

# STATE PREP MEET

PERFORMANCE (ENDORSED)

## Contact

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SwimmingSA

7123 0848 | [events@sa.swimming.org.au](mailto:events@sa.swimming.org.au)

## Event Information

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**Saturday, 18 February 2023**

**SA Aquatic & Leisure Centre | 443 Morphet Road, Oaklands Park SA 5046**

**Long Course Pool (50m)**

Session 1: Gates Open: 7:30am Warm Up Starts: 7:45am Warm Up Finishes: 8:00am Start Time: 9:00am

Session 2: Gates Open: 2:15pm Warm Up Starts: 2:30pm Warm Up Finishes: 3:15pm Start Time: 3:30pm

Pool Entry & Event Nomination Fees: Prices will be available on Swim Central

Entry: ASCTA Accredited Coaches | Working Technical Officials

## Awards & Recognition

All individual points scored at these meets will accumulate towards the end of season Club Development and Club Handicap Pennant

## Entry Information

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**Closing Date: Wednesday, 1 February 2023 at 9:00am**

**Entry Method: Entries via SWIM CENTRAL**

**Website: [sa.swimming.org.au](http://sa.swimming.org.au)**

This event is open to 11 years & Over only

Maximum entries 3 events per session per swimmer

Time qualifying period 1 October 2020 – close of entries

Time qualifying course – LC times only

# STATE PREP MEET

## EVENT LIST

### Session: 1 Starts at 09:00 AM

|        |                                          | QT      |
|--------|------------------------------------------|---------|
| Finals | 1 Female 11 years 50 Backstroke          | 46.12   |
| Finals | 1 Female 12 years 50 Backstroke          | 44.72   |
| Finals | 1 Female 13 Years 50 Backstroke          | 40.56   |
| Finals | 1 Female 14 Years 50 Backstroke          | 39.00   |
| Finals | 1 Female 15 Years 50 Backstroke          | 37.96   |
| Finals | 1 Female 16 Years 50 Backstroke          | 37.44   |
| Finals | 1 Female 17 & Over 50 Backstroke         | 36.76   |
| Finals | 1 Male 11 years 50 Backstroke            | 49.14   |
| Finals | 1 Male 12 years 50 Backstroke            | 43.45   |
| Finals | 1 Male 13 Years 50 Backstroke            | 39.78   |
| Finals | 1 Male 14 Years 50 Backstroke            | 38.27   |
| Finals | 1 Male 15 Years 50 Backstroke            | 36.92   |
| Finals | 1 Male 16 Years 50 Backstroke            | 35.15   |
| Finals | 1 Male 17 & Over 50 Backstroke           | 33.96   |
| Finals | 2 Female 11 years 200 Freestyle          | 3:04.08 |
| Finals | 2 Female 12 years 200 Freestyle          | 2:47.44 |
| Finals | 2 Female 13 years 200 Freestyle          | 2:40.78 |
| Finals | 2 Female 14 years 200 Freestyle          | 2:34.54 |
| Finals | 2 Female 15 years 200 Freestyle          | 2:29.97 |
| Finals | 2 Female 16 years 200 Freestyle          | 2:27.68 |
| Finals | 2 Female 17 & Over 200 Freestyle         | 2:24.56 |
| Finals | 2 Male 11 years 200 Freestyle            | 3:13.61 |
| Finals | 2 Male 12 years 200 Freestyle            | 2:54.77 |
| Finals | 2 Male 13 years 200 Freestyle            | 2:41.62 |
| Finals | 2 Male 14 years 200 Freestyle            | 2:28.72 |
| Finals | 2 Male 15 years 200 Freestyle            | 2:23.52 |
| Finals | 2 Male 16 years 200 Freestyle            | 2:19.88 |
| Finals | 2 Male 17 & Over 200 Freestyle           | 2:17.28 |
| Finals | 3 Female 11 Years 100 Butterfly          | 1:43.48 |
| Finals | 3 Female 12 Years 100 Butterfly          | 1:32.56 |
| Finals | 3 Female 13 Years 100 Butterfly          | 1:26.32 |
| Finals | 3 Female 14 Years 100 Butterfly          | 1:24.24 |
| Finals | 3 Female 15 Years 100 Butterfly          | 1:21.64 |
| Finals | 3 Female 16 Years 100 Butterfly          | 1:17.74 |
| Finals | 3 Female 17 & Over 100 Butterfly         | 1:15.66 |
| Finals | 3 Male 11 Years 100 Butterfly            | 1:43.48 |
| Finals | 3 Male 12 Years 100 Butterfly            | 1:34.48 |
| Finals | 3 Male 13 Years 100 Butterfly            | 1:27.36 |
| Finals | 3 Male 14 Years 100 Butterfly            | 1:18.73 |
| Finals | 3 Male 15 Years 100 Butterfly            | 1:18.10 |
| Finals | 3 Male 16 Years 100 Butterfly            | 1:14.88 |
| Finals | 3 Male 17 & Over 100 Butterfly           | 1:10.72 |
| Finals | 4 Female 12-13 400 Individual Medley     | 6:27.92 |
| Finals | 4 Female 14-15 400 Individual Medley     | 6:04.00 |
| Finals | 4 Female 16 & Over 400 Individual Medley | 5:56.72 |
| Finals | 4 Male 12-13 400 Individual Medley       | 6:23.24 |
| Finals | 4 Male 14-15 400 Individual Medley       | 5:58.80 |
| Finals | 4 Male 16 & Over 400 Individual Medley   | 5:52.25 |

