PERFORMANCE (ENDORSED)

Contact

SwimmingSA 7123 0848 | events@sa.swimming.org.au

Event Information

Thursday – Monday, 9 – 13 March 2023
SA Aquatic & Leisure Centre | 443 Morphett Road, Oaklands Park SA 5046
Long Course Pool (50m)

AM Sessions: Gates Open: 7:30am Warm Up Starts: 7:45am Warm Up Finishes: 8:45am Start Time: 9:00am PM Sessions: Gates Open: 3:30pm Warm Up Starts: 3:45pm Warm Up Finishes: 4:45pm Start Time: 5:00pm

Pool Entry & Event Nomination Fees: Prices will be available on Swim Central

Free Entry: ASCTA Accredited Coaches | Working Technical Officials

Awards & Recognition

Entry Information

Closing Date: Monday, 20 February 2023 at 9:00am

Entry Method: Entries via SWIM CENTRAL Website: sa.swimming.org.au

Time qualifying period 1 October 2020 – close of entries
Time qualifying course – LC times only
Qualifying times apply to all individual events excluding Relays and Multi Class

400m, 800m and 1500m events will be swum as Timed Finals

FVFNTLIST

Finals

Session: 1 Day of Meet: 1 Starts at 05:00 PM

Finals 1 Male 12-18 800 Freestyle
Finals 2 Female 12-18 1500 Freestyle
Finals 3 Male 12-18 400 Individual Medley
Finals 4 Female 12-18 400 Individual Medley

Session: 2 Day of Meet: 2 Starts at 09:00 AM

Prelims 5 Female 12-18 200 Breaststroke Prelims 6 Male 11-13 50 Backstroke Prelims 7 Male 14-18 50 Backstroke Prelims 8 Female 11-13 50 Backstroke Prelims 9 Female 14-18 50 Backstroke Prelims 10 Male 11-13 100 Butterfly Prelims 11 Male 14-18 100 Butterfly Prelims 12 Female 11-13 100 Butterfly Prelims 13 Female 14-18 100 Butterfly Prelims 14 Male 11-13 200 Freestyle Prelims 15 Male 14-18 200 Freestyle Prelims 16 Female 11-13 200 Freestyle Prelims 17 Female 14-18 200 Freestyle

Session: 3 Day of Meet: 2 Starts at 05:00 PM

Finals 5 Female 12-18 200 Breaststroke Finals 801 Mixed 50 Freestyle Multi Class Finals 6 Male 11-13 50 Backstroke Finals 7 Male 14-18 50 Backstroke 8 Female 11-13 50 Backstroke Finals Finals 9 Female 14-18 50 Backstroke Finals 10 Male 11-13 100 Butterfly Finals 11 Male 14-18 100 Butterfly Finals 802 Mixed 100 Breaststroke Multi Class Finals 12 Female 11-13 100 Butterfly Finals 13 Female 14-18 100 Butterfly Finals 14 Male 11-13 200 Freestyle Finals 15 Male 14-18 200 Freestyle Finals 16 Female 11-13 200 Freestyle

17 Female 14-18 200 Freestyle

FVFNT LIST

Prelims

Prelims

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Session: 4 Day of Meet: 3 Starts at 09:00 AM

18 Male 11-13 50 Butterfly

Prelims	19	Male 14-18 50 Butterfly
Prelims	20	Female 11-13 50 Butterfly
Prelims	21	Female 14-18 50 Butterfly
Finals-S	22	Male 12-18 400 Freestyle – Slow Heats
Finals-S	23	Female 12-18 400 Freestyle – Slow Heats
Prelims	24	Male 11-13 100 Breaststroke
Prelims	25	Male 14-18 100 Breaststroke
Prelims	26	Female 11-13 100 Breaststroke
Prelims	27	Female 14-18 100 Breaststroke

