



Diving Back In!

From July 25th Competition is returning in South Australia.

SwimmingSA are pleased to announce the revised 2020 Short Course Competitions Calendar for your enjoyment. As a member of our sport you should be congratulated on your efforts to abide by the social guidelines that have been implemented by our association and clubs and trust you will continue to abide by the Health and Government restrictions as we return to competition. Enclosed you will find initial details about the revamped 2020 Winter Competition Season commencing on July 25th, further details will be available on our website shortly. Please remember to keep up your hygiene practices and remain vigilant as we progress towards the next phase of our return to sport plan.

Best of luck to all athletes and we hope all involved enjoy the reintroduction of competition.

Key Information:

- Winter season commences with 12 sessions of “Diving back in Meets” during July and August
- 2020 Short Course Championships to be held over two weekends in September / October – no relays
- Club carnivals to be rescheduled where possible – details TBC
- Capacity limits currently apply to all events (4 races per swimmer per session at Dive in Meets)
- Maximum 1 parent per swimmer allowed to attend (Must register)
- Social distancing applies at all times (no more than 1 person per 2m² & less in some venues)
- No Cash Sales – All Parents MUST pre-purchase venue entry ticket through Swim Central
- All Coaches, Officials, Team Managers and Carers MUST pre-register online
- Changed Venue Entry/Exit Procedures
- Changed seating/pathways within the Venues

Competitions Calendar

Please note further changes may be required to the calendar to ensure compliance with COVID-19 Pandemic Government Directions. * Times noted are start times, venue entry, warm up times will be circulated to competitors after entries close. ^ Session 4 will only be swum if sessions 1-3 reach capacity.

July 2020

Date	Start Time*	Name	Session	Venue	Registration Link
25/07/2020	10am	Diving Back in Meet 1 Age: 13yrs +	Session 1	SAALC	Click Here
25/07/2020	3:30pm		Session 2	SAALC	Click Here
26/07/2020	10am		Session 3	SAALC	Click Here
26/07/2020	3:30pm		Session 4^	SAALC	

August 2020

Date	Start Time*	Name	Session	Venue	Registration Link
1/08/2020	10am	Diving Back in Meet 2 Age: 8-12yrs	Session 1	SAALC	Click Here
1/08/2020	3:30pm		Session 2	SAALC	Click Here
2/08/2020	10am		Session 3	SAALC	Click Here
2/08/2020	3:30pm		Session 4^	SAALC	

8/08/2020	10am	Diving Back in Meet 3 Age: 8-12yrs	Session 1	SAALC	Click Here
8/08/2020	3:30pm		Session 2	SAALC	Click Here
9/08/2020	10am		Session 3	SAALC	Click Here
9/08/2020	3:30pm		Session 4^	SAALC	

15/08/2020	10am	Diving Back in Meet 4 Age: 13yrs +	Session 1	SAALC	Click Here
15/08/2020	3:30pm		Session 2	SAALC	Click Here
16/08/2020	10am		Session 3	SAALC	Click Here
16/08/2020	3:30pm		Session 4^	SAALC	

23/08/2020	TBC	Club Carnival 1	TBC	TBC	Details available on Swim Central soon
29/08/2020	TBC	Club Carnival 2	TBC	TBC	
30/08/2020	TBC	Club Carnival 3	TBC	TBC	

September 2020

Date	Start Time*	Name	Session	Venue	
05/09/2020	TBC	Club Carnival 4	TBC	TBC	Details available on Swim Central Soon
12/09/2020	9am & 4pm	Division 1	Session 1 / 2	SAALC	
26-27/09/20	9am & 5pm	Jnr State Championships – 12yrs & U		SAALC	

October 2020

Date	Start Time*	Name	Venue	
2-4/10/2020	9am & 5pm	State Championships – 13yrs & O	SAALC	Info Coming Soon

Diving Back In Meets - Event Information

During July and August SwimmingSA will be conducting Four Diving Back In Meets (12 Sessions) during which swimmers will be provided with an opportunity to refamiliarise themselves with competition processes and practices. There are no points or awards associated with these meets. This is an opportunity to practice race specific skills and enjoy the competition environment once more.

All attendees will be required to understand the COVID-19 Terms and Conditions of Entry & Attendance at Meets
[Click Here for the T&C's.](#)

Meets

- Two meets will be held for swimmers aged 8yrs – 12yrs and two held for those 13yrs and older.
- 25th / 26th July – Meet 1 (13yrs+)
- 1st / 2nd August – Meet 2 (8-12yrs)
- 8th / 9th August – Meet 3 (8-12yrs)
- 15th / 16th August – Meet 4 (13yrs+)

Sessions

- Each meet will contain three sessions (Sat AM/PM & Sun AM).
- An optional fourth session is available to SwimmingSA should the first three be booked out due to COVID capacity limits.
- Each session is Restricted** to 225 swimmers maximum and limited to a total of 2hrs running time
- AM Sessions start at 10am
- PM Sessions start at 3:30pm
- The **same program of events** will be swum at each session of a meet.

