

<b>HENLEY &amp; GRANGE</b>	<b>Participation (Endorsed)</b>		
	<b>Contact:</b>	<b>Contact:</b> Jim McKinnon-Matthews <b>Email:</b> nominations@henleyandgrange.org.au <b>Phone:</b> 0415087434	
	<b>Date of Event:</b>	<b>SATURDAY 11<sup>th</sup> MAY 2019</b>	
	<b>Location of Event:</b>	Thebarton Aquatic Centre 1 Meyer Street Thebarton SA 5031	
	<b>Event Type:</b>	Short Course (25m)	
<b>Times:</b>	<b>Gates Open:</b> 12noon	<b>Warm Up:</b> 12:15pm	<b>Start Time (1<sup>st</sup> Race)::</b> 1:00pm
<b>Costs:</b>	<b>Event Nomination Fees:</b> Individual: \$6.00		<b>Pool Entry:</b> Swimmers: Free Spectators: \$4.00
<b>Awards / Recognition:</b>	ASCTA Accredited Coaches and working Technical officials receive free pool entry. Medals for 1 <sup>st</sup> , 2 <sup>nd</sup> , and 3 <sup>rd</sup> will be awarded for both male and female swimmers in the following age groups: 8&U, 9-10, 11-12, 13. Certificates for Come and Try participants.		
<b>Entry Information:</b>	<b>Closing Date:</b> Friday 27 <sup>th</sup> April 2018 at 5:00pm Login to your <b>MyLANE</b> profile to enter!		<b>Entry Method:</b> OME <b>Website:</b> henleyandgrange.org.au
	Events may be combined and run as seeded heats Eligible swimmers must be 13 years or under on the day of the event. Swimmers may enter up to 5 events. Visiting clubs will be required to assist with timekeeping.		

#### Events

<b>1</b>	Mixed 13&U 200 Freestyle	<b>15</b>	Mixed 10&U 25 Backstroke
<b>2</b>	Mixed 10&U 25 Breaststroke Come & Try	<b>16</b>	Mixed 10&U 100 Butterfly
<b>3</b>	Mixed 10&U 25 Breaststroke	<b>17</b>	Mixed 11-13 100 Butterfly
<b>4</b>	Mixed 10&U 100 Backstroke	<b>18</b>	Mixed 10&U 50 Breaststroke
<b>5</b>	Mixed 11-13 100 Backstroke	<b>19</b>	Mixed 1-13 50 Breaststroke
<b>6</b>	Mixed 10&U 25 Freestyle Come & Try	<b>20</b>	Mixed 10&U 100 Individual Medley
<b>7</b>	Mixed 10&U 25 Freestyle	<b>21</b>	Mixed 11-13 Individual Medley
<b>8</b>	Mixed 10&U 50 Butterfly	<b>22</b>	Mixed 10&U 50 Backstroke
<b>9</b>	Mixed 11-13 50 Butterfly	<b>23</b>	Mixed 11-13 50 Backstroke
<b>10</b>	Mixed 10&U 100 Breaststroke	<b>24</b>	Mixed 10&U 25 Butterfly
<b>11</b>	Mixed 11-13 100 Breaststroke	<b>25</b>	Mixed 10&U 100 Freestyle
<b>12</b>	Mixed 10&U 50 Freestyle	<b>26</b>	Mixed 11-13 100 Freestyle
<b>13</b>	Mixed 11-13 50 Freestyle	<b>27</b>	Mixed 13&U 200 Individual Medley
<b>14</b>	Mixed 10&U 25 Backstroke Come & Try		