# STATE PREP MEET

## EVENT LIST

|        |   |                                   |          |
|--------|---|-----------------------------------|----------|
| Finals | 5 | Female 11 Years 50 Freestyle      | 38.27    |
| Finals | 5 | Female 12 Years 50 Freestyle      | 36.66    |
| Finals | 5 | Female 13 Years 50 Freestyle      | 33.80    |
| Finals | 5 | Female 14 Years 50 Freestyle      | 32.03    |
| Finals | 5 | Female 15 Years 50 Freestyle      | 31.41    |
| Finals | 5 | Female 16 Years 50 Freestyle      | 30.99    |
| Finals | 5 | Female 17 & Over 50 Freestyle     | 30.68    |
| Finals | 5 | Male 11 Years 50 Freestyle        | 39.78    |
| Finals | 5 | Male 12 Years 50 Freestyle        | 37.70    |
| Finals | 5 | Male 13 Years 50 Freestyle        | 33.64    |
| Finals | 5 | Male 14 Years 50 Freestyle        | 30.37    |
| Finals | 5 | Male 15 Years 50 Freestyle        | 29.64    |
| Finals | 5 | Male 16 Years 50 Freestyle        | 28.96    |
| Finals | 5 | Male 17 & Over 50 Freestyle       | 27.77    |
| Finals | 6 | Female 12-13 200 Backstroke       | 3:07.62  |
| Finals | 6 | Female 14-15 200 Backstroke       | 2:55.76  |
| Finals | 6 | Female 16 & Over 200 Backstroke   | 2:46.92  |
| Finals | 6 | Male 12-13 200 Backstroke         | 3:07.20  |
| Finals | 6 | Male 14-15 200 Backstroke         | 2:48.74  |
| Finals | 6 | Male 16 & Over 200 Backstroke     | 2:43.28  |
| Finals | 7 | Female 11 Years 100 Breaststroke  | 1:54.56  |
| Finals | 7 | Female 12 Years 100 Breaststroke  | 1:48.16  |
| Finals | 7 | Female 13 Years 100 Breaststroke  | 1:44.00  |
| Finals | 7 | Female 14 Years 100 Breaststroke  | 1:38.07  |
| Finals | 7 | Female 15 Years 100 Breaststroke  | 1:37.34  |
| Finals | 7 | Female 16 Years 100 Breaststroke  | 1:32.04  |
| Finals | 7 | Female 17 & Over 100 Breaststroke | 1:28.92  |
| Finals | 7 | Male 11 Years 100 Breaststroke    | 1:55.96  |
| Finals | 7 | Male 12 Years 100 Breaststroke    | 1:49.92  |
| Finals | 7 | Male 13 Years 100 Breaststroke    | 1:39.58  |
| Finals | 7 | Male 14 Years 100 Breaststroke    | 1:33.91  |
| Finals | 7 | Male 15 Years 100 Breaststroke    | 1:31.26  |
| Finals | 7 | Male 16 Years 100 Breaststroke    | 1:27.26  |
| Finals | 7 | Male 17 & Over 100 Breaststroke   | 1:25.28  |
| Finals | 8 | Female 12 Years 800 Freestyle     | 10:55.08 |
| Finals | 8 | Female 13 Years 800 Freestyle     | 10:55.08 |
| Finals | 8 | Female 14 Years 800 Freestyle     | 10:44.78 |
| Finals | 8 | Female 15 Years 800 Freestyle     | 10:44.78 |
| Finals | 8 | Female 16 Years 800 Freestyle     | 10:40.66 |
| Finals | 8 | Female 17 & Over 800 Freestyle    | 10:40.66 |
| Finals | 8 | Male 12 Years 800 Freestyle       | 11:05.38 |
| Finals | 8 | Male 13 Years 800 Freestyle       | 11:05.38 |
| Finals | 8 | Male 14 Years 800 Freestyle       | 10:36.54 |
| Finals | 8 | Male 15 Years 800 Freestyle       | 10:36.54 |
| Finals | 8 | Male 16 Years 800 Freestyle       | 10:15.94 |
| Finals | 8 | Male 17 & Over 800 Freestyle      | 10:15.94 |

