



EVENT INFORMATION BOOK

2023 South Australian State Age Swimming Championships

Session Dates

Thursday 9 – Monday 13 March 2023

Venue:

SA Aquatic and Leisure Centre, Oaklands Park

Welcome to the SA Aquatic & Leisure Centre for the State Age Championships!
Please ensure you read this event information guide for updated information.
Best of Luck to All Teams competing!

Updated as at 28/02/2023

Contents

1. SWIMMING SA EVENT STAFF AND KEY PERSONNEL.....	3
2. EVENT DETAILS.....	3
3. PROGRAM OF EVENTS & QUALIFYING TIMES	3
4. EVENT OPERATING HOURS	3
5. TIMELINES.....	3
6. ACCREDITATION	3
7. ACCREDITATION NOMINATION PROCESS	3
8. LATE APPLICATIONS AND LOST ACCREDITATIONS.....	4
9. ACCREDITATION ACCESS CATEGORIES AND AREAS	4
10. WORKING WITH CHILDREN CHECK.....	5
11. TICKETING & SPECTATORS.....	5
12. CLUB PACKAGES.....	5
13. FOOD AND DRINK	5
14. OFFICIATING	5
15. VENUE PARKING & TRAFFIC MANAGEMENT	5
16. VENUE ACCESS INFORMATION	6
17. WARM UP.....	6
18. WARM UP PROCEDURES	6
19. COACHES VIEWING AREA	6
20. BY-LAWS.....	7
21. MARSHALLING AND WITHDRAWALS	7
22. DISTANCE EVENT MARSHALLING	7
23. MEET PROGRAMS AND RESULTS	7
24. AWARDS AND RECOGNITION	7
25. SWIMWEAR (EBL 15.1)	7
26. STRAPPING AND TAPING.....	8
27. EMERGENCY PROCEDURES	8
28. MEDICAL DIRECTORY	8
29. BACKSTROKE EVENTS.....	9
30. MEDAL PRESENTATION PROTOCOLS.....	9
31. TEAM MANGER MEETINGS.....	9
32. BEHAVIOURAL GUIDELINES	9
33. LOST PROPERTY	9
34. FIRST AID.....	9
35. PHOTOGRAPHY.....	9
36. EVENT MERCHANDISE	9

1. Swimming SA Event Staff and Key Personnel

NAME	TITLE	CONTACT DETAILS
Michelle Doyle	Chief Executive Officer	michelle.doyle@sa.swimming.org.au 0438 040 403
Leanne Beames	Events Coordinator	leanne.beames@sa.swimming.org.au 0459 272 324
Tania Carlino	Technical Officials Coordinator	tania.carlino@sa.swimming.org.au
Tanya Matic	Administration and Membership Officer	tanya.matic@sa.swimming.org.au

2. Event Details

The 2023 South Australian State Age Swimming Championships is one of three flagship events on the SwimmingSA calendar. This event will showcase our state's best and emerging young talent, with the event to be held at South Australia's premier aquatic venue, the SA Aquatic and Leisure Centre over five days. It is expected that about 550 athletes will compete at this event from both regional and metropolitan South Australia as well as interstate visitors.

3. Program of Events & Qualifying Times

The 2023 South Australian State Age Swimming Championships is part of the performance strand of the South Australian competition structure.

Qualifying times apply to this event.

View the Program of Events and Qualifying Times – [Click Here](#)

4. Event Operating Hours

Pre-Meet Training: There is no pre-meet training organised for this event.

Club packages collection date/time: Wednesday 8 March 2023 during business hours from SwimmingSA Office – Please sign in a SAALC reception to access the premises. Club packs may also be collected from the ticket booth on the first day of the meet.

EVENT HOURS	Box Office	Gates Open	Warm Up	Start Time	Expected Finish
Morning Sessions	7:15am	7:30am	7:45am – 8:45am	9:00am	12:30pm
Evening Sessions	3:15pm	3:30pm	3:45pm – 4:45pm	5:00pm	8:30pm

5. Timelines

All session timelines are provided as a guide only and can change.

Any major revisions to the timeline will be provided at the Team Managers meeting daily.

[View Timelines Here](#)

6. Accreditation

A photo accreditation system will be implemented by SwimmingSA to provide access control at the 2023 South Australian State Age Swimming Championships. All coaches, athletes, team supports, sport science, event management, media, volunteers, and technical officials must wear their accreditation in a visible position whilst inside the venue. **Accreditations will be collected by your club in their Club Pack.**

7. Accreditation Nomination Process

This procedure should be read in conjunction with the following policies:

- Team Managers Policy ([click here](#))
- Pool Deck Access Policy ([click here](#))
- Sports Science Policy ([click here](#))

To ensure that all personnel attending the event are issued with the appropriate pass please ensure you nominate via Swim Central.

