | 04:52 PM | _____ |
| Finals | 67 Mixed 200 Freestyle Multi-Class | 5 | 1 | 05:08 PM | _____ |
| Finals | 68 Female 12 & Over 200 Breaststroke | 29 | 4 | 05:14 PM | _____ |
| Finals | 48 Male 10-13 50 Butterfly | 24 | 3 u | 05:33 PM | _____ |
| Finals | 49 Male 14 & Over 50 Butterfly | 32 | 4 u | 05:39 PM | _____ |
| Finals | 50 Female 10-13 50 Butterfly | 24 | 3 u | 05:47 PM | _____ |
| Finals | 51 Female 14 & Over 50 Butterfly | 32 | 4 u | 05:54 PM | _____ |
| Finals | 55 Male 10-13 50 Backstroke | 24 | 3 u | 06:02 PM | _____ |
| Finals | 56 Male 14 & Over 50 Backstroke | 32 | 4 u | 06:08 PM | _____ |
| Finals | 57 Female 10-13 50 Backstroke | 24 | 3 u | 06:16 PM | _____ |
| Finals | 58 Female 14 & Over 50 Backstroke | 32 | 4 u | 06:23 PM | _____ |
| Finals | 69 Male 11-14 200 IM | 26 | 4 | 06:31 PM | _____ |
| Finals | 70 Male 15 & Over 200 IM | 25 | 4 | 06:50 PM | _____ |
| Finals | 71 Mixed 200 IM Multi-Class | 4 | 1 | 07:07 PM | _____ |
| Finals | 72 Female 8-12 200 Freestyle Relay | 11 | 2 | 07:13 PM | _____ |
| Finals | 73 Male 8-12 200 Freestyle Relay | 5 | 1 | 07:22 PM | _____ |
| Finals | 74 Female 10-14 200 Freestyle Relay | 12 | 2 | 07:26 PM | _____ |
| Finals | 75 Male 10-14 200 Freestyle Relay | 8 | 1 | 07:34 PM | _____ |
| Finals | 76 Female 12-16 200 Freestyle Relay | 12 | 2 | 07:38 PM | _____ |
| Finals | 77 Male 12-16 200 Freestyle Relay | 7 | 1 | 07:46 PM | _____ |
| Finals | 78 Female 14-18 200 Freestyle Relay | 8 | 1 | 07:50 PM | _____ |
| Finals | 79 Male 14-18 200 Freestyle Relay | 6 | 1 | 07:53 PM | _____ |
| | Swimmers Counts for Warm-ups: 292 | ===== | ===== | | |
| | Entry / Heat Totals: | 447 | 62 | | |
| | Finish Time | | | 07:57 PM | _____ |

2022 SA Country Championships - 06-Jan-22 to 09-Jan-22**Session Report**

Session: 6 2022 Country Championships - Session 6

Day of Meet: 4 Starts at 08:30 AM Heat Interval: 50 Seconds

| Round | Event | Entries | Heats | Starts at | |
|---------|--|---------|-------|-----------|-------|
| Prelims | 80 Female 10-13 50 Breaststroke | 51 | 7 | 08:30 AM | _____ |
| Prelims | 81 Female 14 & Over 50 Breaststroke | 62 | 8 | 08:42 AM | _____ |
| Prelims | 82 Male 10-13 50 Breaststroke | 29 | 4 | 08:55 AM | _____ |
| Prelims | 83 Male 14 & Over 50 Breaststroke | 54 | 7 | 09:01 AM | _____ |
| Finals | 84 Mixed 50 Breaststroke Multi-Class | 7 | 1 | 09:12 AM | _____ |
| Prelims | 85 Female 10-13 100 Freestyle | 54 | 7 | 09:15 AM | _____ |
| Prelims | 86 Female 14 & Over 100 Freestyle | 72 | 9 | 09:30 AM | _____ |
| Prelims | 87 Male 10-13 100 Freestyle | 45 | 6 | 09:49 AM | _____ |
| Prelims | 88 Male 14 & Over 100 Freestyle | 62 | 8 | 10:02 AM | _____ |
| Finals | 89 Mixed 100 Freestyle Multi-Class | 6 | 1 | 10:18 AM | _____ |
| Prelims | 90 Female 10-13 100 Butterfly | 32 | 4 | 10:21 AM | _____ |
| Prelims | 91 Female 14 & Over 100 Butterfly | 28 | 4 | 10:31 AM | _____ |
| Finals | 92 Mixed 100 Butterfly Multi-Class | 1 | 1 | 10:40 AM | _____ |
| Prelims | 93 Male 10-13 100 Butterfly | 17 | 3 | 10:43 AM | _____ |
| Prelims | 94 Male 14 & Over 100 Butterfly | 29 | 4 | 10:50 AM | _____ |
| Finals | 95 Female 12 & Over 400 IM | 15 | 2 | 10:59 AM | _____ |
| Finals | 96 Male 12 & Over 400 IM | 12 | 2 | 11:14 AM | _____ |
| Finals | 97 Female 200 Freestyle Relay | 17 | 3 | 11:27 AM | _____ |
| Finals | 98 Male 200 Freestyle Relay | 14 | 2 | 11:37 AM | _____ |
| Finals | 99 Mixed 200 Freestyle Relay Multi-Class | 1 | 1 | 11:43 AM | _____ |
| | Swimmers Counts for Warm-ups: 296 | ===== | ===== | | |
| | Entry / Heat Totals: | 608 | 84 | | |
| | Finish Time | | | 11:46 AM | _____ |

