



EVENT INFORMATION BOOK

2020 South Australian Short Course Swimming Championships

Session Dates

13 years & Under: Sat 26th & Sun 27th September 2020

14 years & Over: Fri 2nd – Mon 4th October 2020

Venue:

SA Aquatic and Leisure Centre, Oaklands Park

Welcome back to Championship racing. There are changes to the way we conduct events due to COVID-19. Whilst change is often hard and can be confusing, we are introducing these measures to ensure a healthy community and expect each attendee to “Do the Right Thing” enabling an enjoyable and successful return to competition. Please ensure you read this event information guide for updated information.

Best of Luck to All Teams Competing!

Updated as at 17/09/2020

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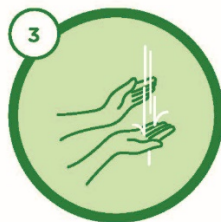
Good hygiene is in your hands.



Wet hands with running warm water and apply soap.



Rub hands and lather for at least 20 seconds.



Rinse hands under running warm water.



Dry hands thoroughly with a clean towel.

BE COVIDSAFE

For more information
SA.GOV.AU or 1800 253 787



1. Swimming SA Event Staff and Key Personnel

| NAME | TITLE | CONTACT DETAILS |
|----------------|---------------------------------------|--|
| Michelle Doyle | Chief Executive Officer | michelle.doyle@sa.swimming.org.au 0438 040 403 |
| Leanne Beames | Events, Records and Results Officer | leanne.beames@sa.swimming.org.au |
| Tania Carlino | Technical Officials Coordinator | tania.carlino@sa.swimming.org.au |
| Daniel Lawlor | Club Development Officer | daniel.lawlor@sa.swimming.org.au |
| Cory Bampton | Athlete and Coach Performance Officer | cory.bampton@sa.swimming.org.au |
| Tanya Matic | Administration and Membership Officer | tanya.matic@sa.swimming.org.au |
| Wade Meaney | Operations Coordinator | events@sa.swimming.org.au |

2. Event Details

The 2020 South Australian Short Course Swimming Championships is one of three flagship events on the SwimmingSA calendar. In 2020 this event will be conducted across two weekends to meet COVID requirements the first being Saturday 26th & Sunday 27th September (13yrs/u) and Friday 2nd – Sunday 4th October (14yrs&O). The 2020 South Australian Short Course Swimming Championships will showcase our state's best and emerging talent, with the event to be held at South Australia's premier aquatic venue, the SA Aquatic and Leisure Centre over five days. It is expected that 600+ athletes will compete at this event from both regional and metropolitan South Australia. Being a short course event, expect to see high energy and fast racing as athletes strive to raise the bar, medal in their events and better their best times. Every swim counts: all races are timed finals in 2020 with medals awarded for Age and Open Categories.

3. Program of Events & Qualifying Times

The 2020 South Australian Short Course Championships is a combination of age and open championships. All events are timed finals. Qualifying times may apply to this event.

[View the Program of Events and Qualifying Times here](#)

4. Event Operating Hours

Pre-Meet Training: There is **NO pre-meet training** for the 2020 Short Course Championships

Club packages collection date/time: Friday 26th September & Thursday 1st October during business hrs from SwimmingSA Office – Please sign in at SAALC reception to access the premises. Club packs may also be collected from the ticket booth on the first day of the meet.

| EVENT HOURS | Box Office | Gates Open | Warm Up | Start Time | Expected Finish |
|------------------|------------|------------|-----------------|------------|-----------------|
| Morning Sessions | 7:15am | 7:30am | 7:45am – 8:45am | 9:00am | 12:00pm |
| Evening Sessions | 3:15pm | 3:30pm | 3:45pm – 4:45pm | 5:00pm | 8:00pm |

5. Timelines

All session timelines are provided as a guide only and can change.

Any major revisions to the timeline will be provided at the Team Managers meeting daily.

View Timelines in Swim Central:

- 13 years & Under Sessions – [Click Here](#)
- 14 years & Over Sessions – [Click Here](#)

6. COVID Safe Plan & COVID Management Plan

The COVID-Safe plan is available for all attendees to review as per SA Government direction requirements. Please find below a copy should you wish to reference this. SwimmingSA and SAALC have been granted permission to proceed under our approved COVID Management Plan. This allows us to have up to 2000 persons on site. We appreciate your continued assistance with ensuring we are all COVID compliant and Safe.

7. Accreditation

A photo accreditation system will be implemented by SwimmingSA to provide access control at the 2020 South Australian Short Course Swimming Championships. All coaches, athletes, team supports, sport science, event management, media, volunteers, and technical officials must wear their accreditation in a visible position whilst inside the venue. **Accreditations will be collected by your club in their Club Pack.**

8. Accreditation Nomination Process

This procedure should be read in conjunction with the following policies:

- Team Managers Policy ([click here](#))
- Pool Deck Access Policy ([click here](#))
- Sports Science Policy ([click here](#))

To ensure that all personnel attending the event are issued with the appropriate pass please ensure you nominate via Swim Central.

- 13 years & Under Nominations – [Click Here](#)
- 14 years & Over Nominations – [Click Here](#)

Note: Athletes do not need to apply for accreditation

Accreditation nominations close

- **9am Friday 18th September 2020 (13/u sessions)**
- **9am Friday 25th September 2020 (14/o sessions)**

For Team Support – Nominations are accepted from clubs as per the following ratio:

| No. of Competitors | Max numbers of <u>team managers/support</u> allowed per session |
|--------------------|---|
| 20 or less | 1 |
| 21-40 | 2 |
| 41-60 | 3 |
| 61+ | 4 |

Any club found to be exceeding their quota will be required to withdraw additional applications.

For Technical and Volunteer Officials

This nomination includes nominating for your official positions – you will not need to complete the traditional TryBooking registration. Your accreditation pass replaces your officials' ticket.

