

# ONKAPARINGA AGGREGATE MEET 1

## PARTICIPATION (ENDORSED)

### Contact

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Joanne Weir

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### Event Information

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**Sunday, 19 November 2023**

**Adelaide Hills Swimming Centre | 8 Nairne Road, Woodside SA 5244**

**Short Course Pool (25m)**

Gates Open: 7:30am Warm Up Starts: 8:00am Warm Up Finishes: 9:00am Start Time: 9:00am

Event Nomination Fees: Individual \$8.00 | Relay \$10.00

Pool Entry: Swimmers Free | Spectators \$5.00 | Child/Concession \$3.00

Free Entry: ASCTA Accredited Coaches | Working Technical Officials

### Awards & Recognition

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> medals awarded to the highest point scores by a male and female over 5 events in each age group

### Entry Information

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**Closing Date: Wednesday, 8 November 2023 at 11:00pm**

**Entry Method: Entries via SWIM CENTRAL**

**Website: [onkaswimclub.com.au](http://onkaswimclub.com.au)**

Swimmers may enter up to 5 individual events and 1 relay

Swimmers may only enter 1 200 Form Stroke (Events 11, 12 & 13)

Catering is available

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## EVENT LIST

- 1 Mixed 100 Individual Medley
- 2 Mixed 50 Freestyle
- 3 Mixed 100 Backstroke
- 4 Mixed 50 Butterfly
- 5 Mixed 100 Breaststroke
- 6 Mixed 100 Freestyle
- 7 Mixed 50 Backstroke
- 8 Mixed 100 Butterfly
- 9 Mixed 50 Breaststroke
- 10 Mixed 200 Freestyle
- 11 Mixed 200 Backstroke
- 12 Mixed 200 Butterfly
- 13 Mixed 200 Breaststroke
- 14 Mixed 200 Individual Medley
- 15 Mixed 3x100 Medley Relay

