

# CLARE OPEN

PARTICIPATION (ENDORSED)

## Contact

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Kellie Samuel

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## Event Information

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**Saturday, 4 March 2023**

**The Valleys Lifestyle Centre | 180 Main North Road, Clare SA 5453**

**Short Course Pool (25m)**

Gates Open: 8:00am Warm Up Starts: 8:30am Warm Up Finishes: 9:15am Start Time: 9:30am

Event Nomination Fees: Individual \$4 | Relay \$5  
Pool Entry: Swimmers Free | Spectators \$3  
Free Entry: ASCTA Accredited Coaches | Working Technical Officials

## Awards & Recognition

Medals for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> male and female swimmers in each event

50m Scratch: 10 & Under | 11/12 | 13/14 | 15/16 | 17-19 | 30 & Over  
100m Scratch: 12 & Under | 13-16 | 17 & Over  
200m & 400m Scratch: Open  
HCP & Relays: 12 & Under | 13 & Over (Age groups as listed)

## Entry Information

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**Closing Date: Saturday, 25 February 2023 at 9:30am**

**Entry Method: Entries via SWIM CENTRAL**

**Website: <https://clare.swimming.org.au/>**

White Cards for all handicap events. Post to PO Box 130, Clare SA 5453

HCP Events Info: Individual 11, 12, 181-183 (BBB Choose only 1) 191-193 (BBB Choose only 1) Relays 7,14

All other events are scratch events (Choose only 1 Event 201-203)

Time limit applies for Event 1 – 7:30.00 and Event 201-203 – 4:30.00

No tent pegs allowed due to sprinkler system

Visiting clubs will be required to assist with Time Keeping

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## EVENT LIST

- 1 Mixed 400 Freestyle
- 2 Mixed 100 Backstroke
- 3 Mixed 10 & Under 50 Freestyle
- 4 Mixed 11-29 50 Freestyle
- 5 Mixed 30 & Over 50 Freestyle
- 6 Mixed 200 Individual Medley
- 7 Mixed 100 Freestyle Relay \*HCP\*
- 8 Mixed 10 & Under 50 Backstroke
- 9 Mixed 11-29 50 Backstroke
- 10 Mixed 30 & Over 50 Backstroke
- 11 Mixed 12 & Under 50 Freestyle \*HCP\*
- 12 Mixed 13 & Over 50 Freestyle \*HCP\*
- 13 Mixed 100 Butterfly
- 14 Mixed 100 Medley Relay \*HCP\*
- 15 Mixed 10 & Under 50 Breaststroke
- 16 Mixed 11-29 50 Breaststroke
- 17 Mixed 30 & Over 50 Breaststroke
- 181 Mixed 12 & Under 50 Backstroke BBB \*HCP\*
- 182 Mixed 12 & Under 50 Breaststroke BBB \*HCP\*
- 183 Mixed 12 & Under 50 Butterfly BBB \*HCP\*
- 191 Mixed 13 & Over 50 Backstroke BBB \*HCP\*
- 192 Mixed 13 & Over 50 Breaststroke BBB \*HCP\*
- 193 Mixed 13 & Over 50 Butterfly BBB \*HCP\*
- 201 Mixed 200 Backstroke
- 202 Mixed 200 Breaststroke
- 203 Mixed 200 Butterfly
- 21 Mixed 10 & Under 50 Butterfly
- 22 Mixed 11-29 50 Butterfly
- 23 Mixed 30 & Over 50 Butterfly