



2019
South Australian SC
Swimming Championships

EVENT INFORMATION BOOK

Wednesday 17 – Sunday 21 January
SA Aquatic and Leisure Centre, Oaklands Park

Correct as at 30/05/2019

Contents

1.	SWIMMING SA EVENT STAFF AND KEY PERSONNEL.....	3
2.	SWIMMING SA EVENTS CALENDAR 2019/20.....	3
3.	EVENT DETAILS	3
4.	ENTRY PROCEDURES	3
5.	PROGRAM OF EVENTS	3
6.	EVENT OPERATING HOURS	4
7.	AWARDS AND RECOGNITION.....	4
8.	QUALIFYING TIMES	4
9.	BY-LAWS	4
10.	VISITORS	5
11.	REPORTING FOR DISTANCE EVENTS, MARSHALLING AND WITHDRAWALS.....	5
11.1	ACCREDITATION AND MARSHALLING	5
12.	SWIMWEAR (EBL 15.1).....	6
13.	STRAPPING AND TAPING.....	6
14.	CLUB PACKAGES.....	6
15.	VENUE ACCESS	6
16.	VENUE PARKING & TRAFFIC MANAGEMENT	7
17.	EMERGENCY PROCEDURES.....	7
18.	MEDICAL DIRECTORY	7
19.	TIMELINES.....	8
20.	WARM UP PROCEDURES	8
21.	BACKSTROKE EVENTS.....	8
22.	MEDAL PRESENTATION PROTOCOLS	8
23.	ACCREDITATION.....	8
23.1.	REGISTRATION PROCESS	9
23.2.	ACCESS CATEGORIES AND AREAS	9
23.3.	POLICE CLEARANCE / DCSI SCREENING	9
23.4.	ACCREDITATION APPLICATION	10
23.5.	COLLECTING YOUR ACCREDITATION – SUBJECT TO CHANGE	10
23.6.	LATE APPLICATIONS	10
23.7.	LOST OR MISPLACED ACCREDITATION PASSES	10
24.	TEAM MANGER MEETINGS	10
25.	SEATING.....	11
26.	STREAMING	11
27.	TICKETING	11
28.	BEHAVIOURAL GUIDELINES.....	11
29.	LOST PROPERTY	11
30.	FIRST AID	11
31.	PHOTOGRAPHY.....	11
32.	EVENT MERCHANDISE.....	11

1. Swimming SA Event Staff and Key Personnel

NAME	TITLE	CONTACT DETAILS
Michelle Doyle	Chief Executive Officer	michelle.doyle@sa.swimming.org.au 0438 040 403
Sarah-Jane Couche	Events Coordinator	sarah-jane.couche@sa.swimming.org.au 0404 972 724
Leanne Beames	Events, Records and Results Officer	leanne.beames@sa.swimming.org.au
Tania Carlino	Technical Officials Coordinator	tania.carlino@sa.swimming.org.au
Daniel Lawlor	Club Development Officer	daniel.lawlor@sa.swimming.org.au
Cory Bampton	Athlete and Coach Performance Officer	cory.bampton@sa.swimming.org.au
Tanya Matic	Administration and Membership Officer	tanya.matic@sa.swimming.org.au

2. Swimming SA Events Calendar 2019/20

17 – 21 July 2019	2019 South Australian Short Course Championships	SA Aquatic and Leisure Centre
1 Dec 2019	2020 South Australian Open Water Championships	West Lakes Rowing Course
9 – 12 Jan 2020	2020 South Australian Country Championships	Murray Bridge Pool
18 – 23 Jan 2020	2020 South Australian Swimming Championships	SA Aquatic and Leisure Centre
27 – 29 Mar 2020	2020 Mad March Titles	SA Aquatic and Leisure Centre

3. Event Details

The 2019 South Australian Short Course Swimming Championships is one of three flagship events on the SwimmingSA calendar. From Wednesday 17 to Sunday 21 July the 2019 South Australian Short Course Swimming Championships will showcase our state's best and emerging talent, with the event to be held at South Australia's premier aquatic venue, the SA Aquatic and Leisure Centre over five days. It is expected that 800+ athletes will compete at this event from both regional and metropolitan South Australia as well as interstate visitors.

