

## 2025 Country Championships Qualifying Times

### FEMALE

Distance	Stroke	11yrs	12yrs	12-13yrs	13yrs	14yrs	14-15yrs	15yrs	16-17yrs	16yrs&O	18yrs&O	Open (12+)
50	Free	37.75	35.50		34.00	33.80		33.50	33.00		32.80	
100	Free	1:28.00		1:20.00			1:19.50		1:19.00		1:18.00	
200	Free	3:17.00		3:10.00			3:06.00		3:01.50		2:54.00	
400	Free			6:15.00			6:01.00			5:56.00		
800	Free											11:27.00
1500	Free											21:38.00
50	Back	47.25	43.25		42.30	42.20		42.00	41.50		41.00	
100	Back	1:47.00		1:38.00			1:37.00		1:36.00		1:33.00	
200	Back											3:13.00
50	Breast	52.50	48.75		47.15	47.00		46.75	46.50		44.75	
100	Breast	1:53.00		1:50.00			1:47.00		1:46.00		1:44.00	
200	Breast											3:32.00
50	Fly	45.25	42.25		40.75	40.35		40.00	39.50		37.50	
100	Fly	2:00.00		1:50.00			1:45.00		1:35.00		1:33.00	
200	Fly											3:26.00
200	IM	3:28.00		3:25.00			3:22.50		3:19.00		3:17.00	
400	IM			7:15.00			7:01.00			6:50.00		

### MALE

Distance	Stroke	11yrs	12yrs	12-13yrs	13yrs	14yrs	14-15yrs	15yrs	16-17yrs	16yrs&O	18yrs&O	Open (12+)
50	Free	39.25	36.75		34.25	32.75		31.75	30.25		28.75	
100	Free	1:36.00		1:25.00			1:15.80		1:14.30		1:13.80	
200	Free	3:02.00		2:57.00			2:54.00		2:49.00		2:44.00	
400	Free			5:57.00			5:43.00			5:19.00		
800	Free											10:54.0
1500	Free											21:28.00
50	Back	47.25	44.75		39.75	39.50		39.35	39.10		37.75	
100	Back	1:54.00		1:38.00			1:32.00		1:28.00		1:26.00	
200	Back											3:01.00
50	Breast	52.25	49.75		46.50	46.00		42.75	42.50		40.50	
100	Breast	2:00.00		1:47.00			1:41.00		1:36.00		1:34.00	
200	Breast											3:26.00
50	Fly	46.75	43.00		42.50	41.15		40.25	37.50		32.50	
100	Fly	2:04.00		1:47.00			1:36.00		1:29.00		1:26.00	
200	Fly											3:10.00
200	IM	3:28.00		3:25.00			3:12.00		3:00.00		2:57.00	
400	IM			6:56.00			6:42.00			6:31.00		