For Coaches and Assistant Coaches

All accredited coaches and assistant coaches are permitted to attend the Championships. They must nominate through Swim Central and must wear their accreditation at all times.

It is the responsibility of the club to ensure any application stating affiliation to their club is in fact an approved representative with the appropriate background checks in place.

9. Late Applications and Lost Accreditations

Accreditation applications which are submitted late are subject to approval by SwimmingSA and will be charged at a cost of \$50.00. Should you lose or misplace your accreditation pass, replacement passes are available for purchase at \$25.00 per pass. \$15.00 of this amount will be refunded if the lost or misplaced accreditation is found and returned to event entry.

10. Accreditation Access Categories and Areas

| Access Category | Access Areas |
|--|---|
| Athletes | All competition areas including field of play for duration of event |
| Technical Officials & Event Volunteers | All competition and event administration areas on the day/s that you are rostered to officiate/volunteer only |
| Coaches & Assistant Coaches | Warm-up pool, event corridor, viewing platforms (no access to field of play or event administration/control areas unless otherwise specified) for duration of event |
| Team Support | Warm-up pool, event corridor (no access to field of play or event administration areas unless otherwise specified) on the day/s that you are registered for only – clubs must not exceed quota. |
| Executive VIP | All areas excluding field of play for duration of event unless otherwise specified on accreditation pass. |
| Production, Staff, & Contractors | All areas for duration of event unless otherwise specified on accreditation pass. |

Your accreditation pass allows you free entry into the venue only on the days specified on your pass.

WITHOUT YOUR ACCREDITATION PASS YOU WILL NOT BE ALLOWED ENTRY INTO THE ACCREDITED AREAS

11. Working With Children Check

All persons applying for event accreditation (excluding athletes and those aged under 14) must hold a current Working With Children Check which may be in the form of a DCSI or DHS Clearance. [Note: Police Clearances and teacher registrations are no longer legally acceptable forms of evidence of your WWCC status.](#)

Your WWCC must be loaded to your Swim Central Profile and must be valid at the time of the meet.

12. Ticketing & Spectators

Each swimmer may now be accompanied by Three Spectators.

All spectators must pre-purchase a ticket to enter the venue. Tickets must be purchased through Swim Central. Limited tickets will be available at the Ticket-booth onsite. On-Site ticket prices are more expensive please pre-purchase to avoid queuing and save money. No Cash will be accepted at the ticket booth.

Attendees do not need to print your ticket. You will be asked for your name and to reconfirm your health status upon entry to the venue.

Please note: if you are officiating your child may be accompanied by their three other spectators in the grandstand. Officials do not require a spectator ticket but must be nominated online through swim central.

Ticketing closes 5pm the Day prior to each session.

Click Here to purchase Tickets

- 13 years & Under Sessions – [Click Here](#)
- 14 years & Over Sessions – [Click Here](#)

13. Club Packages

Each club must collect their club package which contains their club's allocation of programs, accreditation passes for athletes, coaches and team support, relay confirmation sheets and other event notices. These can be collected by an authorised club representative from the SwimmingSA office during the business hours of 9am – 5pm the day prior to the meet or on the first day of competition. Please note COVID Tracing procedures apply when visiting SAALC.

14. Health Declaration

Please do not be complacent or panic about COVID-19. A sensible, cautious and community minded approach to your health at this time is required.

Do not attend if you are unwell or are experiencing any of the following symptoms

- Fever
- Cough
- Sore throat
- Muscle and/or joint pain
- Stuffy nose
- Headache
- Fatigue
- Diarrhoea
- Vomiting
- Running nose
- Breathing difficulty
- Feeling unwell

By registering to swim, nominating to coach/officiate and/or purchasing a ticket to attend you have agreed to the COVID-19 Terms & Conditions – [Click Here](#) to review them or scroll to the end of this information.

You will be required to reconfirm verbally upon entry to the venue that you have read, agree, and meet the terms and conditions prior to gaining entry. SwimmingSA and SA Aquatic & Leisure Centre Staff and Security reserve the right to refuse any person venue entry.

15. COVID 19 Training

Attendees must undertake COVID Training relevant to their role at the event.

All Officials, Team Managers and Coaches must undertake the Infection Control Training – [Click Here](#)

Referees, Staff, Event Volunteers & Security must also undertake the COVID Marshal Training – [Click Here](#)

Spectators and Athletes are encouraged to undertake the Infection Control Training – [Click Here](#)

All certificates should be uploaded to Swim Central.

16. COVID Marshalls

SAALC will be providing a dedicated COVID Marshal for the Championships as per the SA COVID Directions.

SwimmingSA will also have COVID Area-Marshalls available in the following locations please reach out to them as needed.

- Meet Director (Floating)
- Referee x2 pax (Field of play during race)
- Marshall's x2 pax (Field of play pre-race with swimmers)
- Check Starters x2 pax (Field of play pre-race with swimmers)
- Gate Attendant x2 pax (Venue entry / exit)
- Crowd Control Assistant x2 pax (grandstand)
- Security x5 pax (Carpark, Venue Entry/Exit, Grandstand)
- Ticket booth x2 pax (Venue Entry / Exit)
- Gate Attendants x2 pax (Venue Entry / Exit)
- Accreditation Collection x2 pax (Accreditation Zone)
- Medal Coordinator x2 pax (Field of Play – post race zone)

SwimmingSA also appreciate the assistance of club coaches and team managers to ensure COVID compliance within your clubs.