Being a short course event, expect to see high energy and fast racing as athletes strive to raise the bar, medal in their events and better their best times. Every swim counts; age medals will be awarded during morning swims, with competitors performing at their best to make a junior or open final each night.

4. Entry Procedures

Entries for the 2019 South Australian Short Course Championships are now open. Competitors can enter this event by clicking on the link below or visiting the SwimmingSA website. Entries close Monday July 1 at 12:00pm.

[ENTER HERE](#)

Relay entries will be accepted via Swim Central only and must be submitted by the Nominations Officer/Race Secretary for your club. Relay entries close Monday July 1 at 12:00pm.

5. Program of Events

The 2019 South Australian Short Course Championships is a combination of age and open championships.

AM Sessions: Age TF, Age Heats, Open Heats

PM Sessions: 13&U Finals, Open Finals

[VIEW PROGRAM OF EVENTS HERE](#)

6. Event Operating Hours
Pre-Meet Training: Tuesday 16 July

Session 1: 9:00am – 11:00am

Session 2: 2:00pm – 4:00pm

For lane bookings prior to 16 July at the SA Aquatic and Leisure Centre please contact Matt (matthew.perriman@ymca.org.au)

Club packages collection date/time: Tuesday 16 July between 9am – 5pm

EVENT HOURS	Box Office	Gates Open	Warm Up	Session Starts	Expected Finish
AM: Wed 17 – Sat 20 July	7:00am	7:30am	7:45am – 8:45am	9:00am	1:00pm
PM: Wed 17 – Sat 20 July	3:00pm	3:30pm	3:45pm – 4:45pm	5:00pm	8:00pm
Junior Participation: Sun 21 July	7:00am	7:30	7:30am – 8:00am	8:00am	10:45am
Relay Championships: Sun 21 July	11:15am	11:45am	12:00pm – 1:30pm	2:00pm	5:00pm

7. Awards and Recognition

INDIVIDUAL - Points are awarded in the following places:

1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
10 points	9 points	8 points	7 points	6 points	5 points	4 points	3 points	2 points	1 point

RELAYS - Points are awarded in the following places:

1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
20 points	18 points	16 points	14 points	12 points	10 points	8 points	6 points	4 points	2 points

If a visitor has placed in an individual or team event, they shall score the same points as if a SwimmingSA registered swimmer had achieved this place (no swimmer in the top 10 will need to have their points adjusted)

The following perpetual trophies will be awarded at the championships:

- Bayside Aquatic Shield (highest point score in individual events)
 - Maidstone Trophy (best female performance - % of SA record)
 - President’s Trophy (best male performance - % of SA record)
 - Peter Bowen Pain Trophy / Female Age Swimmer of the Meet (points gained)
 - Peter Bowen Pain Trophy / Male Age Swimmer of the Meet (points gained)
- These trophies/awards will be presented at the official ceremony prior to the Club Relay Championships Recipients will be notified prior to this ceremony and will be required to meet in the Event Administration Room at 10.15am

8. Qualifying Times

Qualifying times may apply to this event. For the latest qualifying information visit

<https://sa.swimming.org.au/events/2019-state-sc-championships>

9. By-Laws

This event is conducted under the SwimmingSA Swimming Rules and Event By-Laws. To view these documents please [CLICK HERE](#)

10. Visitors

Please note that interstate competitors can compete in these championships. All visitors will be marked with a (V) in the program and on the scoreboard.

Visitors can compete in finals under the following rule:

- EBL 23.1 (1): A maximum of two swimmers who are visitors can compete in the final of all events at the South Australian State and Country Championships.

11. Reporting for Distance Events, Marshalling and Withdrawals

In accordance with EBL 22, any competitor who fails to report to the marshalling area at least ten minutes prior to the scheduled time for the start of the session on the day if entered in the first two events, or at the start of an event at least two events prior to the event in which they are entered shall be deemed to be withdrawn. All heats in an event (including heat of 800m and 1500m) shall be deemed to be one event for the purpose of this rule.

