

SA OPEN WATER CHAMPIONSHIPS

PERFORMANCE (ENDORSED)

Contact

SwimmingSA

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Event Information

Sunday, 1 December 2024

West Lakes Rowing Centre | 100 Military Road, West Lakes Shore SA 5020

Gates Open: 8:30am

Warm Up: 8:45am

Start Time: 10:00am

Event Nomination Fees:

Individual \$45.00 per event

Awards & Recognition

Medals shall be awarded to the first three placegetters in each event listed below, with gold for first place, silver for second and bronze for third. If equal placing occurs then medals shall be awarded to each equal placing, but the next following medal/s shall be omitted.

Event:	2.5km	5km	7.5km	10km
Medal Categories (awarded to both male and females separately):	11 - 12yrs	13 - 14yrs	14 - 15yrs	15 - 18yrs
		15 - 16yrs	16 - 18yrs	
		17/18yrs		
	Open	Open	Open	Open

Entry Information

Closing Date: Monday, 11 November 2024 at 9:00am

Entry Method: Entries via SWIM CENTRAL

Website: sa.swimming.org.au

Qualifying Standards apply. Time Qualifying Period 1 October 2021 – close of entries

Swimmer may enter Open or Age where applicable

Swimmer may enter 5k, 7.5k and 10k combination but may not enter event combination of using 2.5k

When entering select event relevant to swimmers QT and only enter one Age Group and/or Open

Event per distance

Event:	1.25km	2.5km	5km	7.5km	10km
Age Categories:	10 - 12yrs	11 - 12yrs	13 - 14yrs	14 - 15yrs	15 - 18yrs
		Open (min age 13yrs)	15 - 16yrs	16 - 18yrs	Open (min age 15yrs)
			17/18yrs	Open (min age 14yrs)	
			Open (min age 13yrs)		
Minimum Distance Qualification Requirement:	200m pool swim	Previous OWS or 400m pool swim	Previous OWS or 400m, 800m or 1500m pool swim	Previous 5km OWS	Previous 5km OWS

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EVENT LIST

		QT
1	Male 15 & Over 10k Open Water	
101	Male 15 & Over 10k Open Water (7.5k QT)	
201	Male 15 & Over 10k Open Water (5k QT)	2hrs
2	Male 15-18 10k Open Water	
102	Male 15-18 10k Open Water (7.5k QT)	
202	Male 15-18 10k Open Water (5k QT)	2hrs
3	Female 15 & Over 10k Open Water	
103	Female 15 & Over 10k Open Water (7.5k QT)	
203	Female 15 & Over 10k Open Water (5k QT)	2hrs
4	Female 15-18 10k Open Water	
104	Female 15-18 10k Open Water (7.5k QT)	
204	Female 15-18 10k Open Water (5k QT)	2hrs
5	Male 14 & Over 7.5k Open Water	
105	Male 14 & Over 7.5k Open Water (5k QT)	2hrs
6	Male 14-18 7.5k Open Water	
106	Male 14-18 7.5k Open Water (5k QT)	2hrs
7	Female 14 & Over 7.5k Open Water	
107	Female 14 & Over 7.5k Open Water (5k QT)	2hrs
8	Female 14-18 7.5k Open Water	
108	Female 14-18 7.5k Open Water (5k QT)	2hrs
9	Male 13 & Over 5k Open Water	
109	Male 13 & Over 5k Open Water (2.5k QT)	
209	Male 13 & Over 5k Open Water (1.5k QT)	23mins
309	Male 13 & Over 5k Open Water (1.25k QT)	
409	Male 13 & Over 5k Open Water (800m QT)	12mins
509	Male 13 & Over 5k Open Water (400m QT)	7mins
10	Male 13-18 5k Open Water	
110	Male 13-18 5k Open Water (2.5k QT)	
210	Male 13-18 5k Open Water (1.5k QT)	23mins
310	Male 13-18 5k Open Water (1.25k QT)	
410	Male 13-18 5k Open Water (800m QT)	12mins
510	Male 13-18 5k Open Water (400m QT)	7mins
11	Female 13 & Over 5k Open Water	
111	Female 13 & Over 5k Open Water (2.5k QT)	
211	Female 13 & Over 5k Open Water (1.5k QT)	23mins
311	Female 13 & Over 5k Open Water (1.25k QT)	
411	Female 13 & Over 5k Open Water (800m QT)	12mins
511	Female 13 & Over 5k Open Water (400m QT)	7mins
12	Female 13-18 5k Open Water	
112	Female 13-18 5k Open Water (2.5k QT)	
212	Female 13-18 5k Open Water (1.5k QT)	23mins
312	Female 13-18 5k Open Water (1.25k QT)	
412	Female 13-18 5k Open Water (800m QT)	12mins
512	Female 13-18 5k Open Water (400m QT)	7mins
13	Mixed 11-12 2.5k Open Water	
113	Mixed 11-12 2.5k Open Water (1.5k QT)	
213	Mixed 11-12 2.5k Open Water (1.25k QT)	
313	Mixed 11-12 2.5k Open Water (800m QT)	
413	Mixed 11-12 2.5k Open Water (400m QT)	8mins

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		QT
14	Female 13 & Over 2.5k Open Water	
114	Female 13 & Over 2.5k Open Water (1.5k QT)	
214	Female 13 & Over 2.5k Open Water (1.25k QT)	
314	Female 13 & Over 2.5k Open Water (800m QT)	12mins
414	Female 13 & Over 2.5k Open Water (400m QT)	8mins
15	Male 13 & Over 2.5k Open Water	
115	Male 13 & Over 2.5k Open Water (1.5k QT)	
215	Male 13 & Over 2.5k Open Water (1.25k QT)	
315	Male 13 & Over 2.5k Open Water (800m QT)	12mins
415	Male 13 & Over 2.5k Open Water (400m QT)	8mins
16	Mixed 10-12 1.25k Come and Try Open Water	
116	Mixed 10-12 1.25k Come and Try Open Water (1.5k QT)	
216	Mixed 10-12 1.25k Come and Try Open Water (800m QT)	12mins
316	Mixed 10-12 1.25k Come and Try Open Water (400m QT)	8mins
416	Mixed 10-12 1.25k Come and Try Open Water (200m QT)	5mins