For the benefit of the Sport we encourage you to do the right thing, say the right thing and report the wrong thing to our COVID Area-Marshalls in your best spirit. **Please remember these Marshalls are volunteers treat them with respect.**

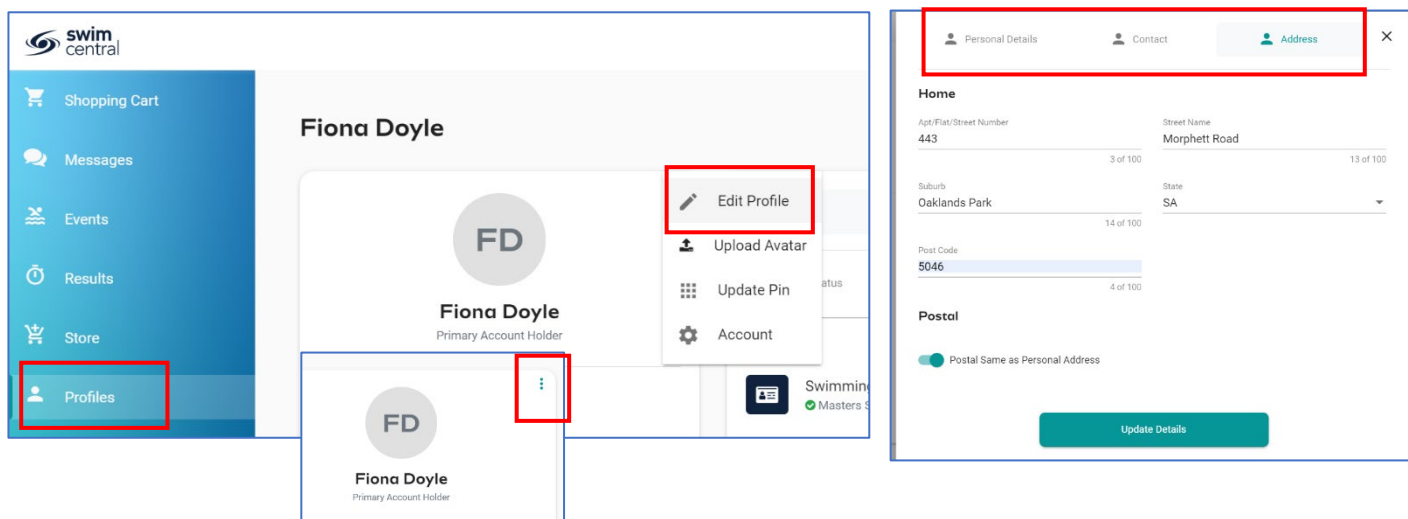
17. COVID Tracing

As per terms and conditions of entry and membership all attendees are required to provide contact details for COVID Tracing purposes. To streamline this process for members at the venue entry SwimmingSA has developed the iPad Check-In App which links with Swim Central.

Therefore, please ensure all your membership contact details are up to date on Swim Central. This applies to all swimmers, coaches, parents, officials, and spectators.

You can view each of your family members contact details under the new profile section in Swim Central.

1. Log in and click on Profiles
2. Select family member and click on the vertical ellipsis dots
3. Click Edit Profile and update each tab – personal details, contact and address
4. Click Update details and move to next family member



18. Signage, Sanitisation, Cleaning & PPE Options

The Venue will undergo a COVID clean prior to and after each session. During the event Sanitisation stations and PPE are available to attendees in various places at the venue as listed below. Please ensure you utilise the sanitisation stations as needed. We also encourage attendees to bring personal sanitiser and PPE items of your preference. Should you have any questions with regards to this please approach your team manager or COVID area marshal.

Sanitisation Station Points

- All Handwashing locations - all bathrooms (2xupstairs, 4xdownstairs + disability)
- Event Entry
- Accreditation Entry
- Concourse
- Marshalling Room
- Function Room
- Event Admin
- AOE Room
- Deck Equipment
- Fridge access

Signage / Communication Points

In addition to the sanitisation stations in the venue the following locations will also display COVID information and signage for your information:

- Race Holding Pens
- Tv's (Video)
- Scoreboard (Video)
- Facebook / Email / Website (Video)
- EDM to attendees
- Elevators

19. Bathrooms

Density limits apply to bathrooms. A maximum of 10 persons are allowed in a bathroom at any one time. Please do your best to ensure this limitation is met and do not congregate in the bathroom

20. Food and Drink

The grandstand Kiosk will be available for food and beverages. Please note social distancing applies when waiting to be served. Kiosk is cashless. All food and drink must be consumed in your seat in the grandstand. **NO Gathering on the Concourse**

21. Officiating

Please note to meet density and distancing requirements the official's room has been relocated to the **FUNCTION ROOM on Level 2.**

The Function Room can be accessed via:

- the elevator from event entry or concourse level 1; or
- from Bay 6 in the grandstand.

Please note only those who have nominated to officiate are permitted in the function room.

The function room will be locked during the session to ensure valuables are secure. All officials must see the Meet Director or Technical Manager if they need to access their belongings during the event.

Officials Briefing is 40mins prior to the start of each session (8:20am & 4:20pm) in the function room – please ensure you are on time for the briefing. As some procedural changes are in place during COVID for officials.

Officials Roster & Allocations:

- 13 years & Under Sessions – [Click Here](#)
- 14 years & Over Sessions – [Click Here](#)

22. Venue Parking & Traffic Management

Due to this event falling during South Australian School Holidays, the SA Aquatic and Leisure Centre will be extremely busy during all days of this event. SwimmingSA recommends the use of public transport to access the venue. For detailed information on public transport services please call Adelaide Metro on 1300 311 108 or go to their website www.adelaidemetro.com.au

There will be changes to parking access at the SA Aquatic and Leisure Centre during event days.

All access to the venue carpark is via Morphett Road only. Exit is through the multi-story carpark exit to Milham Street. There is limited parking in the outdoor parking area as most carparks are reserved during this event. The SA Aquatic and Leisure Centre carpark will be managed by security attendants during all sessions.

