

**EVERY SWIM IS A FINAL.**  
**EVERY LANE COUNTS. EVERY FINISH COUNTS.**

**SHORT COURSE**  
**SLAM**



**2025 SOUTH AUSTRALIAN  
SHORT COURSE CHAMPIONSHIPS**

**EVENT GUIDE**

The **2025 South Australian Short Course Championships** takes over the SA Aquatic & Leisure Centre this August, across two big competitions with high-stakes, timed-final racing. No heats. No second chances. Every lane, every second counts.



### 4 x 50 RELAYS

Sun 17 Aug 2025

Racing starts 10:30am

### INDIVIDUALS+ 4 x 100 RELAYS

Fri 29 - Sun 31 Aug 2025

Day sessions start 8:30am | Night sessions start 5:00pm



[events@sa.swimming.org.au](mailto:events@sa.swimming.org.au)

+61 8 7123 0848

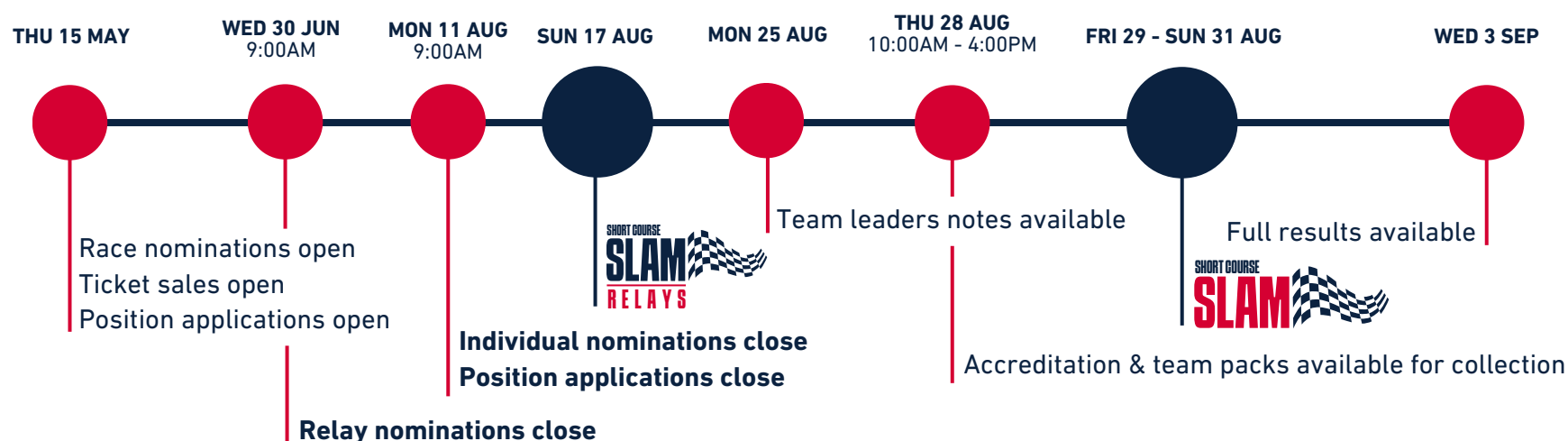
[sa.swimming.org.au](http://sa.swimming.org.au)



**SA Aquatic & Leisure Centre**

443 Morphett Road, Oaklands Park

This event sits within the performance tier of South Australia's competition pathway. It highlights our best emerging athletes and prepares swimmers for the next step in their development. Participation is subject to qualifying times.



All events will be conducted as timed finals.

Detailed session timelines will be available from the SwimmingSA website closer to the competition.

The full program of events and qualifying criteria is now available from Swim Central and the SwimmingSA website.

# BUY YOUR TICKETS NOW

Spectator tickets and program pre-orders are available now on Swim Central.

All tickets must be purchased online - there will be no door sales at the venue.

**SWIM  
CENTRAL**

# NOMINATIONS UPDATE

If you're planning to swim, make sure you've nominated on time.

All nominations must be submitted via Swim Central by 9:00am on Monday, 11 August 2025. Late nominations can't be accepted, so please get yours in early to avoid missing out.