# STATE PREP MEET

## EVENT LIST

### Session: 2 Starts at 03:30 PM

|        |                                     | QT      |
|--------|-------------------------------------|---------|
| Finals | 9 Female 12-13 200 Breaststroke     | 3:32.16 |
| Finals | 9 Female 14-15 200 Breaststroke     | 3:18.64 |
| Finals | 9 Female 16 & Over 200 Breaststroke | 3:13.44 |
| Finals | 9 Male 12-13 200 Breaststroke       | 3:27.48 |
| Finals | 9 Male 14-15 200 Breaststroke       | 3:08.03 |
| Finals | 9 Male 16 & Over 200 Breaststroke   | 3:05.12 |
| Finals | 10 Female 11 Years 50 Butterfly     | 47.00   |
| Finals | 10 Female 12 Years 50 Butterfly     | 40.72   |
| Finals | 10 Female 13 Years 50 Butterfly     | 36.56   |
| Finals | 10 Female 14 Years 50 Butterfly     | 36.30   |
| Finals | 10 Female 15 Years 50 Butterfly     | 35.78   |
| Finals | 10 Female 16 Years 50 Butterfly     | 34.84   |
| Finals | 10 Female 17 & Over 50 Butterfly    | 33.59   |
| Finals | 10 Male 11 Years 50 Butterfly       | 47.06   |
| Finals | 10 Male 12 Years 50 Butterfly       | 40.04   |
| Finals | 10 Male 13 Years 50 Butterfly       | 36.92   |
| Finals | 10 Male 14 Years 50 Butterfly       | 34.74   |
| Finals | 10 Male 15 Years 50 Butterfly       | 33.12   |
| Finals | 10 Male 16 Years 50 Butterfly       | 31.98   |
| Finals | 10 Male 17 & Over 50 Butterfly      | 31.36   |
| Finals | 11 Female 12 Years 400 Freestyle    | 5:32.28 |
| Finals | 11 Female 13 Years 400 Freestyle    | 5:32.28 |
| Finals | 11 Female 14 Years 400 Freestyle    | 5:26.56 |
| Finals | 11 Female 15 Years 400 Freestyle    | 5:26.56 |
| Finals | 11 Female 16 Years 400 Freestyle    | 5:20.32 |
| Finals | 11 Female 17 & Over 400 Freestyle   | 5:20.32 |
| Finals | 11 Male 12 Years 400 Freestyle      | 5:33.06 |
| Finals | 11 Male 13 Years 400 Freestyle      | 5:33.06 |
| Finals | 11 Male 14 Years 400 Freestyle      | 5:06.59 |
| Finals | 11 Male 15 Years 400 Freestyle      | 5:06.59 |
| Finals | 11 Male 16 Years 400 Freestyle      | 4:56.40 |
| Finals | 11 Male 17 & Over 400 Freestyle     | 4:56.40 |
| Finals | 12 Female 11 Years 100 Backstroke   | 1:40.36 |
| Finals | 12 Female 12 Years 100 Backstroke   | 1:33.08 |
| Finals | 12 Female 13 Years 100 Backstroke   | 1:27.15 |
| Finals | 12 Female 14 Years 100 Backstroke   | 1:22.99 |
| Finals | 12 Female 15 Years 100 Backstroke   | 1:22.06 |
| Finals | 12 Female 16 Years 100 Backstroke   | 1:20.96 |
| Finals | 12 Female 17 & Over 100 Backstroke  | 1:17.48 |
| Finals | 12 Male 11 Years 100 Backstroke     | 1:40.36 |
| Finals | 12 Male 12 Years 100 Backstroke     | 1:32.21 |
| Finals | 12 Male 13 Years 100 Backstroke     | 1:26.49 |
| Finals | 12 Male 14 Years 100 Backstroke     | 1:22.16 |
| Finals | 12 Male 15 Years 100 Backstroke     | 1:18.00 |
| Finals | 12 Male 16 Years 100 Backstroke     | 1:16.02 |
| Finals | 12 Male 17 & Over 100 Backstroke    | 1:15.50 |

