|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Female** | **10/11** | **12yrs** | **13yrs** | **14yrs** | **15yrs** | **16yrs** | **17/18** | **Open** |
| **50 Free** | 38.50 | 35.75 | 33.00 | 31.30 | 30.70 | 30.30 | 30.00 | 29.25 |
| **100 Free** | 1:25.00 | 1:18.00 | 1:11.40 | 1:08.10 | 1:07.35 | 1:06.00 | 1:05.00 | 1:03.29 |
| **200 Free** | 2:58.00 | 2:42.00 | 2:36.25 | 2:30.60 | 2:26.20 | 2:24.00 | 2:21.00 | 2:17.87 |
| **400 Free** |  | 5:32.17 | 5:21.50 | 5:18.00 | 5:16.00 | 5:14.50 | 5:10.00 | 4:53.17 |
| **800 Free** | 10:40.0010:30.0010:26.00 | 10:30.00 | 10:26.00 | 10:15.00 |
| **1500 Free** |  | 20:04.50 |
| **50 Back** | 48.00 | 43.50 | 39.50 | 38.00 | 37.00 | 36.50 | 35.85 | 34.35 |
| **100 Back** | 1:37.00 | 1:30.00 | 1:24.80 | 1:20.80 | 1:19.90 | 1:18.85 | 1:15.50 | 1:12.65 |
| **200 Back** |  | 3:04.00 | 3:01.40 | 2:55.00 | 2:50.00 | 2:46.50 | 2:41.50 | 2:38.24 |
| **50 Breast** | 53.00 | 49.00 | 46.00 | 44.17 | 43.70 | 41.55 | 40.46 | 38.55 |
| **100 Breast** | 1:52.00 | 1:45.00 | 1:45.00 | 1:35.30 | 1:34.60 | 1:29.50 | 1:26.50 | 1:24.30 |
| **200 Breast** |  | 3:32.00 | 3:25.00 | 3:20.00 | 3:12.00 | 3:10.00 | 3:07.00 | 3:04.00 |
| **50 Fly** | 46.00 | 39.65 | 36.85 | 35.40 | 34.80 | 34.00 | 32.80 | 31.85 |
| **100 Fly** | 1:40.00 | 1:30.00 | 1:24.00 | 1:22.00 | 1:19.50 | 1:15.75 | 1:13.75 | 1:10.00 |
| **200 Fly** |  | 3:23.00 | 3:10.00 | 3:00.00 | 2:57.00 | 2:54.00 | 2:52.00 | 2:48.00 |
| **100 IM** | 1:31.00 | 1:28.50 | 1:24.00 | 1:23.80 | 1:21.00 | 1:20.80 | 1:19.80 | 1:14.24 |
| **200 IM** | 3:25.00 | 3:03.00 | 2:57.00 | 2:52.06 | 2:50.00 | 2:46.50 | 2:42.30 | 2:37.10 |
| **400 IM** |  | 6:47.15 | 6:05.00 | 5:58.00 | 5:52.95 | 5:50.00 | 5:45.00 | 5:43.00 |
| **Male** | **10/11** | **12yrs** | **13yrs** | **14yrs** | **15yrs** | **16yrs** | **17/18** | **Open** |
| **50 Free** | 38.50 | 36.75 | 32.85 | 29.70 | 29.00 | 28.35 | 27.70 | 26.75 |
| **100 Free** | 1:24.50 | 1:17.00 | 1:10.50 | 1:06.90 | 1:04.65 | 1:02.85 | 1:00.60 | 58.75 |
| **200 Free** | 3:08.14 | 2:50.05 | 2:37.40 | 2:25.00 | 2:20.00 | 2:16.50 | 2:14.00 | 2:10.85 |
| **400 Free** |  | 5:48.00 | 5:13.40 | 5:09.00 | 4:56.80 | 4:49.30 | 4:47.00 | 4:43.50 |
| **800 Free** |  | 10:50.00 |  | 10:02.00 |
| **1500 Free** |  | 19:00.00 | 18:50.00 | 18:47.00 |
| **50 Back** | 47.50 | 42.28 | 39.35 | 37.30 | 36.00 | 34.30 | 33.15 | 32.00 |
| **100 Back** | 1:37.00 | 1:29.66 | 1:24.40 | 1:20.00 | 1:16.00 | 1:14.10 | 1:13.60 | 1:08.55 |
| **200 Back** |  | 3:11.00 | 3:01.00 | 2:53.00 | 2:43.25 | 2:39.00 | 2:38.00 | 2:32.60 |
| **50 Breast** | 52.50 | 48.15 | 44.55 | 42.85 | 41.00 | 39.00 | 37.80 | 35.60 |
| **100 Breast** | 1:52.00 | 1:46.69 | 1:36.75 | 1:31.30 | 1:28.75 | 1:24.90 | 1:23.00 | 1:19.35 |
| **200 Breast** |  | 3:26.00 | 3:20.50 | 3:04.30 | 3:01.80 | 3:00.80 | 2:59.00 | 2:58.00 |
| **50 Fly** | 45.50 | 39.00 | 36.00 | 33.90 | 32.35 | 31.25 | 30.65 | 29.15 |
| **100 Fly** | 1:40.00 | 1:31.85 | 1:25.00 | 1:16.70 | 1:15.10 | 1:13.00 | 1:09.00 | 1:05.70 |
| **200 Fly** |  | 3:18.90 | 3:13.10 | 2:59.00 | 2:53.00 | 2:49.60 | 2:42.00 | 2:41.00 |
| **100 IM** | 1:30.00 | 1:26.50 | 1:23.50 | 1:22.00 | 1:17.00 | 1:15.50 | 1:15.00 | 1:10.34 |
| **200 IM** | 3:25.00 | 3:07.00 | 2:52.00 | 2:45.30 | 2:41.00 | 2:35.70 | 2:34.60 | 2:28.80 |
| **400 IM** |  | 6:36.80 | 6:02.86 | 5:55.50 | 5:47.00 | 5:43.60 | 5:40.70 | 5:33.40 |