

MID NORTH SPRINTS	Participation (Endorsed)		
	Contact:	Contact: Jo Pilgrim Email: clareswimclub@gmail.com Phone: 0419393906	
	Date of Event:	SUNDAY 10th FEBRUARY 2019	
	Location of Event:	The Valleys Lifestyle Centre 180 Main North Road, Clare	
	Event Type:	Short Course (25m)	
Times:	Gates Open: 8:00am	Warm Up: 8:30am	Start Time (1st Race): 9:30am
Costs:	Event Nomination Fees: Individual: \$3.50 Relays: \$5.00		Pool Entry: Swimmers: Free Spectators: \$3.00
Awards / Recognition:	Medals for 1 st , 2 nd and 3 rd in each event.		
Entry Information:	Closing Date: Saturday 2 nd February Send cards to PO Box 130, Clare, 5453		Entry Method: Online Meet Entries White cards for all handicap events. Website: clare.swimming.org.au
	White cards for all handicap HCP events. Please Post all White Cards. All events are scratch events unless otherwise listed, awards for 1 st , 2 nd , 3 rd Male and Female in all scratch events. Age groups 8&U, 9-10, 11-12,13-14,15-16,17-29, 30&O. Visiting clubs will be required to assist with timekeeping. No tent pegs allowed due to underground watering system. * Only enter one of 191,192,193, OR 201,202,203 OR 211,212,213 OR 221,222,223		

Events

1	Mixed Open 200 Freestyle	191	Mixed 10&U 25 BBB Backstroke -HCP
2	All Comers 4x25 Freestyle Relay HCP	192	Mixed 10&U 25 BBB Breaststroke-HCP
3	Mixed 10&U 25 Butterfly	193	Mixed 10&U 25 BBB Butterfly HCP
4	Mixed 11-29 25 Butterfly	201	Mixed 11-15 25 BBB Backstroke- HCP
5	Mixed 30&O 25 Butterfly	202	Mixed 11-15 25 BBB Breaststroke- HCP
6	Mixed 10&U 25 Freestyle HCP	203	Mixed 11-15 25 BBB Butterfly- HCP
7	Mixed 11-15 25 Freestyle HCP	211	Mixed 16-29 25 BBB Backstroke- HCP
8	Mixed 16-29 25 Freestyle HCP	212	Mixed 16-29 25 BBB Breaststroke- HCP
9	Mixed 30&O 25 Freestyle HCP	213	Mixed 16-29 25 BBB Butterfly- HCP
10	Mixed 100 Individual Medley	221	Mixed 30&O BBB 25 Backstroke- HCP
11	Mixed 10&U 25 Backstroke	222	Mixed 30&O BBB 25 Breaststroke- HCP
12	Mixed 11-29 25 Backstroke	223	Mixed 30&O BBB 25 Butterfly- HCP
13	Mixed 30&O 25 Backstroke	23	Mixed 10&U 25 Freestyle
14	All comers 4 x 25 Medley Relay HCP	24	Mixed 11-29 25 Freestyle
15	Mixed 100 Freestyle HCP	25	Mixed 30&O 25 Freestyle
16	Mixed 10&U 25 Breaststroke		
17	Mixed 11-29 25 Breaststroke		
18	Mixed 30&O 25 Breaststroke		
			FINALS OF EVENTS 2,6,7,8,9,14,15, 19,20,21,22.