In all events, finalists, semi-finalists and all reserves up to and including 30th place wishing to be withdrawn from a semi-final or final shall do so in writing and signed by the competitor or his/her authorised representative within 30 minutes following the posting of the results for that event:

Withdrawal process (step-by-step):

- Results are posted in the following locations:
 - Ground level corridor (near competition change facilities)
 - Between Bay 3 and 4 on grandstand concourse
- On each result the time of posting is written
- Competitors have until 30 minutes after this time to complete a withdrawal form
- Withdrawal forms are in the marshalling room and may only be completed by the competitor or team manager
- The form must be completed and handed to the marshal who will add the time of the submission to the form and place in a locked submission box
- Please ensure you witness the form being placed in the submission box to ensure that it doesn't get lost (A recorder will check the box periodically and process your withdrawal)

A competitor who does not withdraw and does not compete in the event shall be deemed as a late withdrawal except where medical reasons or proved hardship and the club with which the competitor is registered with shall be fined the sum of \$100.00.

The Referee / Chief Executive Officer shall determine the acceptability on all matters where medical reasons or hardships are claimed, and this decision shall be final.

11.1 Accreditation and Marshalling

Athletes are required to surrender their accreditation pass at Marshalling when checking in. Athlete accreditations will be held by the marshals and check starters until the conclusion of their race where the swimmer will need to collect it from the accreditation table via the competition pool exit point.

12. Swimwear (EBL 15.1)

- (1) The swimsuits of all swimmers shall be in good moral taste and suitable for the individual sports discipline.
- (2) All swimsuits shall be non-transparent and must conform with FINA approved standards in all respects.

OR

(3) Until otherwise directed by SSA, swimmers may wear 'traditional' swimsuits provided the suits meet the following criteria:

- (a) Men's swimwear may not extend above the navel or below the knee. Women's swimwear shall not cover the neck, extend past the shoulders or below the knee.
- (b) No zippers or other fastening devices are allowed except for a waist tie on traditional swim suits.
- (c) Suits must be of a textile material and must not contain any non-textile material such as polyurethane or neoprene.

Modification of a swimsuit to accommodate a competitor's disability is permitted (IPC 2.13.2). Proposed modification shall be submitted in writing to SwimmingSA for approval at least 14 days prior to the meet. Approval letter and modified swimsuit(s) shall be presented to the Referee prior to the swimmers first event at the competition.

The Referee of a competition has the authority to exclude any competitor whose swimsuit does not comply with this By-Law.

Swimwear is limited to one (1) swimsuit.

EBL 15.2 – ADDITIONAL SWIMSUIT GUIDELINES FOR AGE GROUP EVENTS

- (1) All swimwear worn by competitors in Age Group Events (18 and under) conducted in Australia shall be commercially available products.
- (2) Swimwear worn by competitors in Age Group Events shall conform to the following design:
 - (a) Men's swimwear is limited to one (1) swimsuit that covers at most the body surface from navel to knee. Swimwear may not extend above the navel or below the knees;
 - (b) Women's swimwear is limited to one (1) swimsuit that is of "open back" and "open shoulder" designs that may extend down to the knee. Swimwear must not extend below the knees. Swimwear must not have a zipper or any type of fastening devices except for a waist tie on traditional swimsuits.
 - (c) Suits must be of textile material and must not contain any non-textile material such as polyurethane or neoprene.

13. Strapping and Taping

Swimmers must cover any wounds with waterproof dressing (not band aids) and may after presentation to the Referee of the meet use tape to hold the dressing in place as long as it does not give the swimmer any advantage. Any other strapping must be presented to the Referee who will decide if it gives the swimmer any advantage. Strapping not approved by the Referee is forbidden.

14. Club Packages

Each club must collect their club package which contains their clubs allocation of heats programs, accreditation passes for athletes, coaches and team support, relay confirmation sheets and other event notices.

These can be collected by an authorised club representative from Tuesday 16th July from the SwimmingSA office during the business hours of 9am – 5pm.