- For Nominations – [Click Here](#)

Note: Athletes do not need to apply for accreditation

For Team Support – Nominations are accepted from clubs as per the following ratio:

No. of Competitors	Max numbers of team managers/support allowed per session
20 or less	1
21-40	2
41-60	3
61+	4

Any club found to be exceeding their quota will be required to withdraw additional applications.

Accreditation for Team Support has closed

For Technical and Volunteer Officials

This nomination includes nominating for your official positions. Your accreditation pass replaces your officials' ticket.

Accreditation Nominations has closed

For Coaches and Assistant Coaches

All accredited coaches and assistant coaches are permitted to attend the Championships. They must nominate through Swim Central and must wear their accreditation at all times.

Accreditation for Coach/Assistant Coach has closed

It is the responsibility of the club to ensure any application stating affiliation to their club is in fact an approved representative with the appropriate background checks in place.

8. Late Applications and Lost Accreditations

Accreditation applications which are submitted late are subject to approval by SwimmingSA and will be charged at a cost of \$50.00. Should you lose or misplace your accreditation pass, replacement passes are available for purchase at \$25.00 per pass. \$15.00 of this amount will be refunded if the lost or misplaced accreditation is found and returned to event entry.

9. Accreditation Access Categories and Areas

Access Category	Access Areas
Athletes	All competition areas including field of play for duration of event
Technical Officials & Event Volunteers	All competition and event administration areas on the day/s that you are rostered to officiate/volunteer only
Coaches & Assistant Coaches	Warm-up pool, event corridor, viewing platforms (no access to field of play or event administration/control areas unless otherwise specified) for duration of event
Team Support	Warm-up pool, event corridor (no access to field of play or event administration areas unless otherwise specified) on the day/s that you are registered for only – clubs must not exceed quota.
Executive VIP	All areas excluding field of play for duration of event unless otherwise specified on accreditation pass.
Production, Staff, & Contractors	All areas for duration of event unless otherwise specified on accreditation pass.

Your accreditation pass allows you free entry into the venue only on the days specified on your pass.

WITHOUT YOUR ACCREDITATION PASS YOU WILL NOT BE ALLOWED ENTRY INTO THE ACCREDITED AREAS

10. Working With Children Check

All persons applying for event accreditation (excluding athletes and those aged under 14) must hold a current Working With Children Check which must be in the form of a DHS Clearance. [Note: Police Clearances and teacher registrations are no longer legally acceptable forms of evidence of your WWCC status.](#)

Your WWCC must be loaded to your Swim Central Profile and must be valid at the time of the meet.

11. Ticketing & Spectators

All spectators must pre-purchase a ticket to enter the venue. Tickets must be purchased through Swim Central. There will be no onsite sales of tickets.

Attendees do not need to print your ticket. You will be asked for your name upon entry to the venue.

Officials do not require a spectator ticket but must be nominated online through Swim Central.

[Click Here](#) to purchase Spectators Tickets

12. Club Packages

Each club must collect their club package which contains their club's allocation of programs, accreditation passes for athletes, coaches and team support, relay confirmation sheets and other event notices. These can be collected by an authorised club representative from the SwimmingSA office during the business hours of 9am – 5pm the day prior to the meet or on the first day of competition from the Event Entry.

13. Food and Drink

The grandstand Kiosk will be available for food and beverages.

14. Officiating

The official's room will be located in the **FUNCTION ROOM on Level 2.**

The Function Room can be accessed via:

- the elevator from event entry or concourse level 1; or
- from Bay 6 in the grandstand.

Please note only those who have nominated to officiate are permitted in the function room.

The function room will be locked during the session to ensure valuables are secure. All officials must see the Meet Director or Technical Manager if they need to access their belongings during the event.

Officials Briefing is 30mins prior to the start of each session (8:30am & 4:30pm) in the function room – please ensure you are on time for the briefing.

View Officials Roster & Allocations – [Click Here](#)

15. Venue Parking & Traffic Management

SwimmingSA recommends the use of public transport to access the venue. For detailed information on public transport services please call Adelaide Metro on 1300 311 108 or go to their website

www.adelaidemetro.com.au

There will be changes to parking access at the SA Aquatic and Leisure Centre during event days. All access to the venue carpark is via Morphett Road only. Exit is through the multi-story carpark exit to Milham Street. There is limited parking in the outdoor parking area as most carparks are reserved during this event. The SA Aquatic and Leisure Centre carpark will be managed by security attendants during all sessions.

SwimmingSA recommends that if you are not travelling to the venue via public transport that you arrive early to secure a park. Please keep in mind that if you move your vehicle between sessions that there may not be spare parks when you return.

