

# SA STATE AGE LC CHAMPIONSHIPS

PERFORMANCE (ENDORSED)

## Contact

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SwimmingSA

7123 0848 | [events@sa.swimming.org.au](mailto:events@sa.swimming.org.au)

## Event Information

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**Thursday – Monday, 4 – 8 March 2021**

**SA Aquatic & Leisure Centre | 443 Morphett Road, Oaklands Park SA 5046**

**Long Course Pool (50m)**

Heat Sessions:	Gates Open: 7:30am	Warm Up: 7:45am	Start Time: 9:00am
Final Sessions:	Gates Open: 3:30pm	Warm Up: 3:45pm	Start Time: 5:00pm

Event Nomination Fees:	Individual \$18.00
Pool Entry:	Swimmers Free   Spectators \$7.50   Children \$3.50
Free Entry:	ASCTA Accredited Coaches   Working Technical Officials

## Awards & Recognition

All 50m & 100m Events:	11   12   13   14   15   16   17 – 18
200m Free & IM:	11 – 12   13   14   15   16   17 – 18
200m Back, Breast, Fly:	12 – 13   14 – 15   16 – 18
400m, 800m 1500m:	12 – 13   14 – 15   16 – 18

## Entry Information

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**Closing Date:** Monday, 15 February 2021 at 12:00pm

**Entry Method:** Entries via SWIM CENTRAL

**Website:** [sa.swimming.org.au](http://sa.swimming.org.au)

Time qualifying period 1 October 2017 – close of entries

Time qualifying course – LC times only

Qualifying times apply to all individual events excluding Multi Class and Relays

400m, 800m and 1500m events will be swum as Timed Finals

# SA STATE LC CHAMPIONSHIPS

## EVENT LIST

### Session: 1 Day of Meet: 1 Starts at 05:00 PM

Finals	1	Men 12-18 800 Freestyle – Slow Heats
Finals	2	Women 12-18 1500 Freestyle – Slow Heats
Finals	3	Men 12-18 400 IM
Finals	4	Women 12-18 400 IM

### Session: 2 Day of Meet: 2 Starts at 09:00 AM

Prelims	5	Women 12-18 200 Breaststroke
Prelims	6	Men 12-18 200 Breaststroke
Prelims	7	Women 11-13 50 Backstroke
Prelims	8	Women 14-18 50 Backstroke
Prelims	9	Men 11-13 50 Backstroke
Prelims	10	Men 14-18 50 Backstroke
Prelims	11	Women 11-13 100 Butterfly
Prelims	12	Women 14-18 100 Butterfly
Prelims	13	Men 11-13 100 Butterfly
Prelims	14	Men 14-18 100 Butterfly
Prelims	15	Women 11-13 200 Freestyle
Prelims	16	Women 14-18 200 Freestyle
Prelims	17	Men 11-13 200 Freestyle
Prelims	18	Men 14-18 200 Freestyle

### Session: 3 Day of Meet: 2 Starts at 05:00 PM

Finals	5	Women 12-18 200 Breaststroke
Finals	6	Men 12-18 200 Breaststroke
Finals	7	Women 11-13 50 Backstroke
Finals	8	Women 14-18 50 Backstroke
Finals	9	Men 11-13 50 Backstroke
Finals	10	Men 14-18 50 Backstroke
Finals	11	Women 11-13 100 Butterfly
Finals	12	Women 14-18 100 Butterfly
Finals	13	Men 11-13 100 Butterfly
Finals	14	Men 14-18 100 Butterfly
Finals	15	Women 11-13 200 Freestyle
Finals	16	Women 14-18 200 Freestyle
Finals	17	Men 11-13 200 Freestyle
Finals	18	Men 14-18 200 Freestyle

# SA STATE LC CHAMPIONSHIPS

## EVENT LIST

### Session: 4 Day of Meet: 3 Starts at 09:00 AM

Prelims	19	Women 11-13 50 Butterfly
Prelims	20	Women 14-18 50 Butterfly
Prelims	21	Men 11-13 50 Butterfly
Prelims	22	Men 14-18 50 Butterfly
Finals-S	23	Women 12-18 400 Freestyle – Slow Heats
Finals-S	24	Men 12-18 400 Freestyle – Slow Heats
Prelims	25	Women 11-13 100 Breaststroke
Prelims	26	Women 14-18 100 Breaststroke
Prelims	27	Men 11-13 100 Breaststroke
Prelims	28	Men 14-18 100 Breaststroke