Please note COVID restrictions apply to Lifts – MAXIMUM CAPACITY OF 3 PEOPLE AT ANYONE TIME

SwimmingSA recommends that if you are not travelling to the venue via public transport that you arrive early to secure a park. Please keep in mind that if you move your vehicle between sessions that there may not be spare parks when you return.

Parking is not available for group transport vehicles on site or Westfield Marion. Drop off zones are located on Morphett Road (near Accreditation Entry) and on Warracowie Way (near Marion Cultural Centre).

To assist with traffic flow in the SA Aquatic and Leisure Centre and Oaklands Park area, SwimmingSA has secured car parks for Officials at Westfield Marion. These parks must be utilised by Officials only on the session which you are working. Use your accreditation pass to gain access to this parking space. Please note that your pass does not allow you to park onsite at the SA Aquatic and Leisure Centre. Enter Westfield Marion from Warracowie Way and turn left towards the Marion Cultural Centre, Parking attendants will guide you to your park.

23. Venue Access Information

Access to the event is via both the Accreditation and Event Entry.

Access to the venue for swimmers, officials, coaches, and spectators is specifically allocated by time and entrance. Please see above for your venue access group. Please ensure you are socially distancing and being patient when queuing at the venue entry.

| Group | Entrance | AM | PM |
|--|---------------|-------------|-------------|
| Coaches, Officials & Team Managers: Event Entrance | | 7:30am | 3:30pm |
| Group 1 | Event | 7:40am | 3:40pm |
| Group 2 | Accreditation | 7:40am | 3:40pm |
| Group 3 | Event | 7:50am | 3:50pm |
| Group 4 | Accreditation | 7:50am | 3:50pm |
| Late Spectators | Event | From 9:30am | From 5:30pm |

Parents who are officiating may choose to enter in the official's group or with your child.

Note: Swimmers are not required to line up and may directly enter the venue at their designated entry time.

24. Warm Up Groups

Swimmers and coaches please note the water polo/diving pool is not to be used for warm up or cool down. Both ends of the competition pool are available for warm up and cool down during the event.

Please ensure social distancing where possible when undertaking all activities at the pool including limiting the number of swimmers per lane to 8 at any one time and abiding by the warmup time allocated to your group.

Athletes please note - NO BAGS ALLOWED ON POOL DECK

| Groups | AM Warm Up Time | PM Warm Up Time |
|-------------|-----------------|-----------------|
| Group 1 & 2 | 7:45am – 8:35am | 3:45pm – 4:35pm |
| Group 3 & 4 | 7:55am – 8:45am | 3:55pm – 4:45pm |

25. Venue Access & Warm Up Group Club Allocations

| Club | 13&U Sessions | 14&O Sessions | Club | 13&U Sessions | 14&O Sessions |
|------|---------------|---------------|------|---------------|---------------|
| BARO | 3 | 4 | NWD | 2 | 2 |
| BLY | n/a | 3 | ONK | 4 | 2 |
| CC | 2 | 2 | PAC | 2 | 3 |
| CLA | 3 | 3 | PAY | 4 | 2 |
| GAW | 2 | n/a | REN | 1 | 1 |
| GSSC | 2 | 2 | SCSC | 2 | 3 |
| H&G | 4 | 4 | SOPE | 4 | n/a |
| IMSC | 3 | 4 | STP | 4 | 3 |
| JAM | n/a | 3 | TTG | 3 | 3 |
| KENT | 3 | 4 | UN | n/a | 1 |
| LOX | 1 | n/a | WCO | 4 | n/a |
| MARI | 1 | 1 | WEAQ | 3 | 4 |
| MBR | 3 | n/a | WHY | 4 | n/a |
| MP | 2 | 2 | | | |

26. Seating

Allocated seating by Bay will be used during this event. Please see below for your clubs allocated bay.

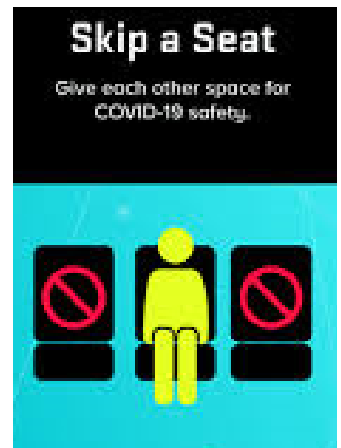
Please ensure you are social distancing by skipping a seat between each person and sitting in a checkerboard setting in your bay. This means do not sit:

- next to; or
- immediately in front; or
- immediately behind another person.

There is NO seating on Pool Deck all coaches, managers and swimmers must sit in grandstand unless warming up or cooling down.

Do not sit in a disability seat unless it has been allocated to you.

See below for Seating Rotations



27. Coaches Viewing Area

There is a standing room only coaches viewing area on pool deck outside the Marshalling Room.

Athletes, Team Managers, and other accredited persons are NOT allowed in this area. Coaches must leave the viewing area to speak with swimmers

This is a small area and social distancing must be maintained and space shared amongst all clubs. If this area or the pathways in/out of the space are misused it will be closed.

This is not a space for teams to congregate.

28. Venue Pathways & Map

Please note a one-way traffic pathway “loop” applies when you are in the venue.

See venue map below.

Once you are in the venue:

- Access to pool deck for competition and warm up is from the accreditation entry stairs only.
- Access to the grandstand is from the event entry stairs only.

29. By-Laws

This event is conducted under the SwimmingSA Swimming Rules and Event By-Laws.

To view these documents please [CLICK HERE](#).

Note the by-laws may be modified as necessary to ensure a COVID Safe Environment.

30. Marshalling and Withdrawals

COVID Restrictions require Only 60 Swimmers and Officials will be required to be in the marshalling room at any one time several events have been separated to ensure smaller number of heats per event.

Athletes - Please do not attend marshalling until your event is listed on the scoreboard.