Parking is not available for group transport vehicles on site or Westfield Marion. Drop off zones are located on Morphett Road (near Accreditation Entry) and on Warracowie Way (near Marion Cultural Centre).

16. Venue Access Information

Access to the event is via both the Accreditation and Event Entry.

Access to the venue for swimmers, officials, coaches, and spectators is specifically allocated by time and entrance. Please see above for your venue access group. Please ensure you are socially distancing and being patient when queuing at the venue entry.

Club / Role	Entrance	AM	PM
Coaches, Officials & Team Managers	Event	7:30am	3:30pm
Swimmers	Accreditation	7:30am	3:30pm
Spectators	Event	7:30am	3:30pm

Parents who are officiating may choose to enter in the official's group or with your child.

Note: Swimmers are required to scan into the venue using their accreditation.

17. Warm Up

Only swimmers competing in the meet may enter the warmup area. Swimmers, please note the water polo pool is in use for warm up or cool down. The diving pool is not to be used. The competition pool is only available for warm up prior to the event.

Warm Up for all athletes commences at 7:45am & 3:45pm and concludes at 8:45am & 4:45pm

18. Warm Up Procedures

The following general pool procedure for the Main Competition Pool must be observed during warm up times:

- Lane 0 MC athletes PM Session only
- Lane 1 Back starts (one way from start end), walk back
- Lanes 2 – 6 Circle swimming lanes (no diving)
- Lane 7 Pace swimming (no diving)
- Lanes 8 & 9 Dive Start (one way from start end), walk back

The following general pool procedures for the Warmup Pool must be observed during warm up times:

- Lane 1 Dive & back starts (one way from block), walk back
- Lane 2 - 4 Circle swimming (no diving)

19. Coaches Viewing Area

THERE WILL BE A FENCED COACHES VIEWING AREA ON THE DIAGONAL ROADSIDE OF THE POOL.

This is a viewing area only not a seating area.

20. By-Laws

This event is conducted under the SwimmingSA Swimming Rules and Event By-Laws.

To view these documents please – [Click Here](#)

21. Marshalling and Withdrawals

Athletes - Please do not attend marshalling until your event is listed on the scoreboard.

Do not leave any personal items in the marshalling room you will not be able to retrieve them after your race.

Any competitor who fails to report to the marshalling area at least ten minutes prior to the scheduled time for the start of the session on the day if entered in the first event, or when called to marshalling on the scoreboard or by the announcer they will not be allowed to swim at the discretion of the Referee. All heats in an event (including heat of 800m and 1500m) shall be deemed to be one event for the purpose of this rule.

Intending not swim / No-Show for Timed Finals / Withdrawal process:

- All withdrawals shall be done by the Team Manager in the Event Control Room.

Athletes are **NOT required** to surrender their accreditation pass at Marshalling when checking in but must have it with them to show the marshals.

22. Distance Event Marshalling

All swimmers or their representative must check in during the session in which the **Slow Heats** of the 400m Freestyle, 800m Freestyle & 1500m Freestyle are to be swum by the prescribed time below. Failure to report will see a swimmer withdrawn from their heat and unable to compete in the event.

Event	Session	Prescribed Time
22 – 400m Freestyle (M)	4	8:30am
23 – 400m Freestyle (F)	4	8:30am
53 – 800m Freestyle (F)	8	10:00am
54 – 1500m Freestyle (M)	8	10:00am

23. Meet Programs and Results

Please note to reduce manual handling spectator programs must be **PRE-ORDERED**.

Meet Mobile will be in use for results.

Programs will be available for coaches and team managers in the Club Packs.

24. Awards and Recognition

INDIVIDUAL – Points are awarded in the following places:

1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
10 points	9 points	8 points	7 points	6 points	5 points	4 points	3 points	2 points	1 point

If a visitor has placed in an individual or team event, they shall score the same points as if a SwimmingSA registered swimmer had achieved this place (no swimmer in the top 10 will need to have their points adjusted)

25. Swimwear (EBL 15.1)

(1) The swimsuits of all swimmers shall be in good moral taste and suitable for the individual sports discipline.

(2) All swimsuits shall be non-transparent and must conform with FINA approved standards in all respects.

OR

(3) Until otherwise directed by SSA, swimmers may wear 'traditional' swimsuits provided the suits meet the following criteria:

- (a) Men’s swimwear may not extend above the navel or below the knee. Women’s swimwear shall not cover the neck, extend past the shoulders or below the knee.
- (b) No zippers or other fastening devices are allowed except for a waist tie on traditional swimsuits.
- (c) Suits must be of a textile material and must not contain any non-textile material such as polyurethane or neoprene.

Modification of a swimsuit to accommodate a competitor’s disability is permitted (IPC 2.13.2). Proposed modification shall be submitted in writing to SwimmingSA for approval at least 14 days prior to the meet. Approval letter and modified swimsuit(s) shall be presented to the Referee prior to the swimmers first event at the competition.