### Session: 5 Day of Meet: 3 Starts at 05:00 PM

Finals	19	Women 11-13 50 Butterfly
Finals	20	Women 14-18 50 Butterfly
Finals	21	Men 11-13 50 Butterfly
Finals	22	Men 14-18 50 Butterfly
Finals-2	23	Women 12-18 400 Freestyle – Fast Heats
Finals-2	24	Men 12-18 400 Freestyle – Fast Heats
Finals	25	Women 11-13 100 Breaststroke
Finals	26	Women 14-18 100 Breaststroke
Finals	27	Men 11-13 100 Breaststroke
Finals	28	Men 14-18 100 Breaststroke

### Session: 6 Day of Meet: 4 Starts at 09:00 AM

Prelims	29	Men 12-18 200 Backstroke
Prelims	30	Women 12-18 200 Backstroke
Prelims	31	Men 11-13 100 Freestyle
Prelims	32	Men 14-18 100 Freestyle
Prelims	33	Women 11-13 100 Freestyle
Prelims	34	Women 14-18 100 Freestyle
Prelims	35	Men 12-18 200 Butterfly
Prelims	36	Women 12-18 200 Butterfly
Prelims	37	Men 11-13 50 Breaststroke
Prelims	38	Men 14-18 50 Breaststroke
Prelims	39	Women 11-13 50 Breaststroke
Prelims	40	Women 14-18 50 Breaststroke

# SA STATE LC CHAMPIONSHIPS

## EVENT LIST

### Session: 7 Day of Meet: 4 Starts at 05:00 PM

Finals	29	Men 12-18 200 Backstroke
Finals	30	Women 12-18 200 Backstroke
Finals	31	Men 11-13 100 Freestyle
Finals	32	Men 14-18 100 Freestyle
Finals	33	Women 11-13 100 Freestyle
Finals	34	Women 14-18 100 Freestyle
Finals	36	Women 12-18 200 Butterfly
Finals	35	Men 12-18 200 Butterfly
Finals	37	Men 11-13 50 Breaststroke
Finals	38	Men 14-18 50 Breaststroke
Finals	39	Women 11-13 50 Breaststroke
Finals	40	Women 14-18 50 Breaststroke

### Session: 8 Day of Meet: 5 Starts at 08:30 AM

Prelims	41	Men 11-13 50 Freestyle
Prelims	42	Men 14-18 50 Freestyle
Prelims	43	Women 11-13 50 Freestyle
Prelims	44	Women 14-18 50 Freestyle
Prelims	45	Men 11-13 200 IM
Prelims	46	Men 14-18 200 IM
Prelims	47	Women 11-13 200 IM
Prelims	48	Women 14-18 200 IM
Prelims	49	Men 11-13 100 Backstroke
Prelims	50	Men 14-18 100 Backstroke
Prelims	51	Women 11-13 100 Backstroke
Prelims	52	Women 14-18 100 Backstroke
Finals-S	53	Men 12-18 1500 Freestyle – Slow Heats
Finals-S	54	Women 12-18 800 Freestyle – Slow Heats

### Session: 9 Day of Meet: 5 Starts at 05:00 PM

Finals	41	Men 11-13 50 Freestyle
Finals	42	Men 14-18 50 Freestyle
Finals	43	Women 11-13 50 Freestyle
Finals	44	Women 14-18 50 Freestyle
Finals	45	Men 11-13 200 IM
Finals	46	Men 14-18 200 IM
Finals	47	Women 11-13 200 IM
Finals	48	Women 14-18 200 IM
Finals	49	Men 11-13 100 Backstroke
Finals	50	Men 14-18 100 Backstroke
Finals	51	Women 11-13 100 Backstroke
Finals	52	Women 14-18 100 Backstroke
Finals-1	53	Men 12-18 1500 Freestyle – Fast Heat
Finals-1	54	Women 12-18 800 Freestyle – Fast Heat

