

JAMESTOWN	Participation (Endorsed)		
	Contact:	Phone: 0427 881 104 Email: jamestownswimming@gmail.com	
	Date of Event:	SUNDAY 3RD FEBRUARY 2019	
	Location of Event:	Jamestown Swimming Pool Ayr Street, Jamestown	
	Event Type:	Short Course (25m)	
Times:	Gates Open: 8:00am	Warm Up: 8:30am	Start Time (1st Race): 9:30am
Costs:	Event Nomination Fees: Individual: \$3.50 Relays: \$5.00		Pool Entry: Spectators: \$3.00
	Competitors, ASCTA accredited coaches and working Technical Officials receive free pool entry		
Awards / Recognition:	1 st , 2 nd , & 3 rd trophies will be awarded for all events. Male & Female medals will be awarded for 100, 50 and 25 Scratch events only. All other events will be awarded as mixed placings, including Handicap events.		
Entry Information:	Closing Date: Sunday 27 th January Login to your MYLANE profile to enter!		Entry Method: Online Meet Entries Website: jamestown.swimming.org.au
	*Handicap Event, please supply white cards to PO Box 71, Jamestown SA 5491 ** Only 1 from 31-33 may be swum, the 200 Freestyle & IM are stand-alone events		

Events

1	Mixed 400 Freestyle	26	Mixed 16 – 29 50 Breaststroke
2	Mixed 200 Individual Medley	271	Mixed 30&O 25 Backstroke HCP*
3	Mixed 30&O 25 Freestyle	272	Mixed 30&O 25 Breaststroke HCP*
4	Mixed 10&U 25 Freestyle	273	Mixed 30&O 25 Butterfly HCP*
5	Mixed 11 – 12 50 Freestyle	281	Mixed 10&U 25 Backstroke HCP*
6	Mixed 13 – 15 50 Freestyle	282	Mixed 10&U 25 Breaststroke HCP*
7	Mixed 16 – 29 50 Freestyle	283	Mixed 10&U 25 Butterfly HCP*
8	Mixed 30&O 25 Freestyle HCP*	291	Mixed 11 – 14 25 Backstroke HCP*
9	Mixed 10&U 25 Freestyle HCP*	292	Mixed 11 – 14 25 Breaststroke HCP*
10	Mixed 100 Freestyle	293	Mixed 11 – 14 25 Butterfly HCP*
11	Mixed 11 – 14 25 Freestyle HCP*	301	Mixed 15 – 29 25 Backstroke HCP*
12	Mixed 15 – 29 25 Freestyle HCP*	302	Mixed 15 – 29 25 Breaststroke HCP*
13	Mixed 100 Backstroke	303	Mixed 15 – 29 25 Butterfly HCP*
14	Mixed 30&O 25 Backstroke	31	Mixed 200 Backstroke **
15	Mixed 10&U 25 Backstroke	32	Mixed 200 Breaststroke **
16	Mixed 11 – 12 50 Backstroke	33	Mixed 200 Butterfly **
17	Mixed 13 – 15 50 Backstroke	34	Mixed 4x25 Freestyle Relay HCP*
18	Mixed 16 – 29 50 Backstroke	35	Mixed 100 Butterfly
19	Mixed 100 Individual Medley HCP*	36	Mixed 30&O 25 Butterfly
20	Mixed 4x25 Medley Relay HCP*	37	Mixed 10&U 25 Butterfly
21	Mixed 100 Breaststroke	38	Mixed 11 – 12 50 Butterfly
22	Mixed 30&O 25 Breaststroke	39	Mixed 13 – 15 50 Butterfly
23	Mixed 10&U 25 Breaststroke	40	Mixed 16 – 29 50 Butterfly
24	Mixed 11 – 12 25 Breaststroke	41	Mixed 200 Freestyle
25	Mixed 13 – 15 50 Breaststroke		