Session: 1 2019 SA Country Championships - Session 1 Day of Meet: 1 Starts at 06:00 PM Heat Interval: 50 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	1	Mixed 200 Medley Relay	19	3	06:00 PM	
Finals	2	Mixed 8 & Under 50 Butterfly Time Trial	8	1	06:13 PM	
Finals	3	Mixed 9 Year Olds 50 Butterfly Time Trial	24	3	06:15 PM	
Finals	4	Mixed 10 Year Olds 50 Butterfly Time Trial	19	3	06:21 PM	
Finals	5	Mixed 11 Year Olds 50 Butterfly Time Trial	19	3	06:27 PM	
Finals	6	Mixed 8 & Under 50 Backstroke Time Trial	26	4	06:33 PM	
Finals	7	Mixed 9 Year Olds 50 Backstroke Time Trial	31	4	06:41 PM	
Finals	8	Mixed 10 Year Olds 50 Backstroke Time Trial	26	4	06:49 PM	
Finals	9	Mixed 11 Year Olds 50 Backstroke Time Trial	25	4	06:56 PM	
Finals	11	Mixed 8 & Under 50 Breaststroke Time Trial	22	3	07:04 PM	
Finals	12	Mixed 9 Year Olds 50 Breaststroke Time Trial	33	5	07:10 PM	
Finals	13	Mixed 10 Year Olds 50 Breaststroke Time Trial	31	4	07:21 PM	
Finals	14	Mixed 11 Year Olds 50 Breaststroke Time Trial	32	4	07:29 PM	
Finals	15	Mixed 8 & Under 50 Freestyle Time Trial	27	4	07:37 PM	
Finals	16	Mixed 9 Year Olds 50 Freestyle Time Trial	34	5	07:45 PM	
Finals	17	Mixed 10 Year Olds 50 Freestyle Time Trial	29	4	07:53 PM	
Finals	18	Mixed 11 Year Olds 50 Freestyle Time Trial	23	3	08:00 PM	
Finals	19	Mixed 200 Freestyle Relay	17	3	08:05 PM	
		Swimmers Counts for Warm-ups: 216	====	====		
		Entry / Heat Totals:	445	64		
		Finish Time			08:16 PM	

Session: 2 2019 SA Country Championships - Session 2 Day of Meet: 2 Starts at 08:00 AM Heat Interval: 50 Seconds

Round		Event	Entries	Heats	Starts at	
Prelims	20	Women 10 & Over 100 Breaststroke	99	13	08:00 AM	
Prelims	21	Men 10 & Over 100 Breaststroke	75	10	08:33 AM	
Finals	821	Mixed 100 Breaststroke Multi-Class	4	1	08:59 AM	
Prelims	22	Women 10 & Over 50 Freestyle	121	16	09:02 AM	
Prelims	23	Men 10 & Over 50 Freestyle	92	12	09:24 AM	
Finals	823	Mixed 50 Freestyle Multi-Class	7	1	09:41 AM	
		Presentation: 7 Minutes:				
Prelims	24	Women 10 & Over 100 Backstroke	108	14	09:50 AM	
Prelims	25	Men 10 & Over 100 Backstroke	65	9	10:23 AM	
Finals	825	Mixed 100 Backstroke Multi-Class	3	1	10:44 AM	
Finals	26	Women 12 & Over 400 Freestyle	35	5	10:48 AM	
Finals	27	Men 12 & Over 400 Freestyle	24	3	11:21 AM	
Finals	827	Mixed 400 Freestyle Multi-Class	3	1	11:40 AM	
Finals	28	Women 400 Freestyle Relay	13	2	11:49 AM	
Finals	29	Men 400 Freestyle Relay	8	1	12:03 PM	
		Presentation: 7 Minutes:				
Finals	829	Mixed 300 Freestyle Relay Multi-Class	3	1	12:15 PM	
		Swimmers Counts for Warm-ups: 280	====	====		
		Entry / Heat Totals:	660	90		
		Finish Time			12:21 PM	