Scheduling

- More so than usual the scheduling of each session and meet is important to ensure best endeavours for all attending to social distance and promote healthy hygiene practices.
- Therefore each session will be running to a **strict timetable** for all activities (from venue access to marshalling and racing)
- Athletes will be segregated into groups for venue entry and warm up (**athletes will be advised of their group allocation once entries close**).
- Each group will be allocated specific warm up and seating space

Athlete Eligibility / Entry Criteria

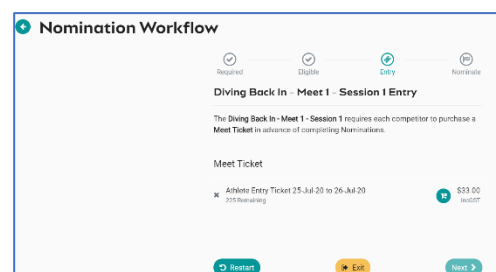
- All registered swimmers are eligible to compete at these meets – there are **NO qualifying times**
- A maximum of 1 parent/guardian may accompany each athlete per session
- Each swimmer is **limited to a Maximum of 4 races** per session
- The same program of events will be swum at each session of a meet.
- Recommended that swimmers only attend one session per meet as relevant for their current level of fitness
- Cost per session \$30+gst

How to Enter?

- All swimmers must enter through **swim central** – [Click Here](#)
- Please note these meets are set with a compulsory athlete entry ticket.
- Swim Central will guide you through the purchase of this ticket and then the selection of your individual races

Parents / Guardians / Siblings

- A maximum of **1 parent/guardian** may accompany each athlete per session
- Siblings who are not swimming are **NOT** allowed to attend
- The accompanying parent of a swimmer **MUST** pre-purchase an entry ticket to the venue
- Tickets cannot be purchased on the day of the meet (**No Ticket = No Entry**)
- If you require disability seating please purchase a disability seat ticket



How to Purchase a Spectator Ticket?

- All spectator tickets must be **purchased through Swim Central**
- Tickets must be purchased in the **PARENTS** name
- Tickets can be purchased through the Events Calendar in Swim Central
- [Click Here](#) to view the help guide

Coaches

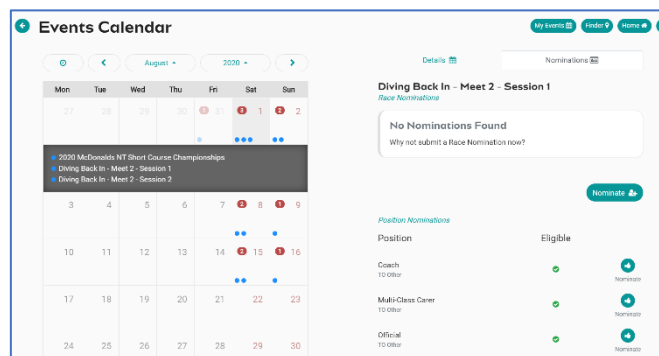
- All Coaches must register online **PRIOR** to the day via swim central (*See below for help instructions*)
- All coached must undertake the COVID-19 Training and upload to swim central prior to registering
- All ASCTA Accredited coaches are allowed to attend any meet (once registered)
- Coaches will be provided with specified entry times to the venue
- Coaches seating will be provided but will be removed if social distancing is not observed
- No athletes permitted in the coaches area

Team Managers

- Each attending club is allowed to nominate up to **2 team managers** per session
- All team managers **must register** online PRIOR to the day (*See below for help instructions*)
- All coached must undertake the COVID-19 Training and upload to swim central prior to registering
- **Team Managers will NOT be allowed to sit on pool deck during the meet** and must remain in the grandstand with their team monitoring the social distancing and other needs of their team.

How do Team Managers / Coaches and Officials Register?

- All Team Managers, Coaches and Officials **MUST** register through **Swim Central**
- Nominations can be submitted via the Events Calendar. [Click Here](#) for help information.
- A valid Working With Children's Check is required
- A COVID-19 Training Certificate is required
- Both documents should be uploaded in your document library under the Working With Childrens Category and the Certificate Category respectively. [Click Here](#) for instructions on how to upload a document and how to assign an accreditation [Click Here](#).



Parking / Venue Access

- Parking will be available as normal in the **multi-storey car park**
- Please **DO NOT** park at Bunnings or Westfield – Fines Apply in these areas
- Venue Access location (Event or Accreditation Entry) and Time will be circulated to all **REGISTERED** attendees after nominations close.
- Your venue entry time **MUST BE Strictly observed**.

Warm Up / Marshalling Procedures

- **Warm Up Groups** – will be allocated to athletes and must be strictly observed
- Layout of the **Marshalling room** and access to the room will be modified – Map to be provided to attendees
- Warm Up and Marshalling **volunteers** will be able to direct you please be on time and obey their directions.

Seating / Café / Toilet Facilities

- **Social distancing** must be observed in the grandstand. All attendees have a responsibility to ensure this occurs. **Security personnel and footage will be used to evict those not doing the right thing**. Please be respectful so we can all stay healthy and continue to participate in the sport. Team Managers please assist in ensuring your members are seated in the correct area and distancing accordingly.
- Attendees must **remain in their allocated seating space** when not in the bathroom or at the café

- All bathroom facilities will be open (including showers) – social distancing applies **please be respectful**.
- **Get in, Change, Get Out** (no chatting!)
- Reminder - athletes should **not be using the toilet** to change into race suits.
- These events will be **CASHLESS**, Credit facilities will be available at cafes.