

Participation (Interclub)		EASTERN DISTRICTS MEET 6
Contact:	Contact: Warren Young Phone: 0402785771 Email: powerchiro@hotmail.com	
Date of Event:	SUNDAY 16th DECEMBER 2018	
Location of Event:	Adelaide Hills Swimming Centre Nairne Rd, Woodside	
Event Type:	Short Course (25m)	
Times:	Warm Up: 9.00am	Start Time (1st Race): 9.30am
Costs:	Event Nomination Fees: \$12.50	
	Competitors, ASCTA accredited coaches and working technical officials receive free entry	
Awards / Recognition:	All individual points scored at these meets will accumulate towards the end of season Club Development Pennant and Club Handicap Pennant.	
Entry Information:	Closing Date: Saturday 8 th December at 5.00pm	Entry Method: Online Meet Entries Website: greatsouthern.swimming.org.au
	Online entries open 2 weeks prior to the meet. Clubs may enter a maximum of 2 teams per relay event This pool has a strict NO GLASS policy	

Events

1	Mixed 800 Freestyle	19	Mixed 10&U 100 Butterfly
2	Mixed 200 Freestyle Relay	20	Mixed 11&O 100 Butterfly
3	Mixed 200 Freestyle	21	Mixed 10&U 50 Freestyle
4	Mixed 200 Backstroke	22	Mixed 11&O 50 Freestyle
5	Mixed 10&U 50 Backstroke	23	Mixed 10&U 100 Freestyle
6	Mixed 11&O 50 Backstroke	24	Mixed 11&O 100 Freestyle
7	Mixed 10&U 50 Breaststroke	25	Mixed 10&U 50 Backstroke
8	Mixed 11&O 50 Breaststroke	26	Mixed 11&O 50 Backstroke
9	Mixed 10&U 50 Butterfly	27	Mixed 10&U 50 Breaststroke
10	Mixed 11&O 50 Butterfly	28	Mixed 11&O 50 Breaststroke
11	Mixed 100 Individual Medley	29	Mixed 10&U 50 Butterfly
12	Mixed 400 Freestyle	30	Mixed 11&O 50 Butterfly
13	Mixed 400 Individual Medley	31	Mixed 10&U 50 Freestyle
14	Mixed 10&U 100 Backstroke	32	Mixed 11&O 50 Freestyle
15	Mixed 11&O 100 Backstroke	33	Mixed 200 Individual Medley
16	Mixed 10&U 100 Breaststroke	34	Mixed 200 Breaststroke
17	Mixed 11&O 100 Breaststroke	35	Mixed 200 Butterfly
18	Mixed 200 Medley Relay		