PERFORMANCE (ENDORSED)

Contact

SwimmingSA

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Event Information

Friday 7 – Monday 10 March 2025 SA Aquatic & Leisure Centre | 443 Morphett Road, Oaklands Park SA 5046 Long Course Pool (50m)

AM Sessions: Gates Open: 7:00am Warm Up Starts: 7:15am Warm Up Finishes: 8:15am Start Time: 8:30am PM Sessions: Gates Open: 3:30pm Warm Up Starts: 3:45pm Warm Up Finishes: 4:45pm Start Time: 5:00pm

Pool Entry & Event Nomination Fees:	Prices will be available on Swim Central
Free Entry:	Accredited Coaches Working Technical Officials

Awards & Recognition

All 50m & 100m Events:	11 12 13 14 15 16 17 - 18
200m Free & IM:	11 – 12 13 14 15 16 17 – 18
200m Back, Breast, Fly:	12 - 13 14 - 15 16 - 18
400m, 800m 1500m:	12 – 13 14 – 15 16 – 18

Entry Information

Closing Date:	Monday, 17 February 2025 at 9:00am
Entry Method:	Entries via SWIM CENTRAL
Website:	sa.swimming.org.au

Time qualifying period 1 October 2022 – close of entries Time qualifying course – LC times only Qualifying times apply to all individual events

EVENT LIST

Session: 1 Day of Meet: 1 Starts at 08:30 AM

Prelims	1	Male 11-13 100 Freestyle
		,
Prelims	2	Male 14-18 100 Freestyle
Prelims	3	Female 11-13 100 Freestyle
Prelims	4	Female 14-18 100 Freestyle
Prelims	5	Male 11-13 200 Individual Medley
Prelims	6	Male 14-18 200 Individual Medley
Prelims	7	Female 11-13 200 Individual Medley
Prelims	8	Female 14-18 200 Individual Medley
Prelims	9	Male 11-13 50 Breaststroke
Prelims	10	Male 14-18 50 Breaststroke
Prelims	11	Female 11-13 50 Breaststroke
Prelims	12	Female 14-18 50 Breaststroke
Finals-S	13	Male 12-18 800 Freestyle – Slow Heats
Finals-S	14	Female 12-18 1500 Freestyle – Slow Heats

Session: 2 Day of Meet: 1 Starts at 05:00 PM

Finals	1	Male 11-13 100 Freestyle
Finals	2	Male 14-18 100 Freestyle
Finals	3	Female 11-13 100 Freestyle
Finals	4	Female 14-18 100 Freestyle
Finals	5	Male 11-13 200 Individual Medley
Finals	6	Male 14-18 200 Individual Medley
Finals	7	Female 11-13 200 Individual Medley
Finals	8	Female 14-18 200 Individual Medley
Finals	9	Male 11-13 50 Breaststroke
Finals	10	Male 14-18 50 Breaststroke
Finals	11	Female 11-13 50 Breaststroke
Finals	12	Female 14-18 50 Breaststroke
Finals-1	13	Male 12-18 800 Freestyle – Fast Heat
Finals-1	14	Female 12-18 1500 Freestyle – Fast Heat

EVENT LIST

Session: 3 Day of Meet: 2 Starts at 08:30 AM

Prelims	15	Male 12-18 400 Freestyle
Prelims	16	Female 12-18 400 Freestyle
Prelims	17	Male 11-13 100 Breaststroke
Prelims	18	Male 14-18 100 Breaststroke
Prelims	19	Female 11-13 100 Breaststroke
Prelims	20	Female 14-18 100 Breaststroke
Prelims	21	Male 11-13 50 Backstroke
Prelims	22	Male 14-18 50 Backstroke
Prelims	23	Female 11-13 50 Backstroke
Prelims	24	Female 14-18 50 Backstroke
Prelims	25	Male 12-18 200 Butterfly
Prelims	26	Female 12-18 200 Butterfly