28 Male 11-13 200 Individual Medlev

Prelims 29 Male 14-18 200 Individual Medley

Session: 5 Day of Meet: 3 Starts at 05:00 PM

Finals	803	Mixed 50 Breaststroke Multi Class
Finals	18	Male 11-13 50 Butterfly
Finals	19	Male 14-18 50 Butterfly
Finals	20	Female 11-13 50 Butterfly
Finals	21	Female 14-18 50 Butterfly
Finals-2	22	Male 12-18 400 Freestyle – Fast Heats
Finals-2	23	Female 12-18 400 Freestyle – Fast Heats
Finals	804	Mixed 50 Backstroke Multi Class
Finals	24	Male 11-13 100 Breaststroke
Finals	25	Male 14-18 100 Breaststroke
Finals	26	Female 11-13 100 Breaststroke
Finals	27	Female 14-18 100 Breaststroke
Finals	805	Mixed 100 Freestyle Multi Class
Finals	28	Male 11-13 200 Individual Medley
Finals	29	Male 14-18 200 Individual Medley

Session: 6 Day of Meet: 4 Starts at 09:00 AM

30 Male 12-18 200 Backstroke

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Prelims	31	Female 12-18 200 Backstroke
Prelims	32	Male 11-13 100 Freestyle
Prelims	33	Male 14-18 100 Freestyle
Prelims	34	Female 11-13 100 Freestyle
Prelims	35	Female 14-18 100 Freestyle
Prelims	36	Male 12-18 200 Butterfly
Prelims	37	Female 12-18 200 Butterfly
Prelims	38	Male 11-13 50 Breaststroke
Prelims	39	Male 14-18 50 Breaststroke
Prelims	40	Female 11-13 50 Breaststroke
Prelims	41	Female 14-18 50 Breaststroke

FVFNT LIST

Finals

Session: 7 Day of Meet: 4 Starts at 05:00 PM

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Finals	30	Male 12-18 200 Backstroke
Finals	31	Female 12-18 200 Backstroke
Finals	806	Mixed 100 Backstroke Multi Class
Finals	32	Male 11-13 100 Freestyle
Finals	33	Male 14-18 100 Freestyle
Finals	34	Female 11-13 100 Freestyle
Finals	35	Female 14-18 100 Freestyle
Finals	36	Female 12-18 200 Butterfly
Finals	37	Male 12-18 200 Butterfly
Finals	807	Mixed 50 Butterfly Multi Class
Finals	38	Male 11-13 50 Breaststroke
Finals	39	Male 14-18 50 Breaststroke
Finals	40	Female 11-13 50 Breaststroke
Finals	41	Female 14-18 50 Breaststroke

Session: 8 Day of Meet: 5 Starts at 08:30 AM

Prelims	42	Female 11-13 50 Freestyle
Prelims	43	Female 14-18 50 Freestyle
Prelims	44	Male 11-13 50 Freestyle
Prelims	45	Male 14-18 50 Freestyle
Prelims	46	Female 11-13 200 Individual Medley
Prelims	47	Female 14-18 200 Individual Medley
Prelims	48	Male 12-18 200 Breaststroke
Prelims	49	Female 11-13 100 Backstroke
Prelims	50	Female 14-18 100 Backstroke
Prelims	51	Male 11-13 100 Backstroke
Prelims	52	Male 14-18 100 Backstroke
Finals-S	53	Female 12-18 800 Freestyle – Slow Heats
Finals-S	54	Male 12-18 1500 Freestyle – Slow Heats

Session: 9 Day of Meet: 5 Starts at 05:00 PM

42 Female 11-13 50 Freestyle

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Finals	43	Female 14-18 50 Freestyle
Finals	44	Male 11-13 50 Freestyle
Finals	45	Male 14-18 50 Freestyle
Finals	808	Mixed 200 Individual Medley Multi Class
Finals	46	Female 11-13 200 Individual Medley
Finals	47	Female 14-18 200 Individual Medley
Finals	48	Male 12-18 200 Breaststroke
Finals	49	Female 11-13 100 Backstroke
Finals	50	Female 14-18 100 Backstroke
Finals	51	Male 11-13 100 Backstroke
Finals	52	Male 14-18 100 Backstroke
Finals	809	Mixed 100 Butterfly Multi Class
Finals-1	53	Female 12-18 800 Freestyle – Fast Heat
Finals-1	54	Male 12-18 1500 Freestyle – Fast Heat