

<b>GREAT SOUTHERN</b>	<b>Participation (Endorsed)</b>		
	<b>Contact:</b>	<b>Name:</b> Warren Young <b>Phone:</b> 0402 785 771 <b>Email:</b> powerchiro@hotmail.com	
	<b>Date of Event:</b>	<b>SUNDAY 6<sup>th</sup> JANUARY 2019</b>	
	<b>Location of Event:</b>	Strathalbyn Swimming Pool Coleman Terrace, Strathalbyn	
	<b>Event Type:</b>	Long Course (50m)	
<b>Times:</b>	<b>Gates Open:</b> 8.00am	<b>Warm Up:</b> 8.30am	<b>Start Time (1<sup>st</sup> Race):</b> 9.00am
<b>Costs:</b>	<b>Event Nomination Fees:</b> Individual: \$4.00	<b>Pool Entry:</b> Spectators:	
	FREE ENTRY for ASCTA accredited coaches, officials, and swimmers with accreditation.		
<b>Awards / Recognition:</b>	Medals for 1 <sup>st</sup> , 2 <sup>nd</sup> , and 3 <sup>rd</sup> swimmer in the designated age groups and open events.		
<b>Entry Information:</b>	<b>Closing Date:</b> Sunday 23 <sup>rd</sup> December at 5:00pm		<b>Entry Method:</b> OME <b>Website:</b> <a href="http://greatsouthern.swimming.org.au">greatsouthern.swimming.org.au</a>
	Login to your <b>MyLANE</b> profile to enter!		
	All events are scratch. One start rule for all events except 10&U. Must have swim time of 11:15 in the last 12mths for 800m Freestyle. ** Swimmers may nominate for only one of Event 1, 2, or 3**		

### Events

1 Mixed 400 Freestyle**	26 Male 10&U 50 Butterfly	51 Male 30&O 50 Breaststroke
2 Mixed 400 Individual Medley**	27 Female 11-12 50 Butterfly	52 Female 12&U 100 Breaststroke
3 Mixed 800 Freestyle**	28 Male 11-12 50 Butterfly	53 Male 12&U 100 Breaststroke
4 Female 10&U 50 Freestyle	29 Female 13-15 50 Butterfly	54 Female 13-15 100 Breaststroke
5 Male 10&U 50 Freestyle	30 Male 13-15 50 Butterfly	55 Male 13-15 100 Breaststroke
6 Female 11-12 50 Freestyle	31 Female 16-29 50 Butterfly	56 Female 16&O 100 Breaststroke
7 Male 11-12 50 Freestyle	32 Male 16-29 50 Butterfly	57 Male 16&O 100 Breaststroke
8 Female 13-15 50 Freestyle	33 Female 30&O 50 Butterfly	58 Female 10&U 50 Backstroke
9 Male 13-15 50 Freestyle	34 Male 30&O 50 Butterfly	59 Male 10&U 50 Backstroke
10 Female 16-29 50 Freestyle	35 Female 12&U 100 Butterfly	60 Female 11-12 50 Backstroke
11 Male 16-29 50 Freestyle	36 Male 12&U 100 Butterfly	61 Male 11-12 50 Backstroke
12 Female 30&O 50 Freestyle	37 Female 13-15 100 Butterfly	62 Female 13-15 50 Backstroke
13 Male 30&O 50 Freestyle	38 Male 13-15 100 Butterfly	63 Male 13-15 50 Backstroke
14 Mixed 50 Freestyle <b>Multiclass</b>	39 Female 16&O 100 Butterfly	64 Female 16-29 50 Backstroke
15 Female 12&U 100 Freestyle	40 Male 16&O 100 Butterfly	65 Male 16-29 50 Backstroke
16 Male 12&U 100 Freestyle	41 Mixed 200 Individual Medley	66 Female 30&O 50 Backstroke
17 Female 13-15 100 Freestyle	42 Female 10&U 50 Breaststroke	67 Male 30&O 50 Backstroke
18 Male 13-15 100 Freestyle	43 Male 10&U 50 Breaststroke	68 Mixed 50 Backstroke <b>Multiclass</b>
19 Female 16&O 100 Freestyle	44 Female 11-12 50 Breaststroke	69 Female 12&U 100 Backstroke
20 Male 16&O 100 Freestyle	45 Male 11-12 50 Breaststroke	70 Male 12&U 100 Backstroke
21 Mixed 200 Backstroke	46 Female 13-15 50 Breaststroke	71 Female 13-15 100 Backstroke
22 Mixed 200 Breaststroke	47 Male 13-15 50 Breaststroke	72 Male 13-15 100 Backstroke
23 Mixed 200 Butterfly	48 Female 16-29 50 Breaststroke	73 Female 16&O 100 Backstroke
24 Mixed 200 Freestyle	49 Male 16-29 50 Breaststroke	74 Male 16&O 100 Backstroke
25 Female 10&U 50 Butterfly	50 Female 30&O 50 Breaststroke	