The Referee of a competition has the authority to exclude any competitor whose swimsuit does not comply with this By-Law. Swimwear is limited to one (1) swimsuit.

26. Strapping and Taping

Swimmers must cover any wounds with waterproof dressing (not band aids) and may after presentation to the Referee of the meet use tape to hold the dressing in place as long as it does not give the swimmer any advantage. Any other strapping must be presented to the Referee who will decide if it gives the swimmer any advantage. Strapping not approved by the Referee is forbidden.

27. Emergency Procedures

In the event of an emergency at the SA Aquatic and Leisure please listen carefully to stadium announcements and follow the direction of venue staff.

Stage 1: Upon hearing the alert tones (Beep.. Beep.. Beep..)

- Be aware of an emergency

DO NOT EVACUATE ON THIS TONE

Stage 2: Upon hearing the alert tones (Whoop.. Whoop.. “Evacuate Now”)

- Evacuate the venue immediately via the nearest safe exit
- DO NOT USE ANY LIFTS
- Proceed to your nearest external assembly area
- DO NOT RE ENTER THE BUILDING until authorised

The emergency assembly area is located at the northern side of Bunnings Warehouse (carpark) closest to the Centrelink/Medicare building.

28. Medical Directory

SERVICE	ADDRESS	SUBURB	PHONE
Emergency (Ambulance, Police, Fire 000)			
Marion Domain Medical Centre	453 Morphett Road	OAKLANDS PARK	08 8375 7000
Royal Adelaide Hospital	Port Road	ADELAIDE	08 7074 0000
Queen Elizabeth Hospital	28 Woodville Road	WOODVILLE SOUTH	08 8222 6000
Modbury Hospital	41-69 Smart Road	MODBURY	08 8161 2000
Flinders Medical Centre	Flinders Drive	BEDFORD PARK	08 8204 5511
Ashford Hospital <i>*does not offer 24hr emergency</i>	55 ANZAC Highway	ASHFORD	08 8375 5222
Calvary Wakefield Hospital	120 Angus Street	ADELAIDE	08 8227 7077
United Chemist Express Marion Domain	453 Morphett Road (next to SAALC)	OAKLANDS PARK	08 8375 7000

29. Backstroke Events

As per the Policy and Event By-Law, Backstroke Ledges will be used at the Championships. The use of Backstroke Ledges is not compulsory. Competitors may choose not to use a Backstroke Ledge by informing the Inspector of Turns on their lane.

30. Medal Presentation Protocols

Medals shall be awarded to the first three placegetters in each event, with gold for first place, silver for second and bronze for third. If equal placing occurs then medals shall be awarded to each equal placing, but the next following medal/s shall be omitted.

Medallists must make their way immediately to the presentation desk at the conclusion of their race. Athletes need to take a club shirt onto pool deck for your race (in case they are medallists). Presentations will occur during racing and during breaks in racing. It is important that all athletes and team managers are vigilant and understand the presentation schedule prior to the session commencing.

The procedure for the presentation ceremony shall be:

- The specified medal presentation music will play for the athletes to walk onto the presentation arena
- Medals are awarded in order of Bronze, Silver, Gold

Competitors must remain in the presentation area for official photos.

31. Team Manger Meetings

It is a requirement that each club have their Team Managers attend this meeting. Meetings will be held at 8:00am each morning **IN THE MARSHALING ROOM** and will not be held in the evening unless otherwise called via a venue announcement. If called, an evening meeting will be held at 4:00pm (1 hour prior to the commencement of competition).

32. Behavioural Guidelines

SwimmingSA promotes the Behaviour Guidelines to all people involved in any way with the sport of swimming, particularly those responsible for activities involving members under the age of 18. These guidelines highlight the principle and values of SwimmingSA/Swimming Australia and the core principles of the Member and Child Welfare policies. All persons participating at the 2023 South Australian Long Course Championships must adhere to the Behavioural Guidelines/Code of Conduct which can be found here: <https://sa.swimming.org.au/policy>

33. Lost Property

Event lost property can be found at the event information desk just past the main glass doors leading to the competition pool. Lost property is handed to the SA Aquatic and Leisure Centre at the end of each day.

34. First Aid

Venue staff are trained in first responder care and will be providing general first aid coverage for all people attending the event.

35. Photography

SwimmingSA has contracted Get Snap as the official photographer for this championship event. Photos will be taken of all medal winners as well as action and environmental shots which will be available online as soon as possible following the competitions.

Should you not wish your photo to be published please email events@sa.swimming.org.au prior to the meet.

36. Event Merchandise

Merchandise for this event will be on sale on the Concourse throughout the Meet from Sports Centre. Online orders will be available for pickup.