15. Venue Access

Access to the event is via Event Entry unless outside of operating hours. Outside of operating hours please use Main Entry (near café). See Event Operating Hours for more information. Accreditation Entry will be used for this event.

EFTPOS will be available at the box office.

16. Venue Parking & Traffic Management

Due to this event falling during South Australian School Holidays, the SA Aquatic and Leisure Centre will be extremely busy during all days of this event. SwimmingSA recommends the use of public transport to access the venue. For detailed information on public transport services please call Adelaide Metro on 1300 311 108 or go to their website www.adelaidemetro.com.au

There will be changes to parking access at the SA Aquatic and Leisure Centre during event days. All access to the venue carpark is via Morphett Road only. Exit is through the multi-story carpark exit to Milham Street. There is limited parking in the outdoor parking area as most carparks are reserved during this event. The SA Aquatic and Leisure Centre carpark will be managed by security attendants during all sessions.

SwimmingSA recommends that if you are not travelling to the venue via public transport that you arrive early to secure a park. Please keep in mind that if you move your vehicle between sessions that there may not be spare parks when you return.

Parking is not available for group transport vehicles on site or Westfield Marion. Drop off zones are located on Morphett Road (near Accreditation Entry) and on Warracowie Way (near Marion Cultural Centre)

Additional parking is not available in Westfield Marion. Overflow parking is available in nearby streets a short walk from the SA Aquatic and Leisure Centre. **PLEASE ALWAYS USE CAUTION WHEN USING THE SAALC CARPARK.**

17. Emergency Procedures

In the event of an emergency at the SA Aquatic and Leisure please listen carefully to stadium announcements and follow the direction of venue staff.

Stage 1: Upon hearing the alert tones (Beep.. Beep.. Beep..)

- Be aware of an emergency
- DO NOT EVACUATE ON THIS TONE

Stage 2: Upon hearing the alert tones (Whoop.. Whoop.. "Evacuate Now") – Evacuate the venue immediately via the nearest safe exit

- DO NOT USE ANY LIFTS
- Proceed to your nearest external assembly area
- DO NOT RE ENTER THE BUILDING until authorised

The emergency assembly area is located at the northern side of Bunnings Warehouse (carpark) closest to the Centrelink/Medicare building.

18. Medical Directory

SERVICE	ADDRESS	SUBURB	PC	PHONE
Emergency (Ambulance, Police, Fire 000)				
Marion Domain Medical Centre	453 Morphett Road (next to SAALC)	OAKLANDS PARK	5046	08 8375 7000
Royal Adelaide Hospital	Port Road	ADELAIDE	5000	08 7074 0000
Queen Elizabeth Hospital	28 Woodville Road	WOODVILLE SOUTH	5011	08 8222 6000
Modbury Hospital	41-69 Smart Road	MODBURY	5092	08 8161 2000
Flinders Medical Centre	Flinders Drive	BEDFORD PARK	5042	08 8204 5511
Ashford Hospital *does not offer 24hr emergency	55 ANZAC Highway	ASHFORD	5035	08 8375 5222
Calvary Wakefield Hospital	300 Wakefield Street	ADELAIDE	5000	08 8405 3333
United Chemist Express Marion Domain	453 Morphett Road (next to SAALC)	OAKLANDS PARK	5046	08 8375 7000
Terry White Chemist	Westfield Marion, 297 Diagonal Road Marion (across from SAALC)			08 8296 2270

19. Timelines

All session timelines are provided as a guide only and can change.

Any major revisions to the timeline will be provided at the Team Managers meeting daily. Timeline will be attached to this document once finalised.