**If you've already nominated and then qualify for a new event at the State Prep Meet on 16 August, you'll have a special window to add that event to your program. This will open after the meet and close at 9:00am on Monday, 18 August.**

**Please note:** This additional window is only for swimmers who have already nominated. New swimmers cannot nominate after the closing date. Seed times will also not be updated from the State Prep Meet for events already nominated.

# INFORMATION SPECIFIC TO RELAY DAY

## ACCREDITATION & ACCESS

Accreditation will not be issued for Sunday 17 August. Access restrictions to the back of house and competition areas still apply, and a ticket is required for spectators to access the venue.

## BACKSTROKE LEDGES

In accordance with our Event By-Laws, backstroke ledges are not be used in age relays and therefore will not be available for use at the relay championships. Ledges are permitted to be used in the open medley relays only, located within the individual event program from 29 - 31 August.

## MARCH ON & CEREMONY

As is tradition at the Short Course Championships each year, all teams are invited to take part in the March On. Marshalling will begin at 10:00am in the ground floor corridor near the change rooms and marshalling room. Team representatives are asked to locate their meeting point as marked in the corridor and prepare to march on to pool deck at the start of the ceremony.



**DOORS OPEN**  
9:00AM



**WARM UP**  
9:15AM - 10:00AM



**MARCH ON**  
10:15AM  
**ASSEMBLE AT**  
10:00AM



**RACING**  
FROM 10:30AM

# RELAYS EXCLUSIVE MERCHANDISE



Official 2025 Short Course Slam merchandise is on the way, designed for swimmers and supporters who want to celebrate the moment and show their support in style.

Thanks to our partners at **Team Elite**, this year's drop includes a relay day exclusive t-shirt, featuring the names of all swimmers competing. It's a one-off relay exclusive you'll want to get your hands on because if you're in, you're on it.

**Pre-orders open soon, so keep an eye out and be ready to grab yours before they're gone.**



## COMPETITION INFORMATION

### QUALIFYING TIMES & NOMINATIONS

Only athletes who have achieved the published qualifying times within the eligibility window (1 October 2023 - closing date) are eligible to nominate. All nominations must be completed through Swim Central by the closing date. Unconverted long course qualifying times are permitted.

### MARSHALLING

Athletes must report to marshalling at least 10 minutes prior to the start of the session if they are in the first two events of the session, or no later than two events prior to their own race. Failure to report may result in automatic withdrawal.

### WARM UP & COOL DOWN

Both the competition and training pools will be available during the pre-session warm up periods. Once the competition pool has closed, the training pool will continue to be available for use until 15min after the conclusion of racing. Please follow the instructions and lane designations on pool deck and always exercise caution.

### WITHDRAWALS & PROTESTS

Withdrawals must be submitted to the competition help desk adjacent the control room. Protests must be made in writing and submitted to the competition help desk within 30 minutes of results posting and include a \$100.00 deposit.

### MEDAL CEREMONIES

Athletes must bring their club polo or shirt to marshalling as this will be required for a medal ceremony, which will occur shortly after the event has been finalised. No towels or caps are to be worn on the podium, and athletes who do not have a polo or shirt will not be permitted to take part in their medal ceremony.

### BACKSTROKE LEDGES

Backstroke Ledges will be available for use at the championships, but their use is entirely optional. If you prefer not to use one, simply let the inspector of turns know before your race.

### RULES & REGULATIONS

This championship is conducted under the Swimming SA Swimming Rules and Event By-Laws. These documents outline the formal competition procedures, eligibility criteria, and conduct expectations that apply to all participants. It is essential that all participants read and understand these documents in full prior to the competition. If you require any assistance interpreting the rules, or need clarification on any aspect of the competition, please speak with a SwimmingSA staff member.

## OFFICIAL COMMUNICATION CHANNEL



SwimmingSA will use a public WhatsApp channel to share real-time updates during this competition. This one-way channel is the quickest way to receive key information like, operational updates, program changes, control room calls, results as they are posted. While anyone can join, we recommend all coaches, team managers, and club personnel subscribe and turn on notifications to stay up to date throughout the competition. **Join via the QR code.**

## FOR COACHES & TEAM MANAGERS

### TEAM LEADERS BRIEFING

A single briefing will be held at 7:30am on Friday 29 August in the Marshalling Room. Attendance from at least one team manager is mandatory. Should subsequent briefings be required, these will be called via WhatsApp.