Once in marshalling you **MUST remain in your allocated seat**. Do not leave any personal items in the marshalling room you will not be able to retrieve them after your race.

Any competitor who fails to report to the marshalling area at least ten minutes prior to the scheduled time for the start of the session on the day if entered in the first event, or when called to marshalling on the scoreboard

or by the announcer they will not be allowed to swim at the discretion of the Referee. All heats in an event (including heat of 800m and 1500m) shall be deemed to be one event for the purpose of this rule.

Intending not swim / No-Show for Timed Finals / Withdrawal process:

- All withdrawals shall be done by the Team Manager in the Event Control Room.

Athletes are required to surrender their accreditation pass at Marshalling when checking in. Athlete accreditations will be held by the marshals and check starters until the conclusion of their race where the swimmer will need to collect it from the accreditation table via the competition pool exit point.

Note: Sanitisation station will remain located in the Marshalling Room

31. Meet Programs and Results

Please note to reduce manual handling spectator programs must be **PRE-ORDERED**.

Meet Mobile will be in use for results. Paper results will not be printed.

Programs will be available for coaches and team managers in the Club Packs.

32. Awards and Recognition

Points are awarded to athletes who finish in the Top 10 placings in each event.

The following perpetual trophies will be awarded at the championships:

- Bayside Aquatic Shield (highest point score in individual events)
- Maidstone Trophy (best female performance - % of SA record)
- President's Trophy (best male performance - % of SA record)
- Peter Bowen Pain Trophy / Female Age Swimmer of the Meet (points gained)
- Peter Bowen Pain Trophy / Male Age Swimmer of the Meet (points gained)

33. Swimwear (EBL 15.1)

(1) The swimsuits of all swimmers shall be in good moral taste and suitable for the individual sports discipline.

(2) All swimsuits shall be non-transparent and must conform with FINA approved standards in all respects.

OR

(3) Until otherwise directed by SSA, swimmers may wear 'traditional' swimsuits provided the suits meet the following criteria:

- (a) Men's swimwear may not extend above the navel or below the knee. Women's swimwear shall not cover the neck, extend past the shoulders or below the knee.
- (b) No zippers or other fastening devices are allowed except for a waist tie on traditional swimsuits.
- (c) Suits must be of a textile material and must not contain any non-textile material such as polyurethane or neoprene.

Modification of a swimsuit to accommodate a competitor's disability is permitted (IPC 2.13.2). Proposed modification shall be submitted in writing to SwimmingSA for approval at least 14 days prior to the meet. Approval letter and modified swimsuit(s) shall be presented to the Referee prior to the swimmers first event at the competition.

The Referee of a competition has the authority to exclude any competitor whose swimsuit does not comply with this By-Law.

Swimwear is limited to one (1) swimsuit.

EBL 15.2 – ADDITIONAL SWIMSUIT GUIDELINES FOR AGE GROUP EVENTS

All swimwear worn by competitors in Age Group Events (18 and under) conducted in Australia shall be commercially available products. Swimwear worn by competitors in Age Group Events shall conform to the following design:

- Men’s swimwear is limited to one (1) swimsuit that covers at most the body surface from navel to knee. Swimwear may not extend above the navel or below the knees;
- Women’s swimwear is limited to one (1) swimsuit that is of “open back” and “open shoulder” designs that may extend down to the knee. Swimwear must not extend below the knees. Swimwear must not have a zipper or any type of fastening devices except for a waist tie on traditional swimsuits.

Suits must be of textile material and must not contain any non-textile material such as polyurethane or neoprene.

34. Strapping and Taping

Swimmers must cover any wounds with waterproof dressing (not band aids) and may after presentation to the Referee of the meet use tape to hold the dressing in place as long as it does not give the swimmer any advantage. Any other strapping must be presented to the Referee who will decide if it gives the swimmer any advantage. Strapping not approved by the Referee is forbidden.

35. Emergency Procedures

In the event of an emergency at the SA Aquatic and Leisure please listen carefully to stadium announcements and follow the direction of venue staff.

Stage 1: Upon hearing the alert tones (Beep.. Beep.. Beep..)

- Be aware of an emergency

DO NOT EVACUATE ON THIS TONE

Stage 2: Upon hearing the alert tones (Whoop.. Whoop.. “Evacuate Now”)

- Evacuate the venue immediately via the nearest safe exit
- DO NOT USE ANY LIFTS
- Proceed to your nearest external assembly area
- DO NOT RE ENTER THE BUILDING until authorised

The emergency assembly area is located at the northern side of Bunnings Warehouse (carpark) closest to the Centrelink/Medicare building.

36. Medical Directory

| SERVICE | ADDRESS | SUBURB | PHONE |
|---|-----------------------------------|-----------------|--------------|
| Emergency (Ambulance, Police, Fire 000) | | | |
| Marion Domain Medical Centre | 453 Morphett Road | OAKLANDS PARK | 08 8375 7000 |
| Royal Adelaide Hospital | Port Road | ADELAIDE | 08 7074 0000 |
| Queen Elizabeth Hospital | 28 Woodville Road | WOODVILLE SOUTH | 08 8222 6000 |
| Modbury Hospital | 41-69 Smart Road | MODBURY | 08 8161 2000 |
| Flinders Medical Centre | Flinders Drive | BEDFORD PARK | 08 8204 5511 |
| Ashford Hospital <i>*does not offer 24hr emergency</i> | 55 ANZAC Highway | ASHFORD | 08 8375 5222 |
| Calvary Wakefield Hospital | 300 Wakefield Street | ADELAIDE | 08 8405 3333 |
| United Chemist Express Marion Domain | 453 Morphett Road (next to SAALC) | OAKLANDS PARK | 08 8375 7000 |