20. Warm Up Procedures

The following general pool procedure for the Main Competition Pool must be observed during warm up times:

- Lane 0 MC athletes only
- Lane 1 Back starts (one way from start end), walk back
- Lanes 2 – 6 Circle swimming lanes (no diving)
- Lane 7 Pace swimming (no diving)
- Lanes 8 & 9 Dive Start (one way from start end), walk back

The following general pool procedures for the Warmup Pool must be observed during warm up times:

- Lane 1 Dive & back starts (one way from block), walk back
- Lane 2 Pace swimming (no diving)
- Lanes 3 – 7 Circle swimming (no diving)
- Lanes 8 & 9 MC athletes only
- Lane 10 Buffer lane – no access

21. Backstroke Events

As per the Policy and Event By-Law, Backstroke Ledges will be used at the 2019 South Australian Short Course Swimming Championships. The use of Backstroke Ledges is not compulsory. Competitors may choose not to use a Backstroke Ledge by informing the Inspector of Turns on their lane.

22. Medal Presentation Protocols

Medals shall be awarded to the first three place-getters in each event, with gold for first place, silver for second and bronze for third. If equal placing occurs then medals shall be awarded to each equal placing, but the next following medal/s shall be omitted. Visitors from outside South Australia (excl. Broken Hill) shall be awarded visitors medals for 1st, 2nd or 3rd placing, and South Australians will be awarded medals for 1st, 2nd or 3rd South Australian (providing they achieve the qualifying time and are not disqualified) regardless of their final placing.

Medallists must make their way immediately to the presentation desk once they are aware. Presentations will occur during racing. It is important that all athletes and team managers are vigilant and understand the presentation schedule prior to the session commencing.

The procedure for the presentation ceremony shall be:

- 1) The specified medal presentation music (PM sessions only) will play for the athletes to walk in behind the dais
- 2) Medals are awarded in order of Bronze, Silver, Gold

Competitors must remain in the presentation area for official photos.

23. Accreditation

A photo accreditation system will be implemented by SwimmingSA to provide access control at the 2019 South Australian Short Course Swimming Championships. All coaches, athletes, team supports, sport science, event management, media, volunteers and technical officials must wear their accreditation in a visible position whilst inside the venue.

23.1. Registration Process

This procedure should be read in conjunction with the following policies:

- Team Managers Policy ([click here](#))
- Pool Deck Access Policy ([click here](#))
- Sports Science Policy ([click here](#))

To ensure that all personnel attending the event are issued with the appropriate pass please ensure you follow the procedure below:

<ul style="list-style-type: none"> • Athletes 	<ul style="list-style-type: none"> • Technical Officials • Volunteer Officials • Coaches • Team Support • Event Volunteers 	<ul style="list-style-type: none"> • Executive • VIP • Production • Staff & Contractors
No application needed	Apply via JotForm (link below)	SwimmingSA will contact you individually

23.2. Access Categories and Areas

Access Category	Access Areas	Inclusions
Athletes	All competition areas including field of play for duration of event	N/A
Technical & Event Officials, Event Volunteers	All competition and event administration areas on the day/s that you are rostered to officiate/volunteer only	N/A
Coaches	Warm-up pool, event corridor, viewing platforms (no access to field of play or event administration/control areas unless otherwise specified) for duration of event	Complimentary heats program included in club package. Complimentary finals program available from event administration. Access to tea and coffee in event administration.
Team Support	Warm-up pool, event corridor, viewing platforms (no access to field of play or event administration areas unless otherwise specified) on the day/s that you are registered for only – clubs must not exceed quota.	Complimentary heats program included in club package. Complimentary finals program available from event administration.
Executive VIP	All areas excluding field of play for duration of event unless otherwise specified on accreditation pass.	Complimentary heats and finals program available from SwimmingSA Office during business hours.
Production, Staff, Contractors	All areas for duration of event unless otherwise specified on accreditation pass.	N/A

Your accreditation pass allows you free entry into the venue only on the days specified on your pass.

WITHOUT YOUR ACCREDITATION PASS YOU WILL NOT BE ALLOWED ENTRY INTO THE ACCREDITED AREAS

23.3. Police Clearance / DCSI Screening

All persons applying for event accreditation (excluding athletes and those aged under 18) must hold a current Police Clearance or DCSI Screening (working with children check) which is no more than three years old. A copy must be either submitted with your application or previously submitted to SwimmingSA. ASCTA members are not required to supply a copy as this is covered through ASCTA. Coaches must include their ASCTA membership number when applying for event accreditation.

