

2025 School Sport National Championships Selection Guidelines

Who can nominate to be selected

To nominate for selection, students must be:

- enrolled at an affiliated school.
- born in 2013, 2014, 2015 for the 12 years and under team.
- born in 2006, 2007, 2008, 2009, 2010, 2011, 2012 for the 13 to 19 years team.

To nominate as a multiclass student with disability as above, plus students must hold a classification.

Where and when

12 years and under

Ballarat, Victoria from Sunday 25 to Wednesday 29 October 2025.

Travel dates may vary due to flight availability.

13 to 19 years

South East, Queensland. Venue and dates to be confirmed.

Travel dates may vary due to flight availability.

Team officials

To be advised.

The team will be under the supervision of the team officials to meet supervision ratios.

How to nominate for selection

Complete the [online nomination form](#) by

- Monday 17 March 2025 for the 13 to 19 years team
- Wednesday 9 April 2025 for the 12 years and under team

You will receive a confirmation email once your nomination has been processed. Your school will also be sent a copy as confirmation of your nomination. Your school has the right to not approve a child's involvement based on behaviour, attendance and other grounds as determined by the school.

Selection criteria

Meeting the selection criteria and qualifying standards does not guarantee selection in the team. Selection is for individual and relay events. Selection in a School Sport SA state team is final.

- Swimmers must nominate by the due dates listed above.
- Times do not need to be submitted when nominating.

2025 School Sport National Championships Selection Guidelines

- Multiclass students with a disability must hold a current Swimming Australia Classification to be selected.

Swimmers wishing to be considered for possible selection must

- achieve a [qualifying time \(PDF 83 KB\)](#) .
- be selected to swim in a minimum of 3 individual events.
- demonstrate positive in and out of sport behaviour – this will be considered when selecting the team.
- participate at the [School Sport SA Sapsasa State Championships](#) on Friday 4 or Monday 7 April 2025 for students in year 4 to 6.

Swimmers unavailable for the School Sport SA Sapsasa State Championships and wish to be considered for selection must nominate online and email Education.StateTeams@sa.gov.au with valid reasons for unavailability. Inclusion will be made on an individual basis and is the discursion of School Sport SA.

A swimmer who nominates and is eligible for the either age group state team can be selected for any number of events within the minimum and maximum range allowed however, the final decision rests with School Sport SA.

Selection meets

Selection in either team is by a priority-based selection as follow.

To be ranked and eligible for selection, swimmers must achieve any entry criteria, attend and swim at one or more of the following long course meets

- Swimming SA Country Championships 4 to 7 January 2025.
- Swimming SA State Open Age Championships 17 to 19 January 2025.
- Swimming SA State Age Championships 7 to 10 March 2025.
- School Sport SA Secondary State Championships 24 to 25 February 2025.
- School Sport SA Sapsasa State Championship 4 and 7 April 2025.
- Swimming SA 12 Years and Under School Sport SA State Team Time Trial 6 April 2025
- Australian Age Championships 10 to 18 April 2025

Selection process

From the selection meets, the following process will take place.

- Swimmers will be ranked based of their best time achieved at one of the selection meets.
- Swimmers will be placed in their respective priority groups as detailed below.

Priority 1 (P1)

Swimmers who have achieved a minimum of 3 individual qualifying times and are ranked in the top 2 or 3 swimmers for events in which they have achieved the qualifying time to the maximum number of entries SA can submit for the relevant event.

Priority 2 (P2)



2025 School Sport National Championships Selection Guidelines

Swimmers who have achieved a minimum of 3 individual qualifying times in events where SA is capable of submitting an entry for them for 3 events.

Priority 3 (P3)

Swimmers required to be considered for selection to enable relay team entries to the maximum number of entries SA can submit for any relay event.

Priority 4 (P4)

Swimmers who have achieved 1 or 2 qualifying times, who are eligible to swim a minimum of 3 events as required to fill gaps withing race entries for the team.

School endorsement

Selection in a School Sport SA state team requires endorsement from the student's school principal before confirming their place in the team. Therefore, parents are advised not to make any arrangements that incur costs until the school has confirmed that the student fulfils all requirements.

Training and championship expectations

All selected team members will be required to attend all team trainings and a team photo shoot.

Country team members travelling more than 2 hours can negotiate their commitment.

The selected student agrees to attend the competition for the full duration including the opening and closing ceremonies and the educational experience.

Accommodation, flights, and daily transport

Parents/caregivers who can accompany their child must book and manage accommodation, flights and daily transport for the entire championship.

Should this not be possible then the family will need to negotiate with School Sport SA to arrange appropriate flights, accommodation, meals and daily transport for their child which will be an additional cost. Negotiations must begin within 1 week of the team being announced.

Championship costs

An individual itemised account will be provided for every student selected in a School Sport SA state team.