Session: 3 2019 SA Country Championships - Session 3 Day of Meet: 2 Starts at 04:30 PM Heat Interval: 45 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	20	Women 10 & Over 100 Breaststroke	40	5 u	04:30 PM	
Finals	21	Men 10 & Over 100 Breaststroke	40	5 u	04:42 PM	
		Presentation: 7 Minutes:				
Finals	22	Women 10 & Over 50 Freestyle	56	7 u	05:00 PM	
		Presentation: 7 Minutes:				
Finals	23	Men 10 & Over 50 Freestyle	56	7 u	05:16 PM	
		Presentation: 7 Minutes:				
Finals	24	Women 10 & Over 100 Backstroke	40	5 u	05:31 PM	
		Presentation: 7 Minutes:				
Finals	25	Men 10 & Over 100 Backstroke	40	5 u	05:49 PM	
		Presentation: 7 Minutes:				
Finals	30	Women 11 & Over 200 IM	72	9	06:06 PM	
		Presentation: 7 Minutes:				
Finals	31	Men 400 Medley Relay	7	1	06:48 PM	
Finals	32	Women 400 Medley Relay	9	2	06:53 PM	
Finals	832	Mixed 300 Medley Relay Multi-Class	3	1	07:07 PM	
		Presentation: 14 Minutes:				
		Swimmers Counts for Warm-ups: 177	====	====		
		Entry / Heat Totals:	363	47		
		Finish Time			07:26 PM	

Session: 4 2019 SA Country Championships - Session 4 Day of Meet: 3 Starts at 08:00 AM Heat Interval: 50 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	33	Women 11 & Over 200 Freestyle	89	12	08:00 AM	
Prelims	34	Men 10 & Over 50 Butterfly	78	10	08:45 AM	
Prelims	35	Women 10 & Over 50 Butterfly	94	12	08:59 AM	
Finals	835	Mixed 50 Butterfly Multi-Class	6	1	09:17 AM	
		Presentation: 7 Minutes:				
Finals	36	Men 200 Breaststroke	21	3	09:26 AM	
Finals	37	Mixed 12 & Over 800 Freestyle	17	3	09:38 AM	
Prelims	38	Men 10 & Over 50 Backstroke	70	9	10:14 AM	
Prelims	39	Women 10 & Over 50 Backstroke	109	14	10:28 AM	
Finals	839	Mixed 50 Backstroke Multi-Class	6	1	10:49 AM	
		Presentation: 7 Minutes:				
Finals	40	Men 200 Butterfly	6	1	10:58 AM	
Finals	41	Women 200 Butterfly	8	1	11:02 AM	
Finals	42	Women 200 Medley Relay	16	2	11:06 AM	
Finals	43	Men 200 Medley Relay	12	2	11:14 AM	
Finals	843	Mixed 150 Medley Relay Multi-Class	3	1	11:21 AM	
		Presentation: 7 Minutes:				
		Swimmers Counts for Warm-ups: 262	====	====		
		Entry / Heat Totals:	535	72		
		Finish Time			11:31 AM	

Session: 5 2019 SA Country Championships - Session 5 Day of Meet: 3 Starts at 04:30 PM Heat Interval: 45 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	44	Men 11 & Over 200 Freestyle	53	7	04:30 PM	
Finals	844	Mixed 200 Freestyle Multi-Class	6	1	04:55 PM	
Finals	45	Women 200 Breaststroke	28	4	04:59 PM	
		Presentation: 7 Minutes:				
Finals	34	Men 10 & Over 50 Butterfly	56	7 u	05:23 PM	
		Presentation: 7 Minutes:				
Finals	35	Women 10 & Over 50 Butterfly	56	7 u	05:39 PM	
		Presentation: 7 Minutes:				
Finals	38	Men 10 & Over 50 Backstroke	56	7 u	05:56 PM	
		Presentation: 7 Minutes:				
Finals	39	Women 10 & Over 50 Backstroke	56	7 u	06:12 PM	
		Presentation: 7 Minutes:				
Finals	46	Men 11 & Over 200 IM	51	7	06:28 PM	
Finals	846	Mixed 200 IM Multi-Class	5	1	06:55 PM	
		Presentation: 7 Minutes:				
Finals	47	Men 8-12 200 Freestyle Relay	11	2	07:07 PM	
Finals	48	Women 8-12 200 Freestyle Relay	14	2	07:14 PM	
Finals	49	Men 10-14 200 Freestyle Relay	7	1	07:22 PM	
Finals	50	Women 10-14 200 Freestyle Relay	11	2	07:25 PM	
		Presentation: 7 Minutes:				
Finals	51	Men 12-16 200 Freestyle Relay	5	1	07:39 PM	
Finals	52	Women 12-16 200 Freestyle Relay	10	2	07:42 PM	
Finals	53	Men 14-18 200 Freestyle Relay	3	1	07:49 PM	
Finals	54	Women 14-18 200 Freestyle Relay	5	1	07:51 PM	
		Presentation: 7 Minutes:				
		Swimmers Counts for Warm-ups: 288	====	====		
		Entry / Heat Totals:	433	60		
		Finish Time			08:01 PM	