23.4. Accreditation Application

For Coaches and Team Support

Please register [now](#) via JotForm. [CLICK HERE](#)

Applications close 12.00pm Monday 1 July 2019.

Applications are accepted from clubs as per the following ratio:

No. of Competitors	Max numbers of <u>team managers/support</u> allowed per day
20 or less	1
21-40	2
41-60	3
61-80	4
81 +	5

Any club found to be exceeding their quota will be required to withdraw additional applications.

For Technical and Volunteer Officials

Please register [now](#) via JotForm. [CLICK HERE](#)

Applications close 9.00am Monday 8 July 2019 (once club allocations have been distributed).

This application includes nominating for your official positions – you will not need to complete the traditional TryBooking registration. Your accreditation pass replaces your officials ticket.

It is the responsibility of the club to ensure any application stating affiliation to their club is in fact an approved representative with the appropriate background checks in place.

23.5. Collecting your Accreditation – SUBJECT TO CHANGE

Access Category	Collection Method	Collection Location
Athletes	One club package (must be collected by a club representative)	Pre-Meet: SwimmingSA Office During Meet: Event Entry
Coaches		
Team Support		
Executive / VIP	Individual collection	Event Entry
Production / Staff/ Contractors		Pre-Meet: SwimmingSA Office During Meet: Event Entry
Technical Officials		Pre-Meet: SwimmingSA Office During Meet: Event Entry
Event Volunteers		From Volunteer Coordinator outside the venue

23.6. Late Applications

Accreditation applications which are submitted late are subject to approval by SwimmingSA and will be charged at a cost of \$50.00

23.7. Lost or Misplaced Accreditation Passes

Should you lose or misplace your accreditation pass, replacement passes are available for purchase at \$25.00 per pass. \$15.00 of this amount will be refunded if the lost or misplaced accreditation is found and returned to event entry.

24. Team Manger Meetings

It is a requirement that each club have at least one representative at each Team Managers meeting. Meetings will be held at 8:00am each morning and will not be held in the evening unless otherwise called via a venue announcement. If called, an evening meeting will be held at 4:00pm (1 hour prior to the commencement of competition).

25. Seating

Coach and Team Support seating will be available in the seating modules on pool deck. Three seating modules will be located on the northern side of the competition pool across from the 25m competition pool. All access to these seats north of the pool deck are via the western warm-up pool. Athletes are not permitted to spectate from this area but are permitted to see their coach before and after racing.

All general public seating for this event is unreserved in the south grandstand overlooking the competition and warm-up pool.

26. Streaming

All finals sessions of the 2019 South Australian Short Course Championships will be streamed live to Facebook by Big Voice Media on SwimmingSA's Facebook page from 4:45pm local time. Finals commence at 5:00pm local time.

27. Ticketing

Ticketing information to be provided at a later date.

28. Behavioural Guidelines

SwimmingSA promotes the Behaviour Guidelines to all people involved in any way with the sport of swimming, particularly those responsible for activities involving members under the age of 18. These guidelines highlight the principle and values of SwimmingSA/Swimming Australia and the core principles of the Member and Child Welfare policies.

All persons participating at the 2019 South Australian Short Course Championships must adhere to the Behavioural Guidelines/Code of Conduct which can be found here: <https://sa.swimming.org.au/policy>

29. Lost Property

Event lost property can be found at the event information desk just past the main glass doors leading to the competition pool.

Lost property is handed to the SA Aquatic and Leisure Centre at the end of each day.

30. First Aid

Venue staff are trained in first responder care and will be providing general first aid coverage for all people attending the event.

31. Photography

SwimmingSA has contracted Get Snapt as the official photographer for this championship event.

Photos will be taken of all medal winners as well as action and environmental shots which will be available online as soon as possible following the competitions.

Should you not wish your photo to be published please email events@sa.swimming.org.au prior to the meet.

32. Event Merchandise

Sports Centre is SwimmingSA's official event merchandise supplier and will be on the grandstand concourse during each session of competition with a range of event merchandise from sale/order.