Session: 4 Day of Meet: 2 Starts at 05:00 PM

Finals	15	Male 12-18 400 Freestyle
Finals	16	Female 12-18 400 Freestyle
Finals	17	Male 11-13 100 Breaststroke
Finals	18	Male 14-18 100 Breaststroke
Finals	19	Female 11-13 100 Breaststroke
Finals	20	Female 14-18 100 Breaststroke
Finals	21	Male 11-13 50 Backstroke
Finals	22	Male 14-18 50 Backstroke
Finals	23	Female 11-13 50 Backstroke
Finals	24	Female 14-18 50 Backstroke
Finals	25	Male 12-18 200 Butterfly
Finals	26	Female 12-18 200 Butterfly

EVENT LIST

Session: 5 Day of Meet: 3 Starts at 08:30 AM

Prelims	27	Male 12-18 400 Individual Medley
Prelims	28	Female 12-18 400 Individual Medley
Prelims	29	Male 11-13 50 Butterfly
Prelims	30	Male 14-18 50 Butterfly
Prelims	31	Female 11-13 50 Butterfly
Prelims	32	Female 14-18 50 Butterfly
Prelims	33	Male 11-13 100 Backstroke
Prelims	34	Male 14-18 100 Backstroke
Prelims	35	Female 11-13 100 Backstroke
Prelims	36	Female 14-18 100 Backstroke
Prelims	37	Male 11-13 200 Freestyle
Prelims	38	Male 14-18 200 Freestyle
Prelims	39	Female 11-13 200 Freestyle
Prelims	40	Female 14-18 200 Freestyle

Session: 6 Day of Meet: 3 Starts at 05:00 PM

Finals	27	Male 12-18 400 Individual Medley
Finals	28	Female 12-18 400 Individual Medley
Finals	29	Male 11-13 50 Butterfly
Finals	30	Male 14-18 50 Butterfly
Finals	31	Female 11-13 50 Butterfly
Finals	32	Female 14-18 50 Butterfly
Finals	33	Male 11-13 100 Backstroke
Finals	34	Male 14-18 100 Backstroke
Finals	35	Female 11-13 100 Backstroke
Finals	36	Female 14-18 100 Backstroke
Finals	37	Male 11-13 200 Freestyle
Finals	38	Male 14-18 200 Freestyle
Finals	39	Female 11-13 200 Freestyle
Finals	40	Female 14-18 200 Freestyle

EVENT LIST

Session: 7 Day of Meet: 4 Starts at 08:30 AM

Prelims	41	Mala 11 12 FO Franchila
Prelims	41	
Prelims	42	Male 14-18 50 Freestyle
Prelims	43	Female 11-13 50 Freestyle
Prelims	44	Female 14-18 50 Freestyle
Prelims	45	Male 12-18 200 Backstroke
Prelims	46	Female 12-18 200 Backstroke
Prelims	47	Male 12-18 200 Breaststroke
Prelims	48	Female 12-18 200 Breaststroke
Prelims	49	Male 11-13 100 Butterfly
Prelims	50	Male 14-18 100 Butterfly
Prelims	51	Female 11-13 100 Butterfly
Prelims	52	Female 14-18 100 Butterfly
Finals-S	53	Male 12-18 1500 Freestyle – Slow Heats
Finals-S	54	Female 12-18 800 Freestyle – Slow Heats

Session: 8 Day of Meet: 4 Starts at 05:00 PM

Finals	41	Male 11-13 50 Freestyle
Finals	42	Male 14-18 50 Freestyle
Finals	43	Female 11-13 50 Freestyle
Finals	44	Female 14-18 50 Freestyle
Finals	45	Male 12-18 200 Backstroke
Finals	46	Female 12-18 200 Backstroke
Finals	47	Male 12-18 200 Breaststroke
Finals	48	Female 12-18 200 Breaststroke
Finals	49	Male 11-13 100 Butterfly
Finals	50	Male 14-18 100 Butterfly
Finals	51	Female 11-13 100 Butterfly
Finals	52	Female 14-18 100 Butterfly
Finals-1	53	Male 12-18 1500 Freestyle – Fast Heat
Finals-1	54	Female 12-18 800 Freestyle – Fast Heat