

**2021 SA State Open & MC SC Championships - 20/08/2021 to 22/08/2021****Session Report**

Session: 1 Session 1

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 45 Seconds

---

Prelims	1	Women 50 Backstroke
Prelims	2	Men 50 Backstroke
Prelims	3	Women 200 Breaststroke
Prelims	4	Men 100 Breaststroke
Finals	5	Mixed 1 & Over 400 Freestyle Multi-Class
Finals-S	6	Women 400 Freestyle
		Break: 5 Minutes: Event 5
Finals-S	7	Men 400 Freestyle
Prelims	8	Women 100 IM
Prelims	9	Men 100 IM
Prelims	10	Women 200 Butterfly
Prelims	11	Men 200 Butterfly
Prelims	12	Women 50 Freestyle
Prelims	13	Men 50 Freestyle

**2021 SA State Open & MC SC Championships - 20/08/2021 to 22/08/2021****Session Report**

Session: 2 Session 2

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 45 Seconds

---

Finals	1	Women 50 Backstroke
Finals	2	Men 50 Backstroke
		Break: 4 Minutes: Event 1
Finals	14	Mixed 1 & Over 50 Backstroke Multi-Class
		Break: 4 Minutes: Event 2
Finals	3	Women 200 Breaststroke
		Break: 4 Minutes: Event 12
Finals	4	Men 100 Breaststroke
		Break: 4 Minutes: Event 3
Finals-2	6	Women 400 Freestyle
		Break: 4 Minutes: Event 4
Finals-2	7	Men 400 Freestyle
		Break: 4 Minutes: Event 6
Finals	8	Women 100 IM
Finals	9	Men 100 IM
Finals	10	Women 200 Butterfly
		Break: 4 Minutes: Event 7
Finals	11	Men 200 Butterfly
		Break: 4 Minutes: Event 8
Finals	12	Women 50 Freestyle
		Break: 4 Minutes: Event 9
Finals	13	Men 50 Freestyle
		Break: 4 Minutes: Event 10
Finals	15	Mixed 1 & Over 50 Freestyle Multi-Class
		Break: 4 Minutes: Event 11
Finals	16	Women 4x100 Medley Relay
		Break: 4 Minutes: Event 13
Finals	17	Men 4x100 Medley Relay
		Break: 8 Minutes: Event 14 & 15

**2021 SA State Open & MC SC Championships - 20/08/2021 to 22/08/2021****Session Report**

Session: 3 Session 3

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 45 Seconds

---

Finals	18	Mixed 1 & Over 100 Freestyle Multi-Class
Prelims	19	Men 100 Freestyle
		Break: 5 Minutes: Event 16
Prelims	20	Women 100 Backstroke
Prelims	21	Men 200 Backstroke
Prelims	22	Women 100 Breaststroke
Prelims	23	Men 50 Breaststroke
Finals-S	24	Women 400 IM
Prelims	25	Men 100 Butterfly
Prelims	26	Women 200 Freestyle
Finals	27	Mixed 1 & Over 200 IM Multi-Class
Prelims	28	Men 200 IM
Prelims	29	Women 50 Butterfly
		Break: 5 Minutes: Event 25
Finals-S	30	Men 1500 Freestyle
Finals	130	Men 400 1500 Free w 400 QT
Finals-S	31	Women 1500 Freestyle
Finals	131	Women 400 1500 Free w 400 QT

**2021 SA State Open & MC SC Championships - 20/08/2021 to 22/08/2021****Session Report**

Session: 4 Session 4

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 45 Seconds

---

Finals	19	Men 100 Freestyle
Finals	20	Women 100 Backstroke Break: 4 Minutes: Event 17
Finals	32	Mixed 1 & Over 100 Backstroke Multi-Class Break: 4 Minutes: Event 18
Finals	21	Men 200 Backstroke Break: 4 Minutes: Event 30
Finals	22	Women 100 Breaststroke Break: 4 Minutes: Event 19
Finals	23	Men 50 Breaststroke Break: 4 Minutes: Event 20
Finals-2	24	Women 400 IM Break: 4 Minutes: Event 21
Finals	25	Men 100 Butterfly Break: 4 Minutes: Event 22
Finals	26	Women 200 Freestyle Break: 4 Minutes: Event 23
Finals	28	Men 200 IM Break: 4 Minutes: Event 24
Finals	33	Mixed 1 & Over 50 Butterfly Multi-Class Break: 4 Minutes: Event 26
Finals	29	Women 50 Butterfly Break: 4 Minutes: Event 31
Finals-1	30	Men 1500 Freestyle Break: 4 Minutes: Event 27
Finals-1	31	Women 1500 Freestyle Break: 4 Minutes: Event 28
Finals	34	Men 4x100 Freestyle Relay Break: 8 Minutes: Event 29 & 32

**2021 SA State Open & MC SC Championships - 20/08/2021 to 22/08/2021****Session Report**

Session: 5 Session 5

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 45 Seconds

---

Prelims	35	Women 100 Freestyle
Prelims	36	Men 200 Freestyle
Finals	37	Mixed 1 & Over 200 Freestyle Multi-Class
Prelims	38	Women 200 IM
Prelims	39	Men 50 Butterfly
Prelims	40	Women 100 Butterfly
Prelims	41	Men 100 Backstroke
Prelims	42	Women 50 Breaststroke
Finals	43	Mixed 1 & Over 50 Breaststroke Multi-Class
Finals-S	44	Men 400 IM
Prelims	45	Women 200 Backstroke
Prelims	46	Men 200 Breaststroke
Finals-S	47	Women 800 Freestyle
Finals	147	Women 400 800 Free w 400 QT
Finals-S	48	Men 800 Freestyle
Finals	148	Men 400 800 Free w 400 QT

**2021 SA State Open & MC SC Championships - 20/08/2021 to 22/08/2021****Session Report**

Session: 6 Session 6

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 45 Seconds

---

Finals	35	Women 100 Freestyle
Finals	36	Men 200 Freestyle Break: 4 Minutes: Event 33
Finals	38	Women 200 IM Break: 4 Minutes: Event 34
Finals	39	Men 50 Butterfly Break: 4 Minutes: Event 36
Finals	40	Women 100 Butterfly Break: 4 Minutes: Event 37
Finals	49	Mixed 1 & Over 100 Butterfly Multi-Class Break: 4 Minutes: Event 38
Finals	41	Men 100 Backstroke Break: 4 Minutes: Event 47
Finals	42	Women 50 Breaststroke Break: 4 Minutes: Event 39
Finals-2	44	Men 400 IM Break: 4 Minutes: Event 40
Finals	45	Women 200 Backstroke Break: 4 Minutes: Event 42
Finals	46	Men 200 Breaststroke Break: 4 Minutes: Event 43
Finals	50	Mixed 1 & Over 100 Breaststroke Multi-Class Break: 4 Minutes: Event 44
Finals-1	47	Women 800 Freestyle Break: 4 Minutes: Event 48
Finals-1	48	Men 800 Freestyle Break: 4 Minutes: Event 45
Finals	51	Women 4x100 Freestyle Relay Break: 8 Minutes: Event 46 & 49