### ACCREDITATION & ACCESS

Only accredited coaches and team managers may access the back of house areas and pool deck. Each team is responsible for distributing their own accreditation, which can be collected as one pack from the SwimmingSA office or event entry. Lost or damaged passes must be reported to event entry. Replacement will incur a \$25.00 fee, payable via Swim Central only if the replacement pass is not returned by the end of the competition, and may require ID verification. All accredited persons must wear their accreditation pass in a visible position at all times whilst in the venue.

### TEAM SEATING & BANNERS

Unreserved seating is available in the main grandstand only. There are no seating modules on pool deck, and bags are only to be stored in the grandstand. A coaches viewing pod will be available on pool deck in front of the marshalling room. Teams are permitted to display one banner per club in the grandstand, provided it is safe and non-intrusive.

## FOR OFFICIALS & VOLUNTEERS

### ROSTER & BRIEFINGS

The officials roster will be available to view on the SwimmingSA website after nominations close, and is updated periodically leading up to the event. Confirmation of your nomination is available on your Swim Central account. Briefings occur 30min prior to the session in the officials room, located in the Function Room on level 2, accessible via the lift or from the main grandstand.

### UNIFORM & REFRESHMENTS

Rostered officials are asked to wear their SwimmingSA white officials polo if they have one, or a generic white shirt with black pants or shorts. Closed-in shoes must be worn on pool deck. Light refreshments will be available in the officials room prior to the session, and water / snacks will be offered during the session.

### ACCREDITATION & ACCESS

Rostered officials will be issued an accreditation, valid for the sessions they are rostered to officiate only. All accredited persons must wear their accreditation pass in a visible position at all times whilst in the venue. Officials will be checked-in at the venue entry point, and are also required to sign in on the roster in the officials room.

**Swimming is powered by volunteers.**  
**Thank you for helping us to bring these championships to life.**

## **SAFETY, MEDICAL & SPORT INTEGRITY**

### **FIRST AID**

Venue staff are trained in first responder care and will be providing general first aid coverage for all people attending the event. If you require assistance, please don't hesitate to approach a staff member. Medical clearance may be required before athletes resume competition.

### **SECURITY**

SwimmingSA are committed to ensuring the safety and security of all participants and attendees. Security staff will be present throughout the event. If you see anything suspicious or require assistance, please notify venue or event staff immediately. Security staff are authorised to restrict access or remove any person violating the rules, policies or procedures set by SwimmingSA or venue management.

### **BEHAVIOURAL GUIDELINES & INTEGRITY FRAMEWORK**

SwimmingSA and Swimming Australia are fully committed to the protection of children, young people, and all members in our sport. We encourage all swimming clubs to familiarise themselves with the relevant policies and to prioritise child safety in every aspect of their operations. We provide children and young people with positive, nurturing experiences and ensuring they are protected from harm. Our goal is to maintain swimming as a safe, fair and inclusive environment for all participants. Every member of the Australian swimming community plays an essential role in upholding these principles. Together, we must champion high behavioural standards in our sport and hold ourselves and others accountable to these standards. This commitment is vital for the well-being of our members, participants and the broader community, as well as the continued success and integrity of our sport.

### **ANTI DOPING**

Sport Integrity Australia has been notified of this event and may be in attendance. Athletes are reminded that it is their responsibility to adhere to all anti-doping and integrity policies. If you have any questions or concerns, please contact your team manager or refer to the Sport Integrity Australia website for further information.

### **LOST PROPERTY**

Lost property during the event (including accreditation passes) can be found at event entry. Any unclaimed items will be handed over to the venue at the end of each day.

### **EMERGENCY**

In the event of an emergency at the venue, please listen carefully to venue announcements and follow the instructions of venue staff.

## MEDIA

### ACCREDITED ACCESS ONLY

Only SwimmingSA staff, authorised photographers and pre-approved media / content creators will be permitted to capture footage or images from the field of play, pool deck areas, or controlled athlete zones. All photographers and videographers (including club representatives) must have a SwimmingSA-issued Media ID, and apply for event accreditation in advance, display their accreditation pass visibly at all times, and comply with the venue access conditions and national integrity framework.