2022 SA Country Championships - 06-Jan-22 to 09-Jan-22**Session Report**

Session: 7 2022 Country Championships - Session 7

Day of Meet: 4 Starts at 02:30 PM Heat Interval: 90 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|-------------------------------------|----------------|--------------|------------------|-------|
| Finals | 80 Female 10-13 50 Breaststroke | 24 | 3 u | 02:30 PM | _____ |
| Finals | 81 Female 14 & Over 50 Breaststroke | 32 | 4 u | 02:37 PM | _____ |
| Finals | 82 Male 10-13 50 Breaststroke | 24 | 3 u | 02:46 PM | _____ |
| Finals | 83 Male 14 & Over 50 Breaststroke | 32 | 4 u | 02:53 PM | _____ |
| Finals | 85 Female 10-13 100 Freestyle | 16 | 2 u | 03:01 PM | _____ |
| Finals | 86 Female 14 & Over 100 Freestyle | 24 | 3 u | 03:06 PM | _____ |
| Finals | 87 Male 10-13 100 Freestyle | 16 | 2 u | 03:14 PM | _____ |
| Finals | 88 Male 14 & Over 100 Freestyle | 24 | 3 u | 03:19 PM | _____ |
| Finals | 90 Female 10-13 100 Butterfly | 16 | 2 u | 03:27 PM | _____ |
| Finals | 91 Female 14 & Over 100 Butterfly | 24 | 3 u | 03:33 PM | _____ |
| Finals | 93 Male 10-13 100 Butterfly | 16 | 2 u | 03:41 PM | _____ |
| Finals | 94 Male 14 & Over 100 Butterfly | 24 | 3 u | 03:47 PM | _____ |
| Finals | 100 Female 12 & Over 200 Backstroke | 29 | 4 | 03:55 PM | _____ |
| Finals | 101 Male 12 & Over 200 Backstroke | 27 | 4 | 04:13 PM | _____ |
| Finals | 102 Female 8-12 200 Medley Relay | 11 | 2 | 04:30 PM | _____ |
| Finals | 103 Male 8-12 200 Medley Relay | 5 | 1 | 04:40 PM | _____ |
| Finals | 104 Female 10-14 200 Medley Relay | 11 | 2 | 04:45 PM | _____ |
| Finals | 105 Male 10-14 200 Medley Relay | 8 | 1 | 04:54 PM | _____ |
| Finals | 106 Female 12-16 200 Medley Relay | 11 | 2 | 04:59 PM | _____ |
| Finals | 107 Male 12-16 200 Medley Relay | 5 | 1 | 05:07 PM | _____ |
| Finals | 108 Female 14-18 200 Medley Relay | 7 | 1 | 05:11 PM | _____ |
| Finals | 109 Male 14-18 200 Medley Relay | 5 | 1 | 05:15 PM | _____ |
| | Swimmers Counts for Warm-ups: 275 | ===== | ===== | | |
| | Entry / Heat Totals: | 391 | 53 | | |
| | Finish Time | | | 05:19 PM | _____ |