12 years and under

The anticipated cost to School Sport SA is approximately \$700 which includes levies to participate at the championship and any training costs. Walkout and competition uniforms will be approximately \$450 depending on the number of items ordered. This will be a separate online ordering process where payment is made directly to the supplier.

13 to 19 years

The anticipated cost to School Sport SA is approximately \$700 which includes levies to participate at the championship and any training costs. If selected a \$100 deposit is required to confirm your position in the



2025 School Sport National Championships Selection Guidelines

team. Walkout and competition uniforms will be approximately \$450 depending on the number of items ordered. This will be a separate online ordering process where payment is made directly to the supplier.

Appendix A – Qualifying Times

2024 School Sport Qualifying Times

Girls											
	10 Years	11 Years	12 years	13 years	14 years	15 Years	16 Years	17 - 19 Years	10-12 Yrs MC	13-15 Yrs MC	16-19 Yrs MC
50 Free	00:42.48	00:36.00	00:35.25	00:32.50	00:30.80	00:30.20	00:29.80	00:29.50	75pts	125pts	175pts
100 Free	01:31.00	01:19.00	01:17.00	01:10.00	01:07.10	01:06.60	01:05.25	01:04.25	75pts	125pts	175pts
200 Free	02:41.00			02:28.60		02:22.00		02:19.00	75pts	125pts	175pts
400 Free				05:19.50		05:14.00		05:08.00			
800 Free	10:26.00										
1500 Free	19:50.00										
50 Back	00:48.61	00:44.00	00:43.00	00:39.00	00:37.50	00:36.50	00:36.00	00:35.35	75pts	125pts	175pts
100 Back	01:43.00	01:35.50	01:29.50	01:23.80	01:19.80	01:18.90	01:17.85	01:14.50	75pts	125pts	175pts
200 Back				03:00.40		02:49.00		02:40.50			
50 Breast	00:54.19	00:51.00	00:48.50	00:45.50	00:43.67	00:43.20	00:41.05	00:39.96	75pts	125pts	175pts
100 Breast	01:55.00	01:49.00	01:44.00	01:40.00	01:34.30	01:33.60	01:28.50	01:25.50	75pts	125pts	175pts
200 Breast				03:24.00		03:11.00		03:06.00			
50 Fly	00:45.39	00:44.35	00:39.15	00:35.15	00:34.90	00:34.30	00:33.50	00:32.30	75pts	125pts	175pts
100 Fly	01:40.00	01:38.00	01:29.00	01:23.00	01:21.00	01:18.50	01:14.75	01:12.75	75pts	125pts	175pts
200 Fly				03:08.00		02:55.00		02:50.00			
150/200 IM	03:42.10	03:17.00	03:01.00	02:55.00	02:50.06	02:48.00	02:44.50	02:40.30	75pts	125pts	175pts
400 IM				06:13.00		05:50.00		05:43.00			

Boys											
	10 Years	11 Years	12 years	13 years	14 years	15 Years	16 Years	17 - 19 Years	10-12 Yrs MC	13-15 Yrs MC	16-19 Yrs MC
50 Free	00:42.12	00:37.75	00:36.25	00:32.35	00:29.20	00:28.50	00:27.85	00:26.70	75pts	125pts	175pts
100 Free	01:31.00	01:23.00	01:16.00	01:09.50	01:05.90	01:03.65	01:01.85	00:59.61	75pts	125pts	175pts
200 Free	02:48.05			02:23.00		02:18.00		02:12.00	75pts	125pts	175pts
400 Free				05:20.25		04:54.80		04:45.00			
800 Free	10:18.00										
1500 Free	18:40.00										
50 Back	00:47.96	00:45.75	00:41.78	00:38.25	00:36.80	00:35.50	00:33.80	00:32.65	75pts	125pts	175pts
100 Back	01:41.00	01:35.50	01:28.66	01:23.16	01:19.00	01:15.00	01:13.10	01:12.60	75pts	125pts	175pts
200 Back				03:00.00		02:42.25		02:37.00			
50 Breast	00:52.90	00:51.25	00:47.65	00:44.05	00:42.35	00:40.50	00:38.50	00:37.30	75pts	125pts	175pts
100 Breast	01:52.00	01:50.50	01:45.69	01:35.75	01:30.30	01:27.75	01:23.90	01:22.00	75pts	125pts	175pts
200 Breast				03:19.50		03:00.80		02:58.00			
50 Fly	00:45.11	00:44.35	00:38.50	00:35.50	00:33.40	00:31.85	00:30.75	00:30.15	75pts	125pts	175pts
100 Fly	01:40.00	01:38.00	01:30.85	01:24.00	01:15.70	01:15.10	01:12.00	01:08.00	75pts	125pts	175pts
200 Fly				03:12.10		02:52.00		02:41.00			
150/200 IM	03:46.00	03:22.00	03:05.00	02:51.00	02:43.30	02:39.00	02:33.70	02:32.60	75pts	125pts	175pts
400 IM				06:08.50		05:45.00		05:38.70			