37. Warm Up Procedures

The following general pool procedure for the Main Competition Pool must be observed during warm up times:

| | |
|-------------|---|
| Lane 0 | MC athletes only |
| Lane 1 | Back starts (one way from start end), walk back |
| Lanes 2 – 6 | Circle swimming lanes (no diving) |
| Lane 7 | Pace swimming (no diving) |
| Lanes 8 & 9 | Dive Start (one way from start end), walk back |

The following general pool procedures for the Warmup Pool must be observed during warm up times:

| | |
|-------------|--|
| Lane 1 | Dive & back starts (one way from block), walk back |
| Lane 2 | Pace swimming (no diving) |
| Lanes 3 – 7 | Circle swimming (no diving) |
| Lanes 8 & 9 | MC athletes only |
| Lane 10 | Buffer lane – no access |

38. Backstroke Events

As per the Policy and Event By-Law, Backstroke Ledges will be used at the 2020 South Australian Short Course Swimming Championships. The use of Backstroke Ledges is not compulsory. Competitors may choose not to use a Backstroke Ledge by informing the Inspector of Turns on their lane.

39. Medal Presentation Protocols

Medals shall be awarded to the first three placegetters in each event, with gold for first place, silver for second and bronze for third. If equal placing occurs then medals shall be awarded to each equal placing, but the next following medal/s shall be omitted.

Medallists must make their way immediately to the presentation desk at the conclusion of their race. Athletes need to take a club shirt onto pool deck for your race (in case they are medallists). Presentations will occur during racing and during breaks in racing. It is important that all athletes and team managers are vigilant and understand the presentation schedule prior to the session commencing.

The procedure for the presentation ceremony shall be:

- The specified medal presentation music will play for the athletes to walk onto the presentation arena
- Medals are awarded in order of Bronze, Silver, Gold

COVID Safe Practices Apply to Medal Presentations – There will be no handshaking, hugging or physical contact during presentations please observe the 1.5m rule during this time.

Competitors must remain in the presentation area for official photos.

40. Team Manger Meetings

It is a requirement that each club have at least one representative at each Team Managers meeting. Meetings will be held at 8:00am each morning and will not be held in the evening unless otherwise called via a venue announcement. If called, an evening meeting will be held at 4:00pm (1 hour prior to the commencement of competition). Team Managers are asked to monitor and remind members of social distancing whilst in the grandstand.

41. Streaming

TBC

42. Behavioural Guidelines

SwimmingSA promotes the Behaviour Guidelines to all people involved in any way with the sport of swimming, particularly those responsible for activities involving members under the age of 18. These guidelines highlight the principle and values of SwimmingSA/Swimming Australia and the core principles of the Member and Child Welfare policies. All persons participating at the 2020 South Australian Short Course Championships must adhere to the Behavioural Guidelines/Code of Conduct which can be found here: <https://sa.swimming.org.au/policy>

43. Lost Property

Event lost property can be found at the event information desk just past the main glass doors leading to the competition pool. Lost property is handed to the SA Aquatic and Leisure Centre at the end of each day.

44. First Aid

Venue staff are trained in first responder care and will be providing general first aid coverage for all people attending the event.

45. Photography

SwimmingSA has contracted Get Snap as the official photographer for this championship event.

Photos will be taken of all medal winners as well as action and environmental shots which will be available online as soon as possible following the competitions.

Should you not wish your photo to be published please email events@sa.swimming.org.au prior to the meet.