# STATE PREP MEET

## EVENT LIST

|        |    |                                        |         |
|--------|----|----------------------------------------|---------|
| Finals | 13 | Female 11 Years 50 Breaststroke        | 54.07   |
| Finals | 13 | Female 12 Years 50 Breaststroke        | 50.44   |
| Finals | 13 | Female 13 Years 50 Breaststroke        | 47.32   |
| Finals | 13 | Female 14 Years 50 Breaststroke        | 45.42   |
| Finals | 13 | Female 15 Years 50 Breaststroke        | 44.93   |
| Finals | 13 | Female 16 Years 50 Breaststroke        | 42.69   |
| Finals | 13 | Female 17 & Over 50 Breaststroke       | 41.56   |
| Finals | 13 | Male 11 Years 50 Breaststroke          | 54.34   |
| Finals | 13 | Male 12 Years 50 Breaststroke          | 49.56   |
| Finals | 13 | Male 13 Years 50 Breaststroke          | 45.81   |
| Finals | 13 | Male 14 Years 50 Breaststroke          | 44.04   |
| Finals | 13 | Male 15 Years 50 Breaststroke          | 42.12   |
| Finals | 13 | Male 16 Years 50 Breaststroke          | 40.04   |
| Finals | 13 | Male 17 & Over 50 Breaststroke         | 38.79   |
| Finals | 14 | Female 12-13 200 Butterfly             | 3:15.52 |
| Finals | 14 | Female 14-15 200 Butterfly             | 3:02.00 |
| Finals | 14 | Female 16 & Over 200 Butterfly         | 2:56.80 |
| Finals | 14 | Male 12-13 200 Butterfly               | 3:19.78 |
| Finals | 14 | Male 14-15 200 Butterfly               | 2:58.88 |
| Finals | 14 | Male 16 & Over 200 Butterfly           | 2:47.44 |
| Finals | 15 | Female 11 Years 100 Freestyle          | 1:23.08 |
| Finals | 15 | Female 12 Years 100 Freestyle          | 1:20.08 |
| Finals | 15 | Female 13 Years 100 Freestyle          | 1:12.80 |
| Finals | 15 | Female 14 Years 100 Freestyle          | 1:09.78 |
| Finals | 15 | Female 15 Years 100 Freestyle          | 1:09.26 |
| Finals | 15 | Female 16 Years 100 Freestyle          | 1:07.86 |
| Finals | 15 | Female 17 & Over 100 Freestyle         | 1:06.82 |
| Finals | 15 | Male 11 Years 100 Freestyle            | 1:27.36 |
| Finals | 15 | Male 12 Years 100 Freestyle            | 1:19.04 |
| Finals | 15 | Male 13 Years 100 Freestyle            | 1:12.28 |
| Finals | 15 | Male 14 Years 100 Freestyle            | 1:08.54 |
| Finals | 15 | Male 15 Years 100 Freestyle            | 1:06.20 |
| Finals | 15 | Male 16 Years 100 Freestyle            | 1:04.32 |
| Finals | 15 | Male 17 & Over 100 Freestyle           | 1:01.99 |
| Finals | 16 | Female 11 Years 200 Individual Medley  | 3:27.07 |
| Finals | 16 | Female 12 Years 200 Individual Medley  | 3:08.24 |
| Finals | 16 | Female 13 Years 200 Individual Medley  | 3:02.00 |
| Finals | 16 | Female 14 Years 200 Individual Medley  | 2:56.86 |
| Finals | 16 | Female 15 Years 200 Individual Medley  | 2:54.72 |
| Finals | 16 | Female 16 Years 200 Individual Medley  | 2:51.08 |
| Finals | 16 | Female 17 & Over 200 Individual Medley | 2:46.71 |
| Finals | 16 | Male 11 Years 200 Individual Medley    | 3:32.16 |
| Finals | 16 | Male 12 Years 200 Individual Medley    | 3:12.40 |
| Finals | 16 | Male 13 Years 200 Individual Medley    | 2:57.84 |
| Finals | 16 | Male 14 Years 200 Individual Medley    | 2:49.83 |
| Finals | 16 | Male 15 Years 200 Individual Medley    | 2:45.36 |
| Finals | 16 | Male 16 Years 200 Individual Medley    | 2:39.85 |
| Finals | 16 | Male 17 & Over 200 Individual Medley   | 2:38.70 |

# STATE PREP MEET

## EVENT LIST

|        |    |                                 |          |
|--------|----|---------------------------------|----------|
| Finals | 17 | Female 12-13 1500 Freestyle     | 20:21.45 |
| Finals | 17 | Female 14-15 1500 Freestyle     | 20:13.80 |
| Finals | 17 | Female 16 & Over 1500 Freestyle | 19:53.40 |
| Finals | 17 | Male 12-13 1500 Freestyle       | 19:12.60 |
| Finals | 17 | Male 14-15 1500 Freestyle       | 19:02.40 |
| Finals | 17 | Male 16 & Over 1500 Freestyle   | 18:52.20 |