

# SA STATE OPEN/MC CHAMPIONSHIPS

## PERFORMANCE (ENDORSED)

### Contact

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SwimmingSA

7123 0848 | [events@sa.swimming.org.au](mailto:events@sa.swimming.org.au)

### Event Information

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**Friday 17 – Sunday 19, January 2025**

**SA Aquatic & Leisure Centre | 443 Morphett Road, Oaklands Park SA 5046**

**Long Course Pool (50m)**

AM Sessions: Gates Open: 7:30am Warm Up Starts: 7:45am Warm Up Finishes: 8:45am Start Time: 9:00am

PM Sessions: Gates Open: 3:30pm Warm Up Starts: 3:45pm Warm Up Finishes: 4:45pm Start Time: 5:00pm

Pool Entry & Event Nomination Fees: Prices will be available on Swim Central

Free Entry: Accredited Coaches | Working Technical Officials

### Awards & Recognition

Open Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each event only

### Entry Information

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**Closing Date: Monday, 30 December 2024 at 9:00am**

**Entry Method: Entries via SWIM CENTRAL**

**Website: [sa.swimming.org.au](http://sa.swimming.org.au)**

Time qualifying period 1 October 2022 – close of entries

Time qualifying course – LC times only

Qualifying times apply to all individual events excluding Relays

Max 2 teams per club in each Relay Event

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## EVENT LIST

### Session: 1 Day of Meet: 1 Starts at 09:00 AM QT

Prelims	1	Female 50 Backstroke	34.10
Prelims	2	Male 50 Backstroke	31.58
Prelims	3	Female 200 Breaststroke	2:58.87
Prelims	4	Male 100 Breaststroke	1:18.14
Prelims	5	Female 400 Freestyle	4:44.53
Finals	6	Mixed 400 Freestyle Multi-Class	
Prelims	7	Male 400 Freestyle	4:35.53
Prelims	8	Female 200 Butterfly	2:46.00
Prelims	9	Male 200 Butterfly	2:36.30
Prelims	10	Female 50 Freestyle	28.97
Prelims	11	Male 50 Freestyle	26.18

### Session: 2 Day of Meet: 1 Starts at 05:00 PM

Finals	12	Male 4x50 Freestyle Relay	
Finals	13	Female 4x50 Medley Relay	
Finals	1	Female 50 Backstroke	
Finals	14	Mixed 50 Backstroke Multi-Class	
Finals	2	Male 50 Backstroke	
Finals	3	Female 200 Breaststroke	
Finals	4	Male 100 Breaststroke	
Finals	5	Female 400 Freestyle	
Finals	6	Male 400 Freestyle	
Finals	7	Female 200 Butterfly	
Finals	8	Male 200 Butterfly	
Finals	9	Female 50 Freestyle	
Finals	15	Mixed 50 Freestyle Multi-Class	
Finals	10	Male 50 Freestyle	
Finals	16	Female 4x100 Freestyle Relay	
Finals	17	Male 4x100 Medley Relay	

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## EVENT LIST

### Session: 3 Day of Meet: 2 Starts at 09:00 AM QT

Prelims	18	Male 100 Freestyle	57.62
Finals	19	Mixed 100 Freestyle Multi-Class	
Prelims	20	Female 100 Backstroke	1:12.15
Prelims	21	Male 200 Backstroke	2:29.18
Prelims	22	Female 100 Breaststroke	1:23.80
Prelims	23	Male 50 Breaststroke	34.82
Prelims	24	Female 400 Individual Medley	5:33.64
Prelims	25	Male 100 Butterfly	1:04.70
Prelims	26	Female 200 Freestyle	2:14.30
Prelims	27	Male 200 Individual Medley	2:23.84
Finals	28	Mixed 200 Individual Medley Multi-Class	
Prelims	29	Female 50 Butterfly	31.60
Finals-S	30	Male 1500 Freestyle – Slow Heats	17:40.00
Finals-S	31	Female 1500 Freestyle – Slow Heats	18:50.00

### Session: 4 Day of Meet: 2 Starts at 05:00 PM

Finals	32	Male 4x50 Medley Relay	
Finals	33	Female 4x50 Freestyle Relay	
Finals	18	Male 100 Freestyle	
Finals	20	Female 100 Backstroke	
Finals	34	Mixed 100 Backstroke Multi-Class	
Finals	21	Male 200 Backstroke	
Finals	22	Female 100 Breaststroke	
Finals	23	Male 50 Breaststroke	
Finals	24	Female 400 Individual Medley	
Finals	25	Male 100 Butterfly	
Finals	26	Female 200 Freestyle	
Finals	27	Male 200 Individual Medley	
Finals	29	Female 50 Butterfly	
Finals	35	Mixed 50 Butterfly Multi-Class	
Finals-1	30	Male 1500 Freestyle – Fast Heat	
Finals-1	31	Female 1500 Freestyle – Fast Heat	
Finals	36	Male 4x100 Freestyle Relay	
Finals	37	Female 4x100 Medley Relay	

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## EVENT LIST

<b>Session: 5 Day of Meet: 3 Starts at 09:00 AM</b>			<b>QT</b>
Prelims	38	Female 100 Freestyle	1:02.79
Prelims	39	Male 200 Freestyle	2:07.71
Finals	40	Mixed 200 Freestyle Multi-Class	
Prelims	41	Female 200 Individual Medley	2:35.53
Prelims	42	Male 50 Butterfly	28.63
Prelims	43	Female 100 Butterfly	1:09.50
Prelims	44	Male 100 Backstroke	1:08.05
Prelims	45	Female 50 Breaststroke	38.30
Finals	46	Mixed 50 Breaststroke Multi-Class	
Prelims	47	Male 400 Individual Medley	5:20.70
Prelims	48	Female 200 Backstroke	2:37.24
Prelims	49	Male 200 Breaststroke	2:53.84
Finals-S	50	Female 800 Freestyle – Slow Heats	10:11.00
Finals-S	51	Male 800 Freestyle – Slow Heats	9:33.97

### **Session: 6 Day of Meet: 3 Starts at 05:00 PM**

Finals	52	Mixed 4x50 Medley Relay	
Finals	38	Female 100 Freestyle	
Finals	39	Male 200 Freestyle	
Finals	41	Female 200 Individual Medley	
Finals	42	Male 50 Butterfly	
Finals	43	Female 100 Butterfly	
Finals	53	Mixed 100 Butterfly Multi-Class	
Finals	44	Male 100 Backstroke	
Finals	45	Female 50 Breaststroke	
Finals	47	Male 400 Individual Medley	
Finals	48	Female 200 Backstroke	
Finals	49	Male 200 Breaststroke	
Finals	54	Mixed 100 Breaststroke Multi-Class	
Finals-1	50	Female 800 Freestyle – Fast Heat	
Finals-1	51	Male 800 Freestyle – Fast Heat	
Finals	55	Mixed 4x50 Freestyle Relay	