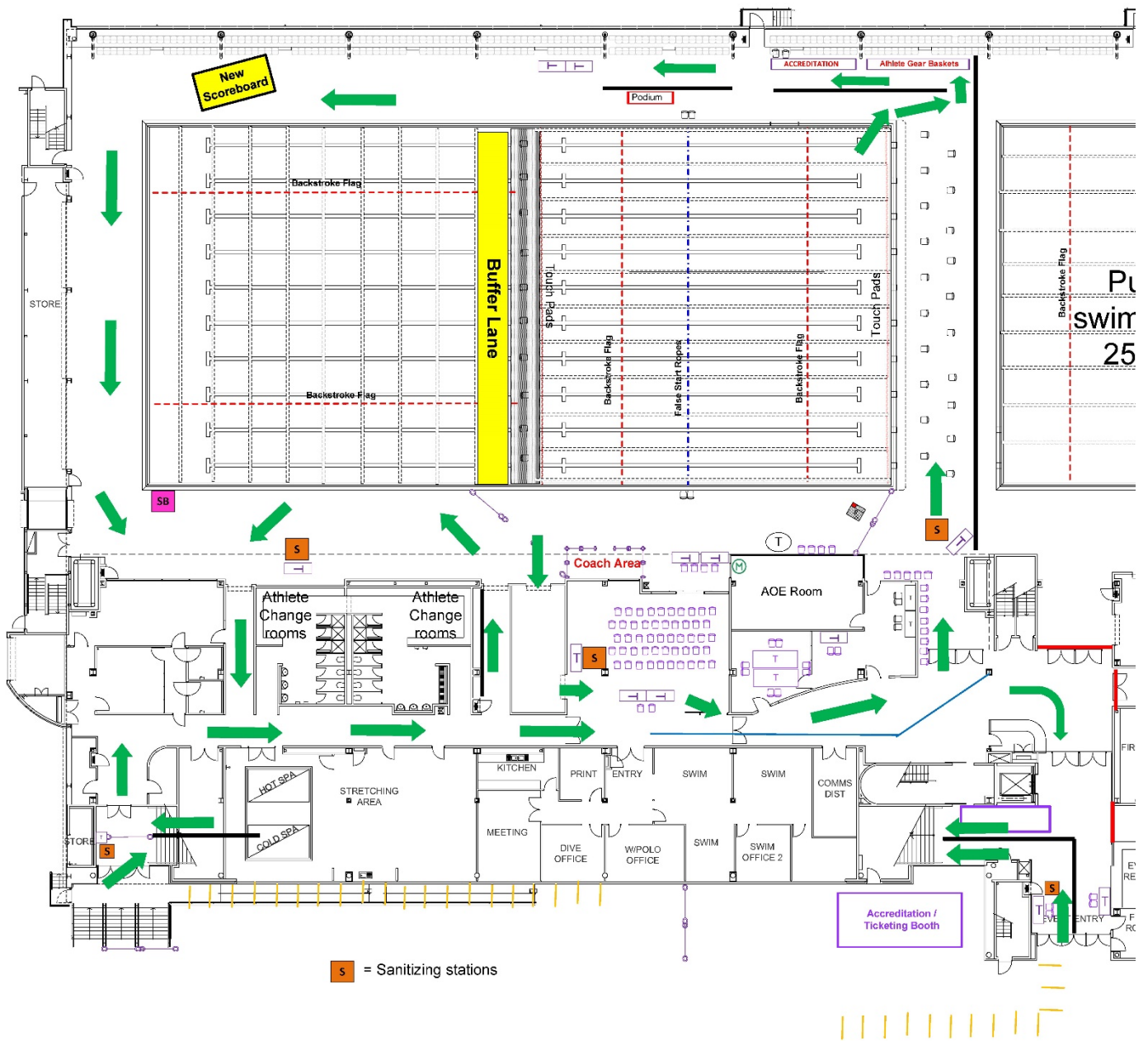
46. Event Merchandise

Sports Centre is SwimmingSA's official event merchandise supplier and will be on the grandstand concourse during each session of competition with a range of event merchandise for sale/order.

[Click Here](#) for More Information

The advertisement features a background image of a swimmer in blue water. At the top center, the text reads "SOUTH AUSTRALIAN SHORT COURSE CHAMPIONSHIPS 2020" in orange and blue. The Swimming SA logo is on the left, and the Sports Centre logo (Since 1974) is on the right. In the foreground, there are two grey hoodies, two grey t-shirts, a black keychain, and a white water bottle, all featuring the event logo. The t-shirts have a "NAME" label. At the bottom, a dark blue banner contains the text "PRE ORDER BEFORE 23rd SEPTEMBER" in white.

State Championships Venue Map



48. Appendix 2 – Seating Rotation

| 2020 State Short Course | | | | | | |
|--------------------------|---------------|---|---|---|---|---|
| Team Seating Allocations | | | | | | |
| Club | Session / Bay | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 |
| Barossa | 6 | 3 | 2 | 4 | 2 | 4 |
| Blue Lake Y | 6 | 3 | 2 | 4 | 2 | 4 |
| Clare | 4 | 2 | 1 | 3 | 1 | 3 |
| Clovercrest | 3 | 2 | 5 | 4 | 5 | 4 |
| Gawler | 2 | 1 | 6 | 3 | 6 | 3 |
| Great Southern | 3 | 2 | 6 | 4 | 6 | 4 |
| Henley & Grange | 1 | 6 | 2 | 5 | 2 | 5 |
| Immanuel | 6 | 5 | 4 | 3 | 4 | 3 |
| Jamestown | 6 | 5 | 4 | 3 | 4 | 3 |
| Kent Town | 3 | 2 | 6 | 5 | 6 | 5 |
| Loxton | 2 | 1 | 6 | 5 | 6 | 5 |
| Marion | 5 | 4 | 3 | 2 | 3 | 2 |
| Mountain Pool | 4 | 5 | 2 | 1 | 2 | 1 |
| Murray Bridge | 4 | 3 | 2 | 5 | 2 | 5 |
| Norwood | 4 | 3 | 5 | 6 | 5 | 6 |
| Onkaparinga | 3 | 2 | 1 | 4 | 1 | 4 |
| Payneham | 1 | 6 | 5 | 4 | 5 | 4 |
| Playford Aquatic | 2 | 5 | 4 | 3 | 4 | 3 |
| Silver City | 3 | 2 | 1 | 4 | 1 | 4 |
| Southern Performance | 3 | 2 | 1 | 1 | 1 | 1 |
| STARplex | 2 | 5 | 4 | 3 | 4 | 3 |
| Tea Tree Gully | 2 | 1 | 6 | 5 | 6 | 5 |
| Unley | 2 | 1 | 6 | 5 | 6 | 5 |
| Vitor Renmark | 4 | 2 | 1 | 3 | 1 | 3 |
| West Coast | 4 | 3 | 2 | 5 | 2 | 5 |
| Western Aquatic | 2 | 1 | 4 | 3 | 4 | 3 |
| Whyalla | 3 | 2 | 1 | 5 | 1 | 5 |

49. Appendix 3 – COVID Safe Plan

Terms and Conditions

COVID-19 Addendum

POLICY No: 9004+A
UPDATED: June 2020



The purpose of this document is to provide the terms and conditions of individual membership to SwimmingSA specific to the 2020 COVID-19 Pandemic. This Addendum should be read in conjunction with the existing Terms and Conditions of Membership.

Coronavirus disease (COVID-19) is a respiratory illness caused by a new virus. The virus can spread from person to person. Symptoms may include fever, cough, sore throat, shortness of breath, or loss of taste or smell.

We can all help stop the spread by:

- Getting tested if you have symptoms (even if mild).
- Practise good hygiene.
- Download the COVIDSafe app.
- Keep 1.5 metres distance from others.
- Be Informed - For more information on the South Australian roadmap for easing COVID-19 restrictions, visit the Government of South Australia COVID-19 website. The roadmap outlines how COVID-19 restrictions will be eased in our state, so our community can return to doing the things they enjoy in a safe and measured way.

TERMS AND CONDITIONS

SwimmingSA will take reasonable, proportionate steps in accordance with published advice, to respond to the current (known) risks associated with the virus and expects all event attendees to do likewise.