Session: 6 2019 SA Country Championships - Session 6 Day of Meet: 4 Starts at 08:00 AM Heat Interval: 50 Seconds

Round		Event	Entries	Heats	Starts at	
Prelims	55	Women 10 & Over 50 Breaststroke	100	13	08:00 AM	
Prelims	56	Men 10 & Over 50 Breaststroke	75	10	08:21 AM	
		Presentation: 7 Minutes:				
Finals	856	Mixed 50 Breaststroke Multi-Class	5	1	08:44 AM	
Prelims	57	Women 10 & Over 100 Freestyle	120	15	08:46 AM	
Prelims	58	Men 10 & Over 100 Freestyle	97	13	09:18 AM	
Finals	858	Mixed 100 Freestyle Multi-Class	6	1	09:45 AM	
Prelims	59	Women 10 & Over 100 Butterfly	60	8	09:48 AM	
Prelims	60	Men 10 & Over 100 Butterfly	50	7	10:07 AM	
Finals	860	Mixed 100 Butterfly Multi-Class	2	1	10:23 AM	
Finals	61	Women 12 & Over 400 IM	13	2	10:26 AM	
Finals	62	Men 12 & Over 400 IM	12	2	10:41 AM	
Finals	63	Women 200 Freestyle Relay	16	2	10:56 AM	
Finals	64	Men 200 Freestyle Relay	11	2	11:03 AM	
Finals	864	Mixed 150 Freestyle Relay Multi-Class	3	1	11:10 AM	
		Presentation: 7 Minutes:				
		Swimmers Counts for Warm-ups: 274	====	====		
		Entry / Heat Totals:	570	78		
		Finish Time			11:20 AM	

Session: 7 2019 SA Country Championships - Session 7 Day of Meet: 4 Starts at 02:00 PM Heat Interval: 45 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	10 Mixed 14 & Over 1500 Freestyle	13	2	02:00 PM	
Finals	55 Women 10 & Over 50 Breaststroke	56	7 u	02:44 PM	
Finals	56 Men 10 & Over 50 Breaststroke Presentation: 7 Minutes:	56	7 u	02:54 PM	
Finals	57 Women 10 & Over 100 Freestyle Presentation: 7 Minutes:	40	5 u	03:11 PM	
Finals	58 Men 10 & Over 100 Freestyle Presentation: 7 Minutes:	40	5 u	03:28 PM	
Finals	59 Women 10 & Over 100 Butterfly Presentation: 7 Minutes:	40	5 u	03:44 PM	
Finals	60 Men 10 & Over 100 Butterfly Presentation: 7 Minutes:	40	5 u	04:01 PM	
Finals	66 Women 200 Backstroke	27	4	04:18 PM	
Finals	67 Men 200 Backstroke Presentation: 7 Minutes:	19	3	04:33 PM	
Finals	68 Women 8-12 200 Medley Relay	16	2	04:51 PM	
Finals	69 Men 8-12 200 Medley Relay	10	2	05:00 PM	
Finals	70 Women 10-14 200 Medley Relay	11	2	05:09 PM	
Finals	71 Men 10-14 200 Medley Relay Presentation: 7 Minutes:	8	1	05:16 PM	
Finals	72 Women 12-16 200 Medley Relay	8	1	05:27 PM	
Finals	73 Men 12-16 200 Medley Relay	6	1	05:30 PM	
Finals	74 Women 14-18 200 Medley Relay	5	1	05:33 PM	
Finals	75 Men 14-18 200 Medley Relay Presentation: 7 Minutes:	3	1	05:37 PM	
	Swimmers Counts for Warm-ups: 278	====	====		
	Entry / Heat Totals: Finish Time	398	54	05:47 PM	