# **EASTERN DISTRICTS INTERCLUB 4**

PARTICIPATION (INTERCLUB)

## Contact

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### **Event Information**

## Sunday, 11February 2024 Lameroo Swimming Centre | Butler Terrace, Lameroo SA 5302 Short Course Pool (25m)

Gates Open: 8:00am Warm Up Starts: 8:00am Warm Up Finishes: 8:30am Start Time: 9:00am

Event Nomination Fees:	Individual \$4.50
Pool Entry:	Swimmers Free
Free Entry:	ASCTA Accredited Coaches   Working Technical Officials

#### Awards & Recognition

All individual points scored at these meets will accumulate towards the end of season Club Development and Club Handicap Pennant

### **Entry Information**

Closing Date:	Monday, 5 February 2024 at 9:00pm
Entry Method:	Entries via SWIM CENTRAL
Website:	https://www.facebook.com/people/Eastern-District-Swimming-
	Association/100063988304056/

Clubs or districts may enter a maximum of 2 teams per relay Event

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## EVENT LIST

1 Mixed 400 Freestyle 2 Mixed 10 & Under 50 Breaststroke З Mixed 11 & Over 50 Breaststroke Δ Mixed 10 & Under 100 Breaststroke 5 Mixed 11 & Over 100 Breaststroke 6 Mixed 10 & Under 25 Breaststroke 7 Mixed 11 & Over 25 Breaststroke 8 Mixed 200 Breaststroke 9 Mixed 200 Individual Medlev 10 Mixed 10 & Under 50 Freestyle 11 Mixed 11 & Over 50 Freestyle 12 Mixed 10 & Under 100 Freestyle 13 Mixed 11 & Over 100 Freestyle 14 Mixed 10 & Under 25 Freestyle Mixed 11 & Over 25 Freestyle 15 16 Mixed 200 Freestyle 17 Mixed 10 & Under 100 Individual Medlev 18 Mixed 11 & Over 100 Individual Medlev 19 Mixed 10 & Under 50 Backstroke 20 Mixed 11 & Over 50 Backstroke 21 Mixed 10 & Under 100 Backstroke 22 Mixed 11 & Over 100 Backstroke 23 Mixed 10 & Under 25 Backstroke Mixed 11 & Over 25 Backstroke 24 26 Mixed 200 Backstroke 27 Mixed 10 & Under 50 Butterfly 28 Mixed 11 & Over 50 Butterfly 29 Mixed 10 & Under 100 Butterfly 30 Mixed 11 & Over 100 Butterfly 31 Mixed 10 & Under 25 Butterfly 32 Mixed 11 & Over 25 Butterfly 33 Mixed 200 Butterfly 34 Mixed 200 Medley Relay 35 Mixed 200 Freestyle Relay