1. **I acknowledge** that acceptance of an event registration obliges me to adhere to the COVID-19 Specific Terms and Conditions of participation and/or attendance at an event.
2. **I acknowledge** that I must follow all SwimmingSA, SA Government Directions and Advice during event attendance.
3. **I acknowledge** that I to my best endeavours have downloaded and will utilise the COVID-Safe App during the event.
4. As the event patron **I understand** that I am responsible for adhering to social distancing, health, and hygiene guidelines:
 - a) Always keep a 1.5 metre distance between yourself and others.
 - b) Adhere to assigned entry and exit points
 - c) Shower at home where practical
 - d) Stay home, do not attend the event, and seek testing if you have cold or flu symptoms.
 - e) Wash your hands often and cover coughs and sneezes
 - f) Do not share food, drink, or sporting equipment with others

TERMS AND CONDITIONS

Membership - Individual

POLICY No: 9004

UPDATED: February 2017



5. **Fitness to Participate:** I declare that I am and must continue to be medically and physically fit and able to participate in any SSA activity. I am not and must not be a danger to myself or to the health and safety of others. I will immediately notify SSA in writing through my Club of any change to my fitness and ability to participate. I understand and accept that SSA will continue to rely upon this declaration as evidence of my fitness and ability to participate and may request an additional health check at the event if deemed necessary.

6. **I understand and agree** that should I answer **YES** to any of the following questions at the time of the event I will make it known to my club and SwimmingSA and not attend the event:
 - a) Have you travelled internationally and returned to Australia in the last 14 days?
 - b) Have you travelled domestically (interstate) and returned to South Australia in the last 7 days?
 - c) Have you knowingly been in contact with any person who has returned from overseas in the last 14 days?
 - d) Have you been exposed to a confirmed case of Coronavirus?
 - e) Have you had contact with person(s) with flu-like symptoms?
 - f) Do you have any of the following symptoms?
 - Fever Cough Sore throat Muscle and/or joint pain Stuffy nose Headache
 - Fatigue Diarrhoea Vomiting Running nose Breathing difficulty Feeling unwell

7. **I understand and agree** that if am confirmed with a case of COVID-19 having attended a SwimmingSA event or club activity I will immediately advise my club president and SwimmingSA CEO.

8. **I acknowledge and agree** that I have read, understood, and agree to comply with the:
 - a) Event entry criteria
 - b) Venue entry criteria
 - c) Venue traffic flow and pathways
 - d) COVID-19 Training requirements
 - e) SwimmingSA Terms and Conditions of Membership
 - f) SwimmingSA constitutions, by-laws, policies, and rules

9. **I have provided the information required.** I warrant that all information provided is true and correct.

10. **I authorise** SSA Inc. to use and disclose to relevant bodies any of my personal information that may be necessary to implement the government directions with regards to COVID-19 and the resumption of sporting activity. In particular for contact tracing purposes as required from time to time.

TERMS AND CONDITIONS

Membership - Individual

POLICY No: 9004

UPDATED: February 2017



11. I have read, understood, acknowledge and agree that the club and district of my choosing will have membership COVID-19 Return to Sport Plan with conditions I must follow in addition to the above listed State Terms and Conditions.

DECLARATION

I have read, understood, acknowledge and agree to the declaration above. I warrant that all information provided is true and correct.

Note: PARENT/LEGAL GUARDIAN CONSENT. *(IN RESPECT TO AN APPLICANT UNDER THE AGE OF 18 YEARS)*

Where the applicant is under 18 years of age these terms and conditions must also be approved by the applicant's parent or legal guardian. Applicants under 18 years of age must have a registered parent or guardian who must separately apply for associate or other membership.

Adoption of Strategies

The Chief Executive Officer will develop an action plan to ensure the timely publication of this document.

Central Measurement

To ensure people have adequate information a link will be made available on the Swimming SA website and regularly updated for association representatives.

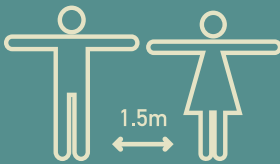


LET'S NOT UNDO ALL THE GOOD.

Keep playing your part to help Stop the Spread



Keep practising good hygiene



Stay 1.5 metres apart



Download the COVIDSafe app

COVID-SAFE PLAN – STEP 3 – ALERT LEVEL 1

Business name:

SwimmingSA Inc

Has a maximum capacity of:

1000 people (excluding staff)



is aware of current infection control and precautionary measures as recommended by health authorities and set out in this plan



agrees to comply with general and specific obligations under current Emergency Management Directions



this COVID-Safe Plan is available on-site

| Venue areas | | |
|----------------------------------|---------------------------|------------------------------|
| Name | Area (in m ²) | Max people (excluding staff) |
| Competition Pool 1 | 625 | 312 |
| Competition Pool 2 | 625 | 312 |
| Competition Pool Deck Pool 1 & 2 | 540 | 270 |
| Waterpolo Pool | 625 | 312 |
| Diving Pool | 625 | 312 |
| Pool Deck - Waterpolo/Dive | 540 | 270 |
| Grandstand - Comp Pool | 1620 | 810 |
| Grandstand - Diving | 180 | 90 |
| Function Room | 180 | 90 |
| Marshalling Room | 120 | 60 |
| Physio | 40 | 20 |
| Boardroom | 14 | 7 |
| Office | 66 | 33 |

Note: lower capacity limits may apply to you as a consequence of existing regulation, legislation or licensing arrangements. The above figures only outline how many people you can accommodate per room/area while observing the 1 person per 2 square metres requirement.

| | | |
|------------|-----|-----|
| Concourse | 200 | 100 |
| Media Room | 25 | 12 |
| Swim AOE | 20 | 10 |
| Dive AOE | 56 | 28 |