SwimmingSA members may apply for a media accreditation via Swim Central.  
Third-party media can request accreditation via email to [events@sa.swimming.org.au](mailto:events@sa.swimming.org.au)

### SAFE PHOTOGRAPHY OF CHILDREN & YOUNG PEOPLE

When capturing or sharing images of children and young people, SwimmingSA requires all individuals to prioritise the activity, not the individual child, and to use angles and framing that reduce the risk of images being misinterpreted or misused. Where possible, images should focus on swimmers in the water or show them from the shoulders up. Full-body shots or close-ups of a child's face should be avoided. Any person seen taking images in breach of SwimmingSA's policy will be asked to stop immediately and may be required to delete the content. Change room photography is strictly prohibited. Only approved images that positively represent the sport should be shared on social media. All participants and supporters are expected to follow respectful online behaviour and must not engage in negative commentary or trolling of others.

### COMMERCIAL USE & EDITORIAL

Photography and video captured at this event may only be used for personal use (by families and clubs, in line with the above), editorial or news coverage (for accredited media organisations only), and SwimmingSA for promotional or educational purposes. Only accredited content partners may sell photographs, footage or other event-related content. Unauthorised sale or distribution is prohibited.

### HAVE QUESTIONS?

Please speak with a SwimmingSA staff member at event entry or email ahead of time for clarification. We're here to ensure everyone enjoys the event safely and respectfully.

# OFFICIAL PHOTOS

Get Snapt is the official photographer for this championship, capturing all the best moments, including medal presentations, action shots and the atmosphere of the event. Photos will be available online shortly after the competition so you can relive the highlights. If you'd prefer not to have your photo published, please email us at [events@sa.swimming.org.au](mailto:events@sa.swimming.org.au) before the event begins. Please note that SwimmingSA does not permit photography of medal ceremonies from pool deck. As the official photographer for this championship, you can purchase these photos directly from Get Snapt generally within one week of the conclusion.



## TRAVEL & VENUE ACCESS

### PARKING & DROP-OFF

The SA Aquatic & Leisure Centre offers limited on-site parking during events of this scale. Overflow parking is available in surrounding public carparks or streets. Designated drop off zones are located on Morphett Road (near accreditation entry) and Warracowie Way (near Marion Cultural Centre). Please do not drop off or pick up swimmers within the on-site car park. Clubs bringing mini busses or team vans should contact SwimmingSA to register their vehicle to be allocated appropriate space (if available).

### PUBLIC TRANSPORT OPTIONS

Oaklands railway station is a short walk from the venue and is on the Seaford line. Bus stops are located adjacent to the venue on Morphett Road. Plan ahead using Adelaide Metro's Journey Planner.

### LOCAL AMENITIES

Westfield Marion provides food courts, supermarkets, pharmacies and retail. Additional food, medical and service stations are available within a 10-minute radius.

**SWIMMERS  
COACHES  
TEAM SUPPORT**

Use **Accreditation Entry**

**TICKETHOLDERS  
TECHNICAL OFFICIALS**

Use **Event Entry**

**You must have either your ticket or accreditation to access the venue. Tickets are only available on Swim Central.**  
**Need help?** Visit the Accreditation & Ticketing Help Desk at Event Entry, open 15min prior to gates opening each session.

## BROADCAST



Can't make it poolside? We've got you. Every individual race of the Short Course Slam will be broadcast live and free on YouTube, with full replays available on demand. Perfect for friends, family, or anyone who wants to catch the action from anywhere. Share it around, tune in live, or replay your favourite swims anytime.

**We'll post the full broadcast details closer to the event.**



# OFFICIAL MERCHANDISE

Designed for swimmers, families and fans who want to celebrate the Short Course Slam and look good doing it, this official gear drop is all about repping the moment. Our partners Team Elite are delivering a limited run of event merch, including bold t-shirts, premium towels, caps, and a few crowd favourites.

**Pre-orders open soon, so keep an eye out and be ready to grab yours before they're gone.**



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All information in this document is accurate at the time of publication; however, SwimmingSA reserves the right to make updates or changes as required.

We encourage you to regularly check [sa.swimming.org.au](http://sa.swimming.org.au) for the latest event details, updates and announcements